

## ~7<sup>TH</sup> February 2005~

**Good evening. (general greetings)**

Last time we spoke about how important it is for you, my dear friends, to grow in awareness. I would like to say to you this time that we will endeavour to help each one of you with this awareness, for each one of you to become aware to such a degree that your spiritual eyes will be opened wide.

Lilian: You mean in our everyday lives?

**Awareness of the soul—I would like this time my dear friends to place before you a little challenge before we come together next time. I ask that you, when you look with your physical eyes, to see what spiritual awareness lies within. I would like you when you feel love towards someone, to recognize the awareness you feel when this happens. I think that you will be surprised to find that you have not truly been aware as you may think. So that is our challenge to you this time.**

George: I think I understand there will a number of depths to that extended awareness.

**When we speak of awareness, we are speaking of many, many depths within the Spirit that you who are clothed in these human clothes are not aware of, but if you wish to grow and expand, that awareness has got to come to the surface.**

George: An interesting challenge!

**I do hope so, because I will be happy and also challenged to hear your replies.**

Sara: We will be looking within others for...

**No, you will be looking at your own Spirit in relation to how you feel about others. The awareness and the growth is belonging to you and that is part of our plan for you in this, your coming year, that each one of you of course develops at your own rate, but that together as a group your spiritual awareness becomes fuller.**

George: Recently you were speaking to us about awareness of soul family and shortly after that Chief Grand Mancha came through to us talking of the time many years ago when we were part of the Gor-Rukka tribe of North American Indians, and you have told us that there is no such thing as co-incidence, but it is nice that that talk from the Indian Chief should follow your talk about soul family. Are we correct to see a connection there?

**There is cohesion in all talk. Never will anything I bring to you be brought in isolation. Therefore you are correct that these, as you say, coincidences are part of the teaching. So, yes, you are correct in your assumptions. We do not waste the words and it is important that you see the connection between all the words that we bring to you and this is what you have done.**

George: It is nice to know that we have had that past connection with soul family. Thank you for confirming that. They did not number the years as we do now, but it was implied that it would have been about 2000 years ago in our (*linear*) time.

**Yes, in your time and our time there is quite a difference. Time as you know it, and as we have discussed my dear friend, is almost irrelevant in these matters.**

George: Yes, we are becoming more aware of that now.

**Yes, it is one topic you will always have difficulty with, because your understanding will not reach its greatest point until you come to our world. So time will always remain a puzzlement for many.**

Lilian: Could you explain—we were talking about love—it's quite a few years ago now and before you came with your teaching, definitely. I was sat quietly and I just felt a love for everyone I thought of, be it family or whoever. It was a strange feeling, I remember mentioning it to Leslie (*our meetings were held at Leslie Bone's house before he passed on to Spirit*) and he said to his wife, '*She's had that feeling.*' Can you explain what it was?

**I will say it to you in simple language that what you were feeling, the feeling of what you call 'love', became reality and you were 'love', the true essence of love.**

Lilian: It was a beautiful feeling.

**That is all it was, but for you human beings they are moments that you remember when your connection to all that is great and good is 'joined', if you like. To put it more simply, you actually are living that reality; then your own being shines as love. After all you are Spirit each one of you and Spirit is Love. (*thanks expressed*)**

George: The book was mentioned last time and I have now had the chance to do the final proof-reading. And I can say that—even making allowance for your wonderful teaching, wisdom and all-knowledge—even allowing for all that, it is

still a much better book than I could have put together. It just shows how many must have contributed from Spirit and from here. I would just like to say ‘thank you’ to everyone concerned and it is clearly much better than I thought it would be. I appreciate that many have been involved in it, not forgetting Leslie who came through and provided words that we have on tape, which have formed the final chapter of the book. So a big ‘thank you’ for all concerned.

**Have we not always told you my dear friend that there have been many who stand close by you and bring to you their influence and thought, but you do yourself an injustice when you say of yourself how little you have done. Without you it could not have followed through to this conclusion, therefore those from our world ask that you be thanked and also that the one you mention was of course part of the whole from the beginning, although he (*Leslie*) was unaware at the time of his physical living that this group would be used for such a great conclusion of our wisdom.**

George: And we are all most pleased that his photograph is in the book.

**Yes, I am sure there will be words given to you at a later time when those thanks will be expressed directly to you.**

George: We look forward to that.

**We have told you that your work will always be full of words—that is part of your spiritual progress, that is part of your placement amongst this group of people. Therefore, again, we will thank you. But also let me say my dear friends that without each one of you in this room and others who are not in this room—we give much thanks, because without each one of you we could not have this group who are indeed shining with love, shining with love for the work of Spirit, and for this we will always be grateful to you.**

George: We are very happy to be a part of this project and that we are as we are.

**Yes, that it why it is imperative that you also grow as individuals and that your spiritual unfoldment continues to take place alongside that knowledge which I try to bring to you. It is important that each individual who brings love and spiritual light into this room should also bring forth that spiritual love and knowledge which is deep within and that is what, my dear friends, we will try to achieve in this coming year**

**of your earthly lives. If you have any questions before I leave you, I will be happy to try to answer them for you and then to allow others to come.**

George: I have one, but would anyone else like to ask one? (*There was a pause while George stepped into the hall to check his notes.*)

**Whilst we await the gentleman’s question, I would like just to say to our other gentleman friend—and you know that I rarely make personal references to anyone, but I wish to say to you my dear friend to be most careful with your knees. Do take care and if there is any slight problem, that it be attended to quickly. I do not say this to concern you but to forewarn you if this should occur.**

Graham: I shall be careful, thank you.

George: There is another *timely* question. There has been a 60<sup>th</sup> anniversary of Auschwitz—it was a terrible time and many, many people of the Jewish faith were exterminated in Auschwitz and other camps designed for the purpose. It has received much media attention and I think a number are still finding it difficult to come to terms. I imagine this to be one of those much wider pictures that you have talked about. I imagine it would probably not be a farewell happening but have wider picture connections. Have you any words for us to improve our understanding?

**Yes. Your introduction to that question indicates that you presuppose my words to you, which shows that already you are beginning to think along the lines of the wider picture of life. This I give you credit for and that is what we are trying to achieve. This has many times happened in your world, where you have considered it to be evil and disastrous with the loss of many human lives. It has occurred throughout your worldly history, you would agree, and still it is happening in your world now where man, as you put it, is evil towards his fellow man. There never can, my dear friend, be one answer to these questions. As I explained to you last time, this planet also has an evolutionary history, which includes the inhabitants of this Earth. There is always a wider picture to be viewed, but let me say and speak a little more personally about the subject you have brought to me. The world, or the place which you speak of at that time, your world, or part of your world, was in great crisis. I am sure that if you are aware of**

**the history of that time, you will know that much was going on—many developments and many human beings whose thought patterns were not of love—many indeed did suffer as you would say.**

George: I was a teenager at that time and was able to observe. (*through newsreels, people, press etc*)

**Of course many human beings did suffer at the hands of the few who indeed were not driven by the light, but indeed by the darkness of their own minds. These people of course would have to face themselves when they have to return to our world, and those human beings who suffered much at their hands of course return to our world to a place of love surrounded by much that they had forgotten. What I have to say to you my dear friend is this, that again many of those souls would have chosen that pathway.**

George: This is something that is not generally known about.

**It would be foolish to try to explain to the non-believer that people choose to suffer whilst they live upon this Earth, but indeed as each one of you has grown to recognize, that indeed is the way of Spirit. It is a growing time for many, for many it is a time of great learning, but again that is difficult I know for many to understand.**

George: For those who suffer it can be seen as a period of tremendous growth...

**Yes. And also remember that for many they would have been souls who would have been able to bear such misery in their physical lives. We cannot generalize too much, because each individual soul has their own pathway, but when we have what you call destruction and evil, as you call it in your world, there is always a larger picture behind and that my dear friends is what you must always try to remember, because without that awareness and knowledge we will go round and round and round within those physical brains and arrive nowhere.**

George: Can we say as part of the wider picture that particular event was 'required', or am I looking at it in the wrong way?

**I would not use the word 'required'. That event was a happening that had to be, not necessarily 'required'—required means something rather different. It is a difficult topic, but throughout your history—and mankind as a whole are so horrified—I wish you my dear friends to try to go forward from that horror, to place yourselves**

**outside of such things that happen in this world and to realize that life is not easy, and it has not been easy, but eventually we are moving in the right direction *because of* these events.**

George: Because of the fact that Auschwitz is still in memory, the learning still continues?

**It is very fresh in the memories of many. Of course it is something that will be remembered, especially by those who have survived such hardship in their lives. But again I say to you that many choose to come to life because of the hardships. It is a learning, it is a growth of the soul and that at the end of your physical lives is what is important: how much the Spirit has grown, how much you have learned in these few earthly years.**

George: And does it follow that the spiritual growth ensuing from Auschwitz continues still? **Of course. There is a wave that extends from those circumstances which is still happening to this present time. Yes, and those who came to our world with that knowledge, who ended their earthly lives in that way, have great knowledge of the feeling of other human beings and they are therefore able to extend that knowledge and that help to the others. Always there is good from what you call evil. Do not dwell on the physical aspect of all of these disasters, because you will arrive at a place of confusion. Again I say to you my dear friends, look from within, see with your spiritual eyes and not your physical eyes, feel the deep knowledge and understanding which comes from within and only then will you be able to live your earthly lives as you should. I hope that has been helpful. And now, my dear friends as I leave you this time, remember my opening words to you: face the challenge which has been placed before you and we will, I hope, have much to discuss next time. I leave you always cloaked in my love and know that you are protected by many. (farewells and thanks)**