

~29TH November 2004~

The cassette recorder was not yet fixed, so this recording was very bad quality and some responses were unclear, as stated in the text.

Good evening. (affirmations)

This time I feel that with some there is depletion of energies, but as we join together this time you will begin to feel much upliftment. (thanks expressed) Before we begin I would like to ask of you my dear friends, that before this earthly year is ended, if you would be prepared to give one evening to helping those in our world—in other words the work that you first began with us. (affirmations) If conditions are right then our next meeting those in need will be there. You are happy with this? (affirmations) As always, we are indebted to you; without your help we could not go forward so quickly with those who are in need. (pause) Forgive the quietness, we are helping with vibrations. As I said, some of your energies are depleted this time. I will come to you only once after our next meeting before I leave you for that break which comes at this time of your year. But let us this time ask if you have questions about last time.

Lilian: You asked us to think about our spiritual gifts. (Yes.) You mentioned our spiritual family. So is that people we have known in this lifetime, other than our family we know, and those on the other side we are unaware of and are they part of own soul?

All of those questions are correct, yes. There are those who you have known in this life, who have now become part of your spiritual family, but that is not to say that that is always the case. You know quite well, that the love bond is the most important thing, but yes, your spiritual family are those who are with you all of your lifetimes, who are part of your own soul; indeed that is your spiritual family.

George: I was not here last time unfortunately, but I'd imagine there to be some within our spiritual family whom we've never met physically?

Yes, I would say as human beings you will not remember the spiritual family until you come to us, you understand? (Yes.) But the recognition will be instant when you join us. (Yes.) Does that make it clearer? (affirmations) Do we have more

questions this time? You are all happy for us to move forward?

George: I've a general question if that's appropriate at this time?

If there are questions, we are always happy to try to give a satisfactory answer to you.

George: Prior to reading Courtney Brown's book: *Cosmic Voyage* I had no idea how American military surveillance has progressed. They have developed a 'mind projection' technique that they call 'scientific remote viewing' originally to find out how many rockets were being stored in distant silos. This took them into Spirit realm, that they call 'subspace' ... they have their own jargon. So they have STUMBLED into Spirit realm and time-oneness, meeting various entities, including a non-physical group that they call: 'The Galactic Federation'. I understand this group go about the galaxy doing good works where needed. Having set the scene so to speak, my first question is: Is there a Galactic Federation? Or should we know it by a different name? Or are they merely reporting on the work in Spirit Realm that we know of anyway?

I will answer your question my dear friend.

Firstly, let me say this to you: the purpose of their work was to begin with not for good, as you have quoted to us, but they have discovered, much to their amazement, what many of you Earth people already know through mediumship. This is not new to those who have worked with our world for much of their human lives—that is the first point I wish to make. Let us now come to what you feel is a new concept, a new idea to you—nothing comes to you by accident.

George: This book was certainly no accident! It was quite literally put into my lap. I was sitting in the back of a car and it was in the seat-pouch in front of me! (chuckles)

But my dear friend we had spoken, had we not, of mind projection, when our young gentleman friend was used for that very purpose?

George: Yes indeed, and this is a type of mind projection...

Yes, it is the beginning of letting you know, as I have told you on many previous occasions, that whatever I bring to you will be verified from many other sources. (Yes!) Yes, therefore I think your amazement is now a little dulled! (laughter) Yes. There are many words—descriptions used by you human beings in your world. We have, as

I told you previously, reached a point where you can now accept a fuller picture.

George: Yes, I feel I understand that concept.

Yes, and mind projection is nothing new; it has always existed, but it is only in your time, may I say, that all of this information is being gathered together and there are pockets of people on your planet, who are wishing to strive for evermore knowledge and that includes your scientific communities. The question about those beings who take care of the cosmos, that also is not new, but has a new title.

George: Yes indeed. Can you say a more appropriate title that we could use?

You may use whatever words you wish to help you, but to us they are spiritual beings working for the good of all planets.

George: Yes, that really says it all.

Yes, you may call them travellers, they call them galactic—that is a word used in your time.

George: Yes, and in their mind projection literature, they refer to encountering 'Midwayers' and point out they should not be confused with angels. I think they would be what we know as Spirit guides. (*In an earlier teaching, Salumet had pointed out that some confused Spirit guides with 'lower' angels.*)

Perhaps an apt question for them would be, 'midway to what?'

George: I think the implication was that they were midway between the physical Earth plains and deeper Spirit realms.

But they have a long way to travel. (affirmations)

George: A further question that arises from this concerns Mars. I believe you once said there is no life on the planet Mars and I think your meaning was: no physical life on the physical planet now. Perhaps there was once, so that there are soul aspects in Spirit?

I will say to you once more, as all that is physical is recognized by you at this time, there *are* no Martians, but you are getting to a deeper subject when we speak of the soul aspects, and yes, as has happened to your earthly planet, so too has evolution taken place on all of the planets, within not only your cosmos, but to the wider picture of all life. When we speak of soul aspects, we are speaking of something much deeper than your understanding.

George: Yes, the reason I asked the question was that encounters with Martians are reported in

the book and it is suggested that they have infiltrated into earthly life.

Let us say this, that there are beings who inhabit many planets that you are not aware of, such as the visitor who came to you through our young gentleman, through mind projection. You understand? (Yes.) Why do you suppose that there are differences in these beings on different planets? Remember: think of your own earthly planet and the diversity of all the animals upon this planet. Those beings trying to infiltrate another planet's life force may very well succeed, but that does not make it the right way to be going. Are you beginning to realize where we are going with this? Because beings exist on other planets, does not necessarily make them *spiritual* beings; they have existence, in the same way as you beings on this Earth planet. So what I would wish you to think about my dear friends is that any infiltration—and it can happen, because there are beings so very much more advanced in their ways than you are, but it does not always make it the right action.

Sarah: When you say they are not necessarily spiritual beings...

Because they are beings from another planet, they are not *spiritual* beings.

Sarah: But they do have Spirit, because we all have Spirit...

Of course, you are Spirit, but you are not completely Spirit, because you are donned with physical garb and so too are many of these other planetary beings. You understand? (Yes, thank you.) They may be more advanced in their spiritual virtues, but having the knowledge does not make it always for *good*, because spiritual gifts can be misused, in the same way as the gentleman has said that they (*US Military*) have used knowledge that they accidentally came across, but the purpose behind that was not ultimately for *good* to begin with. So you must always differentiate—just because a gift is used, it is what is in the mind and what that gift is to be used for that is important.

Sarah: Yes, so can these space travellers influence, for example, leaders of countries?

Only in as much as the being would allow them to, in the same way as another human being can influence you, but that inner knowledge will always come to the fore.

George: It occurred to me that, just as the Atlantean civilisation lives on in time-oneness

Spirit, so too might Martians and they might possibly get transmuted/transferred into earthly bodies. This would I believe be the only way that Martians could live on Earth?

You cannot destroy energy and anything which has existed will continue to exist—you can never destroy that energy. (Yes.) As you say, it can be used, it can be transmuted or transformed, but it cannot be destroyed. Therefore you could say that all that has ever existed still exists, because there is a never-ending blend of energy that is left behind that is ever-changing and which is happening to all of the planets at the same time. We are getting into very deep waters here my friend and I feel that at this time your understanding might be adequate, but for the others, they are not quite ready.

George: It is indeed complex.

When we speak of Spirit you are speaking of a completely different dimension. There are degrees of Spirit, as I have told you.

George: Yes, in fairness to the author Courtney Brown, I should point out that he is no longer with the military, but continues his own research using the basic procedure initiated by the military.

Yes, and if he is looking for truth, then he will find the truth that he desires, but let me say just this one thing, that each one of you takes your own truth. For example, if I give some details, some knowledge, each one of you will decipher that knowledge to your own capabilities. So the understanding is quite diverse. So remember this also, when people are going further within themselves to seek greater knowledge that they are expanding into an unknown world that they perceive. You must always take this into account. It is too simple and too easy to say 'x, y, z', to clarify in your own minds something which is not quite so simple.

George: Yes. One of the motivations of this research is to try to explain the abductions...*(unclear on tape)*

But I would disagree with you about this—non-physical beings—but my dear friends they *are* physical beings—they are not spiritual beings. They come from other planets, but they are not Spirit. They have physical garbs, which may be different from your own, but nevertheless they are people, of how you would term on this Earth, they are capable of dying and throwing off those garbs which they now possess. Do you

understand? Do not be fooled into thinking that these visitors from other planets are spiritual beings—they are not. (George's response is again unclear on recording.) They have spiritual attributes the same way as you do, because all life is spiritual energy, all life returns to that spiritual essence. But why do you think that you Earth beings are the only beings in the whole of existence?

George: We readily accept that there must be many planets through the cosmos supporting life that is similar to ours.

Their only difference is in their perceptions of what they can do...*(tape too faint)* Many of these beings are curious as you are. They want to understand greater things in the same manner as you Earth beings wish to explore space that surrounds your planet. But because of their wider knowledge of travel and spiritual gifts, they are able to do what most of you beings here cannot. They are just more advanced in many ways in their abilities.

George: That helps put things into perspective. Thank you.

That is why I am always pleased for you when you suddenly begin to understand some of my simple words, because with simplicity comes assured knowledge that what is being said is correct. I hope that has helped you just a little.

George: Indeed it has and it all adds on nicely to our introduction to 'mind projection'

Yes. It is somewhere that we will expand to, but for you finding the book is another stepping stone to what I had already placed to your mind.

George: Yes, I've had two important books placed before me recently!

Yes, and they will not be the last!

Sara: Sometimes when I have a quiet time I experience a ringing in the ears. I was reading a book by Doreen Virtue in which she explains that it is information being "downloaded" to use a modern term. Could you please comment on this?

Firstly, let me say that all Spirit finds the use of vibration in your world much easier to use than materialization and words, and what is sensitive within your body beside what you see in your eyes, but the ability to *hear*, which has been lost over your earthly time. I will say to you that yes, I would say that you need to listen a little more closely. It is very often those from the angelic realms who use this method of communication.

Sara: That's interesting.

You have to listen with the spiritual hearing and then it will become more clear to you what is being given to you. It will not come in an instant, but with practice you will suddenly feel that you will *know* what is being given to you. (Sara's response unclear on tape) And although you do not fully understand what is happening, the spiritual being that you are knows instinctively know what is the right thing.

Sara: Thank you. I did notice that after the last time I experienced it, I knew how best to help someone who was in need and I felt changed in some subtle way after the "ringing sound".

You may also find my dear friend that the vision that you have also has very subtle changes when you are still. This is part of your personal development. And now as we speak of personal development, I will withdraw this time and allow you all to try to blend with those who come close to you. I would say it is time that you become more confident in what you are feeling and in what you are seeing—in any small detail, you must give out so that those in our world know that you feel and received what they try to give. (thanks and farewells)