

~26TH July 2004~

Good evening.

Lilian: Lovely to be together again this evening. Your welcome as always fills me with great joy and love. Always when we come together on these evenings, it is a great joy for me to see the love which shines forth from each one of you.

Lilian: It really is lovely to have you back—to be able to speak to you.

Yes, I was about to say, *always* I am with you, although I would say, *mostly* you seem to be unaware of my presence in your daily lives, but matter not, I always will be there for each one of you.

George: That's very nice to know. Perhaps we should work on this, becoming more *aware*? (Yes.)

Sarah: I think we also know that you will always be there for us Salumet, so even if we've not recognized it, we *know* that you are around.

Yes. Remember my dear friends what I have told you in the past: I am the whisper in your ear, I am the smile upon your lips, I am the inspiration that you *seek* in those times of troubles in particular, when you feel that some upliftment is needed. Always I am there in some form.

Lilian: I'd like to say 'thank you' for listening to me in the last few weeks.

Yes, your words are never lost my dear child.

Lilian: It's just sometimes things don't happen as quickly as we hope or would wish.

Yes, again this is an earthly problem of patience of time, but our side of life does not see time in quite the same way as all of you. Again I will repeat to you: see the fuller and the wider picture, the fuller scheme of your lives. Each incident, each time of happiness of sadness, of worry of *escapism*, which some of you can relate to at some point—they are *all* the building blocks of your spiritual nature.

Sarah: I think sometimes though we feel that time is running out on us a bit, so that's why we get impatient.

But your time of physical life, is as you say, 'running out', but it is *running out* to a better time, to a time of returning *home*, where all who know and love you throughout many lifetimes will be there to greet you. So, try not to feel that physical time is all important, it is but a blink of your eye. One lifetime is but nothing in time in memoriam.

Lilian: Yes, I try to think of that as well.

George: Yes, that seems a very wide picture indeed.

Yes, it will be a difficult picture for you all to imagine, and truly whilst in these physical bodies you can never fulfil that vision. Only when you discard these physical clothes will all that is available to you make sense. I have told you that all knowledge is available to you now, but, my dear friends, each one of you still finds difficulty in erasing the physical blocks of your living; but that is the normal for most of mankind, so do not despair, but continue to work and to grow and to give love to your fellow man. Always that is my message to you, not only to give love but to *feel* it, to *be Love*. You understand? (Yes.) Love is a state of being and I know so often when you enter this room, that state of being is much easier to achieve.

Lilian: Yes! That's so truth.

George: Perhaps the first step in what we call spiritual realization is the recognition of that higher authority, but beyond earthly authority. And this is an area that we could hopefully one day go into a little more, because our picture of Soul structure and Spirit is rather vague at the moment. Would it at some stage help us to go into further details of Soul structure?

I would be willing to discuss that with you if it should *help*, but when we speak of Soul structure, we speak of the very essence of being. The heart of Soul structure is not something that you can clasp to your bosom so easily. It is an ever-learning process. It is, as you continue throughout the spiritual realms, something that changes with your spiritual *being*.

George: Yes, perhaps more to do with developing *feelings* than...

Yes, you are *being*, you are *experiencing* all of these *feelings*. It is not even what you call *feeling*, it is *being*. Do you understand the difference in what I am saying?

George: Yes, I think I'm grasping that it is not a geographical thing that we could set down on a page; it's more a development of feeling. Yes, it is a state of *being* and to reach that state of *being*, you have to have experienced all manner of *feelings*. This is difficult for me to

place into physical words, but when the point of *feeling* becomes *being* then you would know the difference—you just *are*. When you speak of *feeling*, it means that it is almost something tangible that you can *reach* to and *touch*, but a state of *being* is just that—it cannot be changed or altered, it just *is*. Do you understand my words?

George: I *think* so.

It is a complicated issue, but I am happy to discuss it with one who needs to understand.

George: What you've said does help, yes. Thank you.

Yes. We will develop it along those lines of course as we continue, but for the time being it is more relevant that you become aware of the spiritual being and all that is attached to it and to leave for another time the complete Soul structure to which the Spirit being belongs. Firstly we must move through the physical being and the understanding which physical being holds. Am I making sense to you my dear friends? If you are worried or do not understand then please allow yourselves to *speak*.

Lilian: I think it helps for myself when we read you words and we can read them slowly and maybe go back...

Sometimes my dear friends it takes some of your earthly years before understanding of words can be reached. That is what you *find* that sometimes words are spoken to you that you *feel* at the time make sense, but it is only in returning to those words does *full* and *true* meaning and understanding come to you after a period of time. It is because the Spirit within *recognizes* and becomes *aware* of what is being said and in unison with the *physical* brain, understanding becomes greater. You understand? (Yes.)

George: Yes, in the past you've talked to us about soul aspects (Yes.) and how the soul aspect continues to have identity for a time after returning to Soul, (Yes.) after returning to Spirit. Eventually I think that aspect and many aspects merge and in one sense lose identity and yet you've wonderfully demonstrated to us that an aspect of Soul may be retrieved (Yes.) and presented yet the Soul is not really segregated into parts like that in its non existence by the.... Can I perhaps simplify this for you? (Thank you.) Let us take something as simple as an egg. Within the egg you have the nucleus, which is

the yolk, you have the white of your egg, but both parts belong to the whole. At some stage both the nucleus and the outer part, if blended together become as one. (Yes.) Yes, so there is some non-identity of both and yet both still contain the same identity. If you were to remove part of that blended egg, does the remainder look any different? (No.) And if that separated portion be returned, does it change the whole? (No.) Does that help you to understand a little more clearly?

George: Yes, thank you.

Lilian: It blends back together.

Yes. So if you try to think about these simple matters in explanation of something so complex, it gives you a better understanding I feel. Too many words are used in your world, too many complicated issues are uttered, too much is said which remains unconvincing to many, many people. I say to you this, my dear friends, as my words to you come as simply simple words, look always to a simple analogy to all questions and the answers will become clear.

George: And it's probably not quite right of us to think of Soul as a unity, (Yes.) given that you have indicated that...

...it is fluid.

George: ...there is much connectedness.

Yes. It is not something that we can give one word to describe it. It is far more complex and far beyond your understanding at this time.

George: Yes, using your analogy of the egg, I'm tempted to think of many Souls as a sort of frogspawn—many eggs are joined together.

Yes, that is a very good analogy—that is what I mean: *find* you own simple explanations, explanations which you can understand, both spiritually and physically, because until the two are united in thought, you will not understand. I could explain in complicated detail what I feel you would like to hear, but is it not best that you find your own explanation of my words and that I give you guidance in your understanding? Would you agree with me my friends?

(affirmations)

George: I'd not dare to criticise your teaching method! (laughter) I'm amazed that you manage to convey so many ideas/thoughts to us in such a way that we can grasp them.

I feel that for all to understand, I came to you with the understanding that my teachings would be simple. They would be teachings that you

eventually could come to understand and I can say to you that by the way each one of you has grown spiritually, then those simple words indeed work. *(affirmations)*

Paul: I sort of understand it, it's like teaching, you can *lecture* people, **(Yes.)** but that is not the same as *teaching*.

No, I would agree with you my dear friend and of course you see it always with the teaching of the young people. If you can keep their attention, they become interested and they wish to continue to learn. If your words are complicated and not understandable to them, they become easily bored. Would you agree? (Yes.) Yes, I hasten to add that I do not consider you to be as children, but I can say to you the choice I made before I came to you, was that spiritually you would be alert to any teaching that I was able to bring. Therefore I would say to you, *physically* you may not always understand, but spiritually you are all beacons of light.

Lilian: Talking of children, are we going in the right direction to help my granddaughter?

I think my dear friend that you know the answer to that question. Yes. (Yes.) I know there is concern, but give the problem up to that Creative Force and all will come right. (Thank you.) Still you have to learn that when life troubles you, you must let it go; you must place yourself within that spiritual light and trust that all things will work for the better. But I know and I understand how human you are and how often how many tears are shed unnecessarily, but still I understand those feelings. I say to you my dear friend, do not fret. (Thank you.) I feel for this time in consideration of the instrument which I use that I finish speaking with you this time.

Lilian: We understand. She will be very pleased that you've returned to use her voice.

Yes, there is much work to do, but I need to be a little patient also with this instrument, because she too, is human. So my dear friends, I leave you with much *joy*, with a little more to consider I hope.

George: It's so nice that this side of our togetherness is now re-established.

Yes. There may be breaks, there may be times when there are few of us, but that connection wherever you are in this physical world can never be broken. It is a spiritual connection, which, as I told you, took many of your earthly

years to establish and the light of Spirit will not be extinguished. Therefore my dear friends I will take my leave, leave the light of my love with you all and those whom you love, and let you continue with some self-development this time. *(thanks and farewells)*