

~22<sup>ND</sup> March 2004~

*The previous meeting had been taken up with rescue work mainly which was not recorded, which Salumet refers to at the beginning of this meeting:*

**Good evening. (greetings)**

**Before we begin this time I would like to say to you my dear friends that many wish to give their thanks to you for the help given last time. We know that it has been some time since you have been occupied with such work, but I can reassure you that it was not taken lightly that we offered you the work last time.**

Lilian: And we were able to help, were we?

**Help was given. (Good.) I would wish you to remember that not only are you here to listen to my words, but also for your own self-developments, and this was but an opportunity and a thank you to each one, in order that you may come together and work thus. Now, as we continue on this another of your earthly years, I have told you my dear friends that it would be a time of self-development for you. There is much that will be given this one of your earthly years. I hope that already you have become aware of the discovery in your world of another planet.**

*(affirmations)*

Lilian: I remember you said this would happen.

**This is but one example of what you have been told, but the importance of this coming year my dear friends, is that each one of you undergo some form of metamorphosis within yourselves. You, my dear gentle lady (*Lilian*), that journey for you has already begun, but I would wish that each one of you become aware of the changes within and around you. You *will* become aware as time progresses. Has anyone anything to ask about what I have spoken of?**

George: I did have the feeling at the time that the rescues last time were as much for our own development as for the progression of others.

**Yes, that was partly our purpose that you should be aware, not only of those souls in need, but of your own capabilities in dealing within them as one group, and remember, all of you take part in these rescues. It is a joint effort for which you all need to be thanked.**

George: I think we feel rewarded at the time that we were able to help.

**But now you must become aware of your *own* unfoldment. It is important for each one of you**

**that you become aware of the Spirit coming forth into your daily lives. I am sure if you were to think for just one moment, you would discover how much you have changed even within this last year of your time.**

Lilian: I think we are all much more aware of the spiritual side of ourselves.

**That is the purpose of growth and unfoldment that you recognize for yourselves what is happening. Have you any questions this time?**

Lilian: Can I just say the few words that maybe I said to my mother has helped her now she has passed into Spirit?

**My dear, all words used in the name of Spirit are helpful. Even if the receiver declines the offer of those words, it does eventually *sink in* with them and they do take on board much of what is said to them. I can assure you that that person, your mother, may have seemed as if there was some barrier, but now she is prepared to listen to much. (Good.) So, yes of course your help was needed and it has been gratefully and truthfully accepted by her.**

George: It might be an apt time to put a planetary question: I think you said recently that one of the planets in the solar system had bacteria life and a few years back one of our scientists, Fred Hoyle, had put forward the theory that to explain how epidemics of illness occur in different parts of the world simultaneously, the theory that bacteria sometimes come from space, and if there are planets in the solar system that have bacteria, I was wondering if his theory might be a true one?

**Yes. I know of this question, yes. Firstly my dear friend let me say that there is much of course that mankind knows nothing about as yet. There are those of vision who would in their time adhere to those notions which they gain from their own experiences of life. Of those people I will say only this: that oft times those individuals are the ones who are indeed influenced from our world. This planet is not one unit as we have discussed before, but is part of a much larger whole. (pause—breathing changed/deeper)**

**Forgive us my dear friend for that input of extra energy as there are those who would be eager to speak with you, but now is not the time.**

**Therefore let me continue on the vein that I was using. This planet is one small part of a greater vision. Bacteria as you know it belongs only to this earthly planet. Your scientists are limited in their visions. Let me say that there are many life**

forms of bacteria, forms which to the human is as yet unknown. I will say of the gentleman of whom you have spoken that *his* 'quest', shall I say, should not go unheeded, because there is much that should be taken from it. This is a subject which is young in years for your planet.

George: Yes, I felt inclined to view it as a possibility.

**Yes, but it will not be readily accepted at this moment in time. As with all things that appear to be different from the mass thinking, then it is rejected.**

George: Yes, I think we know from our history that to be true.

**Yes, but I would say this to you that he is being guided in his thinking and the day will come when it will be recognized that this earthly planet is not a closed door. Do you understand?**

George: Yes, I follow. Thank you very much for that information.

**It is too young in its history to make any impact on the scientific community, but as with all things, you need *time and patience*.**

George: Yes. Could I go back to last time to recap on a question that Sarah put? I think I understand that it is satisfactory that we utilize human eggs as a means of cultivating what we call 'stem cells' such that these can be used for therapeutic healing purposes. There is no Spirit involvement in this procedure and I think I understand that that is therefore satisfactory.

**We have difficulty when we use your earthly words, but I would say, yes, 'satisfactory' is the word that we may use. Of course, once Spirit is involved we are speaking of an entirely different matter.**

George: Yes, so if this technology was to develop...

**...is being inspired for good use.**

George: Yes—inspired again.

**Yes, all things that are for good cannot be wrong. If you take any matter which involves the good of another human being without interference or hurt to another, then this is good for mankind and you may rest assured that our world is closely standing by, because as you know, so many times has mankind misused the information that has been passed to him.**

George: Indeed, yes. It certainly seems an efficient way of re-growing areas of cells on the body.

**Yes. It is a way to utilize and to help, but once Spirit is involved, or Spirit is used in any way, then it is, how shall we say, it is upsetting the balance of life and it is interference.**

George: This would be interfering with creation. **Yes, and this can never be.**

George: If this were to happen, then I could see that the possibility would be to have several biologically identical humans, but the Spirits within would not be identical, so we would not really have identical beings anyway.

**No, there would always be differences and it is not a good pathway to follow and everything will be done from our world to help those who have this knowledge to use it only for good.**

George: That's very good to know, thank you.

**Mankind has misused so many, many things that have been given to him so many times—because of his evolution and knowledge he feels that he can interfere with all that is perfect; and this he cannot do.**

George: Yes, that's reassuring to know that this area is being watched—this area of our development.

**I hope that has helped you just a little. (Thank you, yes.) It is a concern to many people we know. Do you have more questions?**

Graham: Yes, I was going to ask—through our days I understand the importance of positive thinking and I'm aware of the fact that quite often when we feel tired, particularly when we get fatigued, I think we often or can become more prone to becoming negative and I was wondering if this was just really part of the human condition that we need to go through as part of our development. Is this just something we need to learn to cope with or is it something that we create ourselves and it isn't really necessary.

**You can stop that way of thinking, but of course it is practise, as in all things, but you, my dear friend, are a prime example of good, positive thinking for yourself, are you not?**

Graham: I try to!

**Yes, we note your every effort in this way and there are many who stand close by you to help and to uplift you in those moments of negativity. But it is part of the human (Yes.) and I believe I would not be wrong in saying that the majority of human beings do feel at times, some degree of negativity—but it is not necessary.**

Graham: I often wake up the next day feeling very different.

**Yes. Do you know why?**

Graham: Because in our sleep state we are in closer contact to Spirit world.

**Yes, therefore does it not show you how, when you are in tune with that spiritual self, all things work for the better? (Yes.) Yes. But you my dear friend are taking great strides now and I urge you to continue along that pathway.**

Graham: Yes, thank you. It's something to think there's all this help surrounds us; it's something that most people are not aware of and it's very sad. I find myself now trying to talk to people about these matters—I don't think they believe me, but as you said, it's sowing seed in people's lives.

**And it is a matter of asking for help for yourself. For some reason lots of people feel that they do not have the right to ask for help for themselves. If only they could but realize that each one of you is guarded and uplifted as soon as you ask—but you must ask for the help. We cannot step forward and interfere in your lives—you must come closer to us and then we can take every opportunity that is available to us.**

Graham: Yes, thank you, I shall remember those words.

George: Could I mention the subject of Earth-bound Spirits? I think I understand that the Spirit can develop a firm attachment to places and to things, like to alcohol or to houses. It is said by some that there are several American presidents inhabiting the White House. Perhaps that's slightly humorous, but this is perhaps something which we should understand better that perhaps we should not form overly strong attachments during our Earth lives.

**Yes, we have spoken about this before, but I am happy to remind you, my dear friend, of my words. You know that as you leave this earthly life behind, you do not suddenly change—you are the same when you come to Spirit as you are at this moment. All that is changed is the clothing that you wear, the body. But the mind belongs to the Spirit and if there are addictions, some of which you have mentioned, those addictions will still be strong within you and those addictions will draw you closer back to this Earth than any other thing.**

George: Yes, and I think you mentioned around Christmas time this can happen.

**Yes, therefore I would suggest to each one of you my dear friends that whatever your strongest need might be, that you relinquish it whilst you are here. You are correct, many of your houses of drink are inhabited by those who cannot leave it and cannot pull themselves from this life and become 'earthbound' as you call it—not only drink, but people, many forms of what you would call depravity in the way of killing and such like. You understand. (Yes.) But not all earthbound Spirits are drawn back because of addictions, but because of the lack of spiritual knowledge—they will not let go of earthly life.**

George: Ah, so there's a kind of balance between feeling of Spirit/element of Spirit and the likings developed on Earth?

**Yes, yes. If your knowledge of Spirit was greater, there would be no attachment needed. You understand? (Yes I see.) Yes, but of course that is what your rescue work is about—those people who do not believe they have passed, but are not bound here by any strong addiction, only that they are afraid or do not wish to listen to another.**

George: Yes, I think our experience is that theirs is more a lack of spiritual knowledge/spiritual development, **(Yes.)** than earthly attachment.

**So do you now see how important that it is, that those seeds of knowledge be sown?**

George: Yes, that really puts it into perspective.

**Yes. It is important work my dear friends. Do not underestimate what you do in your daily lives by writing words or speaking words or giving comfort to another. These are acts of Spirit, which will take hold eventually and may very well help one individual to go forward when their time is here. Is that helpful to you?**

*(affirmations)*

George: It is indeed, yes. That expands what was in memory quite considerably.

**It is fruitful sometimes to go over old ground, because sometimes the same words can give you a new perspective on it. I am sure you would agree? *(affirmations)* That is why my dear friends I will never apologize for repetition of words, because in doing so your understanding becomes greater. And remember that each one of you is developing at a different rate, therefore what one may take the first time, it may take another just a little longer.**

Lilian: Yes, I think we appreciate that. **(Yes.)**

George: Would anyone else like to ask a question? I do have another one. *(pause)*

Lilian: Yes, carry on George.

George: You've talked to us about psychic surgery I know, but there is a point that would be nice to expand on there. Perhaps I could mention Stephen Turoff—a Dr Kahn who died in 1912 works through Stephen Turoff. But Dr Kahn has a team of helpers in Spirit: there's a Nurse Grace and there's an Italian Dr Gino and there's a Dr. Kahn junior, his son. The number 17 has been mentioned of the numbers in the team and it follows I think that Dr Kahn is able to do a number of medical manipulations and surgery. I'm not quite sure how the rest of the team fit into the picture. I can understand Dr Kahn working through Stephen Turoff, but others seem to be able to come through and assist him at times. Could you explain that a little?

**Yes. I understand your question. May I try to simplify it for you? At the moment I am using the voice of one person, but in this room there are many others who are not speaking from Spirit. But with each one of you there is a spiritual counterpart who brings to this meeting energy. Are you beginning to form a picture? *(pause)* No—Let us take the gentleman who is being used for psychic surgery, as you call it. The surgery is being performed by one of us in Spirit. Yes? (Yes.) He is using the body of a human being here upon the Earth. When those good people come to our side of life, who *have* been doctors, who have *been* nurses, who have dedicated their lives to other people, they often times wish to continue to help. Therefore you know like is attracted to like in our world. Those of medical nature would congregate together to work as best they could. They would join together at the time when surgery is needed and it is not surgery as you understand it, but is surgery of the Spirit. But as in this room, the energy comes from a group of people—so spiritual energy comes from a group from our side of life. Do you understand? (Yes.) They are there, but they may not necessarily be seen by the Spirit.**

George: Yes, they can assist in manipulation work?

**They can, but most times it is to help with the energy. There is more energy needed for trance work and for work of that nature, and of course they would be much interested in how he would**

**be using a physical body. They may well be there to learn how to do it. There are many reasons why there may be a group of them.**

George: So it only necessary for the one to use a physical body (Yes.) and the others can be present also and be an influence.

**Yes, we need the physical presence to show what is happening, but the work is of a spiritual nature and those around are Spirit and can be of use only in a spiritual manner. Do you understand or do you need more help?**

George: No, I think that clarifies. There is one point that I don't understand too well. Working on Spirit, I think there's the Spirit and there's the energy body (Yes.) and I think I understand that either can be worked on, but they are intermingled anyway.

**Yes, all parts are part of the same energy structure, but the physical being cannot be repaired until that—call it energy body, call it Spirit, call it what you will—until that is touched, there will be no healing. You understand?**

George: Yes, because I cannot separate the two in my own mind, (Yes.) I tend to talk of Spirit/energy body as if they are lumped together.

**Yes, this is always the problem too, when we speak of physical being and spiritual being. People separate the two when in fact we are one. You cannot be Spirit separately from the body whilst on this Earth. You can be Spirit entirely in our world, but not in yours. You understand?**

George: Yes, we can see the aura under particular conditions, which perhaps tempts us to think of the energy body as separate, because part of it is separate.

**Yes, it is confusing I know, but you think of energy as a whole, as a unit that blends together. Can you think perhaps of coffee in a cup and cream in a cup—two separate items, but when blended together they become as one, although they are still two units, two separate units of food. Think of that when you think of Spirit—and it is a *blending*. I hope that is helpful to you.**

George: Yes, thank you for that.

Graham: You said spiritual surgery earlier in your explanation. I'm not quite sure what that means. Is this where upliftment, help and guidance or getting rid of hurts? What form does that take spiritually?

**It is working on the hurt of the Spirit. Until the Spirit is 'touched', the physical being cannot be healed. As in all, not only in surgery, but any form of healing.**

Graham: Spiritual hurt—that's the bit that has to be touched. (Yes.) That is fascinating.

**Yes, always the Spirit—that is the purpose of all healing that the Spirit be 'touched' and the physical healing will then follow.**

Graham: And of course the person by being there is asking for help by turning up to Stephen Turoff or whoever, they are asking and this where that can be given.

**Yes, of course.** (Thank you.) **Well, I hope I have helped with your questions this time and I will leave you quietly in order for you to think about those words we have used this evening and to allow yourselves time to see that those who stand close by you, if they are ready to impress upon you anything of importance.** *(thanks and farewells) Then was then a difficult rescue through Eileen, before we closed.*