

~1<sup>st</sup> December 2003~

Good evening. (*greetings*)

It is good to join with you again, to feel the peace which is with you all. As you approach your time of goodwill, I do not need to remind you of the love and support that you give to others. That my dear friends, comes to each one of you naturally, but I would like to kindly remind you, of all those people who are in need, not only in your world but in ours, particularly at these times, when families gather together and there is so much joy within your hearts.

Remember those in our world, who are lost souls and who are constantly pulled back to your earthly conditions. Remember them my dear friends in your thoughts, because as you well know, it sometimes is easier for you to reach them, than it is for those in our world to come close, until they are ready to accept.

Lilian: Yes, it will be a privilege for us to be able to do that. Thank you for reminding us.

I know you do not take my reminder as any kind of reprimand—it is not meant to be that way, but sometimes on your planet, you can be absorbed by the suffering in your own world and sometimes forgetful that there are so many in need in ours.

George: Yes, we sometimes forget that suffering extends into Spirit.

Yes, if only you could be more aware of those lost souls, I am sure that you would understand our difficulty in helping them. They are constantly drawn back to the love of families, friends and all such conditions that attract them to others.

George: So these lost souls by being drawn, they would be very close to us, so to speak?

Yes, they are closer to your conditions than to our world. That is why it is so necessary for both sides to work together that these lost souls may be helped to go forward. It is not something that can be shown to others, but indeed my friends, it is a great effort on your part, when you help another lost in our world, who will and cannot recognise that the mists surrounding them can be cleared. It is important work, but not so many of your groups can understand or even can help. Therefore, because I know you so well by now, I know you will find it within your hearts, to extend the love that is your right. I feel it is

time my dear friends if you have any questions, I will be most happy to answer them for you.

Lilian: Questions anyone? Paul, before you go on your travels?

Paul: I was just thinking about those lost souls. I suppose as we don't know them, we can't communicate with them directly really. Would one just try and generate general love and put it in the hands of those who then can direct it towards them?

Yes, in the same way as you need no emotion to sit in your circles and to whom we bring what you term, 'rescues.' It is the feeling and the giving of love and each one of you are quite capable of giving love to many.

George: And that love or prayer, that can help clear that mist around these souls?

Yes, they are emotionally tied to the conditions of this Earth, especially as I have said, at the times of gatherings, when families come together. There are so many in our world, who at this time, as you approach your holiday season, are crying for help; they are lost and they need help. That is why I *feel* it is appropriate for me at this time, to gently remind you. (Thank you.)

Sarah: Salumet, those who come back to us through rescues, how are they chosen? Some are still in quite a bad way when they come back—why do some come and some don't?

We know by their light, that they are ready to receive help. Therefore it is appropriate for us to bring them to you, even although they may still be in denial, their light shows that they are open to help. And of course, as you also know, there are those lost souls who are crying out for help, but they cannot free themselves. They need the understanding, not only of our world, but to hear the human voice of your world. You understand? (*affirmations*)

George: There is one small query I would like to make with you in setting down a book of your teachings. I have made 2 small adjustments: Occasionally I have interred an extra word in brackets, to show that it has been added, to make a sentence run or read more smoothly and occasionally I have changed the word 'which,' to 'that.' The way our computer programmes are arranged these days into very modern English, seems to be the general format, which does not change the instruction/meaning of anything, but helps the flow of the sentence. I hope you have

no objections to those small adjustments in presenting your words?

**My good friend, let me say, I trust you completely that my words be known. It matters not that there are slight adjustments, provided the content of the truth be known.**

George: Yes, that's what I felt, thank you for confirming that. In tapping the keys of my computer, I felt no little taps on my knuckles, while I've been doing that, so I was hopeful that all was well. (*chuckles*)

**But there has been breath upon your shoulder. It is well known what you have written and as I have said in the past, we are pleased with what you are achieving. It is part of your purpose, because you give the words readily, you tell the story as it is told, you do not embroider what has been taught to you. For this we will be always grateful to you.**

George: Thank you, I can only say I do my best.

Lilian: You do very well!

George: I was searching for another question. Yes, you once said you bring us words from *a* source—I notice you didn't use the expression, from *the* source. I took that to mean that the Cosmos is a very large place—infinite, **(Yes.)** and it would be inappropriate to see a single source—but one can only see aspects of an extended source in that. Perhaps I have worded that clumsily. Perhaps you have a better way of explaining that?

**Yes, to speak of words of course, of course all words come from *the* Source, but to say *the* source, indicates that there is but *one* source, when in fact there are many areas within our world, within the Cosmos, which are quite apt for teaching. Remember when first I came to you, I told you that I was a conglomeration of beings? (Yes.) That conglomeration of beings, belongs to all of the source of all life and from many sources, come the words that I speak to you. Therefore I *feel* that it would have been inappropriate to use the term, '*the*' source. Do you understand that?**

George: Yes, I think I follow that.

**All of existence—(pause—voice changes)—We speak of very deep matters when we speak of *infinity*. It is an aspect of teaching, which is not available to you just yet. What we bring to you is what you need at this moment in time. Therefore when we speak of the source, we are using words freely, which at this time is not**

**understandable to you. I am but one voice. I bring to you the words from many sources of Truth. Do you understand? (affirmations)**

George: I think we do yes. Thank you very much for explaining that.

Lilian: So there's much, much more that we shall learn as we go along?

**As you go along, I will bring to you that which I know you are ready to accept. Of course there is always truth and all truth is already known to you, but sometimes you will not know that truth until you return home. So, *never, never* will you have full understanding of our world, but I hope that has clarified a little for you. (affirmations)**

Sarah: In speaking then Salumet, your voice changed quite considerably. Would that be because, although you are a conglomerate, and you say that you come from many sources, this is another source that's helping?

**Yes, remember it is not only my words—I am but the voice. Therefore sometimes when deep questions are asked, there is an extra input of energy. If the voice seems to change, that is the only reason.**

George: Yes, I imagine it was an extra input **(Yes.)** and I think it has happened on several occasions in the past. It's nice to have that confirmation.

**We are not always aware of the sound that you hear, because as I have told you, it is not the easiest of things to use a human voice, but we are always happy with what we have achieved with you; but it is most interesting to hear your feedback about such matters.**

Sarah: It is always very clear your voice. It's excellent.

George: We're very pleased to hear every word. **Again, you say kind words, but there is no need. I am always overjoyed when I join with you at these meetings.**

Sarah: The feeling's mutual! (*affirmations*)

George: Can I also say, Graham here was sitting at his computer recently and he did a search on the word 'Salumet,' and a number of entries came up. Some we know about—one was connected with Michael Cocks in New Zealand with whom we have communicated, one was connected to Paul Bura, but there were several entries in European languages—Danish, German, in an Eastern European language. It's very nice that your name is getting around on the internet—we wondered if it's all coming from this source, or perhaps you

now have another group somewhere, whom you teach. Either way, it's very good news.

**Do you remember when first I came to you I told you that whatever words I told you of, would be confirmed in many other places? (affirmations)**

**Yes, the name really does not matter. What is important is the teaching and I know my dear friend, you have wondered why that particular name was chosen, have you not?**

George: Yes, but you indicated to us that it was a salutation.

**Yes, but also, if you *sound* the name—remember what I have told you that letters and words have energy—if you break the name into syllables, you will get an energy pattern, which is greater than the Earth itself. For example, Sah-ah-ah-oo-eh. All of these letters have energy, which you will not be aware of at this time. It is something for you to consider this time.**

Sarah: Those words are our vowels and they are in use all the time.

**It is not the language or the letter, but the *sound*. The *sound* is worldwide in your language. You understand? (affirmations) Sound it for yourselves and feel that energy, which is released within you.**

Sarah: And is it stronger because those 3 are together?

**They were chosen because they are recognised all over your planet. Not for one language, one nation, but for *all*.**

George: Yes, I feel the Tibetan monks might well have knowledge of the significance of this, because they use such sounds very much in their ceremonies.

**Yes, many sounds are used in your world, but these sounds have much energy. I know each one of you will try these sounds when you are alone, but to have the full effect, you should try it together. If you so wish, try it my dear friends and see how different you feel. Perhaps this time as I withdraw, perhaps you could try to see for yourselves what each one *feels*.**

Lilian: Say it slowly?

**Shout it from the world, not so much with the physical voice, but *know* that the sound reaches to the Cosmos, to all that exists, and see what you *feel* within yourselves. So my dear friends, with that I will leave you this time; I will leave you with our dear lady, who as always, gives of her time and support to these meetings. As**

**always know that I am close by. (thanks and farewells)**

*We then softly chanted the sounds as suggested and discussed what we felt.*