

~10TH MARCH 2003~

Good evening. (*greetings*)

I thank you for your love and your welcome this time. I would like to begin this time by saying that my words have impacted upon your consciousness, because we are aware of how many thanks have been offered from you. We are aware that there are those with us this time who have not discussed what they felt about saying 'thank you' and before I continue this time, perhaps it would be in order for those others to discuss with you what they too have felt. Yes.

(Lilian then established who had not been at the meeting last time)

Let us hear from her lips what she feels when 'thank you' is uttered.

Margaret: I always feel pleased to know that someone has been pleased with me so they say 'thank you'. I like saying 'thank you' to people, because it is just one of those things that I like saying. (**Yes.**)

Jan: Using the word 'thank you' in my meditation and just quiet moments rather than saying 'help' has been received—it seems to come from a deeper vibration within myself rather than 'help'. I can only describe it as my soul receives those thanks and they seem to roll off the tongue much easier than *help*. I now know that I don't need to ask for help at all, because if I was to ask for help I would be doubting, and I'm not doubting now. That's basically it; I have just felt very much more *one* saying 'thank you' rather than 'help', if that makes sense.

Margaret: I'd agree with that.

Yes, so you understand that 'thank you' is to yourself; that is what we discussed last time.

George: It seems to be a very nice way to begin the period of going within, to give thanks. For me it seems to put things on a very personal level and the very word itself seems to have a subtle vibration.

Yes, and remember that sounds do vibrate. We have not gone deeply into that yet, but we will. But yes, each one of you in your realization of the word and giving thanks has come a long way. Last time, my dear friends, I spoke briefly about all of life's experiences, that decisions made by you were formed by either from love or fear. Do you remember my words? (affirmations)
This duality reigns throughout your human

existence. Love and fear are the creator for all deeds. What I wish to say to you this time my dear friends is going a little further along the road of life's realization of finding yourselves. We have discussed that each one of you, as I also and all who exist, are part of that Creative Force. What I am about to say to you follows from what we have discussed in previous times. Most of you I would say, feel that your existence upon this planet is for learning purposes.

(affirmations) Yes, I hear unanimously. What I am about to say may puzzle you, but I hope not, because it is one step further for you to take in your understanding. As aspects of that Creative Force *you are* all-knowing. You agree with that statement, I know. As all-knowing beings you would say to yourself, '*what do I need to learn?*' Does that make sense to you? Would that be a **human equation?** (affirmations)

George: Yes, I think you have said before that knowledge and wisdom are growth factors. We can grow in respect of knowledge.

Yes. Let me take you a little further along this road of discussion. As all-knowing beings, the power of all-knowing is within you. You understand this? (affirmations) Yes. So, in human terms there should be nothing to learn. Do you understand? (affirmations) But in a sense you are learning and the problem here is using your earthly word 'learn'. Yes, in a sense you are learning, but what I would say, is you are relearning that all-knowingness. Do you understand? Do you see where I am coming from? (affirmations) Therefore, this is not a school of learning as you imagine, but for the purpose of your understanding thus far, that has been the way of teaching you, because you can only go forward when your understanding has reached a point of more knowledge. Therefore, the purpose of all life is to relearn that all-knowingness which you possess. You *are* all-knowing beings, but you have come to this physical world with memories erased. I would like, my dear friends, to put forward to you three words: CONCEPT, EXPERIENCE and KNOWING. Does that mean anything to any of you?

Paul: I think maybe our knowing is more conceptual at the moment, but as we live we get the experience.

Yes, you are correct. You cannot exist with just the concept. For your understanding let us take

an example, shall we? You may think that you are tall, but how would you know unless you have the experience of being short or what short is—you cannot make the difference, you cannot differentiate between the two. In the same way you may think that you are good and kind, but until that thought has been expressed by deed—do you understand what I am telling you? You need to have the experience.

George: We are living the idea.

You are living the idea, thank you my dear friend for helping me with those words. Always I feel restricted by your earthly words, in trying to keep them simple for you, in order that your understanding is greater. But yes, the idea has to be lived, before you have the full knowing. And that is what life is about for you all. Does this make sense to you? (affirmations)

George: Yes, it's an interesting concept.

(chuckles) An interesting fact!

Sarah: I think it makes more sense than just saying we are here to learn.

Yes. Is there anything you would wish to know further?

Sarah: I keep having in my mind that you say that things are ever-changing and therefore each time we come back each experience is going to be different, because things are ever-changing. It's never going to be the same, is it?

But if you would only realize that there is no purpose in continuing to return. If you could reach that point of knowing, there would be no necessity to return. It is the not knowing that brings you back to experience and re-experience the same things. Do you understand what you are saying? (affirmation) So what I am trying to say to you my dear friends is that you have the power within yourselves now to make of life what you will, but you are all-knowing beings, there is no doubt of that, otherwise how can you say you are the essence of the Creative Force?

George: Yes, we can't really tap that all-knowingness without affecting our going within. **Yes, that is true and that is the purpose of your lives here. Remember some time ago I told you that you have helped to create this world?**

(affirmations) And that is how, because you are sparks of all-knowingness, all knowledge. It is within my dear friends; that is why it is most important for you *all* to go within and to find that all-knowing being which you *are*, but you cannot achieve it without the experience.

Paul: So, you could say experience helps us to get to know what we *know*.

What you *are* and what you are *not*; that is what experience achieves. Because, remember the duality—always there is duality, whether you say, 'light-darkness, love-hate', all of existence is duality. Therefore you need with the concept the experience to make that knowledge. Do you understand? If you do not, this is the time to discuss it together. I am always humbled by your silence. (laughs)

Lilian: I was just thinking, we are all-knowing and it's within us all there is to know, so in this lifetime that must have come to the fore with each one of us here, because we are ready to accept what you tell us?

You are travelling the right pathway, let me say that, but I have to say this my dear friends, that you hurt yourselves by doubts, by fear, by not going inwards. Each one of you is responsible for your own life's pathway. You may find that difficult to believe, but if you accept that you are all-knowing then you must accept that that has been your choice. You see how the jig-saw, as you would call it, begins to piece together?

George: Yes, I have the picture that the all-knowingness is with the parent soul, and it is our responsibility to have good connection with that parent soul, with the all knowingness and by our living of the idea we are sharpening that all-knowingness that is with the soul.

Yes, you are returning to what you already know, but your purpose here is to experience in order that that all-knowingness can be fulfilled. And yes, your purpose here is to return to the whole essence of the soul in order that these factors may become as a whole.

Jan: Am I right that when you feel happy or sad that that's the reaction that our soul is giving us? If you please your soul, you can feel such elation and if you are on the wrong path, that inner voice is saying, no, no, no, no, no! Is that your soul is not being very happy with the choices that you are making?

We discussed last time that the highest purpose of your thinking is with love. Any other decision would be taken from fear. So therefore the elation you feel is that highest purpose expressing itself. You are correct in that way of thinking.

Jan: I understand completely what you said first of all tonight about that there are two

emotions—if I can use the word ‘emotion’—the love and the fear, and if you take away every other human emotion we are encumbered with, those are the two that do matter, they really do, because with everything negative comes that fear. (Yes.) And sometimes I think it can be the most powerful and that’s when listening within, the love can shine through, but only really by listening within.

The umbrella of love covers all emotions. From the umbrella of love stems fear; love and fear are dualities, but all of the minor emotions that you human beings concern your lives with are mainly coming from fear. We discussed this last time, but yes, it is something I would wish you to think about on many occasions, when you are about to do some deed of which you are unsure, then you must go within to find that answer which comes from love.

George: I was impressed by the school children who were demonstrating in London against war, and I think their action came from love: love of people, love of planet, love of peace.

Yes, but you must be careful always as I have told you in past times, of making judgements about other's decisions, because you cannot know why those decisions have been taken and whether those decisions have been made in love or fear. And sometimes my dear friends I have to tell you that decisions that you feel are wrong, to the individual soul they have been done for the right purpose. Therefore it is difficult to pass judgement on any other being, because you do not have that wider picture. But the soul is all-knowing and has the ability within this human life to make all of life's correct choices. But I have to tell you that there have been so many misconceptions given about the soul and the structure of the soul, that these ideas—and they have been taught also by many people you behold as wise—that there are so many misconceptions that it is little wonder that the soul returns to the physicality so many, many times. But the time has come in groups such as this, when the truth must at last come to the forefront of all thinking. We are *here* my dear friends on a mission, in order that this world and the souls within it recognize that all-oneness, that all-knowingness, that experience of love which belongs to you all. So many times in the evolution of this planet has mankind denied his true self; so many times so many

words have been used which have confused and restricted mankind in his searching, that the planet has on many occasions been on a very precarious way of life, that it has been necessary for those of us who come to you in love to multiply in numbers at this time of your existence, in order that the truth may be renewed and that each of you be reminded of who and what you are. Each individual here knows within what needs and should be done. You do not need words my dear friends; if you but realized that all is within you, that all that you need to know lies within. And if you are to stop this constant return to earthly conditions, then you have that power within you to do so. I feel this time that you need to absorb my words, to think carefully, but not to think with that logical mind, but to quietly go within and find yourselves. I will leave you this time to think about what I have said this time. I would like you to ponder my words and next time if you have questions to raise then we will discuss them. You will find as time continues my dear friends that we will take things slowly, because what I am bringing to you now for your understanding is of a much deeper nature than you have to this present time been given. Therefore, I leave you all as ever with my love and ask only that each one of you gives to yourself the love that you need. (*thank you's and farewells*)