

~4TH November 2002~

Good evening. (*greetings*)

I bring to you this time much that is needed for you. There are those around and about you who have been blending with your individual energy patterns. I will explain to you my dear friends why this should be so. Can you feel a blending of energy between you?

Lilian: Between us? I hadn't thought of our Spirit friends blending with us, I must confess, although blending together, yes.

Yes. I will say little this time, but I will discuss with you the blending of your own energies with those who stand close, and how that blending of Spirit takes shape. There is much for you to learn about energy and always I have told you we must go slowly with this subject. After all, it is not something which is easily accepted, because it can only be felt and not seen. Therefore we have so many in your world who doubt us when we speak of blending energy; in fact I would say they have difficulty sometimes in accepting that pure energy exists. I want to tell you my dear friends, although we are small in number, I want you to know that here with you in this meeting place, there are many from my world who stand close, not those who wish to communicate, but those beings of light whose purpose it is to raise the energy vibration of your world. I have to tell you dear friends that these beings of light, the purpose of their existence is to raise the Earth vibration at this particular time in your evolution, because, you remember what I have said to you, that your world is making progress, it is evolving as it *should* at this particular time, but without the help of these light beings, I would be afraid for your existence. Therefore my dear friends, to have these beings of energy come to these meeting places, I would suggest to you is quite something. But I don't only want you to accept my words, I wish you to feel the difference in the energy that is within and around you.

George: When we first began to sit, I sensed there was an energy *building* from that moment.

Yes. Did anyone else feel this?

Sara: Yes, I did.

Good. What about our gentleman friend?

Graham: I always feel an upliftment when I come into this group. I come in sometimes feeling the effect of the week, but by the end of the meeting

I always feel very uplifted, I feel like almost a totally different person. It's a wonderful feeling. **But this time my friends, there is an extra energy with you. Try to allow it to blend with your being.**

Sara: It makes me feel very relaxed.

Yes, you should almost, I would say, feel light, lighter than you would normally, but if you do not, just please do accept my words that they are here with you. There is much work for us all to do, there is work to be achieved in your world in the coming of your years, not only in *your* years, but in those of your children and your extended families. Life upon this planet will eventually become more spiritual in nature. I would my friends—and this is not a teaching, but it is a fact which will occur, and because of your dedication to our work I will tell you that there is much that will be uncovered or 'discovered', as you earthly being say, in the coming of your next two years. Many things will be uncovered that mankind will use to advantage. Remember these words my friends, when they come to your attention as they surely will, not only upon your Earth, but in the expanse of all existence there will be found new planets, new stars. Of course they are not new, they have always been there, but the widening of mankind's vision is becoming much greater. Your scientific worlds are opening pathways, it is almost as though their eyes have been opened in many respects. So also in your medical world will there be much uncovered and that is because my dear friends, we have been working closely for some great length of your earthly time, with those who wish to help mankind. I am telling you this my dear friends as a thank you for all that you do.

Lilian: We thank you for all that you bring us.

I know we are small in numbers this time, but I know that my words will go to the others who are not with you at this time

George: Yes, they will receive transcripts.

Yes. Now my dear friends I think for this time if you have any questions for me, I will be only too pleased to answer them for you, but may I say that for the purpose of these beings of light who join with us this time, I ask perhaps that you devote a little time to absorbing their energy, (*affirmations*) and as usual I know you will discuss what you feel. Are there any questions my dear friends?

George: Yes, I would like to refer back to a question that was asked of you several years ago about homosexuality and as part of your wording on that, I think you said that it is *possible* for a Spirit to be *transgendered*, if I could use that word, such that the Spirit or psyche, is of one gender and the physical body would be of the other gender. I think you said it was on account of the Spirit being too *eager* to incarnate.

Yes. It is always the problem and you must remember that there are those in our world—and let me remind you firstly that when those who come to our world are anxious to return and will not be *guided* or will be *patient* enough—they will use their freewill which they still have—they will take *any* opportunity. That is why on your Earth you have people who produce children who really do not want them; it is a combination of the Spirit being rather too eager to reincarnate.

George: Thank you for confirming that. I know of three people who are in this category and they seem to have an internal conflict.

Yes. I would say always, because if you look spiritually to these people, that is why their lives sometimes seem to have this conflict. Not *all*, I would not say, but many.

George: I notice that some are driven to the extreme of taking hormones and involving surgery to convert their body to the other gender.

Let us not forget that gender belongs to the physical world.

George: Yes, but it is in some way matched by the Spirit coming into the physical?

Yes. The Spirit is eager to return and creates many problems.

George: I was wondering if you have any thought on using medical facilities to alter the physical body? And I would assume that as the Spirit is more fundamental, it is not possible to alter that?

Well, mankind can do much to alter the physical makeup of man or woman, or these souls who are confused. There is nothing to stop mankind using medical advancements, but the fact remains that the Spirit within does not change. It is a complex issue which cannot be spoken of lightly, because there are too many issues at hand here; it is not a simple statement that I can give to you.

George: These people seem to strive to express as their Spirit self.

Yes, the Spirit within is the one who is striving to come forward, but because it has not been, shall we say considered fully, because they have not chosen the lifetime *wisely*—can I put it that way for you—then all of these complications arise.

But I hear you say: *But if you choose your lifetime, why should there be these complications? Have they chosen this way?* Not always. Remember that Spirit beings *have* freewill, as you have those children in your world who are guided, but will always still go their own way, because of your freewill. But that is something not to be decried, because it is a learning process for the Spirit, and although they may come back to our world with regret, it has been a lesson for them, which I would say they probably would not make again, because of the life lessons which they have encountered.

George: Yes, I can understand that. And I have read some words by the Dalai Lama which I think agree with what you have said. I think the Dalai Lama was saying that the Spirit at the time of conception, enters the egg by one route in respect of female, and a different route in respect of male.

It is a complicated subject and not one that everyone can accept eagerly, but we say this to you my dear friends: that the Spirit within knows in our world what is 'right' and what you call 'wrong', although those two words for me are rather contradictory to the Spirit itself. But what I would say is this: that no matter which way Spirit reincarnates into any body, that Spirit is responsible for what has happened and those two people who have joined together to give the Spirit the opportunity to reincarnate, also have some responsibility. I will my dear friends go more deeply into this matter on another occasion, but it is not as simple as you would at first see.

George: Well thank you very much for clarifying that for us.

I hope it helps in your understanding.

George: Yes it does, thank you, because as you will appreciate there are all kinds of different views that people have.

Yes, and this is always the problem that the human being always wants an explanation which is either black or white, when in fact when you speak of the Spirit world, there I would say, lies the fault of humankind in trying to decide what is right and what is wrong. It is

confusing and this is something that all of us who come to you have to try to dispel, because there has been many, many, many of your years when information given to you has been misinterpreted, or mankind has decided that *he* is best at knowing the right answer. And that is our purpose in coming to teach you and to help you to understand and to open your minds more fully to what is happening. As always my dear friends, look at all of these issues, any of your problems from the spiritual standpoint and you will have a much better view, you will receive a much better answer to your question.

Sara: Certainly when you appreciate the complexity of things, we appreciate that we cannot judge, because it is very involved.

Yes, always it returns, does it not, to my simple teachings ‘never to make judgement upon another’, because how can you know the circumstances of that Spirit. All too often Earth people are quick to judge, are *harsh* in their judgment, whereas the Spirit eyes should see the wider picture, and even if the understanding is not there, at least give the heart a chance to *feel* and accept another’s life. It is not always easy I know, but that is the way forward. Are there more questions or shall we sit quietly?

George: It might be just a good time to bring up one question which relates to white beings. There may be a simple answer. I’ve often thought about the writings of Homer in ancient Greece. He wrote about a time when the gods participated in human affairs. I just wondered if he got his inspiration from knowledge of angels and light beings, or was there a time those few thousand years ago when there was a situation similar to today, where we have light beings amongst us?

There has been never one time when light beings have been more intense in their purpose than any other. What I would say is this: that the light beings have always been around this planet, as they have on others. When I speak of the light beings, I am speaking of those beings who have never lived a human life. You understand? And as you speak my dear friend, of course you have to realize that from the beginning of this birth of this planet, there have been those who have stood by to help and give upliftment and knowledge. Those writings you speak of have indeed been inspired, but there have been many times throughout the existence of this Earth plane, when many have been

inspired, not only your great and well-known people, writers—those with knowledge, but the simple person on this Earth. All of you are inspired in some way, but each one of you uses that inspiration in the best way that they can.

George: And I imagine that some light beings would be looking after the planetary system (Yes—from the beginning.) and others would be inspiring mankind?

Always, always—you begin to know and understand when these great writings that you discover and begin to understand, you think to yourself: ‘Where have they come from?’ But when you have the knowledge that you have now, you begin to realize that mankind is never alone; never alone.

George: That is very nice to know, thank you. You could compare yourself in a smaller way to those who write words of inspiration, because that is what you have tried to achieve in the work that you do. Would you not agree?

George: Yes, thank you very much for that. I think now my dear friends is the time to allow that energy to be felt, because I can tell you that the whole of this meeting place is enclosed with a light, which you will not always have the opportunity of having. So allow yourselves to go inward and let us see what you can achieve. I will leave you quietly, always of course in the knowledge that I come to you only with truth, with love and always with the upliftment that you all seek. (*thanks and farewells*)