

~14th October 2002 ~

Good evening. (*greetings*)

I hope that our discussion last time gave you some insight into the part I play when I come to you.

Lilian: Yes, it was interesting.

This time my dear friends, I wish to ask you all one question. It may not be as simple as you think, but what I wish to ask of you my dear friends, is this: I want you to look from outside of yourselves and ask the question: 'Who am I?' I want you to focus on this question and also to find out what spiritual gifts you have brought to this lifetime and how those spiritual gifts have brought you together this time and in which way they bond you together. It may seem a simple question my dear friends, but I assure you, you will find it quite difficult.

Lilian: Yes, I think I am already.

I will give you time to look to this question and for you all to discuss amongst yourselves what answers you come to. I will remain with this instrument whilst you work quietly, but before we leave, we hope to bring to you someone who will speak a little with you and we hope that the dear lady who is sitting next to me, will be able to bring them forward. (*Sue*) I will be most interested to see what you think of yourselves. (*some sitters chuckled*) I will comment next time, so please, please be lucid in your thinking and the expression of your words. I will try to help you to have clear vision, clear thinking for this meeting.

Lilian: And we shall hear from you next week? **You may rest assured I will be here with you. I have given you what I am to you, now you must recognise what you are to yourselves. My love as always stays with you.**

Lilian: And our love goes with you. We will sit quietly for a moment or two and see what we come up with.

We sat quietly for several minutes before Lilian spoke again. These were the main statements made:

George: We are each of us sparks of Divinity, so we each have to see ourselves as an individual spark and each spark represents a different soul, because it is rare for two aspects of the same soul to be on Earth together. We have similar energies, so perhaps the soul-bodies are closely connected in some way. This is conjecture, but it

is clear we have similar energies and that energy is part of our bonding. And we have a particular affinity for each other, because although we have similar energies we have different abilities. In a sense we rely on each other for those different abilities.

Lilian: Yes, that's true.

George: I think much hinges on the fact that we are similar energies, the other factor that would probably add on to that is our most recent past life that some of us at least spent together and I would imagine that also contributes to the similarity of energy between us.

Lilian: And probably all of us have a love of nature.

Sara: I think if you're really spiritual, you will love nature.

Lilian: Also a love of animals. I often wonder why I like animals so much.

George: I think especially at particular times in my life I have been aware of a deep-down power, which has been a guiding influence. I have a feeling of strength from this, with the idea that the soul-strength is much more than the physical body.

Lilian: Well we must each of us be on the same par spiritually, because if we've been together in past lifetimes and we've been told we shall be together again, so we must be pretty much on the same level, mustn't we, spiritually.

Graham: I think you have to be in order to share experience, to talk to people, to accept what they say and for them to understand what you're saying. And we all accept what Salumet says.

George: And of course, we have to see Salumet as a great coordinator. That is of course very important too.

Sara: And we all have an enthusiasm for this learning—a passion for the learning, which makes us come every week.

George: Yes, we are all seeking, that's a shared fact.

Graham: My condition is several-fold more than is perhaps common, but I think that when you get a condition such as I've got at the moment, and a lot of people at some stage in their life do have illness, it does make you think a lot more and it's made me think a lot more about past lives and where you are and where you are moving towards. It really opens your eyes in many ways and you start to see things that you haven't seen

before. In a way I see the condition as something of an awakening.

Lilian: Yes. How about you Jan?

Jan: Well, I asked the question—as he asked it—go outside and ask yourself the question in your mind—and I’ve been receiving clairvoyantly I suppose, lots and lots of faces one after the other almost like in a mist. I presume they are me—parts of me—and also I have been given strings of light, a little bit like neon lights, as one fades the next one lights up and so the next one lights up. And those beads of light—I think I’m interpreting—there are millions of them I’m being shown, so they are other souls; it’s as if I’ve passed through them, do you know what I mean? They are people that I have connected with.

Lilian: They belong to our energies.

Jan: Yes, they are little beads of energy obviously and I’m being shown that some are negative and some are positive and you obviously need that negative and positive to make a positive energy flow. And the negative energies are those that I haven’t bonded with—they are not on the same spiritual level, as those of us in this room—and this may have been said a moment ago, because I am not quite with you if you know what I mean. I can speak to you but I am not able to feel my body at the moment. They enable me to see this more and more aren’t they, as the weeks go on. I’m being taken further and further now. I’m not sure how I can still speak to you; I can’t feel anything else around. Each one of us in this room is joined in a circle. I’m being shown at this precise moment in time each one is joined in a circle, within a circle, within a circle. I’m interpreting that first circle is where we are now and we meet again in the second circle and again in the third and in the fourth as we progress. I am being shown it going outwards. So, where we are now, as husbands, wives, mothers, sisters and brothers—that’s not who we are. We know that, don’t we? (*affirmation*) And again I am being shown an overcoat, which I described a little while ago—I’m also being shown snails—a snail has a shell. He goes inside the shell and comes—you’ll have to interpret this...

Lilian: Well we must grow new overcoats...

Jan: I can now see other faces that are each one of you. I’m not seeing me, but each and every one of you. So I’m meeting *you*. And now we’re back to the neon little lights. (*Jan began to*

‘return’ at this point as she again became aware of her body)

George: Can you say roughly how many others are in the room with us?

Jan: The room is very, very full. I feel almost claustrophobic with them. The walls seem to come in tremendously small. I would say there are a good 200-300 people in the room at this time. There’s standing room only at the moment!

George: What I can see clairvoyantly is vague, but yes I agree, I would equate the vague patterns that I am seeing with hundreds.

Lilian: Which could be other aspects of ourselves?

Jan: They are. That’s what they’re showing us is that they are not other spirits, they’re facets of our selves. They are part of our soul, in this room with us now.

Lilian: It makes you feel quite emotional.

Graham: I reminds me of what Salumet said about facets of a diamond.

Jan: When Salumet came through tonight, I haven’t witnessed it before, but he came through with an enormous blue light that went bang! ...all round Eileen. Then after he came through, I went off on my travels if you know what I mean, but that’s when the strands of blue light, then it turned to blue and red, that were shown to me. So the question I think: ‘*Who am I?*’ ...I think George described what I was seeing: We are just a linkage in a chain of energy. That’s how I can see it. Does that make sense George?

(*affirmation*)

Sara: In terms of evolution, where we’ve come, I was thinking humanly as well, we’re vast really, we’re part of everything, part of everyone really. The further we move on, the more we grow in spiritual strength and wisdom, the more we would feel a part of everyone really.

George: Salumet is always saying that the situation is much more complicated and beyond our ability to describe.

Jan: The other part of this question was that we have to answer is: What spiritual qualities have we brought to this lifetime? That I think is very individual. This is going to sound really silly, but I think I have always been aware of a *light* that surrounds me, but wasn’t sure before, what it was and how it was to be used I suppose. What I mean by ‘light around me’ is: certain people were attracted, certain personalities, certain types were attracted to me.

George: Do you find person walking on the other side of the street suddenly look across?

Jan: Yes they do. It's taken this—shall we call in 'work'—we came into this world with a light that shines brighter than we can see.

Graham: We all bring with us love and it is the most natural thing in the world to love people and objects and animals and everything.

Sara: I think I was put here definitely to communicate. As a young child I was quite shy, but as time went on, I was able to communicate, but now I think I communicate on lots of different levels. An important part is supporting people in their spiritual growth, whilst growing myself and talking to people around here in whatever way I can, either through the voice or through music or whatever. I think that is what I'm here for.

Jan next brought Cheryl into the discussion, who declared herself to be a bit self-centred. Others pointed out that they were also at her young age and that she is also extremely compassionate.

This dialogue was cut short by a visitor through Sue:

I do not wish to interrupt your most interesting discussion. I have heard many conversations from many, many, many peoples of your side of life and let me say, I am always surprised at what I hear. Sometimes the depth of knowledge I hear from certain groups such as yourselves, stuns me. I am most gratified to know that the teachings that the Masters bring, have such an influence on you all. We are most gratified and if even a fraction of what you are told in the early days, takes root, seeds itself in your minds and blossoms as the years progress. I hope that does not sound too flippant, but it is my way of explaining to you how we are watching you grow. Do you comprehend my meaning?

(affirmations) Do you understand that the knowledge, the knowledge that you have absorbed, is like the flowering of the cherry trees every year. Can you understand that?

(affirmations) They lie dormant in your winter times. Then the little buds burst forth in your spring times. Then you are awash with the fragrant blossom. That is like the knowledge, which suddenly seems to burst forth in your consciousness and you absorb this knowledge, and you hold onto what is relevant. Then like the blossom on the tree, that knowledge serves a purpose and you shed previous thoughts, previous connotations—things that perhaps

once were important to you and you suddenly realise that they have not the significance that you thought they had, and you let them drop like the blossoms. Is that a fair description of your thought patterns? (affirmations) Some of the things that seemed vital to you in your youth or vital to you only—shall we say yesterday—suddenly are stripped away and you think: 'I don't need that. Let it go.' Yes? (affirmations) Yes, good. I am not meaning to put words or thoughts into your mouth; I listen to you and I watch you and I absorb your thoughts and it seems to me that as the time progresses, you are stripping more and more of your earthly thoughts and getting closer and closer to spiritual meaning. Yes? (affirmations) Good! It is good that you are agreeing, because you must always move forward. And we know that some of the teachings leave you perplexed, am I right?

George: Yes, we have to think about them sometimes.

Yes, that is what I mean. I do not mean you are perplexed in you don't know what is being said to you, but it makes you open your mind does it not? It makes you question? (affirmations) Which is a very good thing; I am sure the Master that comes to you has said to you in the past: Always question, never just accept. Yes? (affirmation) You must question. No one is going to think any the less of you if you say: Please can you elaborate on that theme, whatever it may be. We do not want you just to accept what we say. That is not what teaching is—in your schools when you are children, as you grow and you go to universities and to your higher forms of education, I am sure all of you have at some time wanted to debate an item with your tutor. Am I right? (affirmations) You have wanted to say: Excuse me, but I cannot quite agree with that, may we discuss it further—have you not?

George: Yes, and this leads a better more fundamental understanding.

Of course. But we are watching each of your years come and go and we are seeing the branches of knowledge grow firmer and heavier and more laden with the blossom of knowledge and teachings and from that blossom, come the most amazing scents of love. Did you know that love has a perfume? That is something else for you to put into your store cupboard of knowledge. Love has its own rich perfume. Every sense has a perfume.

Sara: Is it true then that people can exude a sweetness or a sourness, which that almost be...

Tangible yes. (Yes.) **You know that love comes in a form of light—you have been told the light shines from this meeting have you not?**

(affirmations) **It lights a beacon. It is not just a light, it is a scent, a wonderful perfume which mingles with the light and can be sensed in our world, just as hatred has its own scent. I will not call it perfume, because it is not perfume, do you understand me? (affirmations) Fear also has its own scent. Again I will not call it perfume. Every one of your senses exudes an aroma. I would like you to think about that in your coming days. Give out LOVE, not hate. Hate will cause a scent, which can make people recoil from you—not physically—you do not see people step back and think: Oh dear, what a smell! (giggles) No, they recoil mentally and that itself is part of the Spirit—the mind. Think upon it dear people. Try to love, try to exude a perfume that you are, shall we say, very taken with. Imagine the love is one of your most favourite smells. Can you do that? It will help you.** (affirmations and thanks)

Graham: Yes, perfume is something beautiful.

Lilian: Delicate, like a flower.

Indeed. I will also say to you that even your most beautiful perfumes on this world cannot compare with the spiritual perfume of love. It is like something you have never encountered. But dear people, dear friends, when your time comes to pass into our realms, I wish from the bottom of my soul that one of the first things you encounter when you join us is the perfume of love. You deserve it, each and every one of you and the more you strive in your earthly life to bring love and harmony to yourself and to others around you, the closer you will become to the spiritual smell of all-powerful and all-bright and all-shiny LOVE.

George: Something to look forward to.

Yes, that is something that you can accept from me. (affirmations) **No, I don't wish you to accept it without thought, but believe me when I say to you: It is fact.**

Sara: It makes sense to me, because when people are fearful or sick or ill, there is almost a smell and it's something that you see as well. **(Yes.)** So it makes sense. The skin is clear and bright, it affects the body when someone is loving and happy; the skin looks brighter and the eyes look brighter and everything glows.

Glows!—that is a word, very, very good word; observant young lady.

Sara: Children often have the sweet aura, when they're happy.

Young children, in all innocence, can detect the perfume of love, but very quickly, very quickly they lose that sense. You have all encountered it in your very early life. Sometimes you may think you are recapturing it, but you don't understand what it is. I am sure at some stage in your lives you have—

(The tape ended there, but it was actually very near to the close of session. Our visitor was thanked for the wonderful analogy of the cherry blossom and knowledge given. They indicated that there would be further visits and when asked, gave the name Ramon.)