

**~3<sup>rd</sup> JUNE 2002~**

Good evening. (*greetings*)

The delay in speaking to you this time my dear friends has had a purpose of which I will inform you now. Those who stand close to you all have asked permission that they may see you all in this situation as a group of people, but what they look at is the Spirit and not the human form. Why should they wish to do this, I hear you ask. Because my dear friends as you come together as a group of spiritual beings, then you are exposed for all to see. There are those in our world who also need to gain knowledge from such activities. They will take back with them some degree of knowledge from each one of you. I hope that some of you at least have been aware of their presence here. Have any of you felt their presence?

Sarah: I felt not exactly a single presence, but I did feel different around me tonight.

Sara: Now that it has been mentioned, I think I did feel the same on reflection.

Of course there would be no great degree of change, but as you know, subtle differences are more likely to occur, because as you understand, your awareness is not total, is not complete as spiritual beings. Still you are hindered by the human thinking, but it is good that at least some of you have felt this difference. I feel my dear friends that this evening should be devoted to any questions that you may have for me. So if you have questions, let me see if I can help you.

George: We have talked about the various, or some of the Source teachings before and there was one from the Source known as the 'Divine Pymander', a teaching to Thoth of Egypt. His teaching divided everything into three headings: God and eternity as one, the cosmos with its duality of material part and spiritual part as another, and man with his duality as a third. And he then goes on to say that *time* was born of the cosmos and its processes. I think this is in line with other teachings, but perhaps a slightly different way of looking at it. Would you have any comment on *time* being born of the cosmos?

Of course you understand my dear friend how difficult this topic of *time* is. We have spoken briefly before about *time* and your understanding of *time*, but what you must understand that *time* belonging to eternity, the cosmos or all of existence is a totally different

factor in comparison to *time* as mankind understands.

George: Yes, he was talking about eternity as being timeless.

Yes, this you know and understand; I have told you this previously. But of course when we speak of eternity we speak of energy which has been transmuted and is ever growing, is ever moving; therefore *time* becomes encapsulated within all of these things. Are you following me? Do you understand? (Yes.) It exists only in so much as that energy is ever-growing and ever-moving. Therefore, again, I would say '*time*' is a word created by mankind to explain the existence of eternity. You understand? (Yes.) It is a manmade word to try to explain what is unexplainable to humankind.

George: Yes, the difference of eternity and the processes of the cosmos. (Yes.) Yes, I follow you. Yes, I would say to you also that the explanation which you have given to me has been explained by mankind in many different ways, in many religions and may I make an example of your own Christian religion where there is the Trinity. Again there is the three-fold figure and in many religions throughout your world, these Trinities have been used in various way. But I would say to you my dear friend that all of these emanate from what was originally the *truth* from the beginning of time when mankind began to reason and to think for himself, then there had to be explanation for all of the natural wonders and thoughts which entered thinking. Is that helpful to you?

George: Yes, thank you. Yes, the Trinity is something that seems very important to theology and not terribly well understood. (No.) Is there anything further you would like to talk to us about regarding Trinity?

I would say only this to you, that as far as we are concerned in our world, there is no need for explanation of Trinities or any other such numbers. I state simply to you my dear friends that all things and all *truth* have no numbers, have no *existence* of their own, that *truth* and *love* and all of *Creation* is but of one unit, which comes from the Source of all life. Again I would say to you that no matter what mankind says, no matter what prophets predict, that the truth is mankind will always find a way of explaining in order that he might, in his own small way, try to understand

**that which he cannot understand. Mankind will always be limited in his understand.**

George: And this is perhaps where faith becomes important in some of our religions; the inability to understand.

**Yes, because mankind is not capable of full understanding, then he needs to create for himself some form of belief, in order that he might clarify within his own thinking all that appears before him. There are not many within this world who have a great deal of knowledge to do with all of existence. That is why voices such as myself and others come to enlighten all of you in order that you see that it matters not what words have been written, that mankind must look with, must *feel* and *sense* what is real and what is the *truth*. Many, many words, many pictures, many articles of faith dwell in your world.**

George: So conscience and intuition therefore become very important.

**They are your tools of knowledge; it is as simple as that. If you wish to find truth, look within, then you cannot be wrong, because the knowledge which comes to you comes from a line of existence, which belongs to the Spirit. Do you understand?**

George: Yes thank you, that does help to clarify. **You have within you *all knowledge*. It is important that each of you use it if you are to *succeed*, if you are to succeed in your spiritual growth. All knowledge is open to you, but again I say to you my dear friends you are limited by your human brain. No matter how intellectual you may be, that is not the way of finding *truth*. You understand? (*affirmations*) I hope that is helpful to you.** (Yes, thank you.)

Lilian: Would you take a question. We will understand if you say no. It's about Graham's health?

**I would like to hear the gentleman's voice.**

Graham: Yes, I have had some difficulties with my walking again. It did get better for about a year and just lately I have gone off again and it is something that I find very curious and I don't understand it, and I was wondering if there is anything you could say to help me understand?

**Yes, you want me to tell you what you must do?**

Graham: Yes, if that is possible.

**It is possible, but it is not wise. After all, each of you are here to learn from whatever lives you**

**have chosen. I did give you some advice and I would say that it still applies. You may not have found what you are looking for yet, but I would say this to you, that you do need to give yourself more time as I have said previously, of *going within*. Because you see what you call your own subconscious mind holds all of the answers for you. I could of course tell you what to do, but that would not be helpful. This is something you must work through and I know and I understand fully that all of life's problems are frustrating and cause anguish to you all, but I would say to you my dear friend that you are growing because of it. And I know these words do not come easily to you, because so often we hear in our world, '*why me?*' and I would say, '*why not you?*' I hope you do not feel my words to be harsh, because I do not mean them to be so.**

Graham: No, I don't feel your words are harsh and thank you very much for what you have said. **But I will say is, continue to search because the answer is there for you.**

Graham: Thank you for that, yes. I will keep searching and I will try to find more time.

**Yes, you need—I know in daily living that each one of you finds that time presses heavy upon you, but only, if only, you could realize that that time spent in developing the Spirit is time for your own *good*, your own *growth*, your own *development*. It also allows those from our world to come even closer to you, as they have done this evening.**

George: Could I just ask, the searching that you talk of, is that searching within?

**Within. All knowledge is within, but you have to free your thinking before you can go within. There are many ways to do this and I suggest that each one finds their own way, their own *key*, in order that they find that place within the Spirit where all knowledge is available to you. It can be done and it is part of life's journey that you should endeavour to do so. It would be much too simple for me to make life, my dear friends, free from all strife and worry, free from the problems of everyday living, but what would you achieve?**

Lilian: We wouldn't achieve anything.

**I could lift you, help you, cherish you and love you all. It is difficult for us who watch over you to see each one of you struggle, but it is part of our endeavour that we stand aside and allow that spiritual growth to take place.**

Lilian: Yes we need reminding of that sometimes so that we can go forward with courage.

Graham: It is encouraging to think that these difficulties actually do help our growth (**Yes.**) and I certainly do take a lot of comfort from that. I do feel as if I am beginning to look at life differently now and I can certainly see other people's point of view better—things that I wouldn't have noticed before.

**Yes, it is an awakening of the Spirit. That is what happens and most individuals start off by small things in their lives. They begin to notice that they, as you have said, are more aware of others than themselves. That love grows within the heart and they are able to be more tolerant of their fellow man. I am sure each one of you within this room has had that metamorphosis, where you have grown, where you have felt that life has expanded for you, but what you cannot know my dear friends is how you have grown in Spirit. That knowledge belongs to our world, and you may be aware of upliftment, of consciousness, but you cannot see that purity of light which shines from each one of you; and I have to say my dear friends it is that aspect of your being which is important to us all. And I do assure you, no matter what difficulty life throws to you, you will shine through in Spirit. I hope these words bring comfort to you all in your struggles and I know each one of you have your own testing times. They may be different from each other, but to you individually they are a lesson in life which is difficult to cope with. But you cannot grow without struggle, and remember what I have told you, that the more you grow, the more struggle there is. It may be different for each one, but it is there. I hope my words have been useful to you. *(affirmations and thanks)* If you would like whilst my energy remains, if the gentleman would receive healing using this instrument, I will direct some healing for him. I would ask only that he be placed in the centre of the group and each one of you direct your loving thoughts from the heart towards him. You may find that I will leave you as this takes place, so remember my friends, that my love is always with you. Look within and the answers are there. *(thanks and farewells)***