

~17<sup>th</sup> February 2002~

Good evening. (*general greetings*)

As I begin this time I ask that you feel the energy that passes between you. Do you realize the unity which this bond brings to you?

Lilian: I think we all do.

I trust that our communicator last time gave food for thought. (*affirmations—last week we were taken on a meditative journey—unfortunately this was not recorded*) I hope that each one of you found within yourselves that which left behind the physical being and helped you to realize that inner you. I know some of you have pondered this and yet others who have been too occupied with living to think much about it. But I hope that each one of you can reflect and say that you gained some insight.

Lilian: Yes, especially Sara.

I have told you my dear friends that this year of your earthly living will, in great part, be devoted to each individual growth, and an evening that you had last time is just an example of what we will bring to you, the purpose being that you can leave behind the physical overcoats and be more aware of those who come to guide you. Each one of you should have met your own guidance last time. What I say to you now is that it is your own responsibility to make that bond stronger, to make that awareness greater, to make that union a good and sound one. I can help you, but I cannot make you do these things. This is where responsibility comes into play, that each one of you, individuals as you are, must take full responsibility for your own growth. I do not mean to sound like I am chiding you, but instead I wish to encourage you.

Lilian: Yes, we appreciate that.

I would like this time just to reiterate words that have been said previously. There is so much confusion in your world at this time, so much fear. You, my friends, must conquer your own fears, but what I wish to say to you about the planet as a whole is that it *is* progressing, it *is* evolving, it *is* working out to the plan of all existence. Therefore I say to you and all of you who come across people with fear in their hearts, your words to them must be of encouragement, of upliftment and of far-seeing; but firstly you must tune yourselves as pure instruments. Do you understand? (Yes.) This world is going forward, there are many times

ahead when there will be fear, where there will be anger, where there will be many passings; but those of you who know and understand the truth, must help those who live in darkness and fear, because eventually you *will* move forward. And remember time is irrelevant to us in our world, but to you time seems to hang heavily. So remember what I say, that you have nothing to fear. I think for this time that I will answer questions for you and next time I come to you I will bring you some further knowledge. (Thank you.)

George: Yes, you told us some time ago about new energies that would be discovered and there is a machine that has been discovered that is called a 'Random Event Generator', which seems to pick up energy from the collective unconscious and has recorded peaks for events such as the funeral of Diana, the funeral of Mother Teresa and the tragedy of September 11<sup>th</sup>, and it shows a peak for a mass peace meditation. So, I think our science is picking up and measuring the energy of the collective unconscious and I think this is leading to one of the energy discoveries that you talked of some time ago. Would I be right in thinking that?

I thank you for your question. Yes, I have told you, your scientists are being impressed and so they are. I also wish to say this to you: many, many words are used in descriptive language about energy. This is not new energy as you know it, because it has always been. What is new is the understanding of mankind. I did tell you that machinery in all forms would take part in any kind of communication with us, and this applies to what I have always taught you that Thought is the most powerful energy in existence. This is what these machines are now picking up. It is not new, it is only new to the scientists who hold great store by facts and figures, do they not?

George: Yes, what is new is that science *has* discovered the energies.

**Yes, but they are being impressed.**

George: There is one query I would like to put to you: in recording the energy fluctuation associated with that event of September 11<sup>th</sup>, the energy peak began to rise three hours before the event. Would that be due to those in Spirit wanting to influence people concerned and people nearby to that event? Would it be their

energy that was being picked up three hours before it happened physically?

**Yes, what you must understand is that these energies exist whether you, mankind are aware of them or not—but I understand your question and I thank you for it. We, in our world, are constantly influencing many, many people.**

**When there is either negative or positive—we shall use your earthly words for these terms—when there is a great surge of energy, then it *has* to be shown and that influence comes more strongly from our world at these particular time.**

George: Yes, thank you. I thought it must be that. **Yes, it applies to both energies. As I said, we will use positive and negative energy for your understanding. It is a little more complex than that, but for you to understand it, that is how I will put it to you. Remember what I have told you, there is nothing which happens upon this Earth plane that we are not aware of. What I think perhaps you would find interesting, when these ‘energy surges’, shall we call them for your understanding, they gather in what you call the ‘astral planes’ and have the ability to grow and become reality.**

George: Yes, so it would be those in the astral planes that are endeavouring to influence. **Yes, but of course remember that those in the astral planes are also being influenced from higher vibrations. It is a complex subject, but I hoped those simple words have helped you to come to an understanding.**

George: Yes thank you that dies clarify. *Lilian then asked sitters if they had questions.*

Paul: No questions at the moment thanks.

Mark: I am okay thank you.

**I would like to say, go back to the first gentleman. (Paul) I do not normally speak personally to you, but you are most tired my dear friend, spiritually most tired. You need to refresh that Spirit. You need to go inwards and ask for help. I will try to offer it to you, but you have to be prepared to accept. Do you understand? (there was some confusion as to whether it was Mark or Paul) The one known to you as Paul. He is not aware of it, but I wish to give him some upliftment.**

Paul: Ah, thank you, thanks.

Jan: I can't speak as eloquently as George does, but my question is on a similar level. I sometimes sense anguish or fear that I think I am being shown in certain circumstances. Like, for

example, when I am walking my dogs, I will suddenly have a feeling that around the corner there will be a dog that we are not going to get with very well, and nine times I am right, even before I have physically seen the dog. Is this the energy also that you speak of that I am picking up prior to that event?

**This is your own guidance. It is slightly different, but you could compare it to what we are talking about of course. All happening is energy, but what you my dear friend are experiencing is this: it is your own inner *guidance* which is telling you in advance what is about to happen. It is no different than those who can see into time, looking forward. You must always listen to that guidance, because as you have recognized, it is always right for you.**

Jan: Yes it is. I just needed confirmation that I was right in picking those things up, thank you.

**Yes, but all of life is energy, remember this. You see yourselves as solid human beings but of course you are not, you are but heavy vibration which creates form.**

Jan: I have also experienced the positive side of that energy, whereby if I think in a positive manner—I'll say an example again: there *will* be a parking space on the second floor in a busy car park, and there *is*. **(Yes.)** I can visualize that space and there will be that space there.

**Have I not told you many, many times that your thoughts create reality? (Yes.) If the thought is true, if it is for good purpose, if there is no *fear* surrounding the thought, then it is positive energy and of course your use of it shows you how much you are growing. (Thank you.)**

Sara: Lately we have had the smell of tobacco smoke in our house and the sound of music from keyboards unexpectedly are in our house. Can you explain, it is possibly friendly visitors from Spirit? Could you confirm?

**Yes, I do not normally give personal details, but I have asked for questions and I will answer this time. You have within your household children and their energy is a source for those who are attracted to them. You have no need of fear within your home circumstances, but I would say you have a youngster there who indeed has the ability to see and sense.**

Sara: So one of them would be aware of the presence?

**A boy child—but do not fear, there is no harm meant to you.**

Sara: We feel it is positive and often it brings us upliftment and amusement.

**Yes, that is the energy brought to you, because of the energy of your children. It is their pure energy which is attracting more, more good energy.**

Sara: That's good, thank you. It does depend how we are ourselves as to what we can attract.

**Of course, as I have said to the lady before you, your thoughts become reality. You must always, all of you, remember this. If you find it disturbing, you have the ability to ask them to move onwards.** (Thank you.)

Lilian: We have a tendency to forget about our thoughts.

**That is why I am here to constantly remind you.**

Lilian: Yes, we need it. Margaret?

Margaret: Nothing really except that I have asked for help for Agnes and that is the most important thing in my mind at the moment. Thank you if you could help her in some way.

**She will be given the help that is best for her.** (Thank you so much.)

Jan: Salumet, my son Richard would like to come and sit on Monday evening if that is at all possible with yourself?

**I would be happy to speak with this one yes, provided, as I have said before, the others are happy to do so.**

George: I wonder if you could help us again with some definitions. We have talked about the terms—one of your expressions was 'far soul integrations' and we have talked about 'Source', and a term that a lot of people use is 'Christ Light'. I think all these things are much the same thing, but would you care to say if there are any differences between those expressions? My own feeling about the term 'Christ Light' is that it expresses the domain from which teaching masters come to us but would you like to say something about those things?

**Yes, I understand your question and thank you.**

**Yes, I, as I speak to you, would prefer to use the word, if I had to make a choice, of 'Source', because it indicates the beginning of all things.**

**Do you understand?** (Yes.) **I think your word, and again I have to say to you: they are only words.**

**In describing a source, you have to understand that in the minds of you human beings, because you find it difficult without words, that there has to be some use for that which is greater than yourselves, and because 'source' is a word**

**recognizable to you all, I feel it is an apt one and it indicates the beginning of all things. Would you agree?** (Yes.) **Christ Light or Christ Consciousness, as we have heard it described, comes from the master who you have called Jesus The Christ—that is how the expression came to be known. It means a supreme consciousness, Christ the Light, because when Jesus The Christ walked on this Earth, as he still does in many forms I hasten to add and I have discussed this with you—his purity of light shone to many, many, many people; and I feel that to call Christ Light or Christ Consciousness is to call upon that which has been experienced upon this planet. But it is words only. Do you understand?** (*affirmations*) **I would say to you my dear friends that you must find the words which feel right within your hearts, the words which you find to be most suitable to your own awareness and experience. Again I say to you, they are but words. You know that in the past I have used the words 'going home'. To me that is the epitome of all that is, because the word 'home' to you human beings means a purity, love and all things good.** (Yes.) **So, I would say to you, that would be a word that I would use. There are many expressions in your world. There is the 'Universal Consciousness' to which I have referred, there is the 'Godhead' used by many. There are so many used in your world, but I say to you my dear friends, it matters not what the words are, but what you feel within, because no matter what the words relay to you, each one of you is bound on the same journey, on the same journey 'home'. Has that been helpful to you?**  
George: Yes, wonderful, yes it has helped a lot. Thank you very much.

**I will take my leave of you now my dear friends. Again, it has been wonderful to blend with you, to feel the love that you exude and I hope that as you leave this room of light this time, each one of you feels that love and upliftment which I leave for you all.** (*thanks and farewells*)