

~19TH NOVEMBER 2001~

Good evening. (*general greetings*)

As we come together this time, I feel amongst you a heaviness of Spirit which I will try to dispel for you before you leave this room. (*thanks expressed*) I know my dear friends that you cannot always achieve spiritual lightness, that many problems surround you in your daily lives. But I say to you once more, you have the capabilities to overcome all obstacles which stand in your way. I would say to you this time, that if you remember my words some many months of your time ago, I told you that this year of your earthly time would be of great significance to you all. What I would say to you my dear friends is this, that over the coming few weeks, I ask that you look inwardly, because I will speak with you on what you have achieved, not physically but spiritually. You may associate what you have achieved with some physical happening, but that is not the important part of your achievement. What I would like you to discuss is what you have achieved spiritually in this last year of your lives, because, my dear friends, even if you are not aware of it, each one of you has grown, grown so much that indeed to see your light would stagger you I believe. That is not to say that there is not much more to be achieved, because always you are growing, as all things are expanding. So my dear friends, I will leave this with you, and know that within the next few of our meetings, I will come to ask you to discuss with you, what you have achieved. Already I can feel the doubts of what you have achieved, but I say to you, place those doubts to one side, go inwards and see my dear friends what you have become. I know perhaps that many on this Earth at this time of disruption and unsettlement, wonder how their light can grow brighter, but already I have said to you that firstly you must make each individual light stronger for the purpose and the good of the *whole*. Remember these words and it will help you to understand better what you are about. I feel my dear friends that this evening you would all benefit from a little self-exploration, a little upliftment and a chance to see what spiritual gifts you can develop. Therefore, I will say to you this time, if you have any questions, I will take them now before departing from you and allowing each one of you to be used individually

in your own individual styles, and for this I will leave this in the capable hands of our dear lady here (*Lilian*). Do you have questions this time?

Sarah: Last week, Salumet, you stopped rather suddenly and Eileen, your instrument, said she remembered seeing a pinnacle of light which she hadn't experienced before. Could you perhaps tell us what happened last week?

Yes, I was aware that the instrument had some awareness of what was happening. Up until now she has only been aware of the returning back to the physical being. You know I believe, that when I step into this instrument, I am using *her* voice box, *her* body shall we say—although that is not strictly correct, but for the sake of understanding that is how we shall put it to you—therefore she is not aware of where physically or spiritually she *is*. She is placed to one side, in order that I may speak with you. What happened last time before she returned, was that her spiritual awareness has grown to such an extent, that on the point of return she was aware of being in—what shall we say—the spiritual light. It is as simple as that, although to the instrument it was something quite special. It was not, it was only her awareness was awakened. If you wish you may repeat my words to her, but it is only that her spiritual awareness has awakened more.

Sarah: And also Sue, who was sitting to Eileen last week, a control came through her, which we couldn't really hear, but she said to us that she thought you would be able to tell us what was said. Were you aware of that control?

Lilian: Or what was the connection?

At this moment I cannot tell you what was said. I will look to it for you and tell you next time, but I will say this to you my dear friends, that that lady (*Sue*) is used mainly for energy for the purpose of my coming to you. She is not the only one of course, energy is taken from each one of you. You are not aware of it I know, but it has to be so in order for me to utilize the energy to use the instrument.

Lilian: Yes, the voice was so low that we couldn't quite hear what was said.

I will find out for you. (Thank you.)

Mark: This is probably a bit too hypothetical, but a friend of mine came and asked—he said he had been given the question for his homework—what would be the experience on the Earth if hypothetically the moon physically suddenly

didn't exist, what would be the reaction in the Universe and on the Earth?

Yes, I understand your question, but yes it is something that is, of course, never going to happen. Therefore it would seem to me my dear friend, *pointless* to waste energy upon these presumptions. I do not wish to be evasive, but there is too much that needs to be given.

Mark: Yes, I did wonder if it was a bit too hypothetical.

Of course there is no harm in these presumptions, if that is what they so desire, but for the purpose of my teaching, I find that it is important that my time be used in an instructive way. You understand I hope. (I do.)

I will withdraw my friends this time and allow those who wish to work with you to come. You are all in need of upliftment and that will be my aim for you this evening. (*thanks and farewells*)