

**~12<sup>TH</sup> NOVEMBER 2001~**

*Salumet had problems coming through the previous week, due to the noise of fireworks. We were however set a task to think about over the week: the difference between Twin Souls and Soul Mates.*

**Good evening. (general greetings)**

**This time before I speak with you I ask you dear lady (Lilian) that you place your hand on each person's head for a short time and they should feel love energies flow through them. Then I will speak with you. What you have been given this time, will help to sustain you all, in the coming days in your everyday lives. (thanks expressed)**

**Now my dear friends, let us continue and I hope that last time did not disappoint you. It is not that there are problems for me to come to you, but the problems lie in the instruments which we use.**

Lilian: Yes, we realize it was rather a noisy evening.

**Yes, and we must protect the instruments from any sudden physical shock. You understand, I know. (Yes.) So, my dear friends, shall we take up where you left last time?**

Lilian: Yes please. It gave us something to think about.

**And I have watched your struggle with it. Has anyone formed an opinion which they feel is the correct answer to the question?**

Mark: The idea we were thinking about was that the Twin Souls were twinned from the beginning, maybe, and were together in Spirit for a long time, following a pathway with a similar energy, maybe with a similar mission, I don't know.

Whereas the Soul Mates—using our language, it sounded a bit like they were a less—perhaps met together at times, but perhaps weren't so identical and on such a similar path?

**Yes, I thank you my dear friend for your comments. Let me say this to you, that earthly words become much confused when spiritual matters are spoken of, but we know that your earthly words have to be used in descriptive language in order for you to understand. The problem lies that one avenue of ideas becomes what you term 'the normal'. I am here my dear friends to tell you this time what the difference is. I have told you previously that the soul mate does not often meet in the physical world—that**

statement still stands. I will not change those words, because you see, the soul mate—without becoming too involved in highly technical details, because my friends that indeed would be foolish, because you would not understand. Again we are speaking of energy. The Soul Mates were created together for all time, from the beginning of what you know as time—and that subject is much too complicated for us to discuss here. I could speak of molecular energy, I could speak of all kinds of energy, but I feel that for you would confuse the issue. Soul Mates were created together, they vibrate on the same electromagnetic wavelength; they are counterparts of one another. That is the simplicity of the Soul Mates, that they are energy which are vibrating on the same energy line. Do you understand?

Lilain: Yes, it's a bit complicated, but, yes.

**It is an issue of words again. That is why true Soul Mates do not meet in incarnations except very rarely—there is no need when they vibrate at the same frequencies. Does this make sense to you my dear friends? (Yes.) Now we come to Twin Souls. This indeed should be the term that you use, instead of your 'Soul Mates', which is used most often in your world, because Twin Souls meet many, many times in different incarnations and their purpose is in recognition, in coming together to try to form and create and blend into one energy. That is the purpose of their coming together.**

Lilian: So each of us would have met a Twin Soul in this lifetime?

**All of you in this room are Twin Souls. You have met in other times, in other lifetimes. And what is your purpose in coming together?**

Lilian: To iron out any differences we had in past lifetimes.

**Yes, and that is what the Twin Souls try to achieve. If I can put it to you in a more basic way of your understanding: why do you call a twin in your world?**

Lilian: Because there are two.

**Because there are two of them, yes, that come together to try to form the whole. But they are separate, are they not? (Yes.) Therefore can you see that they are but two energies that need to come together to *blend*, but they need not necessarily do so at the same time? Are you understanding my words? (Yes.) If not, please let us discuss it now.**

Lilian: It doesn't necessarily mean two? It can mean a group as well? When we say twins we think of two, but it can be all of us in this room?

**You *are* Twin Souls, yes. You have met—each one that you meet that is necessary for your spiritual growth, you have met before.**

Mark: Meaning you've been '*twinned*'.

**Yes, thank you for those words, that is helpful. You see always is this difficulty of your earthly language for spiritual matters—but it is the Soul Mate which can never be parted, which are together, because of the vibration of their frequencies—it is exactly the same. They are exact counterparts of one another, that is what you must remember of the Soul Mates, but the Twin Souls are working at different vibrations. Try to see it my friends as energy working at different frequencies and perhaps your understanding will come.**

Sarah: So this is why we are all taking different lengths of time?

**Yes, that is why you come together, that is why we have the term '*Twin Souls*'. It is hearts coming, trying to work together, *recognizing* each other.**

George: Just to clarify, would I be correct in saying we are all aspects of Soul that are meeting. As aspects, we are representatives of the Soul.  
**Yes, you are correct. You are one aspect of the *whole*, yes, which incarnate in any lifetime to develop and grow spiritually.**

Lilian: So these Twin Souls could include quite a lot of people/souls, whichever you like to say.  
**It is the reason for the attraction between people in any one incarnation, any one lifetime. It is thought to be the attraction of only two in your world—this is not strictly correct. This is where the misconception comes in, but if you think upon my words, I *feel* that this time it will become clearer to you, but you must think of it as *spiritual energy*. Think of the different rates, after all, all is vibration, is it not? (Yes.) You have accepted this my dear friends, but there are different frequencies of vibration, you agree, and that is the only difference—that the Soul Mate vibrates on the same frequency, there is no difference whatsoever.**

Sarah: So with the Soul Mate, there are more than two Soul Mates as well? If with the Twin Souls there are more than two, then there are many Soul Mates, are there?

**No—but they would be in *two*, they would vibrate as *two* only, at the same frequency. That is why you will not encounter a Soul Mate very often in a lifetime, because there would be no *purpose* in their incarnating into the physical body, with two vibrating at the same frequency.**

Sarah: So why should they sometimes come together?

**For a *purpose*. There is always a purpose and a reason for them if that should happen. There is an agreement between them if it should happen, but always there would be a strong purpose behind it. It may well be that one needs the '*backing*', shall I say your earthly word, of the other in one lifetime. They may need the *strength* of the other to operate in your world.**

George: Would there be a purpose in creating Soul Mates in the first place?

**Yes, I will say no more, but yes that is the—**

George: Not just a matter of *chance*.

**No, there is no such thing as *chance*. All has a purpose, but with the Soul Mate, they have been created from the beginning, in the knowledge that whatever they are come together for, will be used at the right time. You can never separate the Soul Mates.**

Lilian: So when we pass into Spirit from the physical, how soon would we meet up with our Soul Mate?

**You may never meet your Soul Mate for a long time. You are thinking along physical lines again. This is where the difficulty arises. You *must* think of *energy*. It is difficult, is it not? (*affirmations*) Let us assume that each one here is a radio frequency, but you are *all* at a different vibration of frequency, but still you are blended together.**

Lilian: Yes, it's something are going to have to think about harder.

Mark: Yes, '*twinned*' Souls is a little bit of a confusing term. I was thinking '*united*' Souls was maybe slightly better, because you are united for a particular reason. You are uniting to blend your energies, (**Yes.**) whereas *Twin Souls*, gives the impression—you think of incredible likeness between the two, when we talk of twins, (**Yes.**) which isn't exactly what we mean.

**I have to inform you my dear friends that these are earthly terms, they do not come from us. These are words that have been given to information from our world, for the understanding of people such as yourselves,**

who have chosen descriptive words to make their meaning known. All I can say to you my dear friends is this, always when there are questions in your mind, think spiritually. That is my purpose here. I want you to *think* along spiritual lines for every happening within your daily lives. If you are to find the answers of life, you have to know yourself for what you *are*. I have said this to you many times and by going within, you become that vibration which exists without all of the outer earthly garb. Then and only then will your understanding increase. Has this helped you my friends? *(affirmations)*

George: I was just trying to think of an example. I believe Jesus and Mary are aspects of the same soul, of the same energy. **(Yes.)** Would they also be Soul Mates?

**Yes, that is the simple answer. They vibrate at the same frequency.**

Lilian: So they were two, who actually met in the one lifetime.

**And for a purpose. Is that helping you to be clearer? They will not be separated. I have told the gentleman that there is in existence many beings—***(There was then a pause for a minute or so, before Salumet said quietly and slowly:)* **What you are not grasping is the way in which energy transmutes itself. Therein lies the answers to all of your questions. I need to withdraw for now. Please allow instrument to return slowly.**  
*(thanks and farewells)*