

~22nd October 2001~

Good evening. (*general greetings*)

I wish to say to you this time my dear friends, a little about the progression that is open to mankind upon this planet. At this time when there are many fears, which we have already discussed, what I wish to say to you is this: Although the world to you seems quite a small place, because communications between you all on this planet, have become so advanced that you can speak to another human being on the other side of your world. What I would say to you is this my dear friends, in the next 100 of your earthly years, many what you term 'discoveries' will be made, but of course, you know all things first come from our world. There will be many discoveries outside of your planet and I have to remind you that this is already happening, that many stars are being observed, which have not been seen before. Advances in medicine will be great for mankind, advances in communication will also be great. There will be new knowledge, which surfaces from your oceans. Many new energies my dear friends will be discovered, that will help to uphold the living of mankind. As by now you know, all energy has always existed, but it has taken many thousands, thousands of your Earth years, for them to be individually discovered by mankind. I say to you my dear friends, that there is much that is still unknown. I am not here to give you names, these will become known to you, but what I am to say to you, is that remember my words as each new discovery is made. Of course, you will not all be on the earthly planet in 100 years hence, but I can assure you that there will be discoveries made whilst most of you remain. This brings me to another topic of whether you think this is progression for mankind or not. Provided new discoveries are wisely used, then of course it can only be for the betterment of mankind, but as you all full well know, mankind has a history of abusing what comes to him. But again I have told you previously, that in 1000 of your years to come, will find a new development with man's consciousness, that life as you know it now, will be transformed, I have to say for the *better*. (*thanks expressed*) Already there are many, many in your world, who *know* and understand what they are, as you my dear friends, know and understand the *true* meaning

of *who you are*. I do not say that you are fully aware—of course you are not—each one of you is developing still. But what you have, you must guard well, because you have the knowledge that enables you to shine *forth*, firstly from your own Spirit, but *ultimately* to reach many others, to *give* the knowledge which you have. I will pause there for any questions that you have about what I have said to you.

George: Could I ask a question about new discoveries? I have the feeling that if new—I think any new discoveries would apply—if new discoveries bring science and spiritual matters together—and I think this has already been happening to some degree (**Yes.**) —I feel this can only be for the good and will bring a greater understanding of all things.

Yes, science my dear friend, does as you have said, has a foothold on spiritual matters. They at last cannot deny what is before them. They cannot deny what is used, what is placed in front of them. For so long have scientists disassociated themselves from all things spiritual, not because of any negative forces within them—because the purpose of their work has ultimately been for *good*—but they have been blind in their assessments of what is placed before them. *That* is changing quite rapidly I would say, and your scientists will in time to come, become philosophers in the sense, that they will present the facts of spirituality and what there is to be attained from energy. Do you understand my words my dear friend?

George: Yes, I think this all sounds very good.

It will—they will accept—their awareness, their growth of consciousness, must grow with their knowledge, and this will be so.

Lilian: The stars that our astrologers are already interested in, is there life on these stars?

No, no, you must not always assume that all that exists has life form. It has life only in as much as that all things are living and moving. But no, you must not make that assumption.

Sarah: My son has been looking on the internet and there is a group of people who say that they can go backwards and forwards in *time* and they talk about the 4th *dimension*. I can't remember the name of the group.

Yes, names matter not. Much is spoken in your world, many names are used. We have discussed many groups, many have been mentioned within this room. I will say only this to you:

There are people on this planet who have the capabilities of knowing *all*, but when you speak of returning to another time, what they are doing is returning to another time *in their subconscious thought*. Do you understand?

Sarah: Yes I think so, yes.

They can of course go forward in time, but if they say they are in another dimension of time, it is only within their thought pattern. I think this is a little difficult for you to understand. They *can* go forward in time, but they cannot *return* in the *physical sense* in time—only within their thought patterns, which is of course only a form of energy.

Sarah: And this 4th dimension that my son was talking about?

It is just another step. Dimension is only a word.

George: Could I ask a question about dimensions?

(Yes.) Theoretical physicists have theories about other worlds, with different numbers of dimensions. **(Yes.)** We are familiar with our own physical world with 3 dimensions and apparently linear time. In Spirit you have told us how time is different. **(Yes.)** I was wondering if the dimensions of Spirit are different. I imagine that in near Spirit realms, where body and form persist, perhaps these will still be 3 dimensional realms, but in far Spirit realms, such as your own Salumet, I imagine form will not exist as we know it. **(Yes.)** Would there be a dimensional difference in that realm?

I think that first we must define the word 'dimension', if you are to understand what I am saying to you. What is dimension? It is nothing but a transmutation of energy. Do you understand? (Yes—) All is energy, all these dimensions you speak of, are but a transmutation of the same energy. When you speak of the level that I come from, then all of this energy would become part of—there is no what you call, 'dimension'. We are in a difficult subject here my friends, for your understanding.

George: There is no dimension—yes.

It is beginning to make sense to you my friend—I can feel it. You understand just a little more than the others I feel.

George: Yes, it helps to see it more as a transmutation of energy. Thank you for that.

Yes, again the difficulty comes with the words of your planet. I have to use the words that you are familiar with, but they problem is that you do not understand our world fully enough for the

explanation. But I will return to the lady (Sarah) and say that whatever group of people you are speaking of, I will say this to you: I have told you that mankind has the capabilities if he so desires, to leave what you call this earthly dimension, but mankind does not have the capability of going *backwards*, and that is what they are saying they are doing. They can only do it in *thought*. Do you understand? (Yes.) The only way it is possible to return to a former time, is through what you call a *mediumship*, and what is spoken through mediumship, by those who exist in *our* world. Does that make sense to you?

Sarah: Yes it does, thank you.

All of you can take yourselves forward, all of you can be aware of other times, but you *cannot physically* return to what has gone before.

Lilian: Does it boil down to the power of our thoughts again?

I will stress once more, the most powerful thing you possess is the power of your thinking. We will return another time, when I feel that you are more able to accept my words about—and I will use your words, 'dimensions'. But again, I will say to you that dimension is only energy, but the transmutation of energy.

Paul: Could I add something to that? **(Yes.)** I think some people have described that dimension or transmutation of energy, as the *illusion*. **(Yes.)** The world has been assembled for our benefit, but we don't see the energy in it's true form, we see it transmuted into trees and the physical—

You see what you *feel* to be reality. This my dear friends, is not reality. Reality will be when you return home to our world, then all will become clear. Then and only then, will you be able to see what you call *dimension*, in its fullest form. Remember my words my dear friends, energy is ever-changing, it is not static, but you are able to see with spiritual eyes, all that has been and all that will be. I know it is a difficult concept for you, but I ask you once more to think about it.

Mark: When you can do that, see into infinity, as it were, then there isn't really a dimension.

That is what I have just spoken about. When you come to what you call my dimension of time, there is none. Do you not see, it is like a ladder of thought. If you take the top of the ladder to be the all-knowing and the bottom rung as the blinkered vision of life—if you are blinkered how

far do you see? You see only what is ahead, you cannot see what is to the side or behind or above you. Do you see what I am trying to say? *(affirmations)* Again, the unfortunate thing, is that we are limited by your earthly words, because as you full well know, that the word 'dimension', to each of you, you all have your own vision of what dimension is. And again, I have to disillusion you and say, look with spiritual eyes, for the understanding. I hope I do not leave you too confused my dear friends, but it is by slowly going over old ground, that your knowledge and your wisdom will expand. I will leave you this time, and I know that I have given you more food you thought *(affirmations/thanks and chuckles)* and until we come together once more, know as always I stand close. And again you see, those earthly words, '*stand close*', they do not make sense, do they? It is something for you to think of and to consider. *(thanks and farewells)*
One followed through Sue, bringing gifts of flowers for the group.