

~20th August 2001~

Good evening. (*general greetings*)

I hope my dear friends that you are aware this time how smoothly you have blended together in this meeting place. I know that mostly you are unaware, but this time you should feel that the coming together is strong. As this year has progressed, not only has your Earth planet developed, but so too you also my friends. I told you that this one of your earthly years would bring to each one of you, much individual learning. This has been taking place. When we approach the closing of this one of your years, we will discuss what you feel you have attained, because rest assured, each one of you has been through some form of metamorphosis. If you are not aware of it by now, you will be by then. We have spoken recently much to do with your meditation time and what you can achieve from it. I have left that to each individual to develop or leave as they so desire, but I would like to add one more thing to our discussion on that topic. Have you my dear friends, considered that your meditation time is not only good for you as individuals, but meditation is a service to our world?

Lilian: Yes, I can see that now you've said it. It didn't occurred to me before.

George: I think some of us see this as *hope*, that there *is* this two-way connection.

That is why it is important for you to consider not only your own development, but also to consider what you are giving to those from our world, because in your states of meditation, we can come close, as you well know, to give the opportunity to those who need to work through you. In that way you are devoting your time to service. I would like you to consider these words. It should my dear friends, give another dimension to the word 'meditation'. I will this time, take questions from you. I know we have done this many times in this year, but there has been purpose behind it. It has given each one of you the opportunity to enrich your own individual knowledge. We have much time, have we not? (Yes.) We have indeed time to consider many new visions and structures in this work, but it is, as I have told you my dear friends, important that each one of you also, are given the chance to develop also, and that has been the purpose this year of your living. So I will take

questions from you and we will end this meeting once again, with the opportunity for each one of you to allow someone close to become even closer to you.

Graham: It's a very different type of topic and I ask this question because of what we saw on our TV, concerning the information we are given by our governments. Some people are suspicious that we do not always receive the truth from our governments, for many reasons. One particular topic came up that was fascinating to me and that was the Apollo missions to the moon. There has been some doubts that the Apollo missions never actually happened. I wonder if you could confirm whether man has actually landed on the moon or not?

I take your question. There are many space travellers, not only in your part of existence, but in the wider scheme of the Cosmos. But yes, I understand your question. I will confirm it with but one word and that is 'yes'. They have, *they have*, if only they were allowed to speak with their hearts, they will tell you that much was known and seen by them. Always there is a power struggle on your earthly planet, when you speak of individual governments. It is, I am sorry to say, the cause of many destructive acts within your world, when these governments face each other in disagreement, but I will confirm that yes, man *has* landed upon another of your planets.

Graham: Thank you for confirming that, it's a great relief in a way. (*chuckles*)

George: Adding to that, I think you told us once before, that information about that mission has been withheld by governments.

Yes, governments of course *believe* they are doing what is best for their people, but it is a power struggle. There *is* much deceit and there is much that is withheld from the ordinary people. But the time is coming when people will not accept only what is said to them, because their understanding is growing from the *heart* and from the *thinking*.

George: Yes, I imagine it is only right for people to attempt to bring this out into the open.

Of course, and may I also say to you, it is one of the reasons why your religions—many as they are upon this planet—why there are so many disruptions and so many disbeliefs, so many doubts, so much negative fear, because the people now are becoming more spiritual in their

thinking. To you my dear friends, this may seem a large statement to make, but I will say to you that this planet Earth is becoming ever more spiritual as time evolves. Too many times as I have told you previously, has mankind destroyed himself. When first I came to you, I said many from our world had gathered and we would this time, not allow any destructive force to interfere, or to cast doubt upon what is the truth; and that is our purpose this time. I hope that is helpful to you. (*affirmations*)

Lilian: You did say that we are visited—I am just confirming that I've got it right—that we are visited by people from other planets at this time. **It has always been, but let me say, what you do not fully understand I believe, is that there is life, not of your form, but the capability of travel within the Universe has always been. Remember your planet is but young one, in the scheme of existence—you cannot forget that. I know that these are difficult things to explain, because your understanding really is not wide enough, but all I can tell you my dear friends, is that you do not exist alone.**

Lilian: It would be so interesting to meet someone from another planet.

That is your wish? Then you must make it your reality.

Jan: I do believe in my heart that recently I have been taken over to the other side in my sleep-state, and I do remember being brought back by a loved one and vividly seeing this person. Am I correct in this belief?

Let me say this to you, that in your what you call sleep-state, is when the Spirit is freed from the heaviness of the physical being. Each one of you has been to our world—each one of you—and I speak not only of the people within this room, I speak of all peoples, whether their belief is as yours or not. Each one of you, as you quietly are in your sleep-state, come in our world, either guided by those who stand close to you, or by those who have loved you upon this Earth plane. This is not unusual, but what I would say to you my dear friend, is this, that if the desire, the willingness to meet with those in our world is great enough, then the memory will be retained. I believe this is what has occurred with you, but all of you are capable of this.

Jan: This just seemed *more* than a dream. **(Yes.)** This person was actually in the room with me and rubbing my face and telling me to come along

(Yes.) as if they were bringing me back and it was wonderful and I now know that I wasn't imagining it and I welcome it.

No, if it had been nothing but a dream of the physical kind—and of course we are on slightly different waters here, because you can have dream-states which are nothing to do with being in the world of Spirit. But when the memory is so strong, when the desire is strong, then you can be assured that you have probably been with us and can remember what has taken place. I would say but one thing to you my dear friend, give thanks to those who have protected and loved you and returned you safely.

Jan: Yes I did thank them, it was a wonderful experience again and I know I'll be protected. **Yes, it is within all of you. As I say, each one of you returns home, each time you enter that sleep-state. It is an opportunity for those who stand close to you, to show themselves, to show themselves to you as they are. But of course, being clothed in the physical being, means that you have to return to these conditions. What most people upon this Earth lack, is the memory. But all of you are protected, have no fears about this.**

Sarah: You very kindly tell us that we're progressing well and you give us little bits of information and encourage us, and you have also told us that this is a two-way thing in learning also. Do you have someone giving you encouragement in the same way as you give us encouragement?

Yes—thank you; not exactly. Yes, remember that as you are aware of me now, you are probably thinking of me as a human being. This is not so, I come as a form of information. I am but a part of many. Of course there is a higher scheme of intelligence to which I must account, but it is not in the same way as you imagine. It is much too complex for me to begin to explain you how this takes place. It is an instantaneous knowledge, if you like, it is a *knowing*, it is a *sensing*, but of course *always*, always, I have told you that we are expanding, and that applies to what I am, to what you are, and to what the greater intelligence is—it is never static. I hope that is helpful for you, although I understand it is very vague.

Sarah: Yes thank you, but you know straight away.

I understand, yes. (Thank you.)

Lilian: Would our old friend from 2 years back, (*Les Bone*) would he be aware of you in Spirit, now that he is there also?

I am not available in the sense that you speak of. I have taught much, but not in *this* form. He may be aware of what I am, he would be aware that I still come in this form, but it is not like meeting one of you. We have touched upon a difficult topic here and we must take it slowly. He would have an awareness, but not a *knowing*. Does that make sense to you? (Yes.) He would be aware that I still come to teach, but there would not be a '*seeing*', shall I say.

Sarah: Would he be able to hear what you are telling us?

If he so desired yes. There are many who come, who surround you, who are brought here to you, to this room, to listen to my words. It rebounds not only on the earthly plane, but in our world also. Does that make sense to you my dear friends?

Lilian: Yes, sometimes we are aware of others being here besides ourselves.

What you need to remember is that just because people have come to our world, you have to remember that their awareness is to a much lesser degree than your own.

Jan: Silence?! (*giggle*)

Yes, silence. Does it mean that you do not understand?

Sarah: Yes.

Jan: No I think we do understand, it just took us back.

Sarah: No I don't quite understand actually.

Jan: People that have passed onto the other side, to the Spirit world, do not necessarily know as much as we do in this room, spiritually.

Sarah: If we were to pass over, we've got this knowledge. Do we not take this knowledge with us?

Jan: Of course we do, yes.

But you would have someone who has no spiritual knowledge in a lifetime, who will return home and take that '*no*' knowledge with them. Do you understand? (*affirmations*)

Lilian: We don't change immediately.

No, therefore it is imperative that they also begin to hear and understand, before they can join their group souls.

Lilian: Yes, so they would be brought back to a place like this.

Yes, if they so desire. Remember, they still have their freewill. You must not forget, you must not always assume that the transition from this physical condition to the spiritual being, is immediate, that all understanding is there—it is not. It takes considerable time for each soul to alter and to join the group soul to which it belongs. There is much progress to be made.

Jan: Our knowledge will increase and increase and increase over the years—I'm talking about people in this group and people like us on our planet—then when we go over to the other side, our knowledge is obviously going to be so useful, that are we going to be used and carry on this work? Are we going to be put to work and used as teachers?

I understand. Please do not try to make a self-appraisal, because you will fall short of what it is about. You are but one part of your being, you are but one part that has come to physical existence. You will, depending upon the life you have led, the lessons that you have learned—all of that is dependent upon how quickly you return to the group soul, and then the decision is made as to what you will do with the knowledge gained. Some of you may well teach others, some of you may well decide to return to another lifetime on the physical planet, others of you may progress spiritually and go forward in our world. There are so many options open to you, but always freewill remains with you, for much, much, much time. You do not suddenly become a shining spiritual being. Do you understand?

Jan: I did not mean it to sound quite as arrogant as perhaps it came across, but...

I did not take it as arrogance my friend.

Jan: But our personalities still remain in Spirit, even if the freewill of our souls decides to come back, does it?

The essence of being will always remain, not the personality. You must be careful that you do not confuse the two, my dear friend. The personality remains when first you come to our world, until such time as you realise what has been achieved and then you will be helped and guided to use that freewill for the betterment of all. Is that a little clearer for you?

Lilian: Yes, we shall be helped and guided and shown which is the better way to go.

Let me ask the lady, because she has not replied to me.

are with you in this room now. (thanks and farewells)

Jan: Well, yes, I can take that and I can understand it, but what confuses me I suppose, is this question of *time*, **(Yes.)** because as you so often say, time in your world means nothing at all. During my lifetime for example, I could have very close by me, people who have passed on who I know are with me. Do you understand what I am saying? **(Yes.)** And yet they remain with me for like 80 years of my physical life here. **But it is but one part of their existence. This is what you are not understanding I feel, that it is an essence of the being that remains with you, not the being that you knew whilst on this planet; it is an essence of the being which remains with you. It may well be that they also have returned to this earthly plane. Do you understand?**

Jan: Yes, now I do.

I know these are complicated issues, I know sometimes that it seems confusing, I know sometimes it seems contradictory, but that is why my dear friends, we must go slowly with these things, in order that your understanding grows. Slowly that may be, but in time you come to the realisation that what yesterday seemed to trouble and confuse you, today it is clear and makes sense to you.

Jan: It is certainly true that spiritual growth is quite a difficult path. It is not easy and for my own personal feeling, you go along a foot and come back 3 feet and you can meet yourself coming the other way! It's a fascinating and wonderful journey!

But you cannot achieve that without some kind of trouble on the way. That is part of your plan.

Lilian: This is what helps us to grow.

Of course, if all was smooth, what would be the purpose? But you can of course *smooth* your own pathways by the power of your minds, because my dear friends, you are first and foremost Spirit. You have that innate knowledge, and you can use it, you can smooth your pathways, not in the way that you would expect, but in the way that you can travel those difficulties, with a quiet mind, with love in your hearts, with a mind that is *beautiful*, with a thinking that is *graceful* and with love that is *never-ending*.

I will withdraw this time, leaving you within my light and love, knowing that I stay close to you and I say to you, please be aware of those who