

~23<sup>rd</sup> July 2001~

Good evening. (*general welcomes*)

This time my dear friends I will take the opportunity to speak with you about the many thoughts that pass into our world. Each thought sent to us is never lost as you all well know, but what I feel you are unaware of, is the colour vibrations of thought. I feel my dear friends that each healing thought that is sent to us, comes from a colour vibration. Is anyone aware of this or not? (*general 'no's*) You know that thought is but energy and that there is a range of intensity of thought—I know you are aware of this, but what you fail to recognise is that the colour energy reaches us before even your spoken word. All too often those in our world will hear from you, 'why are my prayers—which after all are thought—why are they not answered?' We have discussed briefly my dear friends, about the power of thought and the intensity of thought. Some of you will recognise that in colour thought, there is much disparity of thinking. But what I would say to you my dear friends is this: that every colour that you are aware of on this plane, each colour holds all other colours within its range. This is not widely understood, but you know that light is pure energy and that as your so-called colours deepen, then that density increases. It is but vibration as you understand it, and so is colour in the same *range* of thoughts. Am I making sense to you my dear friends, because if I am not, please stop me and we will discuss it, until your understanding is greater.

George: Yes, I think you are telling us that our physical colours with which we are familiar, have different wavelengths. I believe you are making a case for thought being on very similar lines to the physical colours, which we understand better.

Yes, the intensity of thought will bring the lighter colours to us. Do you understand this? This is what I am trying to teach you. That is why some people will say, 'my prayers are answered.' It is because the intensity of the thought travels on the lighter colour vibration. Do you understand?(*affirmations*)

Sarah: No, I don't quite understand. Why should they think that their prayers have been answered, just because it is on the lighter... It is the intensity of the thought, the *love* of the thought, the *power* of the thought.

Mark: Would it be what they mean is that their connection has been made, they know that they have made their communication, (Yes.) rather than necessarily knowing the outcome. (Yes.)

Lilian: I think you once said that with our thoughts, when we hear of a disaster and our thoughts are really very sorry that this has happened, this is our most powerful prayer. I believe I have told you that one of the most powerful prayers, or thought, or vibration—call it what you will— is the pure love of a mother for her child. That is the closest you will get to the most powerful thought, because it is LOVE, Love in its purest sense, which creates that stronger thought vibration. Do you understand this? (*affirmations*) So many people send out thoughts to our world, very often for their own needs; where do you suppose my dear friends that would be placed in the colour vibration of thought?

Sarah: Fairly low.

Yes. It is difficult to speak on the scale of higher and lower. We have had this problem before, in explanation, but it is the only way I can bring it to you for your understanding. Let me take an example for you. Let us take the people on your Earth plane who are instruments of healing from our world. Sometimes they become aware of many variations of healing colour, but these colours come from our world and not from the physical. They are therefore much lighter in vibration, they are stronger and they are different from colours in your own world. We have heard you say, 'why is it necessary for colour at all?' Colour is part of *existence*, colour fills your earthly life as it does in our world. It is but a vibration, which shows itself in beautiful colour—that is all. Colour in your world is limited, but I do feel that human beings benefit so much from the beautiful colours in your world. (*affirmations*) That is why it is important that colour be used correctly by mankind. What is better for the peace of mind of mankind, but to see the beauty of nature's own colours. But they are all of the same energy, they are all part of the same. So, what I wish to say to you my dear friends, about your healing thoughts, is that to give those healing thoughts with pure Love, to leave behind the emotions and to ask only that help be given to those in need; then it will be. Would you like to ask any questions please?

Sarah: Two things you said Salumet. You said that the colours of nature were all of the same vibration, did you say? **(Energy.)** Energy—so if you get a pale flower or a very dark flower, that's no reflection on the intensity of the energy, or is it?

**It can be, it can be. The most beautiful of your earthly flowers I can tell you energy-wise, are those which you would call white flowers, because they are as close to pure energy as you will find. But that is not to say that the denser colours do not have their use upon your Earth. All things are here for a purpose and of course the Nature Spirits of your world, who come to tend your Nature upon this planet, use these colours wisely.**

Sarah: Do the Nature Spirits—if there is a dark flower or a light flower, would they *choose* which colour they were going to look after, because they need that colour to look after? How does it work?

**There is a hierarchy amongst the Nature Spirits and there will be some form to *tend* to all colours within the flower colour spectrum. It is not as simple to explain as you may imagine, but in the most beautiful of your earthly gardens, you will find that the colours which are put together—and it is influenced by the Nature Spirits—to those who form your earthly gardens, they put together the colours of the flowers, which produce the most beauty for that part of the garden. Do you understand? *(pause)* No. We are speaking about something which is difficult, I know, but I feel for now, what you need to know and to understand, is that *(within)* the variations of colours within your planet, there is a need for *all*; but they belong to the same energy, but they have different vibrations—that is all, that is the only difference.**

Sarah: What was this that you said, that each of our colours contains *all* other colours?

**All, yes—all aspects of all colours within the one colour. This is little known and understood, but I will tell it to you now, in order for your understanding of later discussion.**

George: In relation to flowers, I suspect that Dr Bark and his flower remedies, I suspect that Dr Bark was sensitive to some of this healing information?

**Of course, otherwise he would not have been so successful, if he had not heeded that inspired thought. All of these people within your world**

**who do good, are inspired from our world and he was quick to recognise the information given to him.**

George: Yes, I think that connection will help in some way to cement our understanding to this. **Yes, yes, I know it is not always easy to accept what I say to you, but my purpose is not to *convince* you, but to make you think, to get you to think *spiritually*, not with the earthly brain. I want your *spiritual* being to become aware of all of these things and to understand to a greater degree, what it is I try to tell you. If that is achieved, then I am happy for you.**

George: Yes we gladly accept this. **(Thank you.)**

Lilian: So, would I be right in saying that from white, the other colours come?

**Yes, you will see within the purity of white all other colours.**

Lilian: It just struck me as strange, that not with flowers but an emblem, we have a white dove for peace, which I think is pretty much all over our planet. But it is a *white* dove.

**Yes, white is purity. Mankind recognises white as purity and it is the finest of energy.**

George: I think that part of our confusion is that thinking physically, we tend to think of a red colour, say, as something looking red, because all other colours are absorbed and it is only the reflected colour.

**That is correct.**

George: But thinking not at that level, thinking spiritually, I think you are informing us that the nature of colour is rather more complex than that.

**Yes, to have the density, let us take your example. If we have the density of what you call the *red* colour, how does it succeed in creating the density, if there is not within it the other colours, to lead up to the density? Perhaps you can focus your thinking that way for your understanding.**

Sarah: And yet you said with white that it contains all colours and...

**Let us perhaps move from the flowers and let me again use for you, what you call the *diamond*, which is clear in your world to look at, but if you look within, there you have the range of all colours. Think of these things with individual colours, think of each colour as a diamond that contains all other colours within it. Do you see what I am beginning to tell you? Is there a little understanding?**

Sarah: Yes, I understand that. It is just that you said how could the darker colours be dark, if they hadn't absorbed all the other colours. I was just slightly confused, because the white had all the other colours in it, as well and yet it was white.

**But that is the quicker vibration. White contains the many aspects of all colours, but it is vibrating at a higher rate. You have to think of colour as vibration—that is all. As you are, you are just one mass of vibration my dear friends, but yet each of you is different, but still the same. It is difficult I know, but think about it please. It is just another step forward in your understanding of Spirit.**

Sarah: May I just ask one more thing? My mother sees the days of the week in colour. Does that have any connection with her Spirit seeing colours, or is that just a strange phenomenon?

**That is just her own spirituality and the way that she focuses on earthly things, it is nothing more than that. It is probably easier for her to remember in colour. Are there any more questions please on this?**

Lilian: Going back to the absent healing when we sit and think of healing for a certain person. We basically need to think of love towards them, that would help?

**If there is no *Love* given, if it is just a name and an ask for help without that deep feeling of *Love* to help, then the thought does not go so far, that is all. But all thoughts are taken for healing.**

Lilian: Basically to feel love for all our fellow brothers and sisters.

**There should be unconditional love for all your fellow men, of course. That is why the mother's love for a child is so great, because it is *unconditional*. If only mankind could feel that kind of love for his fellow man, then this planet would be a much, much better place.**

Lilian: Have you any questions on your healing Sara?

**This lady is doing well as she works at the moment. In fact I can say to this lady, that soon—and I do not mean '*soon*' in your time of thinking, but soon there will come to this lady much inspired thought about colour. I believe she already feels some kind of affinity with certain colours, when she works with them. Is that not so?**

Sara: Yes I am beginning to have more sensitivity for colour with healing.

**Yes, you will be helped. (Thank you.)**

**So my dear friends I think I will leave you this time, I will leave you to think about what I have told you. (*general thanks*) Yes, try to see what colour your thoughts are. (*thanks and farewells*)**