

**~11<sup>th</sup> June 2001~**

Good evening. *(general welcomes)*

There is from you much love this time, but there are those amongst you who are in need of some upliftment this time. It is good my dear friends for all of you to join together this time, and before I continue I would like to say to our dear lady friend *(Izumi)*, not goodbye, but that we wish her well in her onward spiritual journey, because that is what has begun and it will continue for her. Last time my dear friends we had an evening of individual development. I trust that you have thought about this and I trust that some of you have continued with your meditation times. *(affirmations)*

Lilian: Yes, I suspect we all have.

It is important at this stage of your development that you should attain some discipline in your lives. Do you remember my dear friends, that I told you, not only is it important that I bring truth to you, but that you seek your own development spiritually? (Yes.) Therefore, because we have others with us this time, I feel it would be good for you all if we devote some more time to this objective. Would you agree my dear friends? *(affirmations)* To have discipline within your physical living, solves all of life's problems for you. I hope that you are beginning to understand. Not only do you need the quiet time, but you need the discipline of your thoughts. And now we have reached the point where you must recognize those who are around you, to help you and uplift you and to guide and to teach you, because it is not only I who comes to teach you, but those who stand close by you also. So, I will leave it with this dear lady, *(Lilian)* to explain to the others what they need to do. I will work quietly with this one, but at the end of this meeting there will be one who will wish to speak to you all.

Lilian: Thank you. Should we go through the same procedure as last week, with the hands? (Yes, yes.)

*After a period of quiet, Lilian went round to each member of the group and placed her hands on theirs for a few minutes. After a period of meditation, one came through Sue:*

*(general greetings)*

*From each one here we are extracting a fine skein of energy from you all here. We are taking a fine, bright cord from each one and we will*

*place them like this over this arm—entwine the skeins. Are you with my words as I speak? Are you with me so far?*

Lilian: Yes, you join them together.

*It is like the plait of the hair, yes, you understand? (Yes.) Each skein of energy is to be mingled with the energy of another, until each one of these wonderful friends have a common bond, which will be used for upliftment and enlightenment at times of sadness or illness or worries in the mind. Do you still appreciate my words?*

Lilian: Yes, we understand so far.

*We are storing this amalgam of your innermost energy and it will be a powerful, powerful source of light and love, because it has come from each one of you and you all share this bond of spiritual love and acceptance. Are you still understanding my words? (affirmations) It is a bond, which can never be unravelled, shall we say. The bonds will grow tighter and tighter as your Earth time progresses. It is difficult I know for you to quite comprehend exactly my meaning, but I have to tell you that it is something that has been planned for some time. It is an important part of this group's development and association with each other. You are aware I am sure that other parts of your souls have been together as a group in previous times. Am I right? (Yes.) Let me tell you then that in different times, a similar thing has been achieved with the same parts of souls. So, try and understand that in the aethers, there is another entwined ball of power, which has come from you all and is continuing to help your previous parts. Do you understand me? (Yes.) Difficult I know but perhaps the Master will be able at some time to explain a little more fully. Be proud my children that such a ball of love has been produced from yourselves. (pause) It is complete.*

Lilian: Could you explain your part in this?

*My part? I am the voice who has told you, that is one part of my understanding of what you are saying, 'why am I here for this?' I am what you in your words call 'lighthouse keeper'. I have the knowledge to use these balls of entwined energy to guide darker feelings into the light. You understand me? (Yes.) When any of you are low spirits for whatever reason, it is within my power to use the entwined power of love to guide you into its beneficial love. Do you understand me? It*

*is the only way I can give you information in way that perhaps you can understand and follow. (Yes.) I have obviously simplified it; it is more complex and more extraordinary than you could imagine, but I could not expect you to understand fully what occurs with this entwined energy. So will you accept my words as lighthouse keeper? (affirmations) Lighthouse keeper in your world is in charge of the beam of light, which helps the passing ships, am I right? (affirmations) So I use the light of love to help the passing Spirit and mind and thought waves. Is that simple enough for you? (Yes.) But as I say, perhaps our dear friend, your Master, will be able to give you some more information at some time. I will see what can be done in that matter. Now, I leave you. I am sure it will give you what you say: 'food for thought'. Question as you have always been told, question, do not just accept it, question and then things will become clearer to you. But I say this to you just this once more before I leave you, dear friends, feel proud, feel proud that you have the knowledge and the love and the commitment in the love for each other here, that such a thing can be done. A small piece of you will always burn brightly and will always be part of each other. Imagine like you would, twins or triplets or quads, I don't know if there is a word for all of you, but you have the umbilical cord and you are sharing it. Do you follow me? (affirmations) I leave you now to think and discuss and ponder, and I am sure you will be asking questions at your next meeting. The greatest love surrounds you and is mirrored and is sent back. (thanks and farewells) Finally one followed through Eileen, calling herself Betsy, who has been visiting the circle from Spirit realm, along with many others, for many years, also listening to the Salumet teachings, though we have been unaware of her regular visits. She encouraged us further with our individual development. She also mentioned that Leslie oftentimes comes back to visit the circle too, which we were all delighted to hear.*

*Betsy departed with the following prayer: May you always feel love and compassion in your hearts for your fellow man, and not only for your fellow man, but for yourselves, because without the knowledge and the understanding of love and compassion for yourself, how can you*

*love another? May Love always surround you my good friends.*