

~19th February 2001~

Good evening. (*general greetings*)

This time my dear friends I bring to you not only my love, but an element of understanding that will bring to you the meaning of what I wish to tell you this time. Firstly, I wish to address our lady friend and say to you that I ask you to tell the instrument I use that I am working with her on a spiritual level in order that she may understand causes of her physical problem. I will leave this in your capable hands please.

Lilian: Yes, I will tell her.

I know my dear friends that each one of you has considered my words of our last meeting and that we do have some questions, but firstly let me say this to you: What I would *like* you to try to consider this time, and I did touch upon it before on another occasion, was how much you humans are mirror images of the Angels which I called *light* and *darkness*. Do you remember our discussion? (Yes.) Do you remember that I told you that they were but reflections of each other? (*affirmations*) You do. What I would like you to consider this time is that you as human beings display the qualities of both of these Angels. Shall for your benefit we call them *good* and *evil*. Do you remember that I told you that the Angels of Darkness, if you like to call them that, were not destructive but *constructive*, that the Angels of Light or goodness, were just that, but that they balanced each other out. This my dear friend is what you as human beings are. There are times when you give out *good*, there are times you have thoughts of *darkness*, but you need each to balance out. Can you begin to see how you reflect these Angels of Light and Darkness? Can you see within yourselves that these two *scopes of light* make up your own physical being? Do you understand that? (Yes.) I would say to you that of all the Angel Beings that are in existence, you are most closely related to the Angels of Light and Darkness, because you are so much alike as humans. Do you have questions about this please, because I *feel* it is in your interest to fully understand what I mean by *destruction* and *reconstruction*, when we speak of these Angel Beings. Do you see that within yourselves, or do you see yourselves as something quite separate?

Lilian: For myself, I can see light and darkness.

Each one is happy then with that explanation that the link between you is so close?

Lilian: There has to be the light and darkness?

Of course, it is part of law, it is the part of all things functioning equally. Remember what I told you, how can you know only *good*, you would not understand it without having had *evil*—I use those words for your understanding—but in fact all that they are, are two different vibrations which, when brought together, balance themselves out. Do you understand, please? (*affirmations*) As we speak of Angels of Darkness, there is in your human vocabulary, Angels who are called '*Angels of Darkness*' and I believe they are called this, when it is Angels who come to you when your time upon this planet and the time for rebirth to our world is imminent. Then many of you say, you are meeting the '*Angels of Darkness*', but I will say this to you my dear friends that if you pull back the veil of the Angel of Darkness, what you will encounter is *beauty, love, compassion* and all that is *good*. So again can you see the balance lies there also? (Yes.) What I would like you to understand also, is that there are many, many Angels—many. You cannot exist in this world without an Angel of some kind. We spoke briefly of the Angel of Healing last time, did we not? (Yes.) I have spoken of the Angel of Darkness, there is the Angel of Thought, which we touched upon briefly and which this dear lady asked me about in another way, about thoughts being helped. There *are* my dear friends Angels of Thought. Before I continue further, would you like to ask me any questions?

George: With regard to the previous teaching, you mention the planet of light as the origin or place of some of the Angels. I appreciate all the beings on that planet would be beings of light. Would the planet itself be of light, or would it have a physical counterpart?

Yes. You have picked up on what I intended to discuss with you next. Of course I told you these beings are beings of light and come from planets of light. These beings belong to the hierarchy of Angels. These beings have never experience the vibration of human living, such as the Angels which I speak to you about. The vibration that they belong to must also be the same vibration of the planet from which they come, in the same way as the Angels of Light and Darkness use the earthly vibrations of this planet, although they

are of a different vibration to yourselves. I will tell you my dear friends that in the hierarchy of Angels, the Angels of the Sun are the more advanced. We are speaking here about things not widely known upon your planet. And again I say to you my dear friends, if it is beyond your understanding, then I fully accept your rejection, but what I purpose is, in this one of your earthly years, is to take you a little further from the knowledge that is already well known to many upon this planet. I wish to stretch you spiritually, in order that you can see the wider scheme of life. You know and you understand and I believe you accept that there are other life forms other than this one planet. You know and you understand and accept that human beings are of the lowest form of development. Therefore, does it not make sense to you my dear friends that there are beings of much quicker, much lighter vibration, who belong to planets again of lighter vibration? They could not exist in the planet such as Earth, because it is too dense and full of heaviness and in all of universal law they have to exist where all is harmony and balance. You know that when you leave these physical bodies, when you come to our side of life, you will gravitate to that plane of existence which is suited to you spiritually. It will belong to the vibration from which you come that you will go to it. So does it not make sense that these finer vibrations, these Angelic Beings should come from a planet such as they too belong to, the lighter vibrations, the love, the harmony and the balance? Can you accept this my dear friends?

Lilian: I can accept it, but it needs to be thought about.

Sarah: I find it difficult to have an Angel of the Sun. It is fire so they—

No, no, you must not look at it from the *physical* eyes. We, my dear friend, are speaking spiritually. Again this is where things become complex because you are so limited in the way you think that it is difficult to think spiritually. But I know my words are difficult, I know I am going onto new ground for you. That is why we need to discuss and speak about it slowly, in order that each step can be taken at your own pace and after all my dear friends, you know each one of you has your own pathway, have your own understanding, have your own lifetime of spiritual activities. I know that it will be difficult for you at times to accept my words,

unless you have thought about them carefully and given of yourself to those who stand close by you, in order that they too can help to bring to you that understanding and knowledge.

George: I think I could say that as we go along we are learning that there is more and more that is beyond the detection of our physical science. This is no problem so far as I'm concerned in acceptance. We do look at things from our physical eyes sometimes and we endeavour to see things spiritually and we are discovering that there are more and more aspects of Spirit, but I can assure you that this is not a problem.

Yes. I know that the scientists in your world would say that all of nature is a natural happening, but what they do not fully understand is that behind the natural happening is a natural law which guides. That is the point that they miss, that there is an *intelligence* behind all natural law. But I know and I would not tell you if I did not think you could not take my words and digest and use them for your own individual spiritual growth.

Lilian: Would it help us to understand—I am speaking for myself—we each have a Guardian Angel (Yes.) and so everything, the sun, the other planets, they all have their Angels?

What you must try to understand that all is not left to chance. You know that there is structure, there is law in all that is around, there is intelligence, there is creation; we all know and understand this. What I am trying to tell you and teach you this time, is that there is a state of hierarchy—and again I use that word for your understanding and your use, because there has to be harmony, there has to be order, no matter which planet you come from, whether it be in this solar system or another, it matters not. There has to be order, there has to be love and that is what these Angelic Beings are in existence for—not your Guardian Angels who come to you on this planet, not even the Angels that are above them, but there is a hierarchy of Supreme Beings, that is what they are, they are mirror images of all that is *Love*. These are the beings which put structure and order to all of the planets. I do not feel that at this time you are able to see spiritually these great beings, who have so much understanding and love for all things. They are a state of existence. In fact to speak of them almost in human forms is wrong, they are so much more than that, but they are

the ones who govern the spirituality and the construction of all the universe. Above them comes only the Supreme Beings and I have no intention of going that far, because my own knowledge does not extend thus far, but I hope I have given you a little insight into what you are and how small you are in comparison to all of these Angelic Beings. They have so much influence, not only in your lives but in all of existence.

Sarah: Have these Supreme Beings always been and will always be or do they change in any form or how are they?

Supreme Beings always have been. They are the closest you will come to the Creative Force I believe. You are not likely ever to have contact with these beings. They could not possibly in any way come to a vibration such as this, but it does not do you any harm spiritually to know.

Lilian: Any questions Izumi?

Izumi: Sometimes I feel and pray and think—
Let me say to this one, because she has difficulty.

Izumi: Yes, difficulty to speak. (*Izumi was new to the group and she also struggled with the language*)

But that does not prevent your Spirit being open to us. For you, my dear one, there is much knowledge to be gained. I would say to you, this one has the virtue of patience and because of this virtue, she will learn quickly. She has reached a point in life, where not only does she seek interest, but she will go forth and she will be used, perhaps not in the way that you within this room are being used, but we in the Spirit world have much work for her in the future. Just to be here in this room with us is part of her life plan, although she may not have been aware of it, but she is treading a straight pathway thus far. Children will be most important in her teaching. She may not know it at this moment in time, but it will be so.

Mark: I was thinking about the sun and I was thinking we think of the sun as a central thing physically casting light in this part of the universe. You made me think about it spiritually as casting spiritual light much, much further. Thinking of it physically, it seemed like it was a bit of a parallel **(Yes.)** and it seemed like it was much, much more important than I had thought of it before really. **Yes, of course each one of you knows that there are many suns. I do not speak of one sun, but**

there is such a planet. Let us take the words you have said and spoken, that the sun gives light, it gives warmth, it gives hope and if you think about these things on a spiritual level, can you not *see* that all these attributes are what we seek? *Light, warmth, love*—all of the good things that we try to seek towards that are natural things for the Spirit. I wish you to think perhaps this time about the sun and its qualities and how they relate to you as Spirit. This is an exercise for you my dear friends, which I hope you will take up. Perhaps the next time we meet we can have a discussion about it.

Lilian: I was just thinking, the lady next to you (*Sue*), someone came through her one evening and said if we looked at the moon or stood in the moon's rays when it was nice and bright, it would be beneficial. I think what they must have meant was spiritually.

Yes, again I say to you all: look with spiritual eyes always. If you seek answers, look inward, see the Spirit grow. If you go inwards spiritually, you will find the answers to all things. I am here only my dear friends to help you, to help you to understand yourselves, to know yourselves spiritually. Again I say to you, we can help, we can try to uplift you, but we cannot live life for you. That is your task to grow spiritually and if you can grow whilst clothed in these garments, these human clothing's, then you will find that when you are born into our world of Spirit, your knowledge will be so much greater, so much greater. This is our purpose of us who come to your planet, that we are trying to find more of our world in your world. That those who are blind spiritually have their eyes opened, those who have their hearts closed have them opened, those of little compassion, understanding, charity and compassion—there is so much work we have to do with you human beings. But I say to you my dear friends, as I have done in times past, if you can but help one person grow and move along their own pathway, your lives have not been in vain, but that is not to say that you must neglect your own growth. All I wish you understand about the angels is that there is a hierarchy, there are angels around you every step of your existence and especially so at important moments in your lives; that you do not confuse them with your guardian angels who are

responsible for you whilst you are upon this planet. Do not confuse your guardian angels with these higher angelic beings, because they belong to different vibrations. Think about these things and my dear friends all will become clear.

Sarah: Salumet, could I just ask one thing before you go. If our Japanese friend (*Izumi*) has trouble speaking to you in English, is it possible for her to speak to you in Japanese and you could reply to her or do you need another voice box for that?

I could not use this one. I have not trained it enough yet, but of course we are aware of all that is happening in her life. Yes, of course it is possible, but not with this instrument. It is not that we cannot, but we need the instrument and conditions to be right. Is that helpful to you?

(Yes, thank you.)

Lilian: Are you taking any more questions.

I feel for this time that we should close. If there are others to speak, I am sure they will, but I will withdraw from you this time. (*thanks and farewells*)