

29th January 2001

Good evening. May I say to you my dear friends how warm and comforting it is to join with you once more. (*general thanks*) My time apart from you has been fruitful in the sense that I have gained much knowledge of how our meetings have developed. I have seen many times when perhaps my answers to you could have been a little more enlightening, but all of these things always come when we look back upon the time spent together and your many reactions to it. I wish to say to you my dear friends that in this coming of your year here upon this planet, we have much to discuss and to speak about. My intention my dear friend is that we continue on topics that have previously been discussed with you and to enlighten you further upon these topics. Many times I have said to you have I not, that we will return and speak in more depth — that is what we will try to achieve in this your coming year. I would like you to say to the instrument that I am using that she is not to be concerned about the throat problem — I can make adjustments for any small irritation that occurs; we are not unaware of the problem. As you well know my dear friends that adjustment is needed on many occasions and it is our purpose as we come close to you all, that these adjustments be made to the suitability of each sitter. We are missing quite a few of our friends but we will be coming together once again in many more numbers, but I feel that it is important in this next period of time in talking and teaching with you, that we do not leave such talks until *all* are here, but to continue with the teaching with however many numbers there are. This is something that I have refrained from in the past, but we know that by your dedication and because of the use of your modern machinery, that the words and the teachings are not forgotten and can be repeated to all who wish to listen to them. Therefore my dear friends, I will say this to you: That this year I hope you will attain new knowledge, more understanding, more closeness of your own hearts; that by drawing together as you do, that the bond between each one of you strengthens, that the love that you give to others and the teaching that you send forth to others outside of this room, is retained and will help all that it touches. To each of you my dear

friends, once again I will say to you, the road ahead is not smooth, but for each of you, you will learn to overcome each obstacle placed in your pathway. This is indeed life's lessons, but each one of you will find in your own individual life style, problems and stepping stones which will be surmounted with ease. Not only will you grow in strength my dear friends, you will become even more spiritually aware and you know that as individuals you will *individually* develop along your own life path. But in joining together as you do on a regular basis, that spiritual unfoldment, becomes an even stronger bond. This my dear friend is my desire for you all, that as we continue to work together, all new work be related by you to many, many others who are seeking, who are searching, who are lost, who are without hope, who are without knowledge. Let yourselves *give* to these people in order that the *Truth* that you all know be given and accepted on a wider scale.

Because we have only just come together again my dear friends for this evening I will answer a few questions for you and we will begin serious work next time when I hope to bring you a little more of the *Universal Truth* which surrounds you and of which you are part.

Lilian: Thank you.

Are there any questions, please?

Sarah: I had a control through me last week and although I felt that it was a control, my mind is still quite active when a control comes through. Could you just confirm that what I said was right? This control said that he helped our minds to bring information to the fore to help the group and to help the world as a whole.

Yes, I will explain just a little to you, in a way perhaps, you will find easy to understand.

When we from our world use you as communicators, as instruments, we try to place to one side that part of you which holds so much and what you would term the *subconscious*. Although those who come to you overshadow you, you still remain in control; that is why doubts creep in. But I would say to you that there are many who stand by and if there is confusion or the likelihood that communication be cut, then those whose '*job*' shall I say for your understanding, will step in and help the

thoughts to be conveyed. Therefore, my dear friend, what you experienced is perhaps experienced by all who are developing the communicative skills. Is that helpful to you?

Sarah: yes thank you, it is.

You are never alone, you as the human being and the communicator from our side — there is always others to help — there are always those from our world much more experienced, who are ready to step forward to help and if that feeling of help comes through as a form of thought, then so be it.

Sarah: So I am on the right track, am I?

Yes, do not place these doubts to the forefront of your thinking; place them where they belong. It is good to think about these things but do not allow them to become an issue.

Sarah: Thank you. If I was giving information through, I wanted to make sure that it was correct.

Yes, and that is what will make you my dear friend a good channel for us. I believe I would be correct in saying that all potential mediums and what you might in your world call *fully fledged*, although I would perhaps disagree with you, they all have experienced those feelings.

Sarah: Good, thank you very much.

Lilian: Any questions George?

George: Yes, you've have told us much about the work of elementals. I wonder if we could extend this a little to connect with some practical considerations of the planet, for example, we do plant woodlands and forests and this can be done with various degrees of respect for the trees. My own feeling is that when forests are planted with all one kind of tree in a very commercial way, this is losing some of the respect and it might well be better to plant mixed varieties of trees in a more natural way. I was wondering if the elementals would be affected unduly by going away from natural considerations and I suppose the great thing is to do whatever is done in love. I wonder if you could comment on practical considerations like that?

Yes, I recognise your concern my dear friend and this is a subject that I will return to in more detail. But let me say to you this time: It matters not whether the trees be mixed or of one kind as you say — that is not the governing factor. Of course in an ideal planet, nature would rule and mankind would resist from interfering quite as much as he does. But the

fact remains as you have most aptly put it, that love is the overriding factor in all of these plants. I do intend to return to this topic quite soon, in fact I will tell you now that our topic of discussion next week, begins with that of the angels. So quite soon, you will have a more elaborate explanation of all of these elemental works, all of the elemental skills and the feelings, the thoughts that go behind it all — their structure and their part in your planet.

George: Thank you. Similarly, I imagine that in looking after a garden and planting different flowers and making it look beautiful — this could be seem as a shared joy between humans and elementals.

Yes, you cannot my dear friend separate yourselves as human beings from those of the other creatures of the planet — all is intertwined. But I hope I will explain to you more clearly, when the discussion comes about the different beings of this planet. It is a topic which needs individual discussion, because as I have told you, there are many types of being, which occupy this planet with you. so you agree I would presume, that it is worthy of individual discussion, rather than one general discussion, would you not? (Thank you.) You will have your answer my dear friend. (Thank you.)

Lilian: Mark, any questions?

Mark: Yes I've got a question and I've also been asked by somebody if they could possibly come next week. She's a Japanese friend — **Yes, we have been awaiting her.**

Mark: Ah, that's nice. (*chuckles*)

My other question is: There has been a lot of talk in the news and I don't think it's been reported very clearly, about the rights and wrongs of giving injections to young children and babies. One school says that it's okay, particularly a triple injection including the measles. (*MMR vaccination*) Some people say that it can cause autism in children and I wondered if you might have something to say about that?

Yes, I understand your question. All medical matters in your world — first of all let me say that most of your medical institutions are on this planet to help others. What we from our world would rather dispute is the way in which they *handle* medical conditions — that mankind has gone a little far the dealing of illness. But when mankind gives help with love and kindness and the hope and desire to

destroy disease within mankind, then the motive is one of *love*. Therefore you cannot question that they are trying to help. (Yes.) I would say only this to you my dear friend: That these decisions that you ask me about, have to be made by those *individuals*, because it could be part of their life plan. It is difficult to say why one child would develop some other *condition* and another not, unless that individual had *chosen* to do so. We are coming back again to freewill and although it be children, the parents *spiritually know* that this was a condition that was likely to happen. It is difficult to tell people without knowledge about these things, but I know it is within your understanding, that these occasions take place. But the medical profession is doing its best, as far as it knows and understands. Great influence is being brought to bear upon those in your world, who are dealing with humankind in the form of illness and in fact I can tell you that there are many, many of your conventional medical doctors, who are now beginning to understand that the body is not the *prime* subject, but there is more to the body than just the *physical* being, that the *mind* and the *thinking* and *all* other aspects of living, must be taken into consideration. There are *many, many* in the fields of your medicine, who are slowly changing their attitudes to illness. Does that help you to understand?

Mark: Yes, yes.

And again, I would have to say to you my dear friend, that responsibility for living lies with each individual.

Mark: Yes, would it be true to say that if it wasn't for the poor ways in which we live and bring up our children — if we were doing it better, we wouldn't really need these injections?

That is one aspect, but it is not quite as simple as that. There is too little known still within your planet of how your life should be lived, but that is the purpose of many of us coming to this planet at this time, that this information and this knowledge slowly creeps to the thinking of each one of you. And of course if all illness was wiped from the planet, there would be no need for the planet. Do you understand? (Yes.) I hope that has been helpful to you.

Mark: Thank you, yes it has.

Margaret: I think that was a wonderful question. I get quite concerned about children and the

way they are brought up. That's helped me a lot, thank you.

Yes, it is too easy to dismiss all areas of help as being wrong. As I have said, the overriding factor is whether it has been done *with love* and *righteousness* and all of these other things. We cannot have a perfect world just yet.

Margaret: Do you think we ever will?

We will, but not for a very *long* time. But each *idea*, each *change of thinking*, is another way forward to a greater understanding. That is all my dear friends that you can try to achieve. We have told you, we *cannot* live life for you — we *cannot* give you answers that concern your freewill — we can help, we can guide, but we cannot *interfere*. And I know to many, this seems a hard lesson, but without the lessons, how can you grow? And I know the subject of small children is very emotive to you all, but try not to think of them as children, but rather as *spirit*. Try to *see* them and why they have come to this life. In other words my dear friends, see each individual as an *equal*. Now there is something for you to think about this time. I can *see* that you are beginning to think already. (agreement + chuckles)

Lilian: If next week you are going to talk about angels, is it alright if my daughter-in-law visits again?

Yes, if she so desires. (Thank you.) I feel my dear friends with that for our first joining together of this one of your years, it is perhaps time for me to withdraw, that we look forward to new teaching, to new understanding and to how much we can all gain, from *knowing* each other.

*I leave you with the Light of Love,
With the Light of Truth,
With the Light of Understanding,
And with the Light for all of you in this
world, of Patience, which is so lacking in
this world, at this particular time.*

I leave you my dear friends, until we meet next time. (general thanks and farewells)