

~20th November 2000~

Good evening. (*general welcomes*)

This time my dear friends, we extend warm welcome to those who come to us for the first time. They are not unaware of spiritual matters, therefore I can speak with you my dear friends in a manner fitting to this group. I would like to say this time that within this planet many things are happening, many thought structures are taking place within your world. I have spoken to you recently about the world of nature which is around you, we have discussed the dying down and the rejuvenation of all manner of things. I would like to say this to you my dear friends, that within your world at this time, the awareness which is among you, the awareness of all that surrounds you, the awareness of your own nature is coming to the fore. You will say, I can hear, *'But why do we have so much destruction, devastation in our lives?'*

Remember my words, that before there is rejuvenation, there is always a dying down. So too, this applies to humankind, and I can tell you my dear friends that humankind is beginning to see with those spiritual eyes and not with physical and materialistic ones. I have told you that many in your world will benefit from new medical knowledge, which of course you know originates in our world. So, too, will new knowledge extend throughout this planet, in order that mankind can benefit from all that he is given. There are many with you upon this Earth plane, who have come to uplift, to help and to restore harmony to this planet. They are not without difficulties, of course, and we cannot change the power of your thinking in such a short space of time, but I have told you, and I will reiterate again for you, that this time mankind cannot ignore truth. He *is* beginning to understand, he *is* beginning to see that you are part of the whole. You are not separated from the rest of all of Creation. Until that is fully understood, we will always have what you call disasters upon this Earth plane. I do not wish to give new information this time, I will wait until we are gathered in with all of those who come to us on a regular basis. So therefore I feel it may be apt this time, to allow you all to ask of me those questions that you may have, questions as you always know of a philosophical

nature, because I will just say gently to those who come to us this evening, that my purpose here with you is not to answer on any personal level, because there are many within your world who are here for just such a reason as that. Therefore my dear friends, if you would like to discuss anything this time, let us begin.

Peter: Is it possible to ask a question on healing, healing energies. (Yes.) Why is that those with mental illnesses—it always seems harder to improve the situation with people who have mental illnesses than it is with more physical disability. I can understand energies vary and are used for various levels within the being of a person, but it always seems to me that when I try to improve a situation as a mental illness that I am up against the same thing—it's just to *'calm the mind'*, which seems to be as far as I can go. If there is a chemical imbalance and there is a shortage of a certain chemical, I can appreciate that it may be difficult to make up that through the healing or the healing energies, but why is it that we can't make any lasting improvements where mental illness is concerned?

Yes, I understand your question. Firstly let me say my dear friend that all of you that are used for healing, we say to you a large *'thank you'*, because without your help we would be less than helpful within your world, although you know full well that the touch is not necessary for healing to take place. Let me just say this to you: you must understand that healing comes from our world—it is Spirit to Spirit to Spirit.

Therefore you must not become too concerned with the physical condition. What you do not understand *fully* is that it is the *Spirit* which is being helped—you know this of course. (Yes.) Yes, it is not always possible for physical healing as you would say, to take place, until the Spirit has been touched. That is the object of healing, you understand this? (Yes.) You must also remember, that although you are the channel for any healing, *you* are not responsible for the outcome. Remember also that the person who comes to you, is in fact the one who has the greatest responsibility. Therefore when it comes to what you call mental blockages, these people sometimes come to this life, knowing exactly what they need to achieve. Therefore it is paramount that you encourage whoever comes to you with any mental blockages, encourage them to understand fully what they are about.

You, my dear friend can only be used as the channel, and the best that you can do is to do your best with those who work with you. Do not try to judge why one will have healing and why one will not.

Peter: No, I don't do that, I was just concerned that with people with mental illnesses, you cannot talk to them in the same way as obviously you would to someone who is compos mentis, so therefore regarding anything that is philosophical, which would help in a spiritual way would be wasted. It is just that with the healing energies, can they adjust the mental imbalance or imbalance of chemicals that are causing it?

Of course, because you see within our world our knowledge is fuller and greater. Therefore you cannot judge what is taking place within that being. Remember because you do not see the outward signs of healing, that does not mean that the Spirit is not touched. This is the difficulty that humankind has with healing. You must give of yourself, you must give *love*, you must allow those influences from our world to work through you; you cannot do better than that. I would say to you this my dear friend, that those who work with you (*slight pause*) —yes, those who work with *you*, realize that there is a little difficulty when it comes to patients of this type. May I kindly say to you—and I do not say this unkindly—but the fault lies within yourself. Look inwards and then you will begin to understand. Do you understand what I say to you?

Peter: Yes I do, I know what you mean. Thank you.

Think, go inwards and you will find the answers, but I would say this to you my dear friend, you cannot alter what is meant to be. I know when those of you that are used for the healing energy, you find it difficult when those who come to you do not respond quickly. But let me say only this to you my dear friend, that only those who are meant to come to you will, and do you not see that those who come to you, come not to you for their benefit just, but also for your own soul's growth. (Yes.) Can you see this? There is always a deeper purpose to all things. Does that satisfy you my dear friend?

Peter: Yes, I think I overlook things in my enthusiasm to try to improve the situation and one forgets...

Yes, you feel it deeply I know, but what you must do is to begin to look at it from the wider viewpoint. Look upon it as a spiritual problem and not one of the material world and this I know you can do. (Thank you.)

Graham: I think this is probably something you've touched on before and it was about personality and how children from the same parents can be so very different. I understand that part of each person's soul is coming through into the physical body, but the personality we have, is this something that is part of our soul or is it something that is engineered to help us with our life path and we have a particular personality to help us fulfil just our life path, so it is an artificial thing that is set up?

Yes, I understand. When you speak of personality, personality I would suggest belongs to the physical. Spirit comes to this world—as you know, it has chosen the pathway that it intends to take, not because of the people that it will be surrounded by, but because of the conditions which can be made for that lifetime. You understand? But when the Spirit joins forces with the two other human beings, then that personality is formed from the beginning in the material sense. What I think you mean, is does the Spirit bring with it anything from our world and of course the answer is yes. But personality I believe belongs to this world. Many factors form and knead that Spirit in the human form. After all, you are both Spirit and you are human; there has to be a balance. But of course that Spirit brings with it many aspects of spiritual life, any memories which help to form what you call personality, but which in fact is not to the forefront of that human being's life to begin with. But many aspects of Spirit come forward as that person grows in knowledge and understanding. Do you understand? (Yes.) There is no *one* straightforward answer to this—many factors are important. (Thank you.)

Paul: I had a question about animals that become extinct. Is it possible for any to be recreated?

No, you cannot change the scheme of life. If animals have become extinct upon this planet, there has been a good reason for it. We might say it has been the interference of mankind, but there is plan, there is a life plan for all of living and if these animals have become extinct, then there is no reason for them to return. This is a difficult subject for you to understand I believe,

because we know that mankind has interfered so much within your world. But what you must try to understand is that these things would not occur if the plan was not perfect in a way in allowing it to happen. Can you understand this my dear friend? It is difficult I know, but what would be the purpose in allowing an animal to return to this world once all signs and life of it have been extinguished?

Paul: Yeah, I think I understand. It is having faith in the perfect plan.

The perfect plan and after all it is part of this earthly world's evolution. Remember too that this planet has evolution and the life structure of it cannot be altered. Man can interfere, man can change, but it cannot change the overall plan of evolution. Does this make sense to you? (Yes.) I know my dear friends that many of the things I tell you are difficult to understand or accept, but that is my purpose in trying to help you to accept and understand these things.

Jane: Can I approach the question of global warming, which I am sure concerns everyone in this room and is that going to be our pathway in the evolution of things that you have just described. Is this planet going to destroy itself and can we intervene as governments around this world anticipate they will have to do?

I will speak briefly to you my dear friend. This has been discussed at some length with those of us who meet. Yes, mankind has interfered in this world on this planet, but as I have had said earlier, there is a new awakening and mankind is now at this moment in this Earth's evolution, aware of the danger and the damage which they have created. Mankind, I can tell you categorically, will *not* destroy this planet, will not destroy this planet. Mankind has reached the point, when he is aware and beginning to understand, with the help of all of *YOU* and many people like you, who give of their time, their thoughts, to help this planet to a new beginning. All is known; all always has been, always will be. This aspect of time is a subject which mankind finds most difficult to understand, but I can tell you, all of you, that mankind does not have the power of destruction over all of this planet. (Thank you.) Do we have more questions, please?

Peter: One of the things I have asked Spirit in the past, was whether there was destruction on a very large scale way back in time. There are

various stories that have cropped up relating to floods and fire, and maybe atomic, I don't know. I was given to understand that there was such a thing, whether it was destroying the whole planet was not discussed, but whole-scale destruction did take place except for perhaps a few people who started up again or kept the race going. **Yes, let me say this to you. Much has been spoken about this planet, about destruction, about rejuvenation and many, many things. What you must understand is that mankind in past times has been destructive, we cannot deny that. We cannot deny, as the lady has previously said, about what you Earth beings call global warming; all of these things takes place. But what you must also consider, and it is just as important, is that this planet has a life-plan also, that the planet is evolving, that there will be natural disasters, not attributed to mankind, but to the evolution of the planet. You know I am sure my dear friend, the power of what you call nature and its forces. There will always be what mankind terms disaster and which my dear friends and I have discussed—who is to say what is a disaster? Who knows the purpose behind all life? Only those with extended knowledge in our world can know the full scale of what is happening within your planet. You speak of a small number of people who continued within this world, after so many disasters I believe this is what you said; if those disasters happened, then I would say to you my dear friend, that was part of the evolution of this planet.**

Peter: So it is possible if there was such a thing then, it wasn't created by man, it could have been a natural happening or phenomenon? **Yes, but you have to accept that mankind has been destructive in his thinking. I am not saying that mankind did not play a part—of course he has, and throughout the whole existence of this planet there have been many changes—the extinction of many of the animals as the gentleman has said, has been down to forces beyond mankind's control, but all works towards the evolution of this planet. What mankind has to realize is that he is but a small part of this Earth. Forces of nature must play their part as does mankind. Again I would say to you, when you think my dear friends about these many matters, try to see it from a spiritual point of view. Do not view these things from the thinking, the human thinking of the human**

being, because then you become lost in the many aspects of earthly living, which will only confuse you. I would suggest again my dear friend, to continue to ask those who come close to you, to give you some explanation if you are unclear. But I will say to you this as I have told my dear friends here, that in accordance to the growth of Spirit, that is the information you will be given. You must know also that there are many in the Spirit world, who have less spiritual knowledge than you would do yourself, therefore what you must try to know and understand is that there are many degrees of knowledge and understanding. That is why it would seem so many pieces of advice given, which seem to contradict. You must remember that who brings you the information can only give you the knowledge that they have gained. But again I say to you, my dear friend, look inward, know and understanding what comes from within.

Peter: Yes, I realize that. Over the many years the awareness increases (**Yes.**) alongside with the knowledge, but I get to the point sometimes—should I be asking questions on such deep philosophy? Is it going to do me any good or can I help anyone else with it? I think, as you said, according to the need really, therefore one should absorb the knowledge. If I told people about things that happened millions of years ago it wouldn't help them to sort out the emotional problem that they have today, for instance.

No, but the knowledge would be for own good. There is no doubt that as awareness grows, and we are well aware of it within this room, that the more that is given, the more you need to understand, that each seed that is sown produces another seed of doubt, or a seed of knowledge to be gained. But yes, awareness grows—it should never stay at one point, because whilst you are upon this earthly plane, your knowledge, may I say in all kindness, is very limited. Therefore, the more knowledge you can gain, the more your understanding can grow, the more you listen to those who come close to you, then the greater that Spirit will shine forth and the more that people will be attracted to you and then you can extend that knowledge that you have to others. Only, my dear friends, when you understand yourselves, can you begin to understand others. This I have told you many times and I have told you also, as many of you

here know and understand, that what I try to teach and bring to you is the power of your own thinking, the *Power of Thought* is what is the most powerful asset you have, because Thought belongs to Spirit. You all understand this, don't you? (*affirmations*) If there are no more questions this time, I will leave you and allow any others who wish to speak to come to you. I say to you my dear friends, I leave you with my love. I ask that each one of you have upliftment in your lives, that each one of you goes forward in your understanding and with great love.

(thanks and farewells)

One followed through Sue, commenting on the energies in the room and how the new guests had added well to the mix and that they were very welcome to sit in the circle again if they wished to do so.