

~21st August 2000~

Good evening. (*general welcomes*)

My arrival this time has been delayed, because it was felt that most within this room were in need of some peace and some quietness of mind. I hope that those people may leave this time, feeling spiritually renewed and with the knowledge that those close to them are aware of their needs. Because of this delay, we, my dear friends, will have some questions, rather than I embark upon new knowledge for you. Therefore if anyone has questions this time, let me now answer them for you.

Sue: Thank you, I have one. I don't know if you are aware that myself and the lady you are using now, went to a 'Direct Voice' circle, a couple of days ago and saw some absolutely amazing phenomena. I just wondered whether you could comment on it, how difficult it is on your side for this to take place and how difficult it is for people on our side to learn, if you like, how to cope with it?

Yes, we are not unaware shall I say. The opportunity has been put forward for you, not because it is necessary for you to experience phenomenon such as you have had, but to enable you, as two people who have given much of their time, to see what is possible and what they too can achieve, given that they are willing to offer themselves in service to this work. There will come to you my dear friend, other opportunities for new experiences in time to come. We know that not only within this room, but in another place that many, *many* of your years have been given, in the hope of some *physical* phenomena. Let me say this to you: There are always difficulties no matter what form communication takes. Whether it be clairvoyance, clairsaudience—whatever and I have told you that many new forms of communication will take place. But the phenomenon you speak of, is one which from our world has always been available, but we have to have the dedication and the medium who is willing to be used in such a way, because remember that the medium used has no knowledge of what is *happening*. So firstly, my dear friend, let me say this to you: It is not so much *training*, as you have asked, but in the giving of oneself to us. We will do the training. Do you understand?

Sue: Yes I do.

For that type of evidence you must have people who are unselfish, who have given to us of themselves, without wish for any egotism. That, I would say, is the main ingredient of development of that type. You understand?

Sue: Yes I do.

I know my dear friends, that phenomenon of this type, is wonderful in the human eye. It gives credence to our world that so many people crave to see such things. But again, I stress, it is not necessary for people such as yourselves, because you have what you need to develop in your own way, and each one of you are indeed individual in your service to our world. There is much to come to you within this room. You know I do not come to tell you what is to happen; that has never been my purpose. My purpose is to teach and to enlighten each one who is willing to listen. But I will say, my dear friends, that if you continue to travel along the road of development that you have been travelling, you will be rewarded—you *will be rewarded*. Remember, I have said that communication is a two-way process. Without you, we could not communicate. Without us, there would be no communication. Therefore each is essential for the other. Many developments have taken place from our side of life, in order that mankind was willing to give of their time, was willing to accept our words. Mankind must understand that communication is the very essence of truth, if mankind is to begin to understand what all these things are about. Unselfish service, I would say, is what you should try to achieve, and my dear friends, I can tell you without this unselfishness, I myself would not be communicating with you. Therefore take credit for what you *are* and what you *have been* and what you *will be*.

Lilian: Thank you for those kind words. Could I ask a question? (**Of course.**) It's for the gentleman sitting next to me, who has a health problem. I know you don't come to sort our health problems out, but is there any word you could say that might help him?

Yes. I will say this to the gentleman: We are aware that he has not joined you for much of your time, we were aware of his coming and as you know, *all* is known within our world. I would say that all steps taken can only be of good, when it comes to spiritual intervention. What

the gentleman must begin to realise is that he must go inwards, he must look to his true self, to know and understand what the problem is. I would suggest—and you know I do not give advice normally, I would suggest this gentleman would be a case for what you would term, *‘Spiritual Regression’*. He would find this most helpful and can I say that although those in your world who do much good, much healing, he has not at this time found the right person. I will say no more than this, because I do not want to interfere in ones life’s path. But I ask him to think upon my words and he will be guided.

Lilian: Thank you very much.

George: Mankind over the years, or in the past has had communication with other beings and I think in our literature we have given them names, such as angels and archangels. Would that be an accurate statement?

Yes. You know that I am not fond of names, but yes, I would say to you my dear friends, that those descriptions are apt enough for mankind to use. There are indeed, what you term angels and archangels, but probably not in the same way as you would think. I can tell you that true angels have never lived upon any planet. They are supreme beings, and because of this, it gives an aura of lightness, which creates in mankind's eyes, the look of an angel as you visualise them. Are you following me?

George: Yes I think so.

What would be your question upon this matter?

George: Yes. I just think it is nice to look back in our literature and observe that there has been communication with non-physical beings, **(Yes.)** and mankind in the past has given names to these, perhaps unsatisfactory names.

Yes. I can tell you, my dear friend, that this part of what you call literature is indeed correct. This is a topic that we have not touched upon, but is a subject for a future time.

George: Thank you for your confirmation on that. **But let me tell you there are such beings in our world. They have never been ‘mortalised,’ shall we say, on any planet, because they are supreme beings. But they do come to many planets, in the form of help, and many people have become aware of them in your world, and as you have stated, have given them names, to which I might add, they are pleased to respond to. And if perhaps I could give one more piece of knowledge to the last gentleman, let him call on**

the one known to you, I am sure, on the one known to you as *Gabrielle*. If he will but call upon him, he will help. But we will touch upon these beings at a future time.

George: Thank you for confirming some of our records on that topic.

Lilian: I feel I want to ask, do they have wings? **You know the answer to that. (laughter) Do we have more questions?**

Mark: You’ve said that these supreme beings, they appear as light to us. I wondered if that was always the case with supreme beings?

In what way?

Mark: Well we were talking about light and dark last week and how we were to see them as continuous or not separate anyway. But if a supreme being always appears as light...

I have not said that any supreme being appears only as light. Have I said those words? (No.) Thank you, I am not understanding you correctly then.

Mark: No, I thought these supreme beings that we were talking about, these archangels appeared as light and I was curious to know if this is how supreme beings generally appear?

Yes, well until we discuss them, I do not feel your understanding would be great enough just at this moment in time. But yes, I am beginning to see where you are going. We will discuss it more fully. But are you confused by the topic of light and darkness?

Mark: I wouldn’t say confused, but I think I’ve got to think about it more.

Yes, I think you have. I think that you need to go over my words last time. You need to digest until the knowledge becomes more acceptable to you. It is a new concept of thinking I feel, for each one of you, what we discussed last time. I do not expect any of you to fully understand what I told you, without some questions. But when you speak of supreme light and supreme beings, we have touched upon a topic which is far in advance to what we have spoken of. Do you understand? (affirmations)

Paul: Could I just ask one question about the dark and the light? As I understood it, they are one and the balance is the thing to aim for, so that presumably if a being had too much light, that would be a problem, an imbalance, just as someone who is too dark would be imbalanced as well. Is that right?

Yes, thank you for your question. May I suggest that you take yourself away from the thinking of persons. Light and darkness are vibrations. One reflects the other and the balance would come automatically, because each would seek the other to keep that balance. There cannot be imbalance in the universal laws. That would not be right, do you not agree? (Yes.) Therefore light and darkness always seek each other. Is that helpful?

Paul: Yes, it happens naturally.

Yes because the darkness would always seek the balance of the light.

George: I think it helps me to see it in reference to a great painter called Rembrandt, whose speciality was to work with light and dark and achieve balance in his paintings. Of course without both, there would be no painting.

Of course. Look at all of life upon this planet.

You always have the balance. That is why when first I came, when you found it difficult when I said that those who seek to—how do you say—abuse young children. If you can look at it from light and darkness, it is the darkness seeking the light. Always the Spirit will seek the balance. If you can put aside the human form and the human thinking, then all can become clear. It is a difficult subject, and not one that I would expect you to fully understand for some time to come. But I would wish that you keep it in your thoughts, until such time as it becomes clear to you. But yes my dear friend, that is a good analogy, that to bring the whole together, you need the balance of both.

Lilian: Yes we'll give it some more thought. Any more questions?

George: I have a very brief one, to which the answer is probably no. I have read that in regard to physical happenings in séance, a red light is a help. Is there any substance to this idea, or is the lighting quite irrelevant?

Let me say this: For those who are on the first steps of this development, it is something that has been suggested from our world, to help in the vibrations necessary for those who are within that group. But of course as you are well aware, there has been phenomenon in light. But these are exceptional mediums, who have been born and who have been chosen to do this type of work. They have been chosen and are fully protected by our world. But I would say that it is essential in the first degree of development.

Lilian: So what's the answer, say when someone's lost a partner or a child or whatever—I say 'lost'—they have gone back to spirit. Sometimes a person left on this Earth in a sleep state, just before they go to sleep or when they wake up, actually sees the person who has passed into Spirit, say at the bottom of their bed, or wherever. How does that work? Is it thought again?

No, not always. Again there are no straight answers. They can be seen clairvoyantly by one person and not always those in a room. But as you say, in sleep-state your consciousness is raised to such a degree, that you are more *aware*, you are more able to see with the Spirit eyes. Sometimes that is when these things will occur. It is a different matter from what the gentleman was speaking of. We are taking from the medium within those conditions, much of her own body energy, as well as spiritual energy. We are speaking on an entirely different subject here. You all know and understand of course, that when you enter the sleep-state, that the Spirit is free to remove itself from the physical body, and in the sleep-state, it is possible to see, to do and to achieve much. And remember, those loved ones who have passed over to our world, for some time after their removal from the physical being, are still very close to your world. So you see, the raising of the consciousness, of the one who remains and the closeness of the departed, are but a blink away. Do you understand? (*affirmations*) I hope that has helped your understanding. Again, my dear friends, I hope my words have brought you comfort and knowledge and understanding, this time. (*affirmations and thanks*)

Next time we meet, we will embark upon something that is new to you and that I hope you may find of interest. I leave you in the knowledge that each one of you is surrounded by that great *Love*. And until such time as we come together, I ask that your thoughts be directed not only to those that you know and love, but to those many souls in your world, who are lost, not only in your world, but in ours. (*general thanks and farewells*)