

~27<sup>th</sup> March 2000~

Good evening. (*general welcomes*)

Before we begin this time, I want you to know that I have been aware of many thoughts coming to me. I say to you, my dear friends, they do not go unheeded. I feel much love and warmth from each one of you this time. I would like to say to you, my dear friends, just a little about yourselves. In your dwelling place upon this planet at this time you can see for yourselves new growth, new hope, much expansion of all that you call *nature*. To this I would make a comparison to yourselves. Yours—you see my dear friends that each one of you is also in the Springtime of your spiritual unfoldment. From this time forth, each one of you will find new growth, new understanding, new ways of expression in all matters spiritual. But of course as each one of you is individual in lifestyle, then each one of you will, within that spiritual unfoldment, develop at different rates. This is entirely down to each one of you individually. I can tell you, my dear friends, that from this time forth many opportunities will come to you and it will depend upon yourselves in which way these opportunities are grasped and moulded for the betterment and good, not only for yourselves but for all others. I have told you on more than one occasion that you are not aware of your own soul's growth, but I can say to you my dear friends that many opportunities are coming to you and the opportunity is there for you to show the way to many others less knowledgeable than yourselves. Be aware of these words, they have much significance for you. Allow yourselves to open to all things new or happenings in your world and especially to your own thinking. Again, I am stressing to you the power, which each one of you possess, and that is your thinking. Use it for good, do not let it go, *grow* with knowledge, open your hearts and your minds to each other and collectively my dear friends you can become not only a source of *power* for good, but you can leave behind the confines and restrictions of these earthly chains which bind you, and allow the Spirit to *re-grow*, *rekindle* and to *blossom fully* as do all of your '*nature*' as you call it upon the earth.

Lilian: Thank you for these words, we shall wish to remember them as time goes by.

I can only help you. I can help and uplift you, but I cannot change you. The work belongs to each one of you. Next time I will bring you new information, which will help each one of you to think deeply about your place in this world. Therefore, before I leave you this time, are there any questions to be asked? (*no questions*) My words this time have been few, but I hope it has given you some indication of new thinking that is needed from each one of you.

Lilian: Yes, and perhaps with your help, we shall not let these opportunities slip by with other people.

You do need to be vigilant about your own inner feeling, if you are to *achieve* anything of great importance in your lives. After all, what can be of importance but that the Spirit shines forth much more than it does at the present time? (Yes.) It is now time for each one of you to be fully responsible for that spiritual unfoldment which you are capable of. Not only within the confines of this room should you be aware of what you *are*, but each *breathing* moment the awareness should be there. Before you leave this room this time, each one of you should have felt a guidance of one close by. I say to you my dear friends that I leave you now as ever with my love and upliftment; I say to you, feel that spiritual bond which entwines you all. (*general thanks and farewells*)