

~29th February 2000~

Good evening. (*general welcomes*)

This time before I speak with you, I ask that each one feels the unity between you and those who stand close by you this time. I want you to begin to understand how important it is at each of our meetings that the strength of unity amongst you is of great importance to us all. I ask that we sit quietly in order that each one *feels* the quickening of spiritual vibration; and afterwards, perhaps this time, we will have questions. Are you happy to do this? (*general agreement*) If it helps you, I ask once more that you sit closely together in thought and feel that merging of energy amongst you. (*pause*) Does anyone feel the unity between you?

Lilian: Yes, I think we all do, is that right? (*some affirmations*)

In blending in this way the vibration of energy is quickened. This is what enables us to use you in the way that is necessary. It would be good for each one of you, if at the beginning of each meeting, you raised your awareness of this bond *before we begin any work.*

Lilian: Yes, we will do that.

I will leave it to you, my dear friend, that this may be done each time we meet for just a few of your minutes. Now, because we are few in number this time, we will have some questions if you desire.

George: You talked to us recently about the quickening vibration in Spirit and the way the vibration quickens until it is *at one* with Source. It seems to me that there is a very striking parallel in the physical world. Our scientists can accelerate particles of matter and if a particle such as an electron, is accelerated to approach the speed of light, it is said to approach infinite mass. I prefer to think of it as becoming *one* with its environment which would seem to be a route to infinite mass, and again the tiny particle, we are told, can be regarded as a vibration. It seems that there is a very striking parallel between, shall I say, the edge of the physical world and the quickening vibration of Spirit.

I am not surprised by this equation you have made. You of intellectual thinking would see this connection. Of course when you speaking of particles and mass and electrons and such, you are speaking of slightly slower vibration as

compared to that in our world. I know you understand this, but the parallel is almost a perfect one—not quite, but I can see the way of your thinking.

George: It is almost, I would say '*almost*', as if this edge of the physical world is reaching out as a bridge to the spiritual world. It is probably quite wrong of me to think that, but I am tempted to see it as that.

It is not a bridge. After all the physical and the spiritual world is intertwined. Can you not see that there has to be the passing from one to the other? Therefore you might say that the *higher* vibration of your physical world is the lower vibration of the spiritual world. You must not try to separate the two. After all, all things within your planet, within the cosmos, belongs to Spirit first and foremost. All vibration is spiritual in the sense that it is intertwined with all things material and physical. Can you understand this?

George: Yes, that's an interesting thought, yes.

So, in your intelligent way of thinking, try to see these things as belonging to each other, rather than trying to separate them, then you will have a greater understanding.

George: Less of a bridge and more of a merging.

Merging, not a bridge, that is the best way to put it to you. I feel these words will give you much to think of this time. I know you will come back to me and we can continue along these lines. Thank you for your question.

Lilian: More questions?

Margaret: I just want to tell Salumet that I did what he said and spoke to my children about the way I want my body left and, since then, I have talked to several people who are going to do the same. I feel I have started a trend.

Yes, well let me say this, dear friend, that you must be true to your own *feelings*, your own *true self* and, after all, what is the physical garb, but something that is disposed of by all of you, and for those of you with the awareness in this room, this should not become a problem. Therefore, if you wish to tell others, then that is entirely your freewill. (Thank you.)

Sarah: I would like to go back to the quickening of Spirit. When I was talking to my husband and telling him that there was no time as we know it in Spirit world and then went on to tell him about the quickening of Spirit, he said that that was time in itself. I didn't know how to explain this to him.

You will not be able to at this time, because his awareness is not—although his understanding is great, he does not have the spiritual capacity to take on board these things at this time.

Therefore I would say to you, leave him with the simple explanation for now and a little later we can, with help, explain a little more to him. He will not understand in the proper manner, what we would wish to tell him, because of his lack of spiritual knowledge at this time. It is not so much the *intellect*, because of course he has much of that as you well know, but sometimes the physical intellect *interferes* with *spiritual knowledge*. He may not understand this, so I would say it is best that the explanation for now be left. (Thank you—) I have to say to you this, that the concept of time in our world is little understood by many, many—even those with knowledge, because how can they understand something which they have not experienced. This is the problem in trying to explain these things to you.

George: You yourself obviously have an awareness of our physical time and wonderfully you come to us on Monday evenings, but does your awareness of our time present any difficulty at all?

No, no, the difficulty lies with you in understanding our understanding. Does that answer your question?

George: It's something to think about! (*chuckles*)
Good, that is what I am trying to achieve. If I send you from this room with thoughts of spiritual activity, thoughts of what you are truly about, then indeed I am beginning to achieve my mission here with you. But as always I say, it is good that we have these question times, because although I know each one of you seeks new knowledge—and of course you now understand that means not new *truth* but new *knowledge* to your understanding—it is best that we confirm for you much that we have spoken about. Therefore in doing this you will find that sometimes my answers are very, very simple.

Lilian: Would it be more of a thought process, the coming together of the physical and the spiritual? We know that we are going to meet here, so is it the thoughts that bring us together?

We, in my world—this again is connected with your time and your understanding of time—we do see time as you see it, because that is not so.

But what we are aware of is the light which exudes from all of you and we know by the *joining together* which we do, that when the time is right we will be here. It is not *time* as you understand it. This is a difficult topic for you to understand. (*affirmations*)

Sarah: Salumet, would you be able to be in two places at once?

Of course I could, yes.

Sarah: And may I ask, do you come to any other groups on the earth?

Some aspects of me do, yes. You know of course that first when I came to you, I told you that I was a conglomerate of beings. Again we enter into deep matters. One aspect of my soul aspect is here with you—the aspect that is able to lower the vibration to *be* with you, to join with you. There are parts of my soul aspect, which would not be able to join with you in this manner. I do not want to complicate it for you, because it is complicated, but you are meeting with me and I am but one small aspect of the whole of the soul. Do you understand?

(*affirmations*)

Lilian: Paul, did you have a question?

Paul: There is still nothing on my mind at the moment.

Let me say this to our dear friend, that much of his thinking in his quiet moments are answered for him. You know and you feel this, do you not?

Paul: Yes I do! That's one of the problems, I think of these questions and then sometimes they answer themselves.

That is because we are around you when it is needed. It is better for you, if I might say so, that you continue in that way, because much comes to you in your quiet time. But do not doubt it—be influenced by it, be guided by it and know that you are surrounded by it.

Paul: Thank you, that's very useful, yes.

Lilian: Can you take any more questions? (**Yes.**) Could you—perhaps not this evening, but if you could tell us who collects our thoughts and our prayers. How does that work?

What I will do—I knew that prayer would again be raised as a topic of discussion and what I would like to do, is to bring to you someone who works along these vibrational lines of prayer, who would impart to you their own knowledge and give you a little more insight into what your prayers are doing and what is being achieved and *not* achieved by them. Would this be of

interest? (*general affirmations*) Let me say now to you that in two more weeks of your earthly time, when we meet again I will bring to you the person who will speak to you about prayer.

Lilian: On a much stranger note to me, I have been sitting in meetings such as this for a long time, I get this what I call 'head nodding' when my head nods, (Yes...) and I do wonder why. Is it just to let me know that Spirit is there?

It is control. It is spiritual control and it is making, through the physical being, Spirit known to you; that is all. You know that it happens quite outside of your control, but it is only that the awareness of Spirit is within you; it is as simple as this.

Sarah: Is that the same as with my hands that move about a lot?

Yes, it is all to do with what you call spiritual power—what we call *blending*. And when a physical and a Spirit blend well, then it is that the physical has the awareness of Spirit within; that is all. And of course at times such as these when the blending of each one of you is greater, then we have more control. Perhaps I should not use that word 'control', that makes it sound like you have no control over your physical being—of course you have. Shall we say it is the *awareness*, it is the *blending* of the physical with our world; that is all. It is nothing to be afraid of, although I can tell you that some people are; they are afraid of the feelings which it brings. You will find many within your institutions of illness who suffer or think they suffer from what you call madness and voices, when in fact it is that they are channels for us, but because of the human mind frailty of the physical being, they cannot accept.

Paul: It is such a waste.

Yes, you must not criticize, you must not judge, because they know no better. They are not guided in the proper way.

Sarah: And what about the people who say they have heard voices that tell them to kill somebody? Is that a bad Spirit coming through, or what is that?

You must not always assume that physical conditions come from Spirit; this has to be corrected within your world. There is mental illness within a physical being. There are many explanations which I will not enter into this time, but of course when you are within this physical garb, much that happens within your

physical living can create disturbance within the thinking. So do not always assume that these things are *spiritually* motivated. Each one of you remember has control of your lives—you are given freewill to use in many different ways and you must, each one of you, be responsible; and you know this, we have discussed it many times. Each of you are responsible for the lives that you live. Therefore, if mental illness exists, it comes either with that being into this lifetime or it has been created by the thinking. Do you understand? (*affirmations*) Be careful in giving Spirit, in giving our world judgement for everything that happens on your planet. Although each one is Spirit, it does not mean that every action is Spirit-motivated. Try to think upon this a little this time also.

Lilain: So it's freewill really?

George: I suspect that where voices, music and other things one might hear—I suspect when this is happening one often has control—one can listen or not listen, and one can even enhance the effect. I recall when I used to ride a motor cycle and the wind rushed past, I fancied I could hear music and I could concentrate or not concentrate on it.

Yes, let me say this to you my dear friend: Within your world there is goodness, there is love, there is light, there *is* music in the wind, there is Spirit all around you—in your water, in your blue skies, in all that is about and around you. And, yes, the gift of freewill to you human beings, *is* your responsibility. Shall we, for example, take the wind that you speak of. Inner freewill could either *feel* the beauty and the music of the wind, or shall we say the human thinking could turn that feeling of wind into speed and danger and perhaps even death. Can you see how much control your thinking has? (*affirmations*) Beauty surrounds you all, but you must always become aware of it. Again we come to positive and negative thoughts and the power as I have told you on many, many occasions, *is* the most powerful thing you possess—your thinking, your *thought*. So, please, always try to see this in your everyday living.

I think for this time you have much that you can think about and go over once more. I hope I have helped to enlighten you on some points of interest. (*affirmations and thanks*) And as I leave you, I wish you much love and much Divine Light in your lives and as I ask you to think upon my

words, I say to you all my dear friends that each one of you feel peace in your lives. Until we come together once more may I say that the Divine blessing always be with you. (*general thanks*)