

~31st January 2000~

Good evening. (*general welcomes*)

Let us this time give thanks to that Creative Force for this union. Let me say to you my dear friends, this union between us is of much importance, therefore let us remember why it is so. You my dear friends, as emissaries of Spirit, know only too well that the purpose of my coming to you is not only for new knowledge for yourselves in this lifetime, but also that all peoples that you meet may see and may know the spiritual light which each one of you sends forth. I want you to remember these words daily, because as you grow spiritually, many more opportunities will come your way in order that that spiritual light be recognised among those who lack in knowledge of spiritual matters. Therefore, I say to you my dear friends, remember who you ARE. Now, this time I wish to speak with you a little about the concepts of *time*, or rather the lack of understanding among you of what *time* is. Time, as you know in this physical world, has been manufactured by man into many degrees of your minutes, hours, days, weeks, years—but let me say this to you, that time is your mental perception of what it should be. Would you agree?

Mark: Do you mean like when it would seem that time passes very slowly and other times it seems like it passes very fast?

Yes, you are correct. After all, as an example, shall we take one hour of what you call time. Five minutes of your time can seem like one hour, sometimes. Is that not true? (*general agreement*) But you see, it is your mental perception that makes it so. Do you understand? (*general agreement*) You also know that time as you know it, does not exist in our world. But what I wish to expand upon this time is something perhaps you have not been aware of before and it is this, my dear friends: You know and understand that within our world there are many stages of growth. You all are well aware of this (Yes.), but what you perhaps do not fully understand is that the mental perception—and after all it is the mind which is uppermost in our world—the mental perception of time in our world alters with each stage of spiritual growth. You know and understand, and we have discussed at some length, that energy is ever-

moving. Therefore as you progress spiritually it is a quickening of vibration of energy, therefore the mental perception alters also. Are you understanding me? (*general agreement*) This has been little discussed in your world, except by the many masters who have taught initiates of spiritual matters, but in general most people have not considered the change of mental perception of time in our world. Let me give you some examples, please. You know when first you leave the physical garb behind, not much changes; you still retain all the desires that you have become accustomed to. Therefore, if you desire to speak with another or go to another place, then the mental thought helps you to attain it. But with each stage of spiritual development, all of this gradually quickens, quickens, quickens until you are *one* with the actual vibration of *time*. I am speaking on difficult matters this time, therefore if you do not understand, we will stop now to enable you to ask the questions.

Mark: So then with the raised vibration, would you then be more in the flow of life, because I have noticed when you are engaged in something and busy yourself with something, time seems to pass more quickly.

Yes, that is the physical equation if I may put it that way. That is the closest you will get to an explanation in this life, but the spiritual vibration needs no mental perception of any time but that is the stage that is much advanced, and you could not possibly begin to understand. But what I wish you to know and would want you to try and understand, is that the perception of time also changes; it is not something that, when you come to our world—and as you know there is not time as you know it, but it does change with the quickening of the spiritual vibration. Therefore the advanced being within our world, would have no perception of time as you would imagine it—they become part of the *whole*. Can you understand or is this too difficult for you?

George: This is very interesting. I suspect there is a kind of physical parallel where the quickening vibration is concerned, because physical clocks which depend on a vibration in the crystal, the time that they register changes when they travel at great speed.

Yes, yes; you have the meaning of what I am trying to put across, but of course we are

speaking physical against spiritual, which is always the problem. But yes, I agree with you my dear friend, that is a good analogy.

George: Yes, thank you, I was careful to describe it as a parallel.

Yes, yes but I wish you to know, my dear friends, that the understanding of time, because it is always a question that is asked of us who come from our world to try to understand a little more, to explain to you how time in our world works. But perhaps the simplest way to put it to you is that time as you know it does not exist. It is an energy, it is a vibration, which as you grow spiritually, changes also. That is the important point this time. I ask you, my dear friends, to reflect upon my words this time and we will return to it in order that we can construct for you a little more detail.

Sarah: When you first go over into Spirit, then, as you say, the vibrations are much slower, but during that time from the slow vibrations to the very quick vibrations when you become one, there still isn't any sort of feeling of time at all? **Time as you know it does not exist; mankind has created time. After all, in your sleep state you are not aware of time passing. (general affirmations) Try to imagine it on that level and you may, just may begin to understand just a little that mankind has 'arranged', if I may use that expression, man has arranged his living to work within what you call time.**

Mark: Is it because we are not very developed spiritually, or not very in touch spiritually that we don't follow our urges to do things and so we need clocks to arrange everything?

Yes, as life is within your planet at this time of its evolution, time as you know it has become an essential part of your everyday living. This we know and understand, but as you also know, in your meditation states, are you aware of time? Perhaps then you begin to realise that the blending with Spirit eradicates the need of physical time.

George: It is probably true to say that as we move into Spirit, we leave the physical world behind and that includes the physical universe, which is the basis of our time measurement.

Yes, of course, it is the time when the Spirit comes to the fore and the realisation that the Mind is in charge of the physical. But we accept that because of man's use of physical time, it has created within his thinking many

complexities that the understanding is great, but not always understood. Now my dear friends I think for this time I have spoken enough to you to enable you to reflect upon my words. As I say, this is something we will return to on many occasions in order that we can go more deeply, more thoroughly until your understanding is such that you feel you know a little more. Do we have any questions before I leave you? (There was just one question of a personal nature asked on behalf of one of the ladies from Leslie's other circle.)

Now I ask you my dear friends to allow those who wish to come close to you, and I would say before I leave that as you continue upon your spiritual pathways, that your knowledge of those who come close to you will become much more heightened, that if you would allow yourselves to be more open, there are many who wish to help. The door, my dear friends, is being opened to you. Please do not close it.

I leave you with my love which not only encompasses you all within this room, but encompasses this planet with much love, with much healing and with much devotion in order that the Great Creative Force can continue on its way.

(general thanks and farewells)