

~10<sup>TH</sup> JANUARY 2000~

Good evening. (*general welcomes*)

As I return to you once more my dear friends, I embrace you all within my love. It is good that we join together once again. I feel from some of you some pressures of living, but hopefully as we continue all of these many fears will dispel. As I left you last time I told you that in this coming year there would be much new knowledge for you. This will be but for this time I would like to say to you all, I want you to be absolutely sure that when I say new knowledge, I do not mean new truth—there is a difference. *Truth* always has *been* and always *will be*, but you can gain in knowledge and in wisdom, dependent upon your capabilities of acceptance and how much you wish to grow spiritually. Do you understand the difference my friends? (*general agreement*) So therefore, when I say I will bring to you new knowledge, it will be new knowledge to you as far as your understanding has grown. Each one of you travels a slightly different pathway—this I know you understand. Therefore I wish to say to you, as new knowledge comes to you it may be that some can find within their hearts to accept more easily than others. But do not be concerned, because as time travels onwards, we will have much opportunity for questions. This I have always tried to do to make the knowledge simple in order that your understanding is great, that your intelligence is not demeaned in any way, but you accept these simple truths in the guise of new knowledge. So I say to you my dear friends, we have much work ahead of us. I hope that all of you as emissaries of Spirit will go forth as this new knowledge comes to you and let it radiate outwards to all you have contact with.

Lilian: I'm sure we will all do our best.

**For this time I will not stay too long, so my friends, if you wish to speak with me, please do so now.**

Mark: I have been asked to ask you if a lady called Maureen could come and see you next week? She is Colin's mother.

**I am aware that the lady desires to visit with us. If her desire is genuine then we will make her welcome. Yes, I will accept the lady. Does the other gentleman wish to speak with me?**

George: I haven't a question at the moment—one may come.

**There is always in you some puzzlement I feel, but if you do not wish to discuss it this time we will leave it there, thank you.**

George: I have been working towards publication of my book. There is always a certain amount of puzzlement involved in that.

**Yes, may I say this to you my dear friend: I know you have heard it many times, but the word is patience—it will come to you.**

George: Yes, in our earth lives I am aware that we are perhaps overly time conscious (**Yes.**) and we like to meet what we set up for ourselves as deadlines, but I take your guidance that I should really be patient and yes, I have those inner feelings that one should really be patient.

**Yes but in being patient that does not mean you should not strive—the two can go hand in hand.**

George: Yes, it is proper and rational to strive and I should not get upset if things take a little longer. **Yes, perhaps this is the time to use a word perhaps I am not fond of but which is understandable to you all and I say the word 'faith'. Perhaps better use the word *power of Spirit*, which can create for you all things. Do you understand? Have some faith in your own capabilities. After all when you are allowing the Spirit within to be confused, all of these feelings transfer to the physical being. This I also have told you many times, but I know you human beings, and I do not use these words unkindly, but you do need to be reminded so often of what you can achieve.**

George: Yes indeed—

**Remember my words of guidance to each one of you, this for your spiritual growth. I am not so much concerned about the everyday problems of your human lives, after all I come to teach, but in trying to teach you, I know sometimes you need upliftment in your daily lives. So, please accept my words kindly.**

George: Yes indeed, thank you. I always hesitate to ask questions about my own personal things, but nevertheless it is very good to have a little guidance sometimes. (**Yes.**)

Sarah: Yes, I was just thinking that the same applies to my husband as well in his situation at the moment—he needs to be patient as well.

**Remember, my dear friends, in your own spiritual unfoldment, you can also be the examples for others. Remember always that most people will learn by example, therefore it is important that each one of you show that spiritual nature to all that you come into contact with. I think for this time I will leave you with all of the love I can give to you and when we come together soon, there is so much for us to discuss. Now let us give time for others to speak with you. (general thanks and farewells)**

*One followed through Sue:*

***Welcome with greetings from the hills and mountains. I bring you air and I bring you the Spirit of the sky and of the earth and I bring you much from the living quarters and the leaves upon the trees. New life is all around, buds burst forth, plants grow, animals produce and the life cycle which is eternal continues. These words this time are meant for the lady who will shortly have a bud burst forth of her own. My child, the one you hold within you will bring you untold joys as your years unfold. This little one has much to do. As his life progresses from childhood to adulthood, remember these words if you can: in a few of your years your little one will astound you and hopefully you will recall this night and you will say 'it was foretold'. No more will I say but as he grows you will become aware of what my words intend. And also, do not squash any ideas which may come forth from this child. Listen to him and believe what you are told. Even if some of the things seem fanciful to you, I say to you, they are words from the Spirit. Look at the buds bursting from the trees and remember my words.***

*Lilian had the intuition to reduce the light level at this point, as another spoke through Eileen:*

***How very kind of you—we obviously have mind communications. I just sat here thinking what strange creatures human beings are. (giggles) Why must we sit in dark conditions, trying to communicate. Ummm?***

Lilian: It's more relaxing.

***Granted.***

Sarah: It's easier for you too, to come through when it's darker?

***Physical darkness is difficult to explain—it is more for the protection of the physical body.***

Sarah: Why is that?

***Why? You see my opening words are true. If you are in communication of mind it would be most obvious, because the human body is frail and does not allow the strength of his Spirit to come forward. Therefore there is a meeting of Spirit and body, but it is the frailty of the human body which causes us concern. I did not intend to speak with you this time, but I sat here wondering when, WHEN will these human beings wake up. (laughter) And so I found myself in communication with the lady, who instantly made full use of my thoughts and turned down the lights.***

Lilian: So have you been a human being?

***Let me just say this—again the lady is picking up my little discomfort at talking with you. So part of me knows and understands the human condition. Yes, it is not something I would wish to repeat, but it has helped in my understanding, but you have to admit, as human beings, you are most complex.***

Lilian: Yes, we are. I guess that is the way things are meant to be.

***No, no, no, no, no. I can tell you that the human race is going forward much more quickly than in any time past. I speak spiritually, of course. But in saying these things you have much to, ha ha, learn! So, forgive my intrusion into your quiet time, but I could not resist the opportunity to speak with you about you. (thanks expressed) Well, I can tell you gentleman, this occasion will not occur again.***

Lilian: That's a shame, we are very grateful that you've spoken to us.

***So I will only say this as I leave: Good living to you all.***

George: We have felt and become more aware of our complexity, but it is very good to hear the thought from other than, dare I say, a human being.

***You force me to say this gentleman: Yes, it is KNOWLEDGE to understand others who are different from yourselves.***

George: Yes, and this we very much appreciate. ***You must not stop me going this time. (general thanks and farewells)***