

~11th October 1999~

Good evening. (*general welcomes*)

There is needed this time some upliftment for some of you. This will be given before you leave the room this time. I would like to speak with you my dear friends, about something I feel you may not have considered before. You know well that each one here has been associated in previous lifetimes. (*general agreement*)

Therefore, have you considered that in meeting this time, why there should be differences in your spiritual awareness, each one of you on a slightly different pathway?

Sallie: Wouldn't we have been at different stages last time as well?

Yes, of course, this is the first question that you must pose, but to come together once more there has to be a unification of some spiritual knowledge, you agree?

Lilian: Yes, I think we can feel that.

What I wish to tell you this time my dear friends, is although the awareness is so different within each one of you, it is because each one of you seeks energy from another in order to combine, to create *one* spiritual energy for this work. In the same way as I have told you that darkness seeks light, so do each one of you seek the energy of each other. Can you understand this? (*general agreement*) If you cannot please let me elaborate now.

Sallie: I think I understand what you're saying, but I don't quite understand why we repeat the pattern in the same soul group.

That is the topic of discussion this evening—that is what I will come to. What I am about to tell you this time is little known, but I feel my dear friends, that you now have the understanding to accept and to begin to understand. Therefore let me explain to you a little further. You know that all life, all energy, comes from the one source. This we cannot dispute—that is the pattern of life. We all accept that we seek to return to that from which we came. (Yes.) It is a long task and many lifetimes to even begin to be on what you call *the ladder*. This we have discussed many times, but what you will not fully understand is that within the form of life's energy, there are many separations—and again, I am touching upon deep matters. Within that *one whole energy*, there are separations of energy, and those of you who have touched each other's

lives, not only in this lifetime but in many others in different forms, *you belong to one energy pattern*. Can you understand this? (*general agreement*) So let me say again, that within the energy life form, there are many separate energies. All of you here come from that energy pattern, in order that you can grow and therefore at some time in your existence you will return to that pattern. That energy pattern then would merge with other energy patterns at the correct time to continue forward in its growth, in its knowledge, in its understanding. Therefore to belong to one separate energy pattern, brings us to something else. Why, when you separate, when you take on these physical garbs, why are you not all united in the same knowledge and awareness? I say to *you*, my dear friends, you are, YOU ARE. When it comes to spiritual knowledge and energy, there is no difference between you. What makes the difference is your choice of life, *your choice* in this particular lifetime—that is all. But as spiritual beings each one of you has that *Divine Spark* of energy to take you to that separate energy pattern where you belong. Are you following me, my dear friends, are you understanding? (*general agreement*) If you have doubts, if you have questions, please ask me now.

Sallie: Through the life choice we make, we have gained some sort of knowledge which is different from other members of the group because of the life choice they have made, (Yes.) what about our spiritual memory, what we can actually choose to remember, because we have got it in our memory haven't we, to a certain extent?

I have told you, yes you have all knowledge. It is entirely within your power to remember and to use what you already know. That choice lies with you.

Sallie: Is that a choice we make before we come back?

No, you return to the physical life style with most memory erased—I have told you this before I believe— but that does not mean you cannot open that door to re-memory. This is part of your spiritual growth within physical living, you understand? (*general agreement*)

Lilian: Is this partly why, well for myself, I feel very comfortable with everyone here?

Yes, because each one of you come from that separate energy pattern. That is why over many

years of your time many people come, many people go, many people go who are suitable with you, but they feel and make the choice that they must go forward on their own. But there are those who you would not be compatible with, may I say and those are the people that you would not do much good work with.

Sarah: So does that answer my question, are we the only ones in this energy pattern, or are there some others who we have not yet met?

There will be people who come, who go. When I speak of *energy pattern*, you must remember that energy is ever- moving. So it cannot be static, I have told you, and that is partly the reason why we have discussed energy before, in order that you had the feel of movement and change. You have more questions? (pause) No?

Mary: I understand that before I joined this group there was a meeting telling each of you how you fit in together in a previous life. (*We'd all been together as monks*) I joined the group afterwards. Did I also fit into that particular group?

No, you did not, but you still belong to the energy pattern. You were not part of that particular lifetime. You have not been together only once, but if you remember I said we would tell you of one lifetime together in order that you could begin to recognize some of your physical traits in this lifetime, to which I believe all of you could associate. (general agreement) The lady who has asked the question, she has been close with not all of you, but many of you in other times. This is what you must remember that *one* lifetime is not the ultimate lifetime. Each one of you has had many experiences of physical living. You have not always spent those lifetimes together, but that lifetime was given to you as an example and to help you to understand yourselves a little more.

Sara: Can I ask does the same apply to me, because I wasn't in the group either.

Yes, there are many, many not in this room at this time, who belong, as the lady has said, to this energy pattern from whence you come. It is deep matters my friends. I wish you to think upon it carefully, to *feel* that energy, to know that energy and to *know* that each one of you seeks energy from each other.

Mark: Are there many different energy patterns? **Of course; we all come from the *one Source*, but within that Source, there are many energy patterns, yes. This is little known knowledge.**

That is why I bring it to you simply and to allow you, each one of you, to take this knowledge with you this time, to think upon it carefully and to find where you belong in that scheme of life. You can know more if you will but seek for it.

Mark: Are the energy patterns becoming more or less distinct with time?

In what way?

Mark: I was thinking about whether people in general were coming together more or whether the energy patterns were merging more.

We have reached a time in this earthly evolution, when you human beings are becoming more aware generally, if that is what you mean. I told you when first I came to you that many times there have been great teachings upon this earth and many times has mankind thought he knew best. I told you, did I not, that this time all over you earthly world, many teachings are taking place that human beings are now becoming more aware, accepting what we say to them. But still, there is much for you to learn. Much has been denied, but we must work hard in order that human beings this time cannot deny the truth.

Mark: Does becoming aware alter the energy pattern?

Of course; you should know and understand this by now that you each one of you have the power within yourselves, not only to know yourselves, but to change all around you. Each one of you is an individual energy pattern. That is another subject, which we will enter into on another occasion. But for this time I wish you to know that each one of you belongs to the energy pattern of Spirit from which you all come to grow, to know yourselves and to work together.

Sara: So you can say that we have a spiritual compatibility? Is that a way to describe the feelings?

Yes, otherwise I would not be able to speak with you quite so easily. There has to be that union of Spirit and that is what each one of you possesses. I think for this time that I will leave you with my words. I ask you, my dear friends, to think deeply and perhaps next time when you have had your physical time of thinking, we can return and you can put your many questions to me. I will leave you now, I will continue to work with this instrument. I say to you, open up your hearts and your minds for the rest of this

evening's time and allow those near and dear to you to come ever closer. I will leave you and let this dear lady be in full control of you now.

(general thanks and farewells)