

~1st February 1999~

Good evening. (*General greetings*)

This time, we will not embark upon new issues, because we are lacking in some numbers this time.

Les: Yes, we are two short.

Therefore I believe it would be of benefit if we discuss your questions this time.

Les: Certainly. Right, who would like to start please?

Sallie: I'm not sure how to phrase this in the right way. We are not here to judge people, because we don't know what we've done before—I'll try and get to the point here. I'm talking about sexual perversions and I don't understand really why people do things like that. I'm just trying not to judge I suppose—I'm having problems with it.

Yes, when you find it difficult to withhold judgements, you are expressing that most physical trait, which holds you back from spiritual expression. I have spoken before about this and many subjects, which you upon this planet find most difficult. If you will look back over my words, you will find that the explanation lies within the spiritual realms of your being. What is being sought is light, in those who retain darkness. We have discussed this matter before and rather than have lengthy discussions this time, may I suggest that you listen to my words, of past time? (*See transcript 29/01/96*)

Les: I can go through that with you afterwards Sallie.

Sallie: Thank you.

Les: The question arose when we queried why we had the paedophiles to contend with. Salumet explained then that it was their spiritual self seeking the light, which surrounded those children. He emphasised that the physical free will overcame the spiritual requirement and he also emphasised, the need for the spiritual to look after the physical and the physical to look after the spiritual, do you remember?

Sallie: So in some way that individual's spiritual side is not being listened to at that point in time. The physical side is actually being the stronger element?

Yes, they are allowing the physical element to take over. But always you must look upon these matters, from the spiritual aspect.

Sallie: The difference with my question was—I won't drag this out, but I wasn't thinking of people who go and rape little children, I can understand from what we discussed, about them being attracted to the light. I'm talking about individuals, who have sexual perversions with adults, which can be painful, or sickening—**Yes I understand what you say my dear friend. It comes down to one issue, that of physical self-gratification, without any thought or feeling for another human being. They will take what they feel to be their right, but spiritually they are wrong. Do you understand?**

Sallie: Yes, so although I mustn't judge, because I don't know what I've done or whatever, I am right in feeling—not in judging, but the actual feeling of—or am I right in feeling that it's wrong, there is no right and wrong, is there? I've answered my own question now I think—

Les: There *is* right and wrong, there must be, otherwise one would not negate the other. But if I might suggest Sallie, you are still looking at things, too much on a physical plane, (**Yes.**) rather than spiritual.

This will always be a difficulty with you all, that still you do not *question* actions or thought, on spiritual levels. Whenever you doubt or question yourselves, place yourself into your own spiritual thinking, and then your answers should become more clear. Do you understand? But I feel the lady needs to be reminded of my past words.

Sallie: Yes thank you, I'll listen to them again.

Les: If I can remind you of something else Salumet said not too long ago Sallie, he asked us to give thoughts to those who are distressed here, and in their world, before we go to our rest. Now, I have remembered this a number of times, because recently we had that earthquake, which was ghastly in a physical sense, and I felt almost in tears about the poor children etc. etc. I had to prevent myself feeling that and tell myself that my responsibility is to send my thoughts to them, that they may be helped in whatever way is best for them, by those who are there to do so, not to distress myself physically, because I can do nothing but that.

And may I add to those wise words, also that in expressing *physical* distress, not only are you sending those thoughts into the ether, but they are being picked up by those already in distress.

So can you see the problems that are created by these physical feelings?

Sallie: Yes.

Do not feel my dear friends, that as you sometimes say in your world, that you show hardness — that is not true, you are showing your true spirits, but denying the physical hold upon yourselves. Can you understand this?

(General agreement)

Les: Not clear are you Sallie?

No she is not.

Les: May I suggest another one. What I do at night, is knowing that I physically am quite incapable of helping those people, as I am incapable of helping those recently lost in the mud-slides, floods and whatever — any natural disaster. I ask rather that those whose task it is to help those who are suffering, may receive the power and inspiration to do what is necessary, for the ones they are serving physically. Do you follow?

Sallie: I do yes.

Les: I don't think any of us can do more than that. We are forgetting I think, and I'm guilty of it sometimes also, that the power of thought is not only a power for good, it is an ever-lasting ongoing power. And as Salumet said, thoughts go into the ether, and as he's said in the past also, there are those, whose duty it is — *(The rest is channelled by Les:)* **to direct those thoughts, where they are most beneficial, for those who are in need of that help. Is this clear to you now?** *(General agreement)* **You do not accept always, that thought is an ever-lasting, living power. You treat it like a page of words, to be examined and ingested, a little at a time, and the book then closed. Do you understand this?** *(General agreement)* **Thought is not one volume, thought is the complete and utter knowledge of the universe.**

Sallie: If my thoughts haven't been very kind about a particular person in that situation and I feel I've sent these thoughts out in a negative way, is there any way I can undo those thoughts, or should I just try harder to be more positive? **You have answered dear lady, you must be more positive in your thinking, in the spiritual sense, rather than the physical. Thought is ever-lasting, all-creating, all-pervading, and what you do not realise, all-knowing. You do not necessarily have to issue the correct words physically, for your thoughts to be understood, if your thoughts**

are directed in the right way, to those who may need the benefit of them. Do you understand that?

Sallie: Yes I was just wondering if there was any way, I mean by actually concentrating very hard to try and make your thoughts better, because you've sent out some thoughts, which aren't very kind. What I want to do is negate the nasty thought that I've sent out, *(Chuckle)* but I don't suppose I can do that that easily, can I?

You do not need to send nasty thoughts, that is the basic thing you must understand, there should be no nasty thoughts. Have you not been told in the past by our friend here, that if you cannot alter a condition, do not attempt to force an alteration, STEP BACK.

Sallie: Yes I think I've messed up a little bit. I was just trying to see if there was any way that I could undo it. But maybe it's just a lesson.

If it is not done in the first place, then there is no need to undo it, is there?

Sallie: Yes, I agree yes—

So I suggest dear lady that you attempt always to NOT put a nasty thought from you, or to judge. As you become accustomed to doing so, it will become much easier for you. Is there any further question you wish to ask on this matter, before I depart?

Sallie: No, I've got to think about it I think, thank you.

God bless you my dear, God bless you.

Sallie: Thank you.

Now, with apologies to the master, I will withdraw.

Les: Right any more questions for Salumet? Somebody must have one, I can't always monopolise the evenings.

George: Perhaps I could ask a question about the Earth entities, which was a recent teaching. Since then, I have reread the account of St. John's vision of the future, on the island of Patmos, in the book Revelation. I think he describes some of the Earth entities in that account. He talks of 24 elders, and 4 beasts and a number of angels. Would these be the same Earth entities that was part of your teaching?

I understand your words my dear friend. Have I not told you that on this earthly planet, there have been many masters of vision? I believe we discussed at great length, the subject of those who have what you term, fore-vision. And I will say to you only this: That in accordance with

their visions of the time, they were open to much misinterpretations. They could only at their own time in existence, express their visions, in the terms of that particular time. What is at fault in this day and age of your planet, is that mankind sees himself, as the all-knowing, when in fact in many instances, he sees only what he wishes. But I will say this to you, it is of great matter to you I know, but I am puzzled why it should be so. Yes, that vision *had* its parallel, with what you see today and what has been said. But remember always my dear friends, that much has been said in your world about those masters of vision, which has been fabricated, it has been used for their own ends. Do you see?

George: Yes, thank you.

Les: And it still happens George — listen to some of the church sermons, if they are not fabrications, what are?

But also much truth is given, but the problem I believe is in sorting out what is truth and what is fabrication; that is the difficulty in your world. But I hope my answer has been helpful to you.

George: Yes, thank you.

Les: Don't forget that the effort in those days, was to give descriptions, not necessarily of what he saw, or was aware of spiritually, but to give a description, which his illiterate followers could understand. (Yes.) So forget it, it's gone past, dead; it doesn't matter what he thought or said. You will never get to the essence of his spiritual knowledge, or desire to educate spiritually. How could he do it other than be parallels and parables?

Yes, may I say a few words to you all my dear friends? (Yes please.) What I would wish to say to you this time, much has been written of your future, much has been said of visions my master upon your Earth. I will say this to you, and I hope my words sink deep within your soul: What you should be thinking about my friends, is *this* moment in *time* — *THIS* moment in time. Why are you so interested in what is to come? Are you not wasting those precious moments, when you could be living *now*, not in past times, not in time to come, but in the *here* and *now*? That is where your best efforts should be concentrated. After all, your future as you call it is the result of today. Do you all understand this? (General agreement)

Les: George, may I go back on what you asked, I think it applies to us all at different times, or has done: What use is it for your spiritual development, is the constant questioning of the past?

George: Well it's just that I've always had an interest in the teachings of the masters and the visionaries of the past and it's been an interest and I've felt that there has been a reinforcement of the truth of the present, in some of those old teachings.

Les: Yes, but you have progressed beyond that or should have done, by attending this group. So why keep treading on the heels when you could be leading what they did? Is that a sensible statement?

George: Yes that is a sensible statement. I have been writing a book, which attempts to link the past, the present and the future and hence my interest in past statements, and being able to present a case involving knowledge from various times.

Les: Yes but you're still going back into the past. Why not let the future itself emphasise the past? It would be automatic. I can see your point and I don't wish to sound as though I'm criticising, I'm merely trying to understand why you spend so much time in the past, when you could well be concentrating more perhaps, on your possibility of automatic writing, which is more important.

George: Well I still assign time to that.

Les: But your mind is still full of the past, so those who are trying to use you George, are being blocked. Had that occurred to you?

George: Well no I don't think I accept that. I don't live in the past, I only have passing interests—

Les: How do you know it's not affecting your mind? You say you don't live in the past, all right I accept that, you live a daily life, but you obviously are spending a lot of time dwelling on the past mentally, when you could perhaps be giving more time in the silence, or to be asking for help in being used.

George: Well I do devote daily time to that.

May I speak please? (Yes please.) This is a hic-up of an educated gentleman, who seeks correlation between all times. There is nothing wrong with this, but what he does not fully realise, is that he needs no affirmation, of what has been given. What you must do my dear friend, is allow your own spiritual self to come forth, and then all information, past, present or

deemed for the future, will take shape in your spiritual thoughts, in order that there is no *necessity* for the constant seeking. You must allow that inner knowledge, because each one of you has this knowledge within, if you will but allow it to come forward. Each one of you if I may say, knows within what has gone, what your present time should be and what you should be seeking for in your future. You seek only the future, in order that you may grow, that you may grow *spiritually*. Again I have to say to you my dear friends, there is too much separation, between what we call spirit and the physical being. Your physical selves should become but a mirror, a part of that spirit, which should shine forth, as you grow in understanding. But in each of you, there lies the difficulty in understanding what I say to you. You must allow all physical interest, to be placed where they belong, and I know you will say to me that you are living physical lives. Yes of course, but **WHY** are you living these physical lives? Because your spirit has returned you to this planet, in order that the spirit may grow, that the consciousness may expand, and in this lifetime my dear friends, in order that each one of you, may in your own way, spread the truth, the ultimate Truth. *That* is the purpose of your lives and until you can place your physical beings where they belong, you will always have these difficulties. I am trying to help each one of you. I can only do so much, because again I have to say to you, that your freewill obstructs much that you can gain. Although we have taken great strides since we came together, there is so much still you do not grasp or understand. You **HAVE** to find yourselves, you **HAVE** to go within, you **HAVE** to know what is important in this lifetime. And I say to you, let us begin with dwelling on this moment *Here and Now*.

Les: If I might carry on Salumet for a moment, (**Yes.**) perhaps my own experience might help my friends. I don't talk a lot about what I do or think, but I went through these problems many years ago and I had to decide of course, as Salumet said, what is the difference, and how to separate the physical from the spiritual. It can't be done in a physical sense, so we come back to thought. Years ago, when I used to get all hot and bothered about things, and get the typewriter out and do a nasty letter to somebody about something I objected to on TV. Then I began to

ask myself, will it make a difference? I came to the conclusion that my pitiful letter, amongst the many thousands I get, possibly taking an entirely different view was pointless. So I came back to the question of Thought. I am trying to usurp the powers of other people, who can direct those thoughts. Let me do so and so, when I pray, when I ask for help in this direction or that direction for somebody, that my thoughts be issued, that they should be helped by those who have the power, the knowledge and the ability to influence the thoughts of others, not by physical pen and paper, but by mental persuasion in some way or other, which is beyond my understanding, but which I accept can be done, if it is asked for in the right way and for the right purpose. Is that clear to everybody? (*General agreement*) And I would suggest that if you also instead of getting hot under the collar as you must do sometimes being physical beings; disregard that feeling and think well, what's the point, if it's not affecting the person, whoever it is those thoughts are directed against from me, it's only affecting me; it's negative thinking and that is denying my spiritual growth. So accept the fact that there are those with much more knowledge, much more ability and much more wish to do, what I wish to be done—so leave it to them. You don't put a car in a garage for an overhaul and then stand there telling the mechanic what to do, do you? — Unless you're a BF — Leave it to the man who knows, leave the application of the right thoughts, to those who surround us and who have the ability to take our thoughts, into the right direction, for the right purpose. Any comments on that or can you accept what I am trying to say? (*General agreement*) So disregard the physical and one's own physical desire to kick someone in the pants, it doesn't serve any purpose. Pass the responsibility, which you are entitled to do, to those who have far greater knowledge, far greater ability, to perform, what you wish to be performed. Follow? (*General agreement*)

George: Yes, reinforce *their* ability, with your good thoughts.

Les: Absolutely, you shouldn't have bad thoughts anyway, as was said to Sallie, if you don't have bad thoughts, they haven't got to be undone. So try and make sure — and it's not easy I know, but try and make sure that the thoughts are not bad. Right, any further questions for Salumet?

I think this time my dear friends, there are enough thoughts being studied. So I would say to you all, that I hope my words once again, bring to you time to think, time to come to know yourselves a little more. After all, it is only in so doing that you will realise that each one of you, each one of you at your own stage of development, also have your own thoughts, your own problems to think upon. But if you allow yourselves to come forward as I have told you, then none of your problems would exist. I would say kindly to you my dear friends, that at times you truly make your own lives most difficult, by your thinking. So I will leave you once more, to ponder on what we have spoken about this time and know and understand, that as we continue, many things will become more clear, but only when you allow that spiritual self to shine forth. You are beacons my dear friends, it is time now for you to *shine* and allow others to see; not from your words, not from your actions even, but from that spiritual glow, which surrounds you all when your thoughts are in place. Know my friends I am close to you, and until such time as we come together once more, I say to you only this: Allow your thoughts to be of purest kind, hurt not another one of mankind, because they after all, no matter what their physical situation, belong to that same energy and as such, deserve the same kindness and caring that you would wish for yourselves.

Les: Thank you for those words and for the wisdom you have given us tonight. (*General thanks*) God be with you.