

~January 4th 1999 – first meeting of
the new year~

Good evening. *(General welcomes)*

I am pleased to join you once again in this one of your new earthly years.

Les: Thank you we are very pleased to have you, we hope that you feel refreshed after your withdrawal.

I thank you. Yes much has been achieved since last we met. But more importantly, I know that the time spent in my absence from you, has been fruitful for you.

Les: Yes, I'm sure it has for all of us.

I would like to say to you all this time, there is much ahead of us in this coming year. I cannot say to you, that life will be free from strife, but what I can tell you my dear friends, is that in this coming of your new earthly year, that each one of you will grow in spiritual strength.

Les: That's a very happy thing for us to know, at the beginning of our new year.

I hope it is accepted by you all. *(General agreement + thanks)*

Les: It is yes and we're very grateful to you for telling us, because it does give us encouragement.

Yes, that is why you should know, you have been dedicated members in this work and I think that all of you have felt the benefit of the knowledge passed to you. *(General agreement)*
Therefore, I wish to give my thanks to you all and wish you to know that spiritually, you are ever-growing, ever-growing. *(General thanks)*
I do not wish to embark this evening, upon any new subject, I think it is enough that we blend together this time and perhaps next time, begin our serious work. I know also that life is still difficult for many of you, at different times. Let me just say this to you my dear friends: As you become stronger, come to know yourselves more, come to realise that you are part of a whole, then truly life will be more settled for each one of you — that physical conditions of living, will seem at times to be very insignificant. I could not use these words to many, but I am happy to say that the power for growth has been given to you. Now you must utilise that inner knowledge, not only for the best of others, but also for yourselves. It is all before you and now I say to you all, use the knowledge you

have gained. No longer can you stay back and deny the power within your grasp. You now my dear friends, have the responsibility, to use what has been given to you.

Les: Would I be right in saying that this is going for all of us, to be the year of fulfilment of a duty? **If it is not, then I will not say 'blame,' but you must accept that each individual is responsible for the outcome of their thinking. This year, should be a landmark for each one of you, if you will so allow it to be.**

Les: So the exercise of our freewill, is going to be paramount for all of us, during this coming year? **Yes, you can never erase the function of your freewill. You are responsible for all that you do. But as I have said, the power is within your grasp. There is much to be gained, if you will but allow yourselves, to be open to the spiritual knowledge that has been placed before you.**

Les: So the opportunities are going to be presented to each of us in differing ways no doubt, during this year?

Of course, because you are at different stages, it will be given to you at the degree that can be accepted.

Les: And so it is then up to us to utilise the knowledge that you and others have brought to us, **(Yes.)** during the last few years and to justify you and others, having taken the trouble to give us that knowledge.

Yes, there is much work for us to do, but although we have given much to you, you cannot remain passive, you must grow in that knowledge. This is not meant to be harsh words for you, but the time is imminent, when your co-operation, your spiritual strength, will be much needed. Each one of you my dear friends, holds responsibility, not to myself, or the others who come to you, but to yourselves. You must now use your soul, you must use the knowledge and you must not look back. This is a time, where we can learn much together. So my parting words to you this time my dear friends, are these: Live your lives in love and peace, because in peace and love, you can overcome anything in your physical lives. Remember all that has been brought to you thus far, and you will not go wrong. For the rest of this time, I would wish to work quietly with this instrument. I am sure you can find many things to discuss. All I ask is that it be done with quiet talk. I look forward to our meeting next time.

Les: Certainly, and before you go, I would like to thank you again, for all that you have been doing for me during the last few days and weeks.

My friend, whilst mind retains the purpose of this work, living will be easier for you. We are there to help you, if you so desire.

Les: Yes I know I've been receiving a lot of help with my health problems over the holiday period and I'm grateful to everybody, who has been so close.

Yes, you understand why, because you have begun to realise the importance of Thought. You my friend, have reached a milestone in your living. I will say no more, because there is no need. My love is with you all, until next time.

(General thanks + farewells)

We then discussed how we could pass on the knowledge, recognise opportunities and ask for help in finding the right words, for the people around us. We discussed the difference between physical and spiritual thoughts and how the first 'gut feeling,' is the spiritual one, and the other thoughts, as we think about it, is the physical thought. We must learn to follow the spiritual thoughts, which come to us.

There was then one through Eileen, with a message for Jack:

—He is surrounded by a little mist — we feel some darkness, he brings to the surface of his thinking at times, moments of despair, which I would like to say to him, are mostly unfounded. He must not allow himself to be drawn down by these negative thoughts. We are ever with him and we wanted him to hear these words from us, to know that we will try to uplift him. But he must play his part and allow the light to come to him. We do not want to elaborate on these things, only to reassure him, that we are always close by.

Jack: Thank you very much, it's much appreciated.

We know, but we felt you needed to hear the words from us. May many blessings be with you.

Jack: Thank you.