

~2nd November 1998~

Good evening. (*General welcomes*)

I hope our discussion last time has led you to much thinking.

Les: It has me, I don't know about everybody else. (*Some affirmations*)

I would like this time to say a little more about your thoughts.

Les: Yes please.

At this particular time on your planet, comes to us much thought about what is happening there.

So many negative thoughts, when there should be more acceptance for natural happenings.

Les: Yes, well I do understand that, because it occurred to me that many people, because of these recent natural disasters are going to start blaming God again, is that so?

Yes, unfortunately mankind needs someone or something to blame.

Les: Yes, that's true.

You must remember my dear friends, that as you evolve, so too is this planet. There are, have been and will be, many changes — emotional, climatic and spiritual changes within this planet. What I ask of you, those of you who know and understand a little about your own spiritual progress, is to try to refrain from your negative thinking, on these planetary matters. As always I ask you to think positively and to try to encourage others to do so.

Les: Yes, that is going to be very difficult to do that, isn't it? We can but try, because another problem, I'm sure you're aware of, and would be one of the negative thoughts of which you speak, is the fact that because of these disasters, many of those who are left, are going repeatedly to say, that there cannot be a God, he wouldn't allow this to happen. So that is another negativity which has to be broken down.

It is a form of thinking, that sometimes amuses some of us, because they deny any existence of a creator and yet then 'disasters,' as you term them occur then they need that very thing they have denied, to blame.

Les: This is the absurdity of their remarks, because in another breath, they will say, 'Thank God it didn't happen to me.' (*Of course.*) So, which way do they go?

We understand how they feel and we must have compassion for them, because they do not have your knowledge. I will correct myself, they do

have the knowledge, but it is not brought to the surface of their thinking. So I say to you all my dear friends, as you progress along your lives, accept that your planet too is part of you, accept it is a time of growth — not only for this planet, but for those of you within it. Encourage others to think more deeply. I have said to you, that within the next 1000 of your years, much change will occur, not only in your thinking, in the change of spirituality amongst you, but in the shape of this planet. Do not be negative about it. We are here to help and to uplift you at each stage, each development. So know always you are not alone. Ask for help in your thinking — it is available to all people.

Les: Yes, I do frequently ask, that my thoughts might be guided along the right channels, because it is difficult for us to understand, in spite of your respective teaching, why we should choose to come to a planet, still in its early stages of development and suffer the possibility of 'disasters,' such as have been happening recently. This is of course very difficult for us to understand. So personally I appreciate any help I can get from your world, in fashioning my thoughts and accepting that the fact that we are here, was of our own choosing.

Of course. All of you chose to come, have chosen the time to come, but let me reply to your remarks, my good friend: This planet is very young in terms of the cosmos and so too my dear friends, are the aspects of the soul, which you all belong to. You have returned the very juvenile parts of your beings. That is why you have returned to this very young planet. Can you understand? (*Several affirmations*)

Les: Yes, I would say I can accept, but of course I couldn't say that I understand, because we don't fully understand (**No.**) the complexity of you the parts of ourselves.

That is the difficulty.

Sallie: Excuse me, would it be something like when we go to learn something, we go to different areas to learn — we might go to a library, or we might go and have a driving test. Would the different aspects of our soul, go to different planets at different times, according to what it is we are trying to learn?

What the main purpose of your incarnations are, are that the soul is allowed to develop its 'weakest points,' perhaps I could say to you, to simplify it for you. The soul seeks to grow and

because of the many aspects which belong to it, then it will choose the area where growth is most likely to happen. So yes, your theory in part is correct. You would not put a young child in one of your universities and expect it to come out knowing all that would be expected of an older soul.

Les: No, of course not.

Then perhaps you can think along those lines. It is difficult I know for you to accept that these bodies you inhabit, these *beings* on this planet, are in fact mostly souls who are seeking their very best to grow. Of course, there are those in your world, who have more knowledge, but for those souls, their pathway has been chosen for a different purpose; for the purpose not so much for their own growth, but in helping others to grow.

Les: Yes, that is something we have had to come to terms with. I think we all accept that possibility, don't we? (*General agreement*) — That the existence here is not solely for ourselves, but for unknown reasons, for the benefit of others.

Are there questions?

Sallie: Does it get to a point, where we stop doing this, ever, sort of choosing places to develop ourselves? Do we ever get to that point, or will it just change in different ways?

You mean on this planet? Of course the time comes when the soul has grown enough, that it need not reincarnate into bodies such as you inhabit — yes of course that happens, but it takes many, many lifetimes.

Sallie: So, when that actually happens, then what do we do, when we don't have to come back anymore? I feel we must still continue to grow and change and do something.

Yes, you can still — the soul will grow in our world — there are many ways of growing. That is why I say, the 'primitive' aspects of the soul, choose to return within bodies. Does this make sense to you?

Sallie: Yes.

Les: And would that growth continue in your world, accepting that there are many, many planes of existence? (**Yes.**) Let us say that the soul no longer has any need to return to a physical conception of itself. (**Yes.**) Would it, as it learned through the planes of knowledge in *your* world, have to return to a lower plane occasionally, in

order to learn other aspects of itself, just as now it returns to the physical Earth?

No, it can return to lower dimensions, but it would not move forward, only to return. That would be foolish.

Les: Yes, I had wondered about this.

That would not be allowed. You cannot move forward, until such time as you have earned that growth. You can of course return to lower dimensions, to meet with others, to help others, but you would not remain; in the same way as I have returned to you, through this one. (*Eileen*) I do not belong here. Does that make sense?

Les: Yes, that does clarify, thank you very much. I had wondered whether it was a repetitive cycle, returning and going on, which went through — effectively, through eternity.

Remember, once you have returned *home*, you rejoin the soul in its entirety. Only then does the soul decide what growth and what knowledge it has gained. But once you have reached the state of non-return to the physical being, then the soul must work, to grow in our world.

Les: Yes, thank you for that, because that answers another question, which I've not asked before — a point of view which has occurred to me several times and I did a long time ago, comment on the fact that many millions of souls have been through this Earth, but there are not so many millions of physical bodies, for them to inhabit at this time. So in my thinking, they must be progressing in your world, but not having to return here.

Yes, that answers too, the questions asked about how the planet has grown in numbers. It is not that they are all new souls, which is the usual thinking, but aspects of the *same* soul. Do you understand?

Les: Yes, because to me in my thinking, there was bound to have been a time, when there was simply no physical room, for the amount of physical bodies required, to accommodate those souls. (**Of course.**) So I came to that conclusion, though I asked a question about it, I came to the conclusion that at some point in what we would call '*time*,' there is no need for the soul, or any aspect of it, to return to the physical surroundings. (**Of course.**) Thank you very much and that answers two questions.

George: Would it be correct to say that Jesus the Christ, had no need of reincarnation, for his own development, but chose to return as a teacher?

That happens to all masters, if I may say it and that is what Jesus the Christ had intended, to return to grow and to help many. That was one purpose for his soul's growth. But there was no need to return to the physical body any more.

Les: The same condition would apply to what you are now doing for us, wouldn't it?

Yes of course. We are not returning in physical bodies, only through instruments in order to instruct and help. But we do not belong, our own 'growth,' if you like, is 'secure' within our world, but we have allowed this one aspect to return within the instrument, in order to help this planet.

Les: And for that we are very, very grateful. Now, I'm going to ask you a question on behalf of your instrument. She has not asked me to, but when she was taken so far away at our last meeting, she said when she returned that she had the feeling that she was in a golden dome. Now, I can understand that expression, but are you able to give us any significance of that golden dome?

I will say this to you, and I will say also that the instrument I am using, would like to deny what will be said, but the aspect of the soul which she has been using this time, comes from a very old soul. This being she inhabits, is one which at this part of her soul's growth, gives her the opportunity for much growth in this lifetime. Last time when I used her, we spoke on very high matters. You were given knowledge that is very little known to others and because of this, it so happens that I had to place her to one side, further than normally I would do. In so doing, she recognised, what in fact was part of her own being. That is what caused the emotional distress, because in recognising that part of her being, she knew that she really belonged elsewhere.

Les: Yes, thank you very much for telling me and I'm sure she'll be only too happy to have that explanation too, because obviously I haven't the knowledge to explain exactly the reason for that feeling.

She, I will tell you now, will be embarrassed by that statement, because one of the reasons she was chosen as an instrument for speaking through, was that she possesses an innate modesty, which she will deny of course, but which we know to be for good.

Les: And that's why you can use her.

But I am sure that when she hears these words, she will want to deny them.

Les: *(Quiet laughter)* Yes, well we shan't accept her denial, because we love her very much and we're so grateful for the work she allows to be done through her.

I would like to say to all of you, the potential within each one of you, is great. So, my dear friends, allow those hearts to remain open, allow your thinking to be open, close out that negative thinking and when the opportunity is there, help others to understand. There are so many thoughts coming to us at this time that we need your help in these matters. I know you will think upon my words. I know your thoughts will be positive, I know that your loving kindnesses to others will be shown.

Les: Yes, that leads me to another question, if I may — anybody else have a question before I put mine? *(Pause)* At our last meeting on the Wednesday, we were told that we don't always as has been said in the past, go over to your world — much as we'd like to, in order to help with the knowledge we have gained here. Now, I find that rather difficult to believe, in view of the fact that our knowledge could be most usefully applied to others in your world, who do require help.

My dear friends, what you must remember is this: That in this side of life, there are many stages of development and growth. Any knowledge gained, any growth attained, cannot be lost, cannot be contained for the self, it *has* to be given to others. You cannot contain knowledge and growth for yourself, because then it would become a selfish act.

Les: Of course it would.

So I have to say this to you: All knowledge that you gain upon this Earth, will be taken with you and of course, when you come *home* to our side of life, your natural response when you have chosen your rightful place, will be to help others, who have less knowledge than yourselves.

Les: Because I remember some time ago, you asked us most definitely, to give our thoughts when we say our prayers, to those on the other side, who are in need of those thoughts.

Yes, all too often it is asked of you, that you think of the people on this planet, who are in much need of help. But did I not say, remember also those in our world, who are striving, who are lost and are also in need of much help.

Les: Yes you did and I have been trying to further that by thinking as you asked us and that is what puzzled me, when I was told we don't always go over, because what would be the point of asking, if those thoughts can't be used?

Yes. You must, my dear friends, if I may say so, if you have — I will not say 'doubts,' because of course, only goodness can be within this room, but there can be given by some, a little confusing information. If you are in doubt, question please.

Les: Yes, this is why I have done so now.

Yes, please question the one who is giving you the information.

Les: Yes, I'll do that in future.

Always I have said to you my dear friends, whatever we give you in ways of knowledge from our world, if you feel that you cannot fully accept, then do not, because it means you are not ready, or that the information coming, is not the full extent of the knowledge. After all, I believe I have told you that only knowledge can be given, by those who have grown so. But remember, there are many stages of development within our world, as there are here.

Les: Yes, I wouldn't suggest for one minute that the information was deliberately misleading, **(No.)** but as you have said, they can only give the information or knowledge, to the degree to which they themselves have learned.

It may be the informant thought that was the correct way. It is not that they mean to deceive, because that would not be allowed. It is only that the informant is young in their growth. That is why my dear friends, there are so many misconceptions about these spiritual matters on your planet.

Les: Yes, there are many, aren't there?

And we are trying now and there will be no going back, because the time has come, when this planet must at last know the truth and hold onto it. In the past, it has been given to many, but it has been denied.

Les: Right. I was puzzled because even though we may physically be aware of it, I'm pretty sure that because of our outlook and our wish to help others, that part of our spiritual self, would be allowed to go into your world and help, because of the sincere desire to do so.

That is the most important word you have used this time, the 'desire.' If you have the desire, then you will be allowed to use it.

Les: Yes I'm sure — Thank you for that, it's given me a lot of comfort, because to me if it hadn't have been permitted, then a lot of what we all would wish to do, is just being revolved into negative thought.

You cannot waste knowledge, you cannot waste truth, you cannot waste the desire to help your fellow man! That is the purpose of your living.

Les: So all of us here then can be happy in the knowledge that if we do ask for the ability to help those in your world as you requested some time ago, then the opportunity will be given us, because we sincerely wish to do it.

Of course. (Thank you.) I can tell you now, that the few of you within this room, already are doing just that.

Les: Good, that is nice to know.

Although you may be unaware of it, because when you come to our world in your sleep states, then you are not being idle; you are given opportunities, which are there to be used. After all, in the body's sleep state, is the time for the soul to be active. You understand?

Les: Yes, that's very comforting to me and I'm sure it is for all of us, isn't it? *(General agreement)* Yes, thank you for those answers. Would anyone else like to ask a question?

George: Yes, I think there are a great number of us, who would like to have done more for some of our relatives who have passed on, who we've known rather well. And it's a very comforting thought that it isn't too late, one can still help them.

Yes. If only people who are left behind, who are grieving so, if only they had the knowledge that they could but help those who have gone on, to leave those loved ones behind, in order that they can go forward — so much more, so much more happiness would exist within your world. After all, the grief and regrets of you upon this earthly plane, I have to say, can be responsible for grief in that loved one who has gone to our world, because of your distress. Let them go, be happy — but of course, it is in the nature of the human being, to feel sorrow, to feel lost and alone. But what you should not do, is to hold onto that grief, for any considerable time. You understand? *(General affirmations)* But of course, you can help those loved ones as they

too can come to you and help you, if they so desire, because you see, their knowledge becomes so much greater — they see the wider scope of life before them.

Les: Yes, I of course, have felt times of loneliness, but on the other hand, I have on several occasions over the years, had wonderful reunions on the other side, I know. **(Yes.)** And I have come back absolutely uplifted, because of them, **(Yes.)** and it's a wonderful experience.

Yes. Mankind has to — I do not like the word 'suffer,' but mankind has to experience the gamut of emotions. How would you recognise happiness, without the sorrow? You always have positive and negative energies to deal with, whilst you are on this Earth. So if you recognise them as such, it will help your passageway through this life, to be much easier. You are most harsh upon yourselves, my dear friends. You allow sorrow to engulf you, unhappiness to eat at you, distress to upset you — so many emotions that are destructive to your soul. May I suggest to you, that perhaps with qualities, that you pick one of them and consciously work with it, to see what you can achieve? Do you understand what I try to say?

Les: Yes, because of that recognition, out of that destruction of the negativity, we are of course, automatically increasing our growth potential, aren't we, by that fight?

Yes. You will dispel the negativity and return to the harmony, which the soul requires.

Les: And having won that battle for ourselves, automatically, we are able to radiate the benefit of what we have learned, by so doing to others.

Of course, because then you become, my friends, like a mirror of them. In seeing you, they can begin to see, what they also can achieve.

Les: Yes I must admit, it's very difficult to get it through to some of them.

I would like you all — I know I have told you before, but I wish to say it again, that you are emissaries for Spirit — use it wisely, be guided and you will have those opportunities placed before you, in order that you may help others, in their seeking of what life is about. And there are many I have to tell you, who are lost in this world, who know not which way to turn. They are not fortunate in the knowledge that you have, but within each one of them, is that spark of life, which is waiting to be used and to be

helped, in order that they may too, may go along life's pathway, as they have chosen.

Les: Yes, I must admit, I have one — and I'm not mentioning names of course and I'm trying hard to do that and frequently I would love my physical reactions to take over, but I'm afraid your teaching always gets in the way and stops me doing it! *(Laughter)*

Ah! We do indeed have some growth, do we not? (Chuckles) That my dear friend is an achievement, if you can at least recognise that there is a problem.

Les: Yes I'd love to let the physical reaction come out, but as I say, your teaching always stops it. *(More chuckles)*

I will say, I commend you for your actions. It heartens me to hear these words.

Les: I still keep trying.

We cannot ask for more of you, we know that these 'problems' as you call them, beset all of you. But I know I see the light that comes from you all, and I know your potential and your love are there for all to share. Do not deny it, because if you do my friends, if you do not recognise the opportunities given to you in this lifetime, there will be many regrets, when you come to our side of life.

Les: Yes I'm sure there will be.

But my dear friend may I say, continue to try hard.

Les: Yes I shall have to you don't allow us any option, you know. *(Chuckles)*

We will be close by next time and help you in your task.

Les: Thank you very much.

And I do not wish to hear the words, 'I am only human.' (More laughter)

Les: I promise I won't say it. That's no longer an excuse, after what you've taught us.

No, you cannot return to those words and not know within your hearts, that it is indeed an excuse.

Les: Yes it would be, **(Yes.)** thank you for reminding us.

I will my dear friends, leave you this time. I hope you will continue to discuss amongst yourselves what we have been talking about and I ask that I may have some quietness this time, with this instrument, before you close this meeting.

Les: Yes certainly.

My love is always with you. As always you are surrounded by goodness and light. And so my

**friends, until we come together again, I will
leave you now.**

Les: Well, from all of us thank you for a wonderful evening once more. (*General agreement + fond farewells*) God be with you.

After a quiet discussion, another came through Eileen, bringing relaxed merry laughter and a message/advice for Margaret about her knee and also her eye, before we closed for tea and biscuits as usual.