

~19th October 1998~

Good evening. *(General greetings)*

My dear friend, I have been close to you this day.

Les: That's very kind of you.

I wish to say to you all this time, we are reaching a point in our coming together, when new knowledge will be brought to you. For too long mankind has been chained by his own thinking.

(General agreement) **We have reached a stage in this Earth's development when mankind must break free from these shackles, these misconceived ideas, which he holds onto.**

Les: Yes you told us a long time ago that it would be happening and it certainly is. Many, many instances we hear about now throughout the world.

Yes I did tell you that what I tell you here will be uttered throughout your planet, in many corners. The words used may vary slightly, but the whole idea of *Truth*, cannot alter.

Les: No — yes I've thought of you quite a lot, because I've been watching a program about the Catholic Church called, '*The absence of truth.*' They comment on the infallibility of the Pope and all that nonsense and while watching, I thought of what you have said, and how that will all be discarded.

We are in early days. Each of your world's religions — if it brings comfort to the spirit, then we must not say too much about it, at this present time.

Les: No, that's understandable.

But of course the time will come — I can assure you of this, that *Absolute Truth* will govern all religions.

Les: Splendid.

After all, there is the truth in all religions, it is up to each individual soul, to take from it what he may. *(General agreement)* So at this time, I will not say all religions must go, but each step being taken, is going in that direction. *(Yes.)* For too long has mankind allowed these chains of religious teachings to bind him.

Les: You're absolutely right.

Instead he should be free to feel the spirit that he is, to allow religion to be part of him and not the other way. You understand? *(General agreement)*

Les: Yes we do. We should live as the primitives lived, the so-called *primitives*.

They, as I have told you in time past, were closer to the all-pervading Truth.

Les: This is what I mean, we should be the same — live in the same way.

Unfortunately mankind sees himself on a pathway of development. It is this thinking which we must try to reverse for you. That task my friends, will not be a n easy one. In so many areas of your world, has this materialistic view taken such hold, that mankind now sees himself as a power source, do you understand?

Les: Yes, he does realise though that if he thought a little more deeply, he would realise that it is a power source for his own destruction.

Yes, this is why at this time in the Earth's evolution, many of us are gathered here, in order that this time, mankind cannot destroy what is being laid down for him.

Les: Nice to hear that again, because somebody through my wife told us that many, many years ago, that the abbots and others had gathered for this very reason.

There are many throughout this planet that is why my words will be reiterated around this globe. There are many of us gathered here, in order that the Truth this time be known. There cannot this time be any denial of Truth.

Les: I'm hoping that at some time — I know I shan't be able to do it, but I hope that somehow, some time, all that you have taught us and which is on record, will be published somehow.

The opportunity will be given. *(General thanks)* And the knowledge, which will be spread throughout this planet, will be seen as it is meant to be — simple, simple truth.

Les: Yes, that does please me a great deal, because I would hate to think that all you have told us, is going to be lost, even though it's recorded.

My dear friends, do you not understand that that is why you have been chosen to hear these words, that we know each one of you, can be an emissary for Good. The love you possess, the knowledge you hold, is great, but still we cannot interfere with your free thinking, but you *have* been chosen, because we know and understand, that the words given to you in time, will reach others.

Les: Good. *(General agreement)* That does make me very happy, thank you.

Dear friends, do not be fearful of speaking to others, we are behind you, we will help you and guide you with your words.

Les: Thank you. (*General thanks*)

If at first someone denies what you say, do not thrust your words upon them, but leave them in their thinking — that is all we ask of you.

Les: Yes we shall do that at every opportunity.

That is why we have brought you together again, this time. That is your purpose — I say to you my dear friends, do not fail in this task, because it will be the most important part of your living. It will be an achievement of spirit, something which you chose to do.

Les: Good, I'm very pleased to hear the opportunity will arise for all your words to be published.

Now, there will be another to speak to you this time, through this lady here, so if you have any questions for me this time, I will be most happy to answer for you.

Les: Thank you, yes if I might start, I'd like to ask one on the subject of Thought again, of which you have told us so much. We know that our personalities remain the same for some time, after we go over and of course that applies to everybody. Now I wonder — to give a simple example, I meet occasionally a chap in the village, who talks so rapidly, that one would think he was running out of time and I have had to ask him to slow down sometimes. I don't want to hurt his feelings, so I put it as nicely as possible, but on the other side, if I met somebody like that, if I thought, '*I wish he would speak more slowly,*' would he get that thought, or would I have to in some way *direct* it, so that he would get it? What I'm leading up to is, all our personal thoughts, at the moment we could imagine they would be available to anybody and I don't think that would be the case.

No, let me first say this to you: We have spoken about thoughts, which could be harmful to another, and that these thoughts can be intercepted, if that must be. But my dear friend, let me please ask you a question.

Les: Yes surely.

For whose benefit would you send out these thoughts, for yourself or for the other person?

Les: Well for me primarily so that I can understand fully, what is being said.

But can you not see, that it would be interfering in what *HE* has tried to do?

Les: Yes, looking at it that way, it would.

Yes, so you cannot have black and white — again we come to this question, that there are never clear cut answers to any questions of this kind. The thought you send, if it was a good thought for the purpose of helping another, then of course he would accept and receive it. If the purpose of the thought was for self-gratification, then that thought would be dissolved into the thought energy pattern.

Les: I see, so there is a over-riding power that governs this thinking then?

I would not say, '*over-riding,*' but a '*guiding.*'

Les: So, we needn't worry that somebody is going to be adversely affected by our private thoughts?

I would say generally no. You could not do that much harm, unless the other person was open to all thoughts — and again we must speak about this. There are some peoples in your world, who are open to many avenues of thought; they do not fully accept and understand what '*dangers,*' perhaps I can use the word, they are tempting into their lives. But generally I would say, do not be afraid of good thought.

Sallie: Salumet, sorry to interrupt, but I don't understand about people being open to thoughts that could be dangerous to them.

Yes let me try to elaborate that for you.

Sallie: Thank you.

You have peoples within your world, who shall we say, '*experiment,*' with what I believe you call drugs. (*General affirmations*) Who give to themselves drinking habits, which leave their spirit open to all kinds of thinking. There are many peoples in your world — we have the purity of children sometimes, who are exposed to evil thinking. Again we cannot have a clear-cut explanation. Does this help you? (*Pause*) No.

Sallie: No, not exactly, I think I understand that if we alter our minds too much through drugs and alcohol, we may have our own strange thought patterns.

No my dear, you leave the spirit open to all those thoughts that are available. We are coming to a difficult topic, which I think we must devote one whole time to, if we may.

Les: Yes that would be very interesting we would welcome that some time.

Perhaps next time, yes — it is a deep matter that which you have raised and I will explain more fully for you.

Sallie: Thank you very much.

But be assured, there are those poor souls upon this Earth, who do expose themselves to unnecessary — after all, you know do you not, that not all spirit is pure?

Les: Yes we do know. We used to — well / used to make that mistake in thinking so, until we had your teaching.

Yes, therefore always we have to have the balance, of the positive and the negative at all times, and this involves *thinking*. Can you begin to see?

Les: Yes I can and I was thinking of this when I was watching the program about the Catholics, and wondering how they reconciled the adverse effects of another, with *their* thinking, which caused those adverse effects.

Yes, they would, when they come to our world, recognise that the teaching they have expounded upon others, has been wrongful, but you have to remember, they too have been exposed to wrong teaching — so they are not solely responsible.

Les: No, they were indoctrinated, weren't they?

Yes, so you see that we have adverse effects upon other people and it continues onwards and onwards and onwards.

Les: Well the whole foundation of the structure was wrong, in thinking of the infallibility of the pope at any time — how could that be?

There should be no idolising of any human. I have told you this before and I will repeat it to you once more. But next time we will speak more — more deeply about the power of thinking.

Les: Yes, we shall look forward to that.

Now I will leave you this time dear friends and allow the other one whom I have brought to you. I hope you will allow them to speak.

Les: Yes of course, we shall welcome them now and thank you very much again, for all that you have taught us tonight. (*General thanks*)

Know always dear friends, I am close by.

Les: Yes I become more and more aware of that myself and I hope others do. God be with you.

There then followed our expected guest through Sue:

Les: Good evening to you. Thank you for joining us.

I wish you a good evening. (General greetings) You must forgive slowness of the words, but your language is not common to me.

Les: Thank you for using it, I'm sorry we are not able to speak yours.

All speech seems strange after the many years that I have used only the mind, to communicate.

Les: Yes of course, you don't use the languages now do you, not in speech form.

I come to offer healing to anyone here or who knows anyone requiring the power of healing.

Les: Did everybody hear that? Does anybody know one who needs the power of healing? Does anybody wish healing to be given to a person?

Mary: I know someone.

Les: What is the name?

Mary: The name? D Scot.

But please lady come and place hands upon these of instrument and repeat, please. Contact is most necessary. (Mary did as instructed) Please give name of person.

Mary: D Scot.

Please speak in your mind, his problem. Do not say aloud. Then please return to seat. (Long pause)

Do we have another?

Lilian: Could I ask for one?

Name of person please.

Lilian: Gladys Inglefield.

As before, silently give requirements. (Pause)

Do we have any others requiring healing assistance please?

(There were no further healings.)

I have come from great distances. I can offer healing, but can also bring healing learning — I cannot use right words — I can offer to those who wish it, a little of my healing knowledge.

Les: Well I'll be greedy so yes, I would wish it, if you can.

Your path has already crossed with mine dear friend. (Thank you.) I have in the past been at your side, when you were healing others.

Therefore my knowledge has already passed to you, although you have been unaware of my part in what you have done.

Les: Thank you very much indeed. I was pretty sure somebody was doing quite a lot for me.

I feel I can only stay for short time now, but I will say to all those that wish to help others, to feel more — well — to those who wish to bring a steady mind to those who have troubles, hold out your hands when you feel the need to help

others and I will ensure that your hands feel the heat of the healing power.

Les: That's very nice, did everybody hear that?
(General affirmations + thanks)

Every person has the ability to help, but not all persons can find the time.

Les: You're quite right. We know it's inherent in us all. It's just finding the time in our physical lives, in order to use it. Thank you for the help you give to us all.

What I give to you all this time, will help yourselves and others, through many of you here.

Les: Thank you very much indeed and thank you for having been with us on this occasion. God bless you.

There then followed another communicator through Eileen — one who particularly valued the use of speech, and healing through words, who had spent a lifetime without speech:

Good evening.

Les: Sorry to have kept you waiting.

You haven't kept me waiting. But I feel I have to interrupt, before we leave, just to say a little more about healing.

Les: Yes, please do.

So much has been spoken about the touch, about the thinking, but I would like to advocate speaking. You see whilst I lived upon your Earth I could not speak, so to me speaking has become quite important and I love it when I hear other people saying kind words to another, because that is a healing. (General agreement) So my dear ones, speak as much as you wish, because in the spoken word, is given much Love.

Les: You're quite right, we would agree absolutely, yes.

Ooh, what I would have longed for, to just have spoken a few words. But now I have the opportunity to come to you dear people and to speak non-stop. (Merry chuckles) So if you would be guided by me, just open those dear mouths and say something kind, every day to someone.

Les: Well we shall certainly try, because words are living things, aren't they?

Oh yes, they are the expressions of your thinking. Well, perhaps sometimes, I will not say always, that's not quite true. (Gentle laughter)

Les: That's when we must learn to be quiet.

Well that can be difficult for some. But that is all I wanted to say to you.

Les: Yes we were talking about healing earlier, before the meeting actually and some people still insist on using ritualistic methods and speech and it's so unnecessary.

Yes, but what does it matter if it helps, that is my philosophy now — whatever good, in whatever way it comes, that is only good for you.

Les: Provided it's done sincerely, for another person.

Oh yes of course! You must have the sincerity, otherwise it would be best to be a nun. (Quiet giggles)

Les: Of course the interesting thing is in any case, whatever method we adopt physically doesn't make a scrap of difference, because you are doing the work.

Well we are behind what you do of course, but you are the instigators of the actual doing.

Les: That's right, but you provide the power.

We provide the help, by inspiring you and by being beside you, when we are as two peas.

Les: Yes we love having your company.

Well don't invite me too often, because I do love to speak.

Les: Well would it surprise you to know that we love to hear you?

Well, I find those words most heartening. I'm sure not everyone would agree.

Les: Well we're not interested in everyone agreeing, we know what we like.

But anyway, I want you to know how important words can be.

Les: Yes, quite seriously we do accept what you say and we do fully understand the need for words like that. Thank you for reminding us.

Yes, it need not be a barrage of words like I use, but the gentle one or two words at the right moment — that is what is important.

Les: Yes, that is the secret isn't it?

Yes, the knowing when, yes. Well I will now take my leave and thank you for your most generous tolerance of me.

Les: Thank you for coming and you have an open invitation to come, whenever you wish.

George: And you have a lovely voice to listen to, I might say.

Well, yes, I know his words are quite sincere.

(Gentle laughter) I must leave you. (General thanks)