

~15th June 1998~

Good evening. (*General welcomes*)

It is good that we have so many of you together this time.

Les: Yes it is nice isn't it, to have almost a full meeting again.

We welcome back the one who is forever seeking and know that he has grown from his experience.

Paul: Thank you.

I would like this time if you will permit please, to speak a little more about the power of your thought.

Les: Yes please do.

You know from past meetings that thought I have told you, is the most powerful thing you possess, not only in this lifetime, but in all of your living. Thought is the real you, in all its many forms. I know each one of you have thought long and hard about my words on this subject, but this time I would like to introduce to you another avenue of thinking and it is this, my dear friends: Have you considered how intrusive you can be upon another's thinking? Can any of you say that you have thought about this to any deep degree? (*General negative responses*)

Les: I can't say so.

No, because you have not.

Les: You did say to be *intrusive* upon another's thought, did you? (*Yes.*) Thank you.

Another's thinking.

Les: Another's *thinking*, yes—

Now I hear you say, how can that be, because you know dear friends, that you must be responsible for all actions taken by yourselves. But also you must be aware of the power of your own thoughts whilst here within these bodies, because as you grow spiritually in strength, so too does the power of your thought. We have discussed this have we not? (*Yes.*) But it is also possible for you when that sensitivity arrives, for you to be sensitive to another's thinking, and unconsciously perhaps you might say, '*but that is not quite true,*' because in the spiritual sense, each one of you is aware of your thoughts. You *can* direct your thinking to try to alter another. Do you begin to see what I tell you?

Les: Yes I would accept that, because I have done it on a number of occasions, when people have telephoned me for a healing appointment and I

have been thinking of them afterwards and when they've arrived they have said that they'd begun to feel better, after having spoken to me on the phone.

Yes, that is not *intrusive thought* though, my dear friend.

Les: But wouldn't it be intruding upon their thinking?

No, because it is for good. What you must be aware of, is if you become sensitive to another's thinking and desire to change *their* thoughts that is when it becomes intrusive and that is when you must take control of your own thoughts. It happens all of the time, without many people knowing or understanding what they are doing. But once the recognition and the understanding of the sensitivity to others is there, then you must be careful in how you allow your own thinking to be directed towards them. Do you follow? I feel it is a little confusing for you, but I hope that you will think upon these words, because my dear friends, it is only another discipline in your spiritual growth. To control your own thoughts, helps you to understand and to know that all of you as individual beings, has the right to remain so, without intrusion from our side, or from those on this planet.

Les: Yes I think we begin to understand. I'd like to ask a question please, (*Yes.*) so that we can clarify perhaps. I would think that none of us here at this moment, are sufficiently developed spiritually, to be able to control another's thoughts, or to be intruding upon another's thoughts?

No, no you are not, but that does not mean you should not have the awareness, because the time will come, when each one of you has reached a stage, when that temptation may arise.

Les: That's making it clearer. (*General agreement*) So there may be a conversation from another person later on in our lives and we may then perhaps have the ability to influence that person's thought, without them knowing, is that so?

Yes, remember always that each soul on this earthly planet, have their own lives, have their own individual thought patterns, and it would be wrong to interfere, or to try to change a thought from their own free will.

Les: Yes of course we would agree with that absolutely, because it would be interference.

Of course, and I have told you that we from our side of life, are not allowed to interfere in your lives, only to influence but not to interfere. (Yes.) So those same rules must apply, because after all you are still spirit. Remember, most important word: You are YOU, but you will only remain clothed with these bodies, for just a short time.

Les: Thank you for forewarning us. So are you suggesting that in future, we shall have developed sufficiently spiritually, to be in a position to intrude on another's thoughts and alter them?

I am telling you my dear friends that all possibilities, all 'gifts' as you say here, of the spirit, are available to all. Whether you develop — have the ability to use, that is entirely up to each individual soul. What I say to you is this my dear friends, that I give you this knowledge beforehand, in order that you can ponder, at your leisure if you will, my words, in order that you are prepared for any eventuality of this kind.

Sallie: Can I just ask one thing on this please? **(Yes.)** When you talk about influencing others from your side of life to us, you may influence but not intrude. **(Yes.)** So would that be similar to actually suggesting a thought pattern to somebody, but not actually trying to change their own? I'm trying to work out the difference between influencing and being intrusive.

Influence is the act of encouragement, for that soul to create the thought that is best for them.

Sallie: Right —

You seem unsure my friend; it does not make sense obviously to you. When someone is influenced, we influence them, we encourage them to create their own thought patterns, that is leading them in the correct pathway of life. That is influence as opposed to interference, which would direct in one way or another. Does that help you?

Sallie: Yes I've got it now, thank you.

Les: Because we would then be deciding their future for them wouldn't we, **(Yes.)** which we must not do. Right, well we do thank you for the forewarning, it is certainly something we have to ponder on.

It is just one more thing that you should try to understand. *Thought* as you know, it is the most important thing you possess and always I will return to it.

Les: Yes, thank you. Now, we understand I think about the possibilities of our thoughts influencing the thoughts of another, in their spiritual development. I'm going to ask a different question if I may. How can the power of thought affect our physical bodies?

It has the power to change all things within the body.

Les: It has that power has it?

Of course, it is the most powerful thing you possess; if the thinking, the power of the thought is right, constructive and for good, then it will materialise into the physical being.

Les: That answers a question I've had in my mind for a long time.

Yes and it has taken you so long to voice those words.

Les: Yes you're right! *(Chuckles)* We can't get away with anything can we, with you?

Your thinking is YOU, the thought is SPIRIT. Go away from the physical thinking, when we speak of thought, we are spirit. Spirit can change many things within the body, if the thought is strong enough to create that change. This is where the physical brain tends to interfere; the brain, or the human being shall I say, tends to be negative and to try to side-step the thought of spirit.

Les: So in fact then, spiritual thought is all-powerful?

All-powerful — do not doubt it.

Les: Thank you for that information.

We are helping you my friend.

Les: You certainly are.

We are helping. (Spoken gently)

Les: Yes I'm sure of that and you understand why I asked the question, because I know you have been helping.

Yes, we need not use words this time, but know and understand fully, that many ARE with you, many, many are with you. (Pause) Now —

Les: Is there any question anybody would like to ask on that? I think Salumet wants to be sure that we all understand the extreme power of thought.

George: Yes I think at a physical level, we are aware that a powerful speech can alter the thinking of others and it seems to me a small step, that the thought behind that speech, can also alter the thinking of others.

Yes, it can to some degree, but the difference lies, when the spiritual power of thought, is directed towards each individual, rather than general speaking — that is what I am trying to

get across to you. But yes, in human life terms, there always will be those strong speakers, who are capable of influencing the thinking of another, but that is slightly different, you understand? (Yes.)

Les: That would be on a physical level, wouldn't it?

Yes, but of course the thought is still involved, but to a much more immature degree.

George: Yes, that clarifies that, thank you. (Yes.)

Les: Now I come to a very delicate question: If in future we have developed spiritually sufficiently, to be able to influence the thought pattern of another, how are we going to know that our efforts to influence that person are correct for that person?

You would have the 'rebound of thought.' Remember always that what you give comes back to you, do you understand?

Les: So, it may sound contradictory, but if we were trying to influence in what we considered to be the *right way* for that person, but in fact it would be the wrong way, (Yes.) we would be made aware of that, would we?

You would have understanding of it, yes — (Good.) the understanding would come. If you have reached such a state that you are capable of attempting these things, then your own thought patterns would — it is difficult to tell you, but it would be rebounded back to your thinking.

Les: That's comforting to us all I think, because I'm sure that we all at some time, if we do attain the ability to influence others for their own good, I'm sure we'd like to do so. But I'm equally sure, (Yes.) that none of us would wish to do so in the wrong way.

Of course not. I do not explain this thing to you, in order that you feel that you would do wrong, but in order that your understanding of yourselves becomes clearer — that is the purpose of the telling.

Les: We appreciate the reason for it, thank you. **Now my dear friends, I would like to work with this instrument this time, for just a little time. Perhaps each one of you can devote the time to your own individual development. I will leave it to you to decide what is best for the rest of this meeting.**

Les: Thank you. It won't affect you, if we do discuss this quietly?

Yes please, provided there are no sudden noises. I leave you all my dear friends, in the knowledge that each one of you is encompassed with our love, with our teaching and our knowledge. Know always that you will be helped, if your purpose of life is for the good.

Les: Yes, thank you very much indeed and God bless you. The love of all of us goes with you and though you don't want it, I'm going to say our very great gratitude for what you do for us.

A quiet discussion then followed, with comments from Sallie:

Sallie: It's interesting what Salumet was just saying, that we would always be helped, if what we were doing is for the good. I was just thinking sometimes I suppose it's a question of keep questioning yourself inside. But sometimes I'm not always sure that what I'm doing is for the good. I think it is, but there are so many different facets of looking at things, aren't there? It's just working out what actually is for good, I suppose.

Les's breathing then characteristically changed as he began to channel a response:

Yes may I answer your question dear lady?

Sallie: Thank you.

Earlier during discussion this evening, it was emphasised that when, WHEN we achieve sufficient spiritual knowledge to be able to influence the thoughts of another, then we must be careful that we do it for the right purpose. Do you recall that? (Yes.) Thank you. I suggest now that you are still thinking in physical terms. Do you understand? (Yes.) With respect, you as have all the others here, still have much to travel, before you have developed spiritually sufficiently to be able to alter or to influence the thought pattern of another, in the way you might think desirable for that person. When you have achieved the spiritual ability to do that, then you will not even have to question whether you are doing it correctly for that person; you will KNOW whether you are or not. That you cannot do at present, because of your physical thinking, not the spiritual context. Is this clear?

Sallie: I believe I understand that. The bit I was confusing myself about slightly was when Salumet was saying right at the end before he went, that we would always be helped by that side of life, if what we were trying to do was for the good. And what I was confusing myself with,

is sometimes I ask for help, because what I'm trying to do, or *think* what I'm trying to do, is for the *good*, so I ask the spirits to assist me, I ask for help. But how do I actually *know* that what I'm asking for is right? Am I doing it for the *good*? I'm not making any sense, because I don't understand it myself.

We do understand your confusion dear lady. May I suggest that you do not give us sufficient credit for knowing whether we are aware of your desire to do it for the good of another? If it is not for the good of another, then I would suggest that it should be obvious that we would not assist you upon the path of thought which you are emitting. Do you follow?

Sallie: Yes somehow that makes it very simple now you've said that.

You are sure that you are satisfied? We wish you to understand these things very clearly for your future development. Are you happy with what you have been told, or do you wish to question further?

Sallie: No, it feels comfortable what you've said — I don't have a question about it, thank you.

Thank you, as long as you are satisfied, then we will leave that particular subject. (Thank you.) Now are there any further questions any person would wish to ask, whilst I'm here? (Pause) Or have you absorbed so much that you're altogether satisfied with your knowledge and acceptance of what has been told to you this time?

George: Yes I think it is true to say that we in the physical have always upheld the principal of influencing the thoughts of others, through *example*. Clearly this is a physical route to influence, but I would guess there are *thoughts* behind that example and the direct thought into action seems to me —

May I interrupt sir? You are becoming rather confusing in your statements. Could we simplify it please?

George: Yes I'm sorry. The thoughts behind our actions, if they interact directly —

Sir, sir, sir, you too are going along the physical path. The thoughts behind your actions are from your BRAIN, are they not? (Ah, yes.) Your brain is your physical aspect, is it not? (Yes —) So you are still thinking in physical terms and you are not applying spiritual awareness. Does this answer your question before you ask it?

George: Yes thank you — I was into another area of confusion, thank you.

We were aware of that, which is why we rudely interrupted. You understand the reason for our interruption I hope? Not that we wish to be rude, but we do not wish to waste time.

George: Yes this is clarified, thank you.

Thank you and is there a question from anybody else please? (Pause) Then I would say you must have encyclopaedic minds my friends! That is comforting to us, even though we cannot accept such as statement. (Chuckles) Then if you have no other questions I will take my leave and leave you to talk amongst yourselves, about other matters perhaps pertaining to the knowledge which currently is overwhelming for you, in that you have no questions. God be with you my friends. (General Thanks)

George: Thank you for clarifying those matters. ***Thank you for listening. We hope that it has been of help. (General agreement) God bless you all, goodbye.***

Another followed immediately through Les:

You lot don't half muck them about you know — don't half muck'm about. (Laughter) They come here with all their good intentions, good knowledge, wanting to educate you, but you don't bloody well want educating. Why don't you ask questions mates, when they want to answer them for you? Ay? What gets into you all? You don't know it all, do you?

Lilian: We don't want to make a fool of ourselves, I think.

Sallie: If you ask a couple, you don't want to ask any more, because you feel like you're taking up the whole meeting — everybody's got to have a go at it.

That's just an excuse, just an excuse. You don't take up the whole meeting, questions take up the whole meeting, not two of them — go on, you're not getting away with that one girl.

(More chuckles)

Mark: I feel that they expand the thinking so much that —

And you ain't getting away with that either.

Mark: No but it's just so incredibly — it's doorways that haven't been opened yet.

Give em a shove and open em a bit more. Ask questions about it, that's what you've got to do when the door's open. Don't just look around the corner as though you're scared — push it and

ask questions. I don't know what I'm gonna do with you — Bloody well leave you I suppose.

Margaret: Oh no, don't do that.

Well have you got any questions, I can answer you?

Mark: On that theme?

Anything you like mate, anything you like.

Mark: I was just wondering if I was thinking along the rights lines on this: In the bible I think Jesus was — **Oh god, now you've got me** — (More chuckles)

Mark: Jesus was given the awareness that someone was going to betray him. He was given the awareness presumably from spirit, but he let the person (*Judas*) carry on and betray him, because that was presumably his growth? He didn't interfere with his growth, as he needed that experience of being a betrayer.

Of course he did and of course he got the information from spirit about being betrayed. Where do you think he got it from?

Mark: Yes, so he didn't try and interfere with that thinking, even though it was actually going to hurt him.

No, but he did try and influence him didn't he, by telling him he was going to?

Mark: He influenced but he didn't interfere, yes. **That's right, he was influencing by letting him know he knew. But he didn't say he ain't got to bloody do it, did he?**

Mark: No, but he did have the power I suppose to if he'd wanted to, but he was — **He didn't have the power mate, he didn't have the power. If he did, what was told you tonight — it would REBOUND on him, if he'd tried to influence that man against what he should be doing.**

Mark: Ah, it would have weakened him, right. **Yeah, he'd of been aware that he mustn't do it. You don't listen do you? (General agreement + laughter) Anything else you want cleared up?**

Mark: That's all for me, thanks. **Anybody else want putting in order? No, well I'll go back to my fish and chips.**

Sarah: Do enjoy them.

I shall don't worry, don't worry. I can still have them when I want them — that's my treat. I spoils myself now and again. I bloody hard day's work and I have a nice fish and chip supper.

Margaret: What work do you do?

Cor! What work do I do? What don't I do? For a start I comes and mucks about with people like

you. I follows on where the big ones tread; try and clear up the bits of mess left, cos you won't ask questions. That good enough for ya?

Margaret: Yes thank you.

I go to other places as well, you're not the only awkward ones, don't think that. But I don't suppose there's any much worse than you. (Laughter) Still that's life that's life. I've gotta earn my fish and chips. Cor! They aren't half good over here too! (Laughter) Now nobody has said to me, why do you eat fish? See, another question you could've asked.

Sallie: I was thinking it though.

Well why didn't you ask it?

Margaret: Well, you enjoy it.

Sallie: But the fish don't.

If you thought I shouldn't eat fish, why didn't you ask why I eat it?

Sallie: Well because you're a bit sort of forceful, aren't you and I thought you might bite my head off, to be honest.

You're not near enough. (Laughter)

Sallie: Yes why do you eat fish when you don't need to?

Ah! Got her got her got her. You ain't been listening to the power of thought girl, have you? I THINK it's fish —

Sallie: You *think* it's fish — that makes sense, that's all right.

Oh good, I've said something right.

Sallie: I feel happier about that.

I THINK it on my plate, I don't go catching it.

Sallie: So it's not a real living fish that you're eating?

T'is to me, t'is to me. I've got the thought powerful enough to make it seem that, but it hasn't killed the fish. Does that satisfy ya?

Sallie: That's fine, thank you.

Now ya know what the power of thought is. (General agreement + chuckles) And I don't have to even dig the bloody potatoes either, but I have some lovely chips. I'm going back to em now. I can almost smell em. Oh well if you've got no more questions I'll go, thank you. Nice to have met you mates, nice to have met you.

(General agreement + thanks for coming)
Hope it hasn't upset you, me coming? (General expressions of 'Not at all,' + 'Come again!')

If you're gonna ask questions, perhaps I shall. But I'm not putting you off asking questions, don't think that. You ask em, you think about what's been told and you ask questions. That's

the way you learn mates. I've had to learn like that. Ah well, that's enough bullying for one night. I'll say cheerio to you all. (General goodbyes + thanks + 'Enjoy your chips!')