

~25th May 1998~

Good evening. (General welcomes)

This time, because there are absent peoples, I do not wish to speak about any new topics this time.

Les: I see, you know of course they will be able to hear a recording of it?

I know, but it would be more beneficial that they be present, whenever it is possible.

Les: Yes I do understand and I'm glad you want to deal with it in that way, because I'm sure they would rather be here.

I wonder if you are aware this time, of the subtle blend of energy within this room. We have this time, full use of both male and female energy, in equal proportions. (Good.) Now for this time, I will take some questions, before working with this instrument.

Les: I don't know whether it would be opportune for you to talk to us again, about the responsibility of the physical, whilst the spiritual is on Earth. You did say you wished to do that one time.

I did, but I feel that because of the lack of understanding which was present, that that is something that should be spoken about, when all are present. There was much — not confusion, but not full understanding. Are you happy to do that?

Les: Yes perfectly happy thank you. Yes, I wouldn't question your wish to do it, because it's obvious that it's much better for them to be here. Right questions anybody please?

George: I remain somewhat confused still about past life segment of soul. I wonder if it would be possible to talk any further on this. Sometimes spirits come through to us who have had past life on Earth and I was wondering whether some of these would be termed 'past life segments?' I'm a little confused about that identity. Would it be possible to talk a little further on that subject?

Yes I understand, it is a topic for confusion amongst many in your world. You know and you understand that the soul is not just one unit. We have discussed this and I think the confusion lies when the soul returns from past time. But what has happened there, is *that* particular aspect of the soul has not continued onward. Therefore it has the ability to return, until such time as it returns to the whole shall we say. I believe this is what confuses you. Once the aspect of the

soul — that aspect of soul that has lived a life on this planet — once that aspect has — how shall we say, 'fulfilled all potential,' then it must go forward. It can then return in another form at another time, but it is another aspect of the soul, not the same aspect. Do you follow?

George: Ah yes, so the same segment could reincarnate several times?

Not quite, not quite. This is a difficult topic, but it would not fully be the same aspect of the soul, although all aspects are united in spirit. Do you understand?

George: Yes that does help, thank you.

Do you *all* understand?

Les: No, I would like to go a bit further on that please. (Yes.) Are we wrong then — I believe all of us at this moment, think that when we go on from this world, our soul will exist in the next plane of life. (Of course.) But are we wrong in thinking that that is only *one* entity?

You must not think about the soul as entities. It is a much deeper broader issue than that. You limit yourselves, if you begin to think of the reincarnated aspect of the soul, as entities. Can you see? (Yes.) I know it is difficult for you, that is why we take these things slowly, because as each thought comes to you, then when the thought is fully realised, then we can contribute to it further.

Les: So if we accept at the moment — if I can use that expression that the soul is composed of many parts, (Yes.) could it be possible for some of those parts to be progressing onwards in your worlds, while some of the other parts have to come back here, at periodic times?

Of course, otherwise how can you make progression?

Les: No, because it would be impossible for one individual unit to experience all that has to be experienced. (Yes.) Is that so?

This is why we have so much doubt about what you call reincarnation. (Yes.) I think I would say it is unfortunate that it has been expressed sometimes, in the way it has been. But limited knowledge until now, has been mainly the cause and the lack of understanding, awareness and consciousness, of those of you upon this Earth.

Les: I see, so now we can understand that, there are many parts to that unit.

Although they may seem to be separate, of course they need to be part of the whole, to

continue forward, to seek out the purity of the creative force, which we all seek.

Les: So, you have taught us that we are two completely different aspects of living, one spiritual one physical. **(Yes.)** Now we have to go further I would presume, in thinking of ourselves, as many aspects of the spiritual, **(Of course.)** whilst only one is here existing on Earth?

Yes, do not limit your understanding, to just this physical being and presume that this is the house for the whole soul.

Les: I think that's what we all have been doing, am I right? *(General agreement)*

Yes, and that is the error that most human beings make.

George: Yes I think the soul is much more complex **(Yes.)** and more extensive than we have imagined.

Well, that is not to say, that you have been wrong in your thinking, only that your awareness has been rather, shall we say, 'juvenile.'

Sallie: Salumet, would it then be possible or probable, that the aspects of our soul who are on your plane, talk to us and guide us, and make contact with us and we tend to recognise those, **(Yes.)** which are part of us, in a way?

Yes, your understanding is good. What is — let me speak a little about what you call your *higher self*. What do you suppose this *higher self* is, if it is not that aspect of soul that is there to help and to guide you, whilst you inhabit these bodies? Look always to the help available, not only from what you call '*higher self*,' which after all, is that part of you, which is more *seeing*, more *knowing*, more *giving*, than you could imagine, whilst clothed here within this physical being. There are many aspects that are there to help and to guide you. Another mistake that has been put forward is that *all* help from spirit, comes from those who are *without* yourselves, when so often they are *part of* yourselves. Now do you begin to understand? *(General agreement)*

Les: I was going to say, as you put it, we are *helping ourselves*.

Yes! *(Spoken slowly and clearly emphasising each word)* And when that realisation is strong within you, then you begin to understand why, when life's trials and tribulations seem to weigh so heavily upon you, why when you sit in your quiet moments, the answers come to you more

easily, because you are listening to that aspect of yourself, that has lived and which has gone through these same problems.

Les: That gives us an entirely new outlook, doesn't it? You were going to ask something else Sallie?

Sallie: Not exactly ask, but just to sort of '*feel it through*' really. Would that possibly be why, sometimes when we start to get answers that we need, why they are *so* in tune with us and so perfect, because obviously I suppose it's *us* giving *us* the answer, isn't it? We know that aspect really inside, so well.

That is why my dear friend, so often in the past, you have been told to sit quietly and go inwardly. Do you see the connection?

Sallie: Mm.

Les: And of course it gives another meaning to the statement that '*all has happened.*'

Yes, you bring in another point, but we will not elaborate upon that this time, because I feel that the others need time to digest what has been said this time.

George: Yes, I've a feeling our concept of time enters into this in some way.

Always we will return to topics, which we have touched upon and each time we return to those topics, there will be deeper matters to understand. Always we will go slowly, in order that you fully understand what I come to bring you.

Les: Yes, I think we are beginning to appreciate the value and advantage of your constant reminder that we must take everything slowly, because though we all no doubt over the years that you've been coming to us, have come to the opinion that we know a great deal more, we're now beginning to realise I think, how little we really do know.

I would not *like* to say this to you, but of course when first I came, I came to you as individuals with some knowledge of spirit, but that knowledge was most limited. But the reason I came to you was not because of the knowledge you had acquired, not because of the *knowing* that you had of spirit, but that as a combined group, who have known each other in past times. And here I will say to you, *think* about that aspect of yourselves, which knew each other in past times. Try to feel the connection from those times.

Sarah: Does that include Mary? Was she part of it?

Not at the time you have been told about, but of course there has to have been the connection at other times.

Sarah: Thank you. Could I also just ask, if there are many aspects of the spirit, and one is here, could it be that another aspect is in another form of life, or do we just concentrate on this Earth?

Form of life, in the human sense?

Sarah: Well not necessarily, if it's on another planet, it wouldn't be human as we know it.

I have told you that there can be more than one aspect of the soul, inhabiting a body on this planet at the same time. You understand?

Sarah: Yes, thank you.

Try to see your true selves as a multitude. After all, I did tell you think of the diamond and the many facets to it, then you begin to realise that the soul has many, many, many, many more facets to it. It is the nearest we can come, to explain to you what the soul truly is.

Sarah: Right thank you.

Les: I suppose it might help us to remember too, or to understand, if we accept that here we are puzzling about the many ramifications of the soul, yet we are living in a body, which in itself is composed of untold ramifications; each soul having its own purpose, its own destiny, its own memory. **(Yes.)** And yet we ignore that. If we try and think of a cell as a compound, as our physical bodies are, we might be better able to understand the impossibility to understand it clearly.

And may I add to that my dear friend that each part of the human body *can* function individually, without always the need for other parts. If you can take your hand for instance, it is possible to use one finger, without the involvement of the others, but that one finger, still belongs to the whole hand. You understand? *(General agreement)* That is a simplification of course, but that is what you must try to realise.

Les: Yes, it's helping me to realise a bit more.

This is the difficulty that your thinking has to be expanded, in order that you can take these things in completely.

Les: I'm being shown — I think this must be relevant, because I'm being shown an enormous plain and there's a tremendous herd of buffaloes. One has just died; every other individual in that

herd is instantly aware of its passing. I merely pass onto you what I am getting; you must put your own interpretation on it. It was so vivid I had to give it to you.

May I say something more, before I work with this one? *(Yes please.)* That is part of your development, your evolution, that each one of you has the power to think individually, that what is your understanding and your conception, is not always what is suitable for another. So I would say to you my dear friends: Seek that which helps to bring to you the understanding of what is being given to you. It does not affect the result, but it is individualised for you and for your own understanding, in order that consciousness be raised, in your own way. What my dear friend has said to you moments ago, was his individual understanding of what has been said. Seek your own, and understanding will come to you. I hope that it has helped. My words I try to keep simple, in order that understanding comes more easily, because these things we speak about, are indeed deep, deep matters and not made aware to all who are there to be given advice; because you see, and I hope you understand that these philosophies are given to you, because and I hope you do not think I praise you too much, but this group of people here now, is ready for *Truth*.

Les: Thank you very much for telling us that and for that we are very greatly indebted to what you have taught us.

Sallie: Would it be all right to ask something very briefly, before you go and do your work? ***(Yes please.)*** It was just a couple of months ago, that somebody came through Sue and was on the same sort of subject, who'd come through as an aspect of one of my parts. I was told about Jonathan and I was told to ask if it wasn't clear to me and I just want to know I suppose, if there's anything more I can be told about Jonathan, because it sounded as though I should be looking out for him. Perhaps I misunderstood it?

Let me say this to you, my dear friend: You know and fully understand that you have been and will be of different vibrations, energies; you have existed as male energy and female energy. The name Jonathan given to you, as one aspect of yourself, was indeed a part of you that has

lived in another time. I do not see the need for you to seek that part of yourself, because it is done with. But know that you are joined to many aspects of your being. It was not given to you, in order that you can *find out more* as you put it, but only to allow you to know that the spirit, the soul, is more than one aspect. (Thank you.) Do not seek — that energy is now part of the whole and will be known to you, when you eventually return *home* my dear friends. (Thank you.)

Now I must ask that I be allowed to work with this one, for a short time. Open your hearts and see what is available to you all this time.

Les: Thank you for your patience. We hope we haven't kept you too long.

What is time? I wish I could give you more, but for now, we must stay with what time is available. (General thanks)

One then came through Eileen with a message about two people, but none of the sitters present could connect with the information.