

~20th April 1998~

Les had had to cancel the previous two meetings, due to health problems and this evening began with one through Les, who briefly touched on this before Salumet began speaking:

Good evening. (General welcomes)

Let us this time, give thanks for our coming together once more.

Les: Yes we all give thanks for that.

To you, my dear friend, I speak no words, for none need be spoken.

Les: No, you've been with me constantly, for which I do thank you.

All have been together in communion with thoughts, which have helped to bring some upliftment for you. So in that sense, we have not been apart. (No.) I will say only these words, that where healing manifests itself, there is perfection. You understand?

Les: Yes we do.

I would like to say a few words this time, on some thoughts that have been reaching out to me. Many have been thinking, 'why are these physical events not told beforehand?' I say to you my dear friends, why do you feel that you have the need to know? Why do you feel that you do not have the power to know for yourselves? Do you understand?

Les: Yes, yes we do.

You all know and understand, that from our side of life, there is more foresight than you would understand.

Les: Yes we do know that.

You know and understand that we 'see' what is happening within your lives. But we cannot interfere. You know that before you come to this lifetime, that you have chosen a life plan, but you also know that because of your free will, many choices can be made. Therefore, although you travel to one destination shall I say, the choices to be made are great and many. We help to influence, we try to encourage, but in the end, your free will must surpass all. You understand?

Les: Yes, we do indeed.

So you must understand that although we are aware of the choices you will ultimately make, we cannot interfere with that choice.

Les: No, we have to learn our own lessons, don't we?

That is why you have your physical experiences. So you should not say, 'why does this happen?' You know why it happens, because YOU have made the choice, you have created the conditions, you have chosen that pathway along which you must travel.

Les: Even though we are unaware of having made that particular choice.

That my dear friends is the difficulty, that is why all of you find it difficult to understand life's patterns, because you still cannot fully accept that you have total control, total control. Can I make you understand?

Les: It is difficult for us to understand.

I know, but you must think upon my words.

Les: I think we have to think in several directions, because a little while ago, you told us about intuitive or spiritual thought, (*Of course.*) and in hindsight now, I know that I was receiving that some months ago. But I was not exactly ignoring it, but I wasn't giving it the attention it should have had. (*Yes.*) Had I done so, my resent illness would not have occurred, I can see that now.

And did not my dear friend — were you not told to have some healing? (Yes.) Why did you stop? Why did you stop?

Les: Frankly, I don't know. I seemed to have recovered and had been all right.

Yes, but you were not listening, you were not listening. That is what I say to you all my dear friends: You *must* listen, you *must* gain that intuitive knowledge, which you have, and use it to its fullest. Once you have accomplished that, your life's pattern will be so much more simplified, in all aspects of your living; (*Spoken gently*) in your health, in your partnerships, in your working, in all aspects of your living, will life become more simplified, if only you would learn to listen.

Les: Again it comes back to what you have told us, that we must consider ourselves more often, as spiritual entities, rather than physical beings.

Yes, not more often, *always*.

Les: True, I accept the correction.

Always, always first you are spirit — remember, and all physical aspects will fall into place. I know these ideas, these concepts are difficult to take in. I try to simplify it for you, I try to keep my words simple for you, in order that your understanding might come gradually and that that understanding stays with you, until such

time as recognition of my words becomes a part of you. You Understand?

Les: Yes, I would think we all owe you an apology. I know you don't want it, but I'm sure we would all like to give it, for all having been so dilatory in our acceptance of what you have been telling us, of the need to think of ourselves as spiritual beings.

As you open your eyes in your morning, feel the power of that spiritual being, allow it to work with you/through you, be yourselves, and all with be well.

Les: I must admit that I have been feeling it during my recent incapacity and I believe I'm right in saying at one time I was taken over to you during my sleep state and allowed to witness what was happening to me at that time. I didn't fully understand it, but I know full well, I was experiencing it.

My dear friend, nothing happens by chance. Your recent 'illness,' as you call it, had a purpose.

Les: Yes, I'm sure.

I think I need say no more to you. Opportunities opened up to you, that you would not have expected and in saying these words, I know that your understanding grew just a little more.

Les: Yes you're right there too.

So you see, do not think of your life in any way, as problems, or actions to be sorry about. Remember that even as you say 'unconsciously' these acts take place, that you have been responsible.

Les: Yes that is the difficult part of course, for us to understand.

Yes, so you see try to think upon my words this time, try always to be honest with yourself — allow the spiritual self always to be to the fore.

Les: Yes and I must confess, I have been mentally chastising myself, for not having recognised that some months ago, when I should have done.

We understand, but you have been too harsh with yourself — do not be too harsh with yourself. After all, none of you are perfection, otherwise you would not be here. So accept that you can learn more. Always seek the spiritual side of life and the physical will fall into place. And by saying these words, I cannot promise that your physical lives will be all, how would you say, 'milk and honey?' Of course it would not, but your understanding and your tolerance

of life would be such, that each experience would be a growth for you.

Les: True, and I have to agree with that also, because again in the last two weeks, I've been thinking a lot and it has become abundantly clear to be, that when you've told us that there is no such thing as a coincidence, that has become apparent in my thinking and understanding, during the last two weeks.

So your understanding has grown, even through an experience of life, which you feel you could have done without.

Les: Yes you're quite right.

Yes! But how are you to know, that in having these experiences that you have grown more spiritually? That is the importance of life; that is what matters.

Les: And I remember also some of your early teaching about us only having to plant the seeds, not to be concerned with the product.

We will help the growth, if you would all plant the seeds.

Les: Which I was able to do and perhaps you are also aware of it.

You will not fully know, what you have achieved during this span of illness — you will not know. But I can assure you that you have grown and let me say too, to all of these dear friends, that they too have grown in their thinking, because in your illness, it has given them the opportunity to view their own lives. Is that not true? (General agreement) You know that (?) Now dear friends, I will not take questions this time, as previously. I would like to work quietly, to work with this instrument and ask again that no sudden loud noise be allowed to happen, but to tell you that there will be no speaking. I leave you all with much love and my thanks for allowing me to join you once more, in the knowledge that we will be together once more. (General thanks and farewells)