

~30TH March 1998~

Good evening. *(General welcomes)*

I want to say to you my dear friends, thank you for your patience this time. I wish to say that this time I almost achieved full control. And so you must forgive the slowness of beginning this time.

Les: Yes of course. You did warn us of the possibility.

Opportunity must be taken, when all conditions are right.

Les: Yes we understand.

I will take questions this time, but I ask that the time given to this be curtailed this time.

Les: Right, does that mean you wish to speak more, or others are coming?

Others will come, in order that I work with this one.

Les: Yes right. I don't have an actual question — I was going to ask whether you could repeat the lesson you gave at the last meeting, because owing to an oversight of mine, we didn't get the recording. It was such an interesting session, I wondered if you could repeat it, but that might be too much for you this time?

I can speak briefly this time and return to it more fully, another time.

Les: Thank you, I have no doubt that you remember what you told us.

Of course. We discussed how the physical thinking can overcome spiritual influence, whilst clothed in these bodies, Yes? We continued to say to you, that mankind is plural beings and I believe that each one of you, were rather amazed by my words, in saying that the brain belonging to the physical being, has uppermost control, even over spiritual thinking, yes? *(Yes.)* I know that by the end of my speaking with you, it began to make some sense to each of you.

Les: Yes it did indeed.

I told you that although the spirit reigns supreme, that whilst you are in these physical overcoats, your free will and your thinking — *physical thinking*, must remain in full control, even though you can be influenced for good, by that spiritual aspect of yourselves. You have to understand that you must be responsible for all actions in this lifetime. Therefore no matter what spiritual knowledge you have, this physical living must be fully in command. *(Yes.)* If you have questions, I will take them now. We will go

into this matter once again more fully. But for this time, we must spend a short time only.

Les: I understand and thank you for promising to go into it more fully and for what you have said tonight. I haven't any other questions. I don't know if anybody else has a quick question?

(Pause) Evidently not, Salumet.

I thank you for your tolerance. Know well that your patience will be fully rewarded, that all questions to come will be answered. Know that in time coming, these answers will be more expansive in the answering, know that your knowledge will be increased and that what I bring to you, will be new knowledge, new philosophy for your world.

Les: Thank you very much for your kindness.

I ask that now, I be allowed to work with this one.

Les: Yes, of course.

We are close to full control.

Les: That's lovely to hear. Will it affect you if speech from another communicator is allowed?

I ask only that you will endeavour to see that voices remain low and if possible I ask that your light be even dimmer.

Les: Yes surely.

Les then suggested we spend the rest of the evening in silent meditation.