

~26th January 1998~

Good evening. (*General greetings*)

I am pleased to be with you once more.

Les: Yes, we are very pleased that you are; we've missed you.

I have been with each one of you, although not joining you in your evening meeting — always I am by your side.

Les: Yes, it's very nice to know that you are.

I think this time, because of the small numbers, that I will answer any questions you may have this time. (*Thank you.*) Take this opportunity to ask individual questions, because I would rather that we had all peoples here, when I give you talks about our world.

Les: Yes. We do thank you for taking the trouble to come, with such a small number here. We certainly will take advantage of your offer to put questions. Would anybody like to start, if not I will? (*Pause*)

Sallie: You start Leslie.

Les: I'd like to follow on what you were telling us about evolution of plants and animals, when you were last here and I wonder what happens when a bird dies. Does it automatically in your world, have a fresh body as it was here, or does it have to have a period of rest — the soul of the bird I mean — and then those responsible for overseeing the evolution, take charge of it?

I understand your question my dear friend. I think if you can recall, when first I came to you, we spoke about going on to our side of life and what happened to animals — this applies also to the birds of your skies. Because they do not retain the bond of *love*, which you human beings have upon this earthly plane, they return to a *pool of energy*.

Les: I wondered if that's what happened.

Yes, you see all energy returns to the *Source*. Because there is no individual bond or unity with humankind, we have pools of love or energy — use whichever word you desire — the birds of the sky, return to this pool of love. It is different with your domestic animals as you call them, because there is the love-link. They will return *home* and exist as (*They were? Tape falters for a second, but the implication is that they would not return to the pool of energy, but would retain their form/individuality*) until such time as you meet again. Can you understand this?

Les: Yes I do remember you telling us that, so they exist in their own right?

If the love-link is strong enough. (*Yes.*) Of course, they have their own souls, but it is different for what you term, the animals of the wild.

Les: So returning to the *pool of love*, would be applicable to the animals of the wild also, (*Yes.*) because there is no human love link?

There is no human bond. You see, what the human bond achieves, is the growth of the consciousness of the animal, you understand?

Les: I see, yes. Now in the case of caged birds who have become pets of their owners, would the love-link there, enable them to return *home* and re-live in a different way, or would they too go back to the pool of love and energy?

It depends on the love-link. It is possible they will remain as they are, until such time it is ready to continue on its way. Do you understand?

Les: Yes, so their owner would be able to be reunited with that bird, when the owner comes over?

Yes, if the desire and the love-link is strong enough. We have many what you call '*caged*' animals, although they no longer are caged, they are free spirits, who roam in our world, but who still have the link of love with humankind.

Les: I see, that clears that point for me, because I did wonder what would happen to them. I'd heard so often about the gorgeous birds in your planes of life.

Remember also, that although these birds and animals of the *wild* as you call them, they can make an appearance in our world, if those who tend to this energy pool, have the desire to create this.

Les: Good, I was going to ask that question, (*Yes.*) whether those responsible, are able to '*dig into*' the energy pool, and create life from it?

Yes that is their task, that is what they wish to do. Mainly it has been people who have much love and respect for the animal and bird kingdoms. (*I see.*) That love does not die, it is utilised for the good of all animals, birds and creatures of your world.

Les: So those responsible for those pools of love energy, can repopulate any particular part of your world, according to their wish to do so, for the benefit of the people living there?

Of course, and not only for the benefit of the people, but for the good of the *animals*, because

remember not only is it humankind who expand in consciousness, but *all* creatures have souls, which expand in consciousness.

Les: Is that so?

Of course.

Les: So they would continue to expand in their consciousness, and does that then take them in due course, through the higher realms in your worlds?

Not in the sense you speak of my dear friend. Of course, each kind of animal expands within its own group of animals or birds. I think you are trying to say, do they reincarnate as different species?

Les: No not as different species, but if we concentrate on birds for the moment, perhaps I'll make myself clearer: Those in the higher realms on your planes of life surely would not have to be deprived of the beauty of the sight and song of birds? So birds must live within those environments also?

Yes, yes, you have to understand the expansion of consciousness — and here once more, we enter into difficult topics. The expansion of consciousness belongs to all living things, to all matter which is energised. I think that we have to leave it there, because this is something we have only barely touched on.

Les: Yes it does make it very difficult for us to appreciate how it works. **(Yes.)** I can understand what you mean, without understanding how it happens.

Yes — that is the difficulty of words, but remember, all consciousness is expanding and on your earthly plane even your planet is in the midst of expansion. Do you understand?

Les: I have to say no we don't — you understand what I mean by that? **(Yes.)** We appreciate what you say and we can try to think about it, but it's impossible for us to understand it, as you mean.

That is why we must leave it there, because for your full understanding, we have to know a little about *expanding consciousness*.

Les: We'll shelve that for the moment then and look forward to some lessons on it in due course.

It will come my dear friend, but you are not ready for it yet.

Les: I quite accept that without query, we are not. We are gradually learning more and more, and the more we learn, the more we realise there *is* to learn and understand.

Yes, and that is why we must take it all slowly, in order that what you learn, is for your own good and your own understanding of truth and all that surrounds you.

Les: Yes, and frequently comes back to me a statement which was made many of our years ago, that we must take one step at a time, otherwise we shall have to return, in order to take the step that we missed on the way up.

Yes, that is a good choice of words from you. You must take all learning slowly, if it is to be absorbed properly.

Les: Of course, it's such a vast and complex matter, isn't it?

What I try to teach you whilst we are here, is but a scratch on the surface of all knowledge.

Les: But it's becoming fortunately a very deep scratch and we gratefully appreciate having it.

I thank you for those words dear friend, it lightens my task to know that you feel you are achieving some knowledge.

Les: I think everybody would agree with that, wouldn't they here? *(General agreement)*

Now, shall we continue?

Les: Yes, another question if I may: A long time ago I asked somebody who was telling us of their life in your world — when I say '*your world*,' I must qualify that, by saying in the planes most closely associated with the Earth of course. The sky there varied in colours from blue to pink to mauve and so on and there were clouds that were also differently coloured. I wondered several times whether that is a normal environmental thing, or whether those visions of clouds are produced by the people wishing to see them?

Yes, yes, I say, we have no clouds. How can you be surrounded in such conditions and have clouds, unless it is a deep *wish* for you to see such things? *(Yes —)* There is purity of light, light that most people who come to our world are *stunned by*; it is a brightness without the hurt of their eye, which you have on this planet, but the brightness is such, that it staggers most.

Les: It would be a brightness of the soul and love beyond our understanding, wouldn't it?

It is love-light yes, it encompasses all, there is no change, unless the mind desires to reach out and find colours in clouds and rain and all the things that you have become accustomed to.

Les: So it is possible to produce those mentally, for one's own personal satisfaction?

Let me tell you this dear friends, let me return to my favourite words, *the power of the mind*.

(Yes.) Let me tell you that this *mind* can create anything you so desire — anything, provided you are entitled to it. We have spoken upon this subject, have we not? (Yes —) So let me say this to you: When those who come to our world are on the 'next plane' as you say — I do not like it personally, but it suffices for your understanding — you do not radically alter so much, you still have your desires, you still have your needs and you still remain close to this planet. So the mind is powerful enough to create those things that you love and have become accustomed to.

Les: They can be created within the atmosphere of that plane? (Yes.) Well that certainly clears that for me thank you, because to me, I have visualised the light as you say, (Yes.) and to me clouds would have been in effect, an impurity in that light.

The clouds would be seen only by that person.

Les: Just by the one or anybody else who might be interested in doing the same thing.

Unless there is a group thought, yes. But usually the thought is seen by the one person, because you cannot infringe upon another's mind power.

Les: No, so you have told us.

Yes, we go to another subject here. You would not be allowed to impinge, can you understand?

(Yes —) **So yes, the soul can see whatever it wishes, but not to the detriment of another soul, you understand?**

Les: Yes we do — not unless it's a common desire —

Yes, there are many who come to our world who have the desire to see for some time, all the seasons, all the weathers of your world. If that is their true desire, then they have it.

Les: Do they?

Of course, of course.

Les: They can even have the seasonal weather changes?

Remember my dear friend, we are speaking of mind power, not physical elements. So although I say they have all seasons, it is mind power.

Les: Following on that mind power, and I think these are questions within your province — tell me if they're not please — if there should be a person who comes over to you and has been guilty of unpleasant thoughts whilst here, that person would occupy a certain strata within your world, with others of similar thinking. Those

thoughts emanating from that person, could they interfere with those on a higher thinking plane?

Not at all, the answer to that is no.

Les: Thank you, I didn't anticipate it, but I just wanted clarification. So their thoughts would be confined to the limits of their environment?

They infiltrate within the group that they are entitled to be with, but no thoughts can go to any higher plane.

Les: No, not unless they are thoughts of progression of the soul.

Not even then, we have— I have spoken to you too, that we have those helpers who stand by, ready to receive the thoughts, when the soul is ready to continue on its journey.

Les: Yes, that's true, I'd forgotten that — you have said so, thank you. So the thoughts are not willy-nilly, (No.) they are not indiscriminate, they have to follow a specified pattern, for one's own development spiritually?

The qualification for progress is truth, truth to the soul itself; honesty and willingness to reject those thoughts of which it knows must be put behind it.

Les: Well, we certainly have a long way to go, but we'll keep trying, with your help. I don't think I have any other question at this time, I'm already pondering what you've said.

I am pleased for you.

Sallie: May I ask something? (Yes please.) I'm aware that one of the things I have to work on is my impatience and it may be because of my impatience that I'm asking this question — if it is I'm sure you'll advise me of that. Over the past couple of years, since having the privilege to come here, I've had some development through feelings and knowledge about people and myself, which I'm becoming more comfortable with and it makes sense to me. But recently I'm getting pictures which don't make sense to me and I suppose it's my impatience, but I want to help them along really.

Yes. My dear friend let me say this to you: You do not have to give gratitude for being here, it is your right. You have earned the right to be here, amongst the others, because it has taken many, many years, for us to gather you all together; that is the first thing I want to say to you. As with all human beings, there is this impatience, which you all are liable to. Do not be ashamed of it, because without this impatience, you would not have the desire to seek, to know, to grow. So

look upon it not as something to despise. Now I say to you this: As your time goes forward, of course as you become more aware, your consciousness grows — that innate knowledge that you have grows — remember this I have said this to you before. You are many parts not only soul, but you have in your physical being memories, a subconscious mind, that partly belongs to the soul and partly to the physical being. When you speak of jumbled thoughts, you must begin to understand that your subconscious thoughts become much more heightened as your spiritual consciousness grows. You need to distinguish between the two and although — (*Eileen coughs and Les fetches some water*) — Thank you. Your desire for more knowledge my dear child, will grow steadily. You will come to know the difference between what comes from spirit and what belongs to the human thinking. You cannot rush what is needed to be learned over one lifetime. Your desire is great, but you need to adopt the patience, to know and to understand that all will come to you in time. You my dear friend, would wish to analyse much that has happened to you. Let me say only this: It is good in as much as you wish to grow spiritually, but it also can hinder that growing, if you are not careful. I say to you only this my dear friend: Allow these thoughts, these feelings, these pictures, to come to you. Try to accept that it is part of your spiritual development, and all should soon become clearer to you. You cannot rush it, you cannot jump too quickly, you must take things slowly, slowly, slowly. You have much to offer us in the way of service of spirit. We know you read much, but there can be no place for experience, if you cut out the first steps of learning. Do you wish to reply?

Sallie: I suppose I just have to think about — what you're saying is have I cut out some of my first steps of learning.

Open up your heart, sit quietly and allow us in; that is all you have to do and all that you would wish will come to you. If you like, you can develop the feelings, the association of feeling, with other people. But do not analyse it, allow it to happen and we will continue to help. You my dear friend, are travelling the correct path, do not falter and stumble with your thinking, but allow us to support you and help you to expand and grow. That is all we ask of any of you, that

you open your heart and your mind to us. Be patient, be patient. (*Spoken softly*) Does that help you?

Sallie: Yes it does thank you.

You must rest more too. You are spiritually tired at this time in your life and it is because your mind is over-active. Allow yourself some time for quietness of spirit. That will sustain you in all ways, spiritually and physically. I will help you dear friend.

Sallie: Thank you.

Les: Thank you very much indeed.

Do we have more questions?

Jack: Yes, could I just quickly go back to something. (*Yes.*) You were talking about consciousness earlier, the expansion of consciousness with the Earth. Were you talking about the Earth spiritually evolving?

Yes. It is a complicated subject.

Jack: I realise that, I just wanted to make sure I was on the right tracks —

Not only is it this planet, but it is all universes, it is *all* energy which is constantly expanding. Do you understand?

Jack: Yes I do, at the edge of my mind I think I know what you're getting at. I'm just trying to put it together.

Yes, you have formed a picture in your mind have you not?

Jack: I have indeed.

Yes, it is correct in as much as what you see is what you can understand.

Jack: Yes, absolutely.

It is correct, so travel towards it and your understanding will come. (*Thank you.*)

Now I think for this time my dear friends, I will allow another to speak with you and I will say this to you: Thank you for giving me your time, your love and your energy. Numbers mean little when it comes to communication, but what is important is that the energy given by those who come to us, be fully returned, when we leave. And I will endeavour to see that each one of you this time will leave feeling much uplifted and full of that *Great Creative Force of Love*, which you all are bound to.

Les: Thank you very, very much and for being with us tonight, it was an unexpected pleasure. I cannot always promise to be here when you desire, but of course I always will try.

Les: Yes, we do know you have other work to do, that we appreciate also. We can't monopolise your time.

You do not, the desire is mine and I would say that you give *more* than I give to you. For this dear friends, I will be eternally grateful.

May peace stay with you all, until we meet once more.

Les: Our love goes with you, God's blessing on you.

There then followed one through Eileen briefly, with a message for Jack, about feeling like a puppet sometimes, being pulled by others too much. She went on to chat merrily about her life in spirit, lightening the atmosphere nicely before we closed.