

~12th January 1998~

Good evening. (*General greetings*)

I thank you for your patience this time.

Conditions for this time are not so good, so I will say to you dear friends, if you have questions this time, I will answer and then allow others to come.

Les: Thank you. I'm sorry to hear conditions aren't good. Is it anything we have not done?

No, no, no.

Les: Nothing to do with us — oh good.

There are many factors, which you would not understand.

Les: As long as it's not us — I'm sorry to hear it.

Right well I'll begin with a question. I was watching a programme the other day on birds on an island. Though there are many species of them, they have developed beaks for specific types of feeding and have developed quite differently from the same species on the mainland. This led me to think about your remarks on energy and remarks a long time ago about those in your world, whose duty it is to 'oversee,' the plant, animal and bird kingdoms. That of course led me to wonder, though you have told us that changes in animals, birds and plants are evolutionary following a natural pattern, are there influences directed by those responsible, which cause this special development? A complicated question, but I think you know what I mean.

No I do not think it is complicated, thank you.

And I will try to answer for you.

Les: Thank you, because it's got a great bearing on what you've told us about energy. (**Yes.**) And this is what I was trying to work out in my own mind, whether energy has a memory, or an ability to affect the species.

It is the utilisation of the basic energy, which creates the difference. When you have any form of plant life, animal, human species, which are gathered together as one, then those who — to use your words, 'oversee,' have the ability to use and to utilise the energy, for the best of the particular species. (I see —) In the same way as you as people sit quietly, so we can bring to you much closeness of spiritual energy, so too does it work in the evolutionary patterns of plants and animals. Do you understand?

Les: Yes, I couldn't see that the plants and animals would have an intelligence of the right order to do the changes which are required.

You are not quite right my friend in saying this. Energy is intelligence — there is an *intelligence* in energy, otherwise how could it be used?

Les: I thought energy must have an intelligence, (**Yes.**) which of course we can't understand.

Not in the sense you would understand of course, but energy does have intelligence — it *has* to.

Les: I thought so — good. So my thinking wasn't far off then?

No, just a little wayward, but you are on the correct path. Has that helped you to understand?

Les: Yes it has — well that is the answer; I came to the conclusion myself, that the changes *must* be due to *intelligence* in the energy *behind* those changes.

Energy and intelligence, but utilised by those who oversee — that is important.

Les: Yes well that certainly does answer the whole thing and it clears it for me. (**Good.**) Thank you very much for that. I think it's given everybody here a better insight into evolution, hasn't it? (*General agreement*)

Your knowledge of energy will increase, as we come together more often. But we must as I have told you, go *slowly* with it.

Les: Yes we do understand. Thank you for that answer, it helps me a lot.

Do we have one more?

Les: Any more questions?

George: Perhaps I could ask one about the Hindu religion, which seems to me, to be certainly in a number of places, to have a very gentle character and I think Krishna, must have been a remarkable *master*, who came to Earth to teach. Is there anything you'd wish to tell us about Krishna?

You would like personal details, I think you mean? Can I say this to you: Those you term '*masters*,' who walk upon your world, are not special souls, they are souls who come to your world, to do a task of work, no matter where or who they come for. Human beings always need to find themselves to be *adulators* of people; it is unnecessary my friend. And although I am aware of whom you speak, do not look upon these — I use your words again, '*masters*,' as special souls — they are not. In our world, they are spirits, who have come to do a task of work.

It may be that their knowledge is extensive — that they bring to this world that knowledge does not make them special. So in saying these words, I do not want to set apart one being from another, whether it be any religious person, or whether it be the holy man in the street who has much knowledge — they should not be separated as special people. If you seek more knowledge upon this subject, I will see if more can be given to you on another occasion.

George: Thank you. It's been very tempting *(Yes.)* to hold an admiration of the work that these people have done.

Of course you can admire, but what I say to you is do not hold them as *special*, they are not. They would not want you to do this; they come to your world to help, to bring knowledge and to live the lives that they have chosen. Always remember, no matter what human being, whatever their task be on this earthly plane, they have chosen to come here.

Les: Yes I've reminded myself of that a lot. It's an education in itself, that particular lesson you gave us and I think George, if we idolise or elevate the importance of others too much, we could be denying the very thing their coming to teach, *(Of course.)* that we're *all* in the same boat, learning the same thing, in different degrees.

George: Yes. Thank you for your teaching on that point.

Your respect for greater knowledge is understandable; I do not wish to seem to dispute any respect you hold for another human being. Of course you must offer love and you must respect all of mankind, but do not revere them, do not put them upon a pedestal — that is *not* what they would desire. Do you understand my friend?

George: Yes I follow that. Thank you, thank you very much.

But I will say if more knowledge can be brought to you, if it is of interest, but not because you think of these people as being special — that is not our task. All souls are equal.

Les: On that subject George, while Salumet is with us, that is what has annoyed me quite a lot, about the adulation that's given to Sai Baba.

It matters not what religion, what nationality; anyone who walks upon this earthly plane, is *spirit*. Always focus dear friends, upon this fact and then you will truly be enlightened, as to what that being is trying to achieve. They come

not for glorification — if they do then they have undone the good that they try to achieve. *(Yes.)*

Les: You personally have told us often enough quite nicely, that you don't require our thanks for what you do.

***Thanks* is not necessary dear friends, after all, as I have said, we choose to come, because it is our *desire*, our *desire* to extend love and knowledge to you. We *choose* the situations, which we return to. Therefore why should we expect thanks?**

Les: No, we quite understand why you don't expect them. I don't expect them for the healing we do here, nor do the other healers. But from the other side of the coin, being humans, it gives us pleasure, to let you know that we *do* appreciate what you do.

Of course, but what you must not do, is to focus too much upon that thanks. In giving thanks you are extending your love energy. Of course it is accepted, but what I say to you is: Once it is offered then let it *go*. You understand?

Les: Yes we do. Thank you very much for what you've told us. As usual it gives us a great deal to think about.

When I speak to you dear friends, you must understand that all questions and answers are never how you would term, *black or white*. There are too many instances of people saying, *it must be this or it must be that*. Your living on this earthly planet is not that simple. I do think that you are beginning to come to that realisation and that each question brings forth another question, or another answer, or another question. *(You're right —)* And so we continue onwards and so we grow in knowledge — that is as it should be.

Les: Yes we are certainly learning that Salumet. That is my desire for you that slowly, slowly we build to an understanding, where such questions would fall into place, before even you ask the question. You understand? *(chuckles)*

Les: Yes I do. You've shown me that several times, in getting my questions before I've spoken them?

Yes, but is it not good that you ponder these things quietly?

Les: Oh it certainly is.

Yes, there is much within your world that must be corrected. Too much had been said and misunderstood, that now we are moving into a

time of greater consciousness, the time is right that these wrongs be put to right.

Les: Yes and it's certainly beginning to show on our planet.

Who must we thank but each individual, who has that thought pattern of needing more knowledge and so goes forward in their thinking. As each individual on the planet reaches this state, then we begin to see a resurgence of higher consciousness throughout the planet.

Les: I'm very glad that we're doing our little part towards this, because it's so necessary for the world.

Fear not dear friends, your world is moving now in the right direction. Always there is too much *doom and gloom*. If only the power of your thoughts, were used more positively, then you would be aware that this is being dispelled all over this planet, slowly, slowly.

Les: Yes. Before you go, I do want to thank you for what you've told us, about the problem with my neighbours being sorted — twice you've told us it would be sorted and I do thank you for that, because it has been — a very nice couple and the gentleman is now coming for healing.

I have to say I was aware of your doubts, but that is why it was necessary to tell you on more than one occasion.

Les: Yes, I'm sure you knew what was going to happen anyway. (*chuckles*)

Of course, I would not be here would I, if I did not have that knowledge? I would not tell you if it were not about to happen.

Les: Of course you wouldn't, no. It's turned out very nicely, thank you.

Yes. Now I will leave you this time my dear friends, until we meet next time.

We ask that all of you be encompassed in love, be given upliftment and to have more knowledge of your own spiritual selves, in order that you can use it for the betterment of others.

Les: Thank you and our love goes with you. God be with you.

There then followed one through Eileen called Ernest. It took a little while for him to remember why he'd come to us, but then remembered that it was to talk about death and what to expect:

— If I seem a bit slow it's because I'm still a bit puzzled as to why I've come.

(Les encouraged Ernest not to worry and he placed his hand on Eileen's back. After a few adjustments, Ernest remembered why he had come and began his talk)

I think you all think you know what will happen when you die and I'm here to tell you that you probably don't! (*General agreement + chuckles*)

Les: Yes, we've all got different ideas I'm sure. **Yeah, most people do, but it's usually different from what they expect, or WHO they expect. Cos you all know you're gonna be met by somebody, don't you?** (*General agreement*) **But it's not always who you think.**

Les: No, it's not always relatives, because of the emotion.

Yes, not only the emotion — it's not always true what you feel when you're living here. You might think it is, but it's not always. So sometimes it might be a bit of a shock. Well don't worry cos there's people like me standing by to help, (*Good —*) **especially when we've made some physical contact, while you're still alive — but you know all that I'm being told, somebody's saying don't keep going over old ground.** (*laughter*) **They'll get bored.**

Les: No, no we shan't. So you might be there to meet one of us?

Well not meet you, but I might be standing by. That's my job you see, helping in the beginning.

Les: So what does happen when we come over to you then?

Depends on what you expect, depends on your last minutes, depends on what you believe and it depends who wants to meet you — (*laughter*) **whether they've got other things to be doing. I don't mean that, I'm just being —**

Les: They couldn't have anything better to do than meet us...

Well let me tell you that's not true — (*laughter*) **not that I want to disappoint you or anything —**

Les: No, I'm sure they'd have better things to do —

But if they love you, yes they'll meet you when the time's right.

Les: So, somebody meets us and then what do they do with us?

Depends on you, again it depends on you and the conditions in which you come to us. (*Yes.*) **If it's been a long illness, then you'll probably awake in one of our hospitals.**

Les: Yes and they're very nice, I've been shown them.

Have you? Well you're honoured to have been allowed that. But of course if that happens, you'll have many loved ones around you, helping to bring you back to full strength and energy, because that's the natural progress of somebody who loves you. But you'll be well protected, if that's the case. But the most traumatic moment, is the moment when you see everything before you.

Les: Yes, when we see our own lives —
Yes, that's the traumatic part of any passing. And that's why we have people such as myself, to stand by to offer help if we're needed — only if we're needed.

Les: And to help us overcome the shock of what we've done?

To help buffet you and surround you and help you over — probably the shock, because most people are shocked at what they haven't done.

Les: Quite, what they haven't done, more than what they have done!

Yes, it's not what they have done, it's what they HAVEN'T done and all their missed opportunities.

Les: Yes, that can be a shock.

It's a very big shock I tell you and of course it's very traumatic for many; there're many tears, cos we do have tears; it's not all happiness to begin with. But that soon dispels and you go on, to where you should belong.

Les: And my friends and I know, that we go to a place suitable, that we have earned.

Oh yes, yes you can only go to what you're entitled to yes, yes. And I have to tell you that there's places that you wouldn't want to know about, but I'm not coming here to frighten you, because none of you'll be going there, if I can help it.

Les: Good, that's comforting to know.

Yes, the lady Dawn doesn't sound too sure?
(laughter)

Don't you worry my dear, I'll take your arm, don't you worry.

Dawn: Jolly good.

Yes, never mind —

Les: And then we go to whatever place has been prepared for us?

Not straight away, you could meet other people you've known first, before that takes place. There's no set pattern, that's something else I've

come to tell you. There's too many stories about this that and the other happening. Remember that you're all very individual people and as such, you're dealt with in that way. There are certain factors which must be dealt with of course, but it depends what your desire and expectation is. You understand me?

Les: Yes we do understand Ernest thank you. Yes it's interesting what you're telling us.

Yeah, you remember that before you pass in most cases, that people are waiting for you.

Les: That's the main thing, isn't it?

Yes, people are waiting there for you, so it's only right, if that is what you're entitled to, that your loved ones meet you at some stage.

Les: Yes and then after that, it's just like going obviously into a new...phase of existence?

Probably one of your loved ones will introduce you to your new place of abode.

Les: Which they no doubt will have got ready for us, (Yes.) according to the materials we have sent them.

It all depends on how you've lived your lives.

Les: That's it. (Yes.) That's what I mean, if we don't send them the spiritual material, they can't prepare a place for us.

Of course not; I wish more people could understand that, yes.

Les: Only a few evenings ago here, I had somebody investigating our work and he was surprised when I told him it wasn't all roses, milk and honey there.

If you think that, then I'm afraid you're in for a BIG shock, big shock, big shock.

Les: They are I know; that's why I tell them.

Yes, people expect everything to change, when in fact very little changes to begin with. You'll still be YOU, just without your old body.

Les: That's it, our personality continues, just as it is here.

Yes, yes, same as I've still got mine, you see?

Yes, I still use my old name when I come back, don't I?

Les: Yes, you don't need to use that where you are though.

No, but you don't forget it, do you?

Les: No you don't.

Anyway, that's what I came to tell you. Don't have any set ideas and you'll accept those conditions much more readily.

Les: I am right though I think, in saying that the soul can reproduce the physical body without any

complaints, illnesses or diseases, that sort of thing, but a spiritual replica of the physical body, for recognition?

Yes of course, yes, that's the power of the thought — that is SPIRIT, it's THOUGHT — a land of thought — that's what it is. Not everyone can manage to capture that to begin with. It takes time sometimes, to discard that old body; to realise that you don't need a voice and you don't need physical things.

Les: No, we do a lot of *rescue work* here, for people who are in that sort of condition.

Oh I see, that's very good work, that's very good work.

Les: We do a great deal of it here; we're pleased to be able to.

Yes, there's lots of it needed I'm told, yes.

Les: There certainly are some poor souls over there, in need of help.

Yes we have those who help those in need on my side of live, of course there is, there's got to be, otherwise we'd be in a poor way, wouldn't we?

Les: We certainly would. We're all got to help each other, in whatever way we can.

Yes, of course you must. That's what it's all about.

Les: How do you spend your time mainly Ernest? What do you do?

I've just said, I'm there to help those newcomers. Somebody's telling me you've been told before, about going through the tunnel, that there's recognisable shadows. Sometimes that's part of my duty as well, but mainly I'm at the other end of the tunnel, when you've arrived and the confusion and the traumatic experiences. I'm there to help and guide and protect.

Les: Yes somebody told us that they show themselves as lights in the tunnel.

Yes, but sometimes souls recognise them as outlines of people. It depends on their own spiritual knowledge of course. But yes, it's visible within that tunnel of light, yes, yes. So that's mainly my tasks.

Les: So, everybody has to go through that tunnel, irrespective of the way in which they pass?

Not always — that's the main function of passing. It depends if it's traumatic, sudden passing, then it could be that they just find themselves on the other side.

Les: I'd wondered about that.

Yes, it's not — it depends if it's a sudden death or an expected death for that person, then it

may just be that they're confronted by someone, who's waiting for them.

Les: Then comes the difficulty of persuading them.

Yes, at least if you're travelling through the tunnel of love, then you're being prepared for that transition. (That's right.) But no, that's what I say, you shouldn't expect just one happening, because there's many ways of passing.

Les: Of course, we don't know in what way we are going, when the time comes.

No, so don't be surprised and don't have fixed ideas about what should happen.

Les: Well that gives us a lot to think about and adds to our knowledge considerably Ernest.

(Good.) So if you hear us shouting for you, you'll know who it is.

Well don't all be shouting at once, will you?

Les: Oh, I don't suppose we'll all go at once.

I hope not — I don't mind keeping busy, but that's ridiculous. (laughter)

Anyway, I'll wish you all good luck in your lives and I hope that you all carry on to the very best of your abilities, because that's all you can do.

You can't do more; just try your very best.

Les: That's all, just as you did tonight in coming through.

Yes, with a lot of difficulty.

Les: But you surmounted them and you're glad you did I hope.

I'm pleased to have spoken to you all, yes, yes.

Les: It's been very nice to have you Ernest and we do thank you a lot.

Just take care of you and thank you for allowing me here.

Les: It's our pleasure to have you and our love goes with you Ernest.

There was then a little girl through Eileen called Jessica, which helped lighten the energy before we closed.