

~5<sup>th</sup> January 1998~

Good evening. (*General welcomes*)

I would like to say this to you: As you enter into what you call your *new year*, so too my friends are you entering into a new phase of your unfoldment. As your months bring renewal and re-growth, so too will you amongst yourselves, see these attributes begin to take form and shape within many of you here.

Les: Thank you, I feel we are going to have a very pleasant year ahead of us.

I was interested to listen to you as we came together this time. I know that the opportunity to speak a little more on energy, would take place and it would seem that the time has come dear friends, for us to elaborate a little more.

Les: Thank you that would be very interesting. Of course you know and understand that the souls of animals continue, as do you humans. (*Yes.*) You should not be surprised therefore that animals although a little lower on your evolutionary chain, still maintain part of the overall energy pattern.

Les: Yes we can understand that now.

I would like you to know and understand a little more. Animals who incarnate into life, do not *choose* in the same manner as you do. They make choices once they are in the body form of the animal. (*I see.*) The choice is not made before they incarnate. Do you follow me so far?

Les: Yes, we remember you saying that we choose (*Yes.*) the manner in which we come back. But now you're saying animals don't choose in the same way.

Not before anyway. What you have to understand is that they are attracted to the overall energy pattern, which is before them. They do not make a choice of the human being, but of the *energy pattern*, to which they *belong*. (*I see.*) If you can compare perhaps to what you term *jigsaws*, (*Yes.*) if the animal was aware that it was a missing link, of course the attraction would be there. Do you understand?

Les: Yes I think I do — do you mean the part of the jigsaw would be the potential owner's *desire* for a pet?

No, no that matters of course, but it is a *knowing*, a *sensing*, it is the *attraction* of the energies to each. We must move away from the physical elements once more, for your understanding of this matter. The animal would

*sense*, as does the human being — that is what you would call the *physical attraction*, but it is in fact a *spiritual attraction of energy*.

Les: I see, so it is the spiritual energy in the animal as well as the spiritual energy in the person?

Yes, yes — I have spoken to you previously about why what you term *opposites* in human nature, are attracted to each other. (*Yes.*) It is not that they are compatible in human life, but that they *seek* and they *need* what each other has. So be it between animals and human beings.

Les: I see — that is very interesting for us to know.

Can you begin to see that the whole of life now, is the formation of the energy pattern, the meeting of the correct energy? After all, imperfections that are there will be erased upon the unification, the joining of the correct energy patterns. Do you understand?

Les: We begin to; I wouldn't say we understand fully, but we can begin to have an idea of what you are telling us.

I did explain it is a difficult subject, but one we will constantly return to until your understanding is such that you begin to see with those spiritual eyes, what I am telling you.

Les: It is particularly interesting to me, because only yesterday I was typing a transcript of a previous tape you recorded for us in which you said all energy, plants, animals and humans are all part of the same energy. (*Yes.*) So that ties up with what you are telling us now.

Yes, if you can understand that that is why human beings create their own illness — it is their *energy patterns*, which goes haywire. It is the fact that these energies can be blocked and unblocked, which makes you all so interesting to each other. (*I see.*) If only your knowledge of yourselves and each other could be extended thus, many of your life's mysteries would be shown in a new light. The understanding would radiate forth and many of your mysteries would be solved. It is the knowing, it is the understanding, it is that inner thought which is needed to bring forth these things.

Les: And of course an acceptance by us **(Yes.)** of the fact that the spiritual predominance must be the one to concentrate on.

**Until dear friends that concept is accepted, you will always stumble, you will always fall, you will always make mistakes, but of course being human beings, this is part of what you are about. But in having this knowledge you have the opportunity to use that free will to go forward, to extend the knowledge you have, to give to others. And after all, that is our desire that not only do we bring greater knowledge to you, but that you in turn become emissaries of the Truth to give to others.**

Les: This is what we all hope to be able to do, give the truth to others.

**And you are each in your own way.**

Les: Good. Yes, we can't all teach in exactly the same form, but if only we are in our own way passing it on to others, then of course your teaching is being assimilated by so many more.

**Yes, we do not expect all to accept the truth, the knowledge that we bring to you. But if we can grow in the minds, the hearts, the thoughts of others, then indeed the seed has been sown. We will not ask for more. There are others whose task it is that once the seed has been sown, that they step forward to help these people. You understand?**

Les: Yes, I can understand that a great deal more and it clears something that happened many years ago at the beginning of our learning, before you used to come to us. I sometimes used to get a little irritable with people who used to say they wanted more proof, and somebody from your world told me through my lady Ruth, that all we were expected to do was to plant the seeds. **(Yes.)** We might never see the crop, but not to worry about that.

**My dear friends, if you have planted the seed, you can leave this lifetime, knowing that you have done your very best. You cannot expect more of yourself than to do the very best that you can. Sometimes you human beings are too harsh upon yourselves. Sometimes I have to say not harsh enough in some matters, but in general you are too harsh.**

Les: Yes, probably because of lack of complete understanding, **(Yes, yes.)** but which you thankfully are now giving us.

**I try to dear friends, and I know that many of these discussions are necessary, before it will**

**totally be understood by you, but as I said when first I came to you, slowly, slowly is the way forward.**

Les: Yes, I think we would all agree completely with that. Although it has been slow, we do know infinitely more than when you first began coming to us. Does anybody disagree with that? *(General agreement)*

**Now I will take your questions this time, but I would like time for another to come to you. (Yes —) Do we have questions please?**

Les: Yes, one I would like to ask and it will interest everybody here I'm sure, that's why I'm stepping in first. Two new people were here a few evenings ago, investigation the work. During the evening, the lady apologised, saying *'I'm sorry, I can't stop staring at you, because I don't understand why you have a white light around you and in fact across you sometimes.'* I tried to explain about the aura, but I am not certain myself, whether what she was seeing was *my* aura, or whether it was the spiritual aura of somebody speaking through me, or giving knowledge to me, to be passed on to them. **(Yes.)**

Do you have an answer for that?

**Of course dear friend, I will explain to you. It was a combination of a communicator using you, and your own uplifted aura, that is needed when blending takes place.**

Les: Thank you, I thought that's what it was, but I wanted confirmation.

**Your own aura cannot be fully extinguished, because if that were to happen you would no longer be upon this earthly plane, you understand? (Yes.) And we do not desire that just yet, (chuckles) but the brightness that they could see, would in fact be the overshadowing that was taking place at that time.**

Les: Yes, thank you very much, I thought that's what it was, because I had the feeling of somebody being with me whilst I was talking, apparently in my own way and from my own thoughts, **(Yes.)** but I was pretty sure somebody was assisting and that was confirmed when we came out of the room and she said, *'I can't see that light around you now.'*

**Yes, you must remember dear friends, that sometimes we — and there are many of us who come to help and to show you the way — that sometimes your words are not fully of your own formation, even if you are not aware of that. Those who come close to you, help you at times**

in your life, to form the necessary words. (*Thank you.*) It is something that happens more as your awareness grows and that spiritual side comes forward, especially when you speak of spiritual matters. So remember, think carefully and I do not want you to make it an excuse; when the words are formed, I do not want you to say, '*It was not of my doing.*' You understand?

Les: Yes we do. We don't want to put blame for some of our mistakes upon our friends. (*Yes.*) I don't think any of us would willingly do that, as you know.

**No, you must accept what is said and the creation of your words and your thoughts, but remember that you can be influenced well, if the occasion demands.**

Les: So that '*seeing,*' by somebody else, could happen in the case of any member here then couldn't it, under the right conditions, if they were talking of spiritual matters?

**It happens at all times and on many occasions it also depends on the condition and awareness of the receiver of the words, yes.**

Les: Yes, I knew the lady has quite a lot of psychic potential, so she unknowingly was assisting in what she saw.

**Yes, but it happens in those who have no knowledge of what you term *spiritual knowledge*. It is an innate knowledge that is there. It happens in the closeness of two people communicating. It can show itself in — how can I say, to be *enraptured* by the speaking of another. It is the *attraction* again, of the *spiritual energy* showing itself. Do you understand?**

Les: Yes, yes, all of us I think we now begin to see more clearly what you mean by energy patterns and the amalgamation of those energy patterns.

**Yes, you will always be attracted, whether it be to another human being, whether it be an animal, whether it be to what you term '*mother nature*' in the open air. These attractions dear friends are longings to be in tune to the energy patterns to which you belong. I want you to look further and further and further, in order that you may understand what life is about.**

Les: From your explanation just now, I think that's just about the best knowledge we could have for our future life and appreciation of all that we are attracted to. Wouldn't everybody agree that we can look upon these apparent physical appreciations as an expression of our

spiritual desires to be part of the *universal creative energy*? (*General agreement*)

**Follow these desires — do not let them fall by the wayside, because in following your *innate knowledge*, you are following that spiritual part of you, which *seeks* to grow, which *seeks* to understand and which *seeks* to fulfil its destiny in this lifetime.**

Les: So it would be as well for us, when we are appreciating the beauty of the flower, the trees, whatever, (*Yes.*) to consciously remember that we are *not* appreciating that physically, but thanking our spiritual selves, (*Yes.*) for the appreciation *they* are showing *through* the physical.

**And also to thank the *spiritual* aspect of that which you seek — to thank the animal, the human being, the tree, the water — whatever it is you seek. Also to thank that spiritual aspect for that blending of *love*, which is *energy*.**

Les: Well that is very, very interesting indeed, because it confirms what all of us have thought, that the so-called '*primitive people,*' had a much greater awareness of spiritual affinities, than we have as alleged '*civilised beings,*' because they used to *thank* what they were looking at and partaking of.

**There are many still in your world who are close to Spirit, but whom you term *primitive*. Let me tell you dear friends, you are the primitives.**

Les: I agree absolutely.

**But although much has been lost over your earthly years, we have reached the point of the world's evolution, when great changes are coming. (*Good.*) It is happening, but again, slowly, slowly, and as I have told you before, this time there will be no turning back, there will be no denial of Truth, there will only be hope and understanding and a greater love.**

Les: Thank you very much for confirming that. We are again extremely grateful to you for what you have told us.

**This time dear friends, I will leave you in the knowledge that always I listen to you. I know and understand that at times your lives are troubled by daily happenings, but I know also that you are each growing in strength, that enables you to live your lives more fully in understanding. For this we must give thanks and**

**I know that you do. So, on these words I leave you with my love until we meet next time.**

*(General thanks + farewells)*

*There followed one through Sue saying that as we learn from them, so they learn from us and for this, they were grateful. Another followed through Eileen saying that Lilian would be offered a little doggie and though she is a free agent, she should not agree to have it. She added that the voice that Eileen heard at home, was from them and not imagined. (Eileen had fallen asleep in the bath and a peremptory voice calling her name had awakened her.)*