

~29th December 1997~

Good evening. (*Warm welcomes at Salumet's return*)

My dear friends, how good it is to be with you once more.

Les: We're delighted to hear you say that, because we are extremely pleased that you are here again and we hope that you are feeling much refreshed.

You must forgive the slowness of communication this time.

Les: Of course, there's no hurry; you're back with us that's the main thing and we much appreciate it.

Always the transition to the denser energy of your life is always a little difficult.

Les: I imagine it would be.

So, I thank you dear friends once more for your tolerance and your love. I return to you at this particular time, in order that together we can wish for you all *greater* consciousness, *greater* adaptability and *greater* extended love for mankind in your coming earthly new year. (*Thank you.*) You of course realise that yearly times mean little in our world, but we know that to you Earth beings it can mean quite a lot — that your hopes, your desires are refreshed as is too nature in your world, in the hope of new beginnings and all of your desires. We know and we fully understand and that is why I come to wish you these things.

Les: Thank you very much indeed.

I want you to know that in your coming years and in particular this new one that is turning, there *is* and will be an upsurge of spiritual consciousness, which is the beginning of much to come. (*Good.*) There will be many troubles in areas of your world, but do not let that dismay you. I say to you dear friends that we are happy with what is happening within your world. There will always be those moments of darkness, of blackness, of much sorrow, but it is being outshone by that *greater* consciousness that is stirring within many, many areas of your world.

Les: Good, we are very pleased that that is so.

I would like also dear friends, to thank you for the many kind thoughts and the use of your thought since last we met. Let me tell you they have not gone unnoticed. For this I thank each one of you. I —and I use this earthly word only to convey my feelings to you, I want you to

know how *proud* of you I feel, in knowing how much you have achieved spiritually, in what I have tried to teach you.

Les: That certainly is a compliment, which we all greatly appreciate.

It is a strange word, this one called *pride*, but I know not of another to use, to tell you how pleased we are that you are achieving results spiritually. After all, that is why I come to you, not to give you snippets of information that are useless, but to uphold and to uplift you, to encourage, to enfold you, to help you to be those spiritual beings in this lifetime that you were meant to be.

Les: I think all of us would like — I know you don't want thanks, but we do thank you and we do appreciate the approval you give for what we have learned, because after all, it has only come from you, it is only because of your teaching that we do feel as we do now and that is the highest compliment we could have to begin our new year. I think we all agree on that don't we? (*General agreement*)

One of our concerns was that to reiterate so much on topics which are important, would not hold your attention. I can tell you that this group has outshone itself in that respect and I am pleased and happy to tell you that if only you could continue as you have done in time past, then our work with you would indeed be accelerated much more quickly than we at least had thought would be possible.

Les: I think that is the intention of all of us here, to exceed our learning in the coming year, to improve upon what we have done so far.

Without the true commitment which each one shows, my work could not continue. For this I thank you once more. Again I say to you, not only do you learn from me, but we seek to find within you, that which enables us also to grow. You may not fully understand this, as I know you feel — and again I have to use words I do not think are correct — I know you feel that my words are superior, but when you know how much you have given to us, then your understanding will be truly great. For this we thank you. Those words come not only from me, but from all who are involved with you.

Les: Do thank them for those words. I am going to say something particularly personal now. Others

may have had the same feeling I know. When at night I pray and I speak to you, the only way I can put it is that there is a much greater reality and conviction in what I am saying, and for that I do thank you and all your companions. That's the only way I can describe it.

You must not take *gratitude*, you must accept that what you *feel* is your own doing, your own *growth*, your own *upsurge of consciousness*. You, my dear friend, have created this, not us. We can guide, we can tell you much, but you are *the one* who creates the growth in your soul. Do you understand?

Les: Yes I do —

I must say to you my dear friend, of all who sit within this room, *you* are one who has grown much since my coming to you. Those words may astound the others, but in so many *years* of your knowing, there was so much left *unknown*. Do you understand?

Les: That's true, I agree absolutely.

And since we come, you have blossomed forth, into the most beautiful of beings. I say these words not lightly my friend — we cannot say it to many, but now, *truly* now, *only* now, do you begin to *shine!* You shine with a spiritual light of great intensity, of great love. This should be used wisely, should never be abused, should only be used as we know you will, for the betterment and the goodness of all who come into contact with you.

Les: Oh yes, it will certainly be used for that.

Now dear friends, I take no questions this time, I speak upon not one subject, but I say to you:

The love we feel for you grows stronger each time we meet. Know this, use this and always you will have our love and our protection when the need is greatest.

I will leave you now dear friends for this time, knowing that in this transition back to you, I have entered into your loving hearts. I know that together we have blended well and to those who are not with us, they are included. Even though their physical presence is absent, their spiritual energy is entwined with each one of us, in order to secure that love bond, which we all exude. Until next time dear friends, I will be with you.

Les: And we must say thank you once again. You have given us a wonderful start to the new year

and we look forward to our next meeting. God be with you.

There then followed one through Eileen with a message for Jack, mainly about him being over-tired. She also said that Sarah's daughter Emily was very musical and should take up a stringed instrument. Another followed briefly through Eileen, just to say thanks to everybody for helping the children to have a happy Christmas. He also joked about Les having a bit of a posh voice.