

~10th November 1997~

At the start of the meeting, Les gave the group some good news concerning a family member in Canada, who'd been badly injured. This provided more evidence and an excellent example for us all, concerning the **POWER OF THOUGHT**.

Les: Before we start, remember two or three weeks ago I asked you to give healing thoughts to a young boy? (*General agreement*) I had a phone call from Canada yesterday saying he is making such remarkable progress, the doctors and surgeons cannot understand it. (*delight expressed by sitters*)

Mark: So the damage won't be as bad as they had thought?

Les: Not as bad and she said they were really astonished at his progress — so I've done some new slips, with the hospital address and the ward, if you'll take a slip when you go please and continue the healing thoughts for him please, thank you. (*General agreement + thanks*)

Good evening. (*General welcomes*)

Let us join this time, in thanks to the Great Creative Force, for love which binds us all. We ask for ever-increasing consciousness of Spirit, that we may in the spiral of life, continue in knowledge, wisdom and love, in order that we as loving channels go forth and create that light of attraction, that brings to each one, individuals in need of help and your love. We ask thanks for our daily living, that we as sparks of your eternal Love, may continue to go forth in truth, in light and in ever-increasing love, for all of mankind.

Les: Amen. Thank you very much.

My dear friends, this time, I came to you on a wave of much love and gratitude. Are you now prepared to believe the power of your love, how that combined love can be utilised for good?

Les: Yes we are indeed, I take it you refer to my message before we began?

I do.

Les: Yes and we are grateful for all the love that has been sent from those in your world.

But my friends, it is not unusual. I wish you to know that all of you have the capacity of much love, to use with the power of your thoughts. After all, the power of your love can transcend

all of life's problems. I hope that now, you are beginning to understand what vessels you are, what vessels of love and truth you have become. And in using such love, you are ever-increasing your own consciousness and (in) increasing your consciousness, thereby you exude more love. It is a never-ending trail towards perfection.

Les: Yes, it would certainly seem to aim at and it is an object lesson to us all here. If any of us had a doubt, I think it's dispelled now.

There will come to you, many opportunities to send forth such love, not only from each individual, but as a concerted effort of love, by many. Not only here, but from many of other worlds.

Les: We're very happy to do that and we look forward to the opportunities that we can have, to help others in that way.

Do you not see dear friends, that in giving, you are receiving; in receiving, you are giving? Do you understand?

Les: Yes we do, each feeds on the other, doesn't it and each enhances the other.

Yes we have discussed recently, a little about looking at others and I would wish you to know that in giving, you are indeed receiving, much, much more.

Les: Thank you

Now dear friends, I will take questions this time, but before I do, I wish to say to you this: That for some time, I have to withdraw from you.

Les: Oh, we're sorry to hear that.

Please do not be sorry, I will return to you, but it is necessary for the embodiment of light and love, to be renewed within these beings that I bring with me. Do you understand?

Les: Yes, you have had to do the same thing a year ago in our time and we do quite understand. We're being selfish when we say we're sorry. Of course we do wish you God's speed in your return and we look forward to you coming back in due course.

I know that I will be welcomed, because since first we met, I have been most comfortable with you all. (*General thanks*) Remember always, I will hear you and will help you, but for several of your earthly weeks, I cannot speak with you, as I do now.

Les: No, we do understand and we thank you for the time you do give us. We only hope that your return home will be a wonderful experience for you.

Always it is a joyous one. But of course, I also have much to discover and also to learn, you understand?

Les: Yes we do.

Now, have you questions this time?

Les: Yes I have been giving a great deal of thought to your teaching about energy. What I'm going to ask may seem stupid ultimately, so I apologise in advance, but so far as I can see, the soul, of which you have spoken so much, is energy. You've told us that animals have a soul to a lesser degree, that plants and trees have energy embodied in them, which can blend with ours. And I have been wondering, if a tree is cut down, and its timber used say in the manufacture of furniture, ultimately that furniture is worn out and probably will be burned. But since energy is indestructible, does the energy which was within that timber, return in some way to the source of Creation?

Of course, it is simple — you have answered your own question. Energy is indeed indestructible, so therefore it returns to the source of all energy. It is difficult for you all I know, to understand the working of energy in its many forms, but it is no different from mankind, if we can compare the tree to mankind. After all, when the body is decayed, does not the soul which is energy, go forward in seeking its home, its rightful place within the sphere of life.

Les: Yes, we do understand that. And also in the case of animals, they have if I can say, a 'lesser' type of soul, they also can be resurrected. That has led me to think, silly as it may sound, that plant life also must have a form of soul.

All living things are born of energy. There is not one thing within this planet Earth, which is not energised, by that all-encompassing energy, which is known to us as Love. After all, if you take your planet, it is just one mass of energy that belongs to the wider scheme of the universe. So each living thing within this planet, belongs to the larger whole, can you not see?

Les: Yes and must return to it, when its physical existence has finished?

Of course, plant energy would in effect return when it is decayed, to the soil, which is also energy. It is a continuing process, which can never be destroyed.

Les: It's an ever-lasting recycling of the energy, isn't it?

It is energy used in different forms; that is all — all energy stems from the same energy.

Les: Yes, I thought it must be returning, but since we have no tangible evidence that we can put our finger on, it was difficult to imagine it.

You will find difficulty in visualising energy, unless you have grown to recognise the energy form, the pattern of energy within your world. It is possible and many do see energy forms. It is not impossible, after all, I know you have discussed in past times, about speaking of energy being seen around peoples. What is that, if it is not spiritual seeing of the energy which surrounds the being.

Les: That's right and your instrument has seen the energy of the atmosphere.

That is our desire that this should be.

Les: So we too could see energy in the atmosphere, if we attempted to train ourselves to do so?

Look with the spiritual eye, not the physical. Always we return to spirit and not the physical.

Les: Thank you for your answer — so I wasn't being stupid after all. Does anybody else have a question for Salumet?

George: Yes, I have read a report on what is described as the Mayan crystal skulls. These are very perfectly made skulls, each from a single crystal and they may be older than the Mayan civilisation, but they are reported to have a 'between worlds,' communication facility. Is there anything you can tell us about the crystal skulls, which may be Mayan or pre-Mayan?

I understand your question, but before I answer it for you, let me say this to you dear friend: You are in need of some rest. (Yes.) Yes, I will leave it with you, now let us return. I do not come to explain these mysteries of your world, of which there are many — but on this occasion, I will for you. These skulls are indeed prior to the Mayan civilisation. The Mayans were indeed a much developed race, who were aware, much aware, of all things spiritual. They knew and understood the workings of all energy forms on this Earth. These skulls you speak of were used in the way that many of your psychics and mediums of this age use glass balls, or how do you term them, *crystal gazing*, to build up energy between our worlds. It was only a form of communication, to which the Mayans developed their use, because of the beauty and simplicity and the easy use of them, in developing their own consciousness. Does that help you?

George: Yes it does and it's nice to have the confirmation that they are indeed pre-Mayan.

They are quite a deal older than has been said.

George: I thought they must be. Thank you very much.

Les: Of course, from what you said Salumet, the skulls themselves have no ability in communication between the worlds, they are merely a focal point, for the seers here.

Yes, as in all communication, you cannot light the light, unless you have the trigger switch, you understand? (Yes.) I simplify it for you, but that is the basis of all communication.

Les: Yes, I think there has been some unnecessary mystery attached to the skulls. When I read about them many years ago, I was of the opinion that they were merely focal points and did not in themselves have any specific ability, in the field of communication.

My dear friends, let me say this to you: There is no need for any artefact, any icon, any such item, to be used for communication, between the human being and our world. After all, what better communication can you have, than your own soul?

Les: Of course not.

But always man, whilst alive on this planet, has sought many items to idolise, to utilise and to gain some form of idolatry for his own use.

Les: And to make money from it.

I would say, not always, but sometimes.

George: Yes, a part of their mystery, has been the perfection of their manufacture, which we could not manage today, in today's society.

Remember what I have said, their consciousness on spiritual matters, was great. They had abilities which have, as many of your races upon this planet — their abilities have been lost over time; abilities which each one of you possess, but have lost in the passage of your earthly time. In your so-called 'quest for knowledge,' I have to say dear fiends you have lost much.

Les: Yes we can accept that too; we've lost the important things.

But with our help, we hope you will regain much, before your time expires here, that all of your world will be raised in consciousness, that each soul will come into its own, will recognise itself and the spiritual aspect and power and love, which each one of you possess.

Les: I don't think I would be far off the track, if I said to my colleague, that if he thought of the construction, or the making of those skulls being by mental laser, I would be very wrong.

Understand George? (Yes.) We have produced the physical laser, which does incredible things, but it was *thought*, which produced that and *thought* directly given, to things like the production of the skulls, merely cuts out the middle man.

It applies also in your own day-and-age. There are many words spoken, about beings from other planets, are there not? (Yes.) We have discussed this before. Let me tell you now dear friends, that many of these planets do not need to utilise space travel, their knowledge is far greater. But at this moment in time, it is not knowledge which is given to mankind, because he is not ready for it. But there are beings who have the ability to use their spirit to the utmost, to be without any form of what you call, 'space transport,' and who have the ability to *space travel*. I hope I do not confuse you, but I wish to make the comparison, that in each age, there are always mysteries, which should not arise, because the simple fact remains, that your gifts of spirit are never-ending. If you use the power of your thought to its fullest capacity, there is *nothing* you cannot do. Dear friends, work upon the power of your thought. Again, this is my teaching to you all. Develop your power of thought, use it well in love and there is nothing that you cannot seek to do.

Les: Thank you very much.

George: Reassuring words, thank you.

Les: We shall have to learn how to use it fully.

If you do not use it, you will not grow and expand; you will not stagnate, but you will not grow either, you understand?

Les: Yes I must say that for myself, I don't want to sound conceited or egotistical — I am becoming much more aware of the ability to use the power of thought. I can't say it is producing concrete results as I would like to see, but I do know that I'm learning how to direct it into that area, for which I thank you for your teaching.

There is no need for thanks. Each one of you has the ability to grow in thought-power. But my dear friend, let me say to you one word, *patience*.

Les: Yes patience.

It will not come in a moment, it will not come in one year of your time, but it is an ever-learning process, but a most rewarding one if used properly.

Les: Yes I'm sure it can be.

Now my dear friends, I will take my leave of you, I look forward to our next meeting. I know that we will be refreshed and I hope that we can bring to you new knowledge and understanding. Know always that I hold you all dear, that I enfold you all within my energy of love and know that you always can call upon me for help.

(voice fades)

Les: Thank you again, for all you give and we wish you a very, very happy visit to your home. You'll still be in our thoughts.