

~3<sup>rd</sup> November 1997~

Good evening. *(General welcomes)*

As always I thank you for your welcome. Conditions this time are conducive to my working slowly with this one. So we, if you permit, will allow others to come close to each one of you, in order that individual help be given — questions to be asked and responded to individually and to allow each one this time, to further their own spiritual growth. You have one question this time, my dear friend?

Les: Yes I have and it arises from my pondering much about what you have told us about you and others like you, having many parts, which enables a particular part to be with each of us. I have wondered whether this ability derives from your superior spiritual development, or whether we as spiritual beings, also have the ability to be in many parts for the assistance of others.

**Yes, I will answer you quickly this time. I my dear friends, have no more abilities than each one here. The only difference I might add is that I have grown spiritually, therefore my capabilities have been *quicken*ed if you like, but there is nothing I can do, that you cannot. After all, have we not spoken about the possibility of the physical being, being in one place, whilst being seen in another?**

Les: Yes we have spoken of that, but would that mean that many of our *duplicates*, if I can use that expression, can be seen elsewhere, while we still have only one physical body on this planet?

**No, that is your limitation.**

Les: This is what puzzles me. I didn't think that we could — not as you can.

**No, of course the being clothed in the physical overcoat, limits what can be done. But what I wish you to know is that *all beings are equal*. The only difference is in the raising of the consciousness and how each soul develops; then all possibilities are open to each soul. After all, when you return *home*, you return to the many aspects of the soul, which belong to each one of you. You understand?**

Les: Yes I think we all do. So at this present stage of development, it would not be possible for our spirit personalities, to be split into many parts, as yours is.?

**No, that would not be possible for you at this stage of your spiritual development.**

Les: Thank you very much, I couldn't imagine that it could be, but as you've suggested, we do ponder these things and that of course leads to further questioning.

**And that is our deepest desire, that in questioning you gain further knowledge spiritually — we ask you for no more. If you can achieve the consciousness that you have now, if you can achieve its *growth* in any way, we could not ask more of you, whilst you are limited in these bodies.**

Les: But one day, if our spiritual knowledge is sufficient, we would be able to be an energy of many parts, many facets, to use your expression? **My dear friends, of course you will, but I have to tell you, you are speaking of much time.**

Les: Much time ahead, yes I was afraid you were going to say that.

**Much time that you could not even begin to ponder upon.**

Les: No, so we'll just keep along the path we're on now and wait for events to overtake us? **Provided you grow in your own spirituality, as long as the soul begins and grows in knowledge and in wisdom and in love, then you will reach such destinations, that each step of your journey, will entitle you to no more than to be able to express more fully, all of those spiritual capabilities within you.**

Les: Thank you very much we have that to look forward to.

**Now, I must devote some time here, if you will permit to use this one?**

Les: Certainly, and thank you very much. God be with you.

*One then briefly followed through Sue, explaining that they would be working closely with her over the next few weeks.*

*There was then one through Sarah, saying that she was assisting everyone in dealing with their fears. Sallie felt that this related to her particularly, as she had been struggling with this issue. The channel through Sarah did not stay long, but Les continued the discussion, some of which follows:*

Sallie: Basically I'm relying on what's inside of me and my connection with a higher spirit to guide me, rather than looking over my shoulder and being worried about bad forces attacking me — I've not explained this very well, but —

Les: You don't have to worry about *bad forces* attacking you — you can't do anything about bad forces physically, can you? You have to rely upon your inner self, to have the protection against what you are wrongly presuming attack you.

Sallie: I don't think they want to even attack me.

Les: No, where did you get this idea from?

Sallie: My friend was frightened for me.

Les: They have no cause to be frightened. It sounds awful to say, but they are arrogant to think that they can help you, unless they are aware of spiritual development. Their arrogance astounds me really, to think they can try and advise you and are frightened for you, when they have no knowledge.

Sallie: The person means well.

Les: I know, I don't doubt that, I say this in a kindly way, I'm not criticising them. But they have to themselves learn more, before they can possibly be in a position to feel for you.

Sallie: That's what I think as well.

Les: They are talking out of blackness. Though they mean well, they are looking at it on a physical basis.

Sallie: I believe the more love I can develop in myself, the more good I can see, the more there is — if I don't see the darkness and I don't see the bad, it doesn't actually exist.

Les: You are quite right Sallie, don't forget the power of thought. If you think it exists, you will attract it. Deny the fact that it does exist. With all respect to your friends and all their intentions, what they think is unimportant, it is what YOU think that is important. And so long as you think you are on the right path, and are working in the aspect of love, that's all you have to think about. That in itself will dispense fear.

Sallie: It's been a good lesson though and of course it's all the more pointed, because of the closeness of the relationship. Had it not been someone so closely connected, I wouldn't have —

Les: No, basically, you are using your own love potency to not risk hurting them, aren't you?

Sallie: I felt perhaps I'd said too much too soon.

Les: Possibly. It's better to say as little as possible. Let them ask the questions and just give simple answers, otherwise they don't understand.

*Les continued to talk with Sallie quietly about this, while work continued with Sue and Eileen. There was then a quick message through Sue, to ask if we were all happy and to say the meeting was coming to a close.*