

~29th September 1997~

Good evening. (*General greetings*)

This time I thank you for your patience, but it has enabled us to blend with each one of you here.

Les: Good.

You may not realise that each one of you moves on different vibrations, according to your own consciousness. So pauses to blend with each one of you in unison, requires some special work on our part.

Les: I don't think any of us realised that.

No, it is another part of the knowledge, which we wish to bring to you. (*Thank you.*) If you take runners in a race, the more advanced would be quicker and faster along the road, would they not? So it is with your spiritual development and consciousness, which gives to you, whilst inhabiting these heavy bodies, the *right* to vibrate at different speeds of energy.

Les: So we all vibrate at different rates, do we?

According to spiritual development only — of course you all belong to the *one energy*, but if you take the piece of wood, which also belongs to the same energy, the density and the heaviness, isolates the wood from quicker vibration. Do you follow?

Les: Yes we do. So if any of us had virtually no spiritual development, or no knowledge of spiritual life to come, we would be in effect, similar to a block of wood, would we, so far as spiritual vibrations are concerned?

Yes, that is a simplistic comparison, but yes.

Les: Yes it is simplistic I agree, but it illustrates what you have said.

So you see, each one of you within this room, varies slightly, according to your individual developments. Nevertheless, in unison, you become strength and create such vibration, enabling us to come to you. But this time, we have tried to mobilise and bring together, your individual vibrations together as one, in one space of time. Do you understand?

Les: Yes and what particular advantage does that serve? Does it enable you to give closer communication with us?

Not only will it enable each one of you to be closer to those around you, but we hope that it will endeavour us to enable myself to come to you more quickly. That is the purpose of this exercise.

Les: Thank you very much and having done it on this occasion, does that mean you'll be able to do it in future? Does the energy that you have *manufactured*, if I can put it that way, does it remain so that you can use it in future?

It is not static in that sense, but it has enabled us to know how to come more quickly to you.

Therefore that *knowledge*, if I may use that word, will bring forth quicker communication next time.

Les: That's most interesting, because again, it parallels what you have said about the power of thought, doesn't it?

Yes, this has not been just *one* experiment I believe you might say, it has taken many of your earthly months to achieve.

Les: Thank you very much, for the effort you're making on our behalf.

I want to tell you dear friends, much is happening in our world, that you are not aware of — much which pleases us greatly, that all that is occurring within this *temple of light*, has brought us much joy, much hope that all good work will continue. I believe you might say, we have achieved a *breakthrough*. For this we will be eternally grateful, to all who enter this house. (*Thank you.*) I wish to say to you this time that the communicator who came to you last time, will return at a future stage, to continue what was to come last time.

Les: Thank you, we're pleased to know that. I'm sorry that I had to interrupt it — not intentionally, but with my question.

It was known, but it must be addressed, when the thought becomes *alive* — it has to be addressed. Therefore do not feel badly dear friend, there will be other times for speaking on the matters, which he brought to you.

Les: Good, we're very happy to know that he will be back.

And once more, it will be when *all* are present.

Les: Yes that's understandable, thank you.

I would like to say this time, that there are some of you, who are becoming aware of flashes of past times in your existence, but who feel that it is imagination. I speak mainly of the lady across the room, the one I believe is known to you are Sallie.

Les: Have you been having flashes of the past Sallie?

Sallie: I don't know — I don't really know.

It matters not, if her awareness at this time is not clear, but she should know that what she receives — and I can say it *will* be clear to her — then she must learn to accept.

Les: Thank you — you heard that Sallie?

Sallie: Yes I did, thank you.

Les: Do you have a question?

Sallie: Well, I don't know — I'm sorry my mind's not very clear at the moment. I'm very grateful for what you've said, I just have a bit of a muddily mind, I'm sorry.

Not to be concerned. Do we have questions this time, before I leave you?

Les: Yes, you were talking earlier of course about the blending of the vibrations of each of us.

Would the vibrations of those who are not here tonight, interfere with what you have done when they do come here? Or would you be able to take them into it?

We have as I have said dear friend, worked for many months of your time, does that answer your question?

Les: It does indeed thank you, I had forgotten that —my faulty human memory again.

I did not wish to remind you.

Les: No, we appreciate your tact. (*chuckle*)

I do try, because I understand that sometimes the human element of your souls, can be what you term, 'offended,' and we wish not to offend anyone, dear friend.

Les: I know that and that's why we love you so much and all of you who come here.

It has taken many aeons of time, for us to discover that human beings, have so many frailties. So therefore in all communications with you, we are very careful in trying to choose our words for you.

Les: You certainly do that and we appreciate it. Does anybody else have a question?

Let us say that for this time, I will leave you and allow those who work with all of you, to come even closer this time. (*Thank you.*) I would ask that anyone who feels any closeness, to respond and to tell you please.

Les: Yes, I hope they will. Thank you very much again for having been here with us. God bless you.

I leave you all with my love.

(General thanks + farewells)

There then followed one through Sue, who gave the name Red Fire, who said he was hoping to

work more closely with Sue over the coming months.

There was a brief one through Sarah, who seemed to be coming, to demonstrate to another that it could be done.

Finally there was one through Eileen who asked that in our daily lives, could we send loving thoughts to those lost and lonely souls who find it difficult to come out of the darkness in those realm of spirit. She explained that though it is sometimes thought that there is help enough on their side of life, there can never be enough help: http://www.salumetandfriends.org/resources/1997_09_29+sister-help4lost+in+mist-7mins.mp3

...before we depart from you all this time, I come to you all with a desire, if you don't mind me saying so, to ask you dearly, if each one of you, could send thoughts to those dearly departed, who are so lost in our world. So many send thoughts for those in your world, who are sick, who are lonely, who are in need of our help. But my lovelies, can I say to you, there are so many in need of those thoughts, within our world. It is thought that they have help enough, but there can never be enough help. So I come to you this time, to ask each one of you that in your daily thoughts, could you send a thought, for the lost and lonely souls, who find it so difficult to come out of the darkness. (We all expressed our happiness to do this) I knew before I came to you that it would be a 'yes,' from you all, but indeed I felt it necessary to come and ask you personally.

Les: Good —there will certainly be a lot of thoughts flowing towards them. (*General agreement*)

There are so many who need help.

Les: —So many are not aware of what they have to expect.

My task is to help children, who I must say, are not lost for too long, but my plea to you, is for those others, who find it difficult to be helped. It is for them that I come to you, for that extra help.

Les: Those who won't open their minds, to what you want to give them.

Yes, for them and all others, who are in need, I thank you from the bottom of my heart and may I say that all of you will be rewarded for your efforts.

Les: Our reward will be in knowing that they can be helped.

They can and they will, but if only people on Earth would realise that they are not restricted to helping those in the human form. We know you have done much to help those in distress, we know you understand, so for this reason I come to you this time.

Les: We're very pleased to know that our thoughts can be of such help in your world.

I am being instructed to tell you, once more you are being taught the power of thought. I hope you understand that message and I will say to you my lovelies, may God be with you always, may there always be love within your hearts.

Les: God be with you sister.

Thank you.

Les: Goodbye to you and all those with you. This was then immediately followed by one of these lost souls, who was found:

Hello mister, I've come just for a minute mister.

Les: You can come for as long as you wish.

Yes I just want to say mister, you can be helped, cos I was helped. Yes I was helped. I was all lost in a mist and I didn't know where I was. So I want you all to know that you can help.

Les: Yes we certainly believe we can.

Yes, that's all I want to say mister.

Les: Well thank you very much for coming to tell us. You're out of the mists for good now are you? ***(Yes.)*** Enjoying the sunshine? ***(Yes.)*** Good, that's lovely. And I know you're trying to help other's get out of the mist too aren't you?

Yes I am mister, yes I am.

Les: I know you are, that's very kind of you and we shall certainly send all our thoughts, as often as we can, for all those who are still in the mists and the dark.

My name's Georgie and you knew a George didn't you mister?

Les: Yes I did

Yes, anyway I'm off.

Les: Ok Georgie, God bless you, we're very happy to know you're in the sunshine. Goodbye to you.