

~4<sup>th</sup> August 1997~

*The recording begins slightly late this time, after a quick adjustment of the light level in the room:*

**Thank you for making conditions more comfortable this time.**

Les: I'm sorry if it was too much for you, it was slightly more than usual.

**If you would allow this time, I would like to speak to every individual, because although I know what is within each soul, I think this time, it would be beneficial to each one, to hear each individual speak, of what lessons they think they have learned since my coming to you.**

Les: Yes, we should be very happy to do that. Would you like them to come close to you here, one at a time?

**That is not necessary. I think we should begin with the gentleman at the end of the room.**

**What my dear friend, do you think you have gained so far?**

Jack: It's difficult to say — generally more understanding around other people I think and probably more understanding of myself.

**Yes, this one dear friends, is gaining the lesson of tolerance towards others and their thoughts. I think you now can listen more intently to another?**

Jack: I think that's probably true yes.

**Yes I can tell you, you are much more tolerant of others now. Thank you. (Thank you.)**

**Now, your lady please.**

Sallie: I think, I'm still learning this lesson, but I think it's a lot to do with forgiveness more than anything. It's a question I've been asking myself recently and the answer that comes to me is to do with forgiveness and that's what I'm trying to do, I think.

**You are working well, but what you have achieved dear one, is your awareness of self and the knowledge that you have become a stronger person. In gaining this insight, this awareness, you now move forward onto other lessons; but the understanding of yourself, has been your main achievement.**

Sallie: Thank you for always somehow answering the question —

**I of course know much which is within your hearts and your minds, but sometimes it is good for you all to voice what you feel amongst yourselves, because in expressing yourself with words, you are opening your heart to others. Do**

**you all understand this? (General agreement)**

**Thank you. Now the gentleman please.**

Paul: I think I'm growing in trust — there are less doubts now. It's something I'm still working with, but trusting in life, and in people and in the future.

**Yes my son, also trusting in your own thoughts — that is the most important lesson for you. But yes, you are right, trust is a big issue with you in this lifetime. So I say only this to you: Continue and you will grow.**

Paul: Thank you, yes I suppose it's something I've got to learn with experience?

**It is within your heart, express it well and with experience, always you have more knowledge, of course. But all that you need to know, lies within your heart, thank you.**

Paul: Thank you. (Yes.)

Les: Mark?

Mark: I'm starting to understand that I've got a pathway, but I don't really feel I've integrated it, I don't feel I've really integrated my pathway with my everyday awareness yet.

**Yes, is there any more?**

Mark: I'm sure I've learned lots of things, but it's been very gradual, your teaching's been very gradual and it's difficult to remember how you were exactly.

**Yes, this one here, has the lesson of hope, to which he is still struggling, but let me say this to you: It will come to you, before your lifetime here has ended. You have struggled with many doubts and thoughts, on all aspects of living, but you will attain the lesson of hope, it is within your grasp. So continue with your journey and you will achieve your goal. Thank you.**

Mark: Thank you.

Les: Sarah?

Sarah: I thoroughly enjoy learning all that you have to teach us and I find it very easy now to go out amongst people and try and feel my way and get others to respond to what I have to say, in a very gentle way. I also find it very easy now to be with people and make people happy. So I think where I've improved, is I'm beginning to understand people much better and I'm less critical, trying to see the good in them, and not the bad.

**Yes, this one dear friends, what you are speaking of is the lesson of modesty, when it comes to association with many peoples. I hope you take the word modesty, in the way that I**

give it to you. You need my dear friend, to calm your thoughts, at times. But yes, you do move forward and you bring with you enthusiasm. That lesson of modesty, which prevents you from forcing yourself upon others, you understand?

Sarah: Yes, thank you.

**That is the lesson that you are learning. Thank you.**

Margaret: I don't know what to say, because I'm so happy when I come here and I've learned a lot about happiness and making people happy. **(Yes.)** And I'm more contented in my life now, than I've ever been.

**Yes, and your lesson my friend, this time around has been one of patience, *patience*. And I think you will agree with me, when I say that you find it more increasingly easier to tolerate others and to show more patience with them.**

Margaret: Yes that's true, thank you.

**Thank you.**

Les: Lilian?

Lilian: I've found great strength from the teachings that you've given to us. I do fall a bit short, when times are not quite so easy, when I find it hard to remember, but I do find great strength from them. **(Yes.)** I hope I've grown spiritually as well.

**Yes, my dear friends, there can be no doubt that you *all* have grown so much since first we met — please do not doubt this. There is no question that each one of you has grown. I wish you could see how bright you shine, since first I came to you. But as you cannot, then please accept my words, when I tell you that you are beacons of individual light, when you leave this room. Before your lights were dimmer, but now I say to you, each one grows brighter and brighter, as our association continues. Now let me return to the lady. This one has needed much strength in her lifetime and she has suffered from many doubts. So her lesson for herself, has been strength in her own convictions and she also still struggles, she brings these doubts to herself and always questions what she knows to be right. I think she would agree with me please? She gives much upliftment to others, but fails to do so for herself, thank you.**

Lilian: Yes I understand that thank you.

Les: Dawn?

Dawn: I just feel that I'm going with the flow, following my intuition.

**Yes, but you my dear friend, have struggled throughout this lifetime with *fear*, fear of many things — fear of yourself also, would you not agree? **(Yes.)** Yes, but as life continues for you, you have developed a sense of strength within yourself, although it does not subside the fears within you. Your lesson this time around, is *fear*. And you must, my dear friend, learn to let go of all fear. It is negative energy, which you can do without. Fear not, you are protected well.**

***(Thank you.)* This is a lady, who also can teach others to fear not, but does not teach herself the same lessons. I think she would understand this.**

Dawn: Yes. Thank you.

**Yes. Thank you**

Les: That just leaves me then. Well I have been and am conscious of, the only way I can put it is, great vistas of opportunity ahead and great happiness, as somebody else has mentioned and a tremendous companionship all the time; it is something I never used to experience and I find it difficult to fully realise the amount of companionship, I do get now and I know it does exist and I think you'll understand when I say I am learning the secret of spiritual growth, and giving to others, in spite of myself.

**Yes, I think your words clarify what is going on in your life at this time. In this lifetime dear friend, you have learned to encapsulate the love given by many; you have given much and you have received much. But you needed to learn in this lifetime, that what you give, you must receive tenfold and as you reach your mature years, you have reached the understanding, you have reached that '*vista*', as you put it, the vista of love, which surrounds you *always*. Your lessons this time, have been lessons of *loss*, which you have coped with well and I would say that for the main part, you have achieved, but sometimes creeps in a little sadness at that loss, when you should be rejoicing, instead of allowing sadness to creep in, you understand?**

Les: Yes I do, it doesn't often happen, it's just very occasionally.

**No, but let me say dear friend, that in this lifetime, you have learned well. *(Thank you.)* I would say to each one of you, that it makes me so happy to be associated with each one, with your own individual patterns of existence. To see you come together, as one force of light, to bring with you the love and the strength of the**

**whole. Now I will say about the lady who cannot speak at this time. (Sue)**

**That she has much also to learn from this lifetime. Her pathway at times has been quite rocky I would say. So I would say also, that this one has come to learn the lesson of forgiveness and patience. Each important in its own way, and again I would say she struggles with both, but ultimately will gain, as life continues for her. So dear friend, if you have question this time, I will take one before I leave you.**

Les: Thank you, yes I have one which I think will interest everybody. We have heard much about your schools of learning, halls of learning and we have had people speaking to us from your world, who classify themselves as, *'Keepers of the Records,'* and have explained the types of records they were interested in. But in view of the incomprehensible number of records there must be of people in your world, I have wondered how they are stored and how access is allowed. Are they stored as a form of energy, which can be drawn upon, by those conversant with the process? They can't all be inscribed on vellum I imagine.

**No, no, no — we have spoken before of rooms of knowledge, but when we speak of storing all of these lives, it is a *thought-form*. It can be materialised onto — you call 'vellum,' but it is a different material we speak of. But it is stored in the *thought energy* form.**

Les: I thought it must be.

**We do not keep libraries as you know them on the Earth planet. But you know the power of thought can produce anything you so desire. But to be able to be in touch with these records, we have *keepers*, as you know, who would be, shall we say, *'In charge,'* but that is not the correct words to use. We have keepers of records, when they are allowed to materialise. You see, people who wish to look at these records and all of you, could if you so wished and desired, take that step into our world to look at these records — there is no reason why you could not. So you understand that they would not be able to use the *thought-form*, so we have to provide something they are familiar with, you understand?**

Les: Yes I do, the *thought-form* is beyond them, beyond their understanding.

**Yes, so it is made available to them, in our *schools of learning* and in our *halls of records*.**

Les: And that is the job of the keepers, (**Yes.**) to translate them, from the thought pattern, into an acceptable method for the inquirer to understand?

**Yes, yes, it is not as simple as it would seem, but for your earthly understanding, we use the term *'records,'* and *'schools of learning,'* because those are terms that you would understand in words that are available to you, on your planet. When we speak of deep matters, always the difficulty is, in trying to translate spiritual aspects of living, to those of you who — (?)**

Les: Yes I imagine it must be very, very difficult. It's like a newly born child trying to understand a computer.

**Yes, if you can equate that, then you begin to have a little understanding, of the gap between us and thereof, there are so many stages which you must pass through, to begin to understand, the pure energies of balance. When that stage is reached, there is no need of explanation; it is *there*, the understanding is there, therefore no words are necessary, no records are necessary, no teachers are necessary; for all is of the same energy. Is that a little clearer to you?**

Les: Yes it is. Of course we don't understand it, but it certainly is clearer. It removes a lot of misconceptions I had, about the keeping of records.

**Yes, you are visualising rooms, you are seeing earthly visions, when in fact you should be expanding vision to higher ideals. (True.)**

**Now I think this time I must leave you and I say to you all dear friends: Continue your lives in love and hope, in the knowledge that each one is surrounded by those loved ones and helpers, who are close to you. Know that what we aim to achieve, *is* and *will be* a reality and if you can continue to be patient, we can achieve so much. (General thanks)**

Les: Thank you very much, we all thank you very sincerely for what you have told us tonight and our love goes with you.

*One swiftly followed through Eileen, with a message for Margaret, from her grandmother followed by another, who called himself Jacko and who did a very good job of lightening/clearing the energies, before we closed.*