

~14th July 1997~

Good evening:

All: Good evening.

Are you well dear friend?

Les: Yes thank you, as well as I can be. I know I've been receiving a lot of help.

We are not a full presence this time, so I will leave what was intended this time.

Les: That's a pity — never mind, we quite understand.

You see, conditions are good this time and I would like the opportunity to work quietly with this one. There are other communicators ready for you, so for this time, if you wish, just one question, I will be happy to answer it for you.

Les: Thank you, has anybody a question they would like to ask?

George: Yes I have one. I wonder if it would be good to direct an answer to the population of the world, in respect to the hopes for humanity, over the coming years, through the period of change. Our reasonable hope might be to increase in our capacity to love, increase in our awareness — increase in knowledge. Would you care to say something about our hopes in general, in the coming years?

Yes my friend. Why should you confine your hopes, your wishes, to the population of this planet? My wish for you would be, that you could become more aware, more universally aware, cosmically aware, rather than stay within the confines of the earthly population. You have within each one of you, the ability to hope, desire and to receive all that is available to you. So if your hopes and desires are to include all of the population of the Earth, there is nothing that can stop you. Do you understand this my friend?

(Yes.) All of you have the ability within, to reach out for ALL that is available. You see dear friends, you do so limit yourselves — you limit your abilities. You are after all, and again I do not ask forgiveness in repeating that you are spiritual beings and therefore you belong to much wider energies, than that within this planet. I hope you understand and that each one of you thinks about this a little more deeply than you have, up until this present moment in time.

George: Yes I follow — our spirituality goes beyond the planet.

Of course, do not confine yourselves my friends, you do yourselves an injustice. You have much

to give. All of you are imbued with that love, love energy of which you come to give to others so freely, but which you should be using in a more expansive way. I hope you all understand my words.

Les: Yes we do. If I might add to that George, I began a long time ago, to try to train myself to think universally and not internationally.

Unfortunately we often minimise the word universal and apply it to international. (Yes.) Our concept of universality is of the planet quite often, do you follow? We've got to regard it as universally being of the Universe. It's been a much misused word unfortunately.

I want you dear friends to be *children of the cosmos*, because that is what you are. I would wish that you can grow enough whilst we are together, to realise that what you are, and what you have been, is *spirit*, which has been confined to one planet in this lifetime. We have spoken much about this, but now the time is coming, when *all of your population, all peoples, no matter what colour, what race, what religion — all will come to the realisation, that we belong to the much wider scheme of life, of living, of love, of that eternal energy to which we all belong.* (General thanks) Now I say to you all my dear friends, each day you grow in strength, each day you grow in love, each day you come closer to knowing yourselves. In saying these words, I truly feel the love, which comes from each one of you. We have grown much my friends and we have much to do, but each time I speak to you, I take with me that element of your love, which is indeed eternal. I thank you once more for your patience, in listening to me. (General thanks)

Now I ask that I be given time with this one.

Les: Certainly, God be with you.

There then followed one through Sue:

(General welcomes)

How nice it is to be here with you. You recognise me this time?

Les: Yes I do indeed and we're very happy to have you here once more. Am I right in thinking you'd wish to speak with everybody individually?

Still as wise as ever dear friend — Yes, I would like to speak —

(This was organised and we approached individually, kneeling)

(Lilian) Blessings upon this one and all those of her house and family — spend some time in

quiet thought, when you return to your home this time. Open up your channel and let someone in, who will help you. Remember you are never alone. Thank you, I wish you love and comfort.

Lilian: Thank you.

(Dawn) This one needs to spend more time in conversation. Too much left unsaid, which is causing slight friction here. Nothing serious, but more speech with another, can only benefit her and the people with her. Do not keep things inside yourself so much. Release them and your love channel will be much brighter. Blessings upon you my child; go in peace and love.

Dawn: Thank you.

(Jack) I am getting the name here, of Rebecca. This name will be of much importance in your life. Remember where you first heard the name and when the time comes, all will be apparent to you. Exercise your mind a little more; it will benefit the work we wish for you to do. Love goes with you.

Jack: Thank you.

(Sallie) This one must not keep torturing herself. Relax your thoughts a little more and you will find the answers to your questions have been there all the time. It is not necessary for you to be in what would you say, 'the doldrums,' as much as perhaps you are. Your future shines brightly before you, keep treading your pathway and everything will fall into place. Blessings upon you and those who love you.

Sallie: Thank you.

(Paul) You are a much-travelled and happy soul, but do not burn yourself out. Take the time to meditate and let your inner voice guide you on the next steps of your life. Try to slow things down a little more and the benefit to you will become apparent. You come from a much-loved and close-knit family. Let them help you when it is required. Peace and love with you now and always.

Paul: Thank you.

(Mark) Do not keep looking backwards my son. It is not good for you to look over your shoulder at what has been. Look forward with open and clear heart and eyes and the benefit to your life will be great. Let someone who is close to you help you to see the benefit of my words. Bide your time and it will become apparent to you, what you are going to achieve. May light surround you and those close to you.

Mark: Thank you.

(Sarah) This one has taken heed of previous words and has stopped moving around quite so fast. We are delighted that our words have been accepted. You have an enormous heart, but do not stretch yourself too thinly; you need time to recuperate sometimes, from the hurly-burly of your existence. You have a child who will be a great comfort to you shortly. He is an old and venerable soul; we are taking great care of you both. You are surrounded by a wall of love; feel it and know it cannot be broken down.

Sarah: Thank you

(George) This one is a wise owl. Greatly read and learned in many aspects of human life. Give to others, the benefit of your knowledge. You are here at this time of life, to spread the word of the Spirit. Keep tight control of that mind of yours, it sometimes runs away a little fast. You are one of the family of which I spoke earlier. Look to each other, you will be of great help, to not only yourselves, but those whose lives touch yours. Go with our grateful thanks, for what we know you are about to do.

George: Thank you, thank you very much.

(Les) I thank you my old friend, for coming before me, but I would have been happy for you to have stayed in a little more comfort.

Les: That's kind of you, but I am only one with the others — there should be no priority, though I appreciate your help and concern.

I know that the others will not mind my saying, that there are a few spring chickens and you I know will not mind my saying, are a venerable gentleman. (chuckles)

Les: I thank you for the title.

We know what you do here and for others and this time, have no words other than praise and thanks to you. All I will say is 'slow it down.' You need to be razor sharp for this work, do you not? (Yes.) So keep yourself in the peak of fitness.

Les: I shall do my best to do that.

We are with you to help you reach this goal.

(Thank you —) We come to you in mental state and I know you are aware of the presence of Spirit. (Yes —) In the time which is shortly to come, when we are expecting great work here, we will be visiting you on a more regular basis and hope to instil in your mind, some of the duties we hope you will undertake for us.

Les: I shall certainly be pleased to know of them and to do them for you.

Thank you for having been with us tonight, it's been delightful again and we do appreciate it.

There are others not present this time I believe.

Les: That's right there are three who are usually here, but who are not tonight.

I would speak to one lady and one gentleman next time; important work coming shortly. Each one needs to be given guidance before it starts.

Les: Thank you. Yes, I'm sure Salumet will let us know and agree with that.

So my friend, all being well, I will speak with you briefly at your next meeting, providing that the power source is available and strong. (General thanks + farewells)