

~2nd June 1997~

Good evening.

Les: Good evening to you. I apologise if I caused you any inconvenience.

Let me say my dear friend, thank you for your consideration, but let me say this to you: As we always are with you previously, we would be prepared for any unsuspecting light, so do not be too concerned if it be momentary. The problem arises with those who come to you, who are not fully prepared.

Les: I see, that's interesting to know, thank you for telling us.

So, thank you again for your consideration to us. Now I would say to you all: Again *thank you* for the love which I feel from you all. We are making much progress; I wish you to know this. I want you to know and understand that your thoughts and patience are being rewarded, if only but slowly in your time. But as I have said to you previously, TIME to us in our world is immaterial. But I say to you, we move forward quickly, in what we are trying to achieve.

Les: Good, it's certainly encouraging to us to know that.

This time my friend, if you will permit, I ask that we deviate a little from what we normally do. I know we do not have full attendance this time, but I would ask that each one of you speak with me, in order not that 'I' know, but those who join me, know how you feel and how you have grown spiritually since first I came to you.

Les: It's very pleasing to us to know that.

Are you my friends, prepared to individually speak openly to us? (*enthusiastic agreement*) I want you to tell us how you think you have grown. Can we begin with the gentleman please?

Les: With me? (*Yes.*) Yes, certainly. It is difficult to say. I know I *have* grown, there's no question about that, but it is difficult to state exactly how I know it. It is an awareness of something beyond me — the only word I can use is 'permeating' my *self* as an individual. And I find that I have a greater sense of understanding of what is to come, a greater feeling of compassion and a greater desire to grow still more, in the way in which it is desired that I shall grow.

In other words dear friend, you are coming to know your true self and all aspects of that self. (*Yes.*) Although your knowledge on this subject

was to most people, what you would say 'extensive,' was in fact only touching the beginning of knowledge. And yes dear friend, you have grown much and you'll grow much, much more. We are happy for your awareness.

Les: Thank you very much. I look forward to the continued growth, because I feel — we haven't the language for it actually, it is an '*awareness*,' but I feel a tremendous awareness of the spirituality of those around me.

My dear friend, you are tuning in to the *cosmic consciousness*. That is why the awareness has grown.

Les: Good, it's been worth all the time, to have that feeling.

Now may we speak to the next one please?

Les: Sue?

Not that one yet. (*Sue was deep in trance*)

Les: Barry?

Barry: Good evening and thank you for the opportunity to speak to you.

We are happy to do so my son.

Barry: I have recently been aware that my inner eye has been opened to look within myself. And by doing this, I feel I'm finding much more peace within myself and I'm also aware of the probability of being able to work with you in the field of healing; for this I am very grateful. I know I've only just begun to be aware what is maybe to come. I am indeed grateful at last that I've been able to recognise this and to work with you.

Thank you very much.

Yes, we thank you dear friend. We have waited for you and now that the time has come, we hope that that awareness goes deeper, that you find the knowledge which is innate within you. Thank you.

Barry: Thank you very much.

Les: Lilian?

Lilian: I'd like to say thank you for the teachings that you've brought with you. Yes, I am much more spiritually aware.

My dear child, we would like to know what you *feel*, what awareness has come to you. We know and accept your thanks; we feel it from all of you. But how do you *feel* that you have grown spiritually? What have you accomplished since our first meeting?

Lilian: It's very difficult to put into words.

But for your own growth, it would help if you could.

Lilian: I'm just very much more aware of Spirit, of things to come, forgetting about the physical side of life — or trying to.

That is what we wished to hear from you. We are pleased my friend, that at last you can acknowledge that fact, that you have found your spiritual level and that you can put aside the physical being so to say. (Yes.) Thank you.

Les: George?

George: Good evening and my heartfelt thanks. Yes I do find it difficult to describe my feelings. I feel a greater capacity to love. In a strange way I feel larger than my physical body, I hear more beauty in bird sound, I see more colour/beauty about me. I'm sure I'm more loving and I feel more open.

Yes. Are those words that you have spoken, are they not, I believe you would say, 'magical' to your ears? To acknowledge that you feel greater than the physical being, that truly is finding yourself. And yes my dear friend, continue to feel and to love and to give love and you will continue on the correct spiritual pathway. Thank you.

George: Thank you.

Les: Sarah?

Sarah: Yes good evening. I feel I have grown, I don't feel I have grown as much as perhaps I could have done, if I'd put more time into it. I don't think I meditate long enough, however I do feel I'm much more tolerant of everything around me and when I find myself not being tolerant, I'm very aware that I should be perhaps doing better than I am doing. I do feel I appreciate everything around me, everything that I've been given, everything that I'm able to see and do.

Yes dear child, you are beginning to open yourself to the influences around you. You are inquisitive by nature, which at times may hold you back shall we say, but you are following your pathway, do not doubt it. You will take sure steps, whilst you continue within this working group. I wish to tell you that those close to you, although you feel your progress is slow, they want you to know that they are pleased and happy with you. Thank you.

Sarah: Thank you very much.

Les: Paul?

Paul: Hello. Yes I think I've become stronger as we've gone along and I've become more appreciative of myself and *my* qualities and those of people around me as well. It's all linked,

so I can see more/empathise with people and I can detach myself from the world a bit more. I feel a lot happier about my path and where I'm going.

Yes, my dear friend, you have stumbled a few times, but in coming to know yourself, then of course you begin to know all others. You will continue to grow, you have been told that all of you here, have been put together for a purpose and although each individual here is at separate stages of their spiritual development, each one is important to the other. So my son be pleased with your progress. (Thank you.) You have the beauty of patience, which is sorely lacking in your World. But you dear friend, have an abundance of it. (Thank you.)

Les: Mark?

Mark: Good evening. Your teaching has certainly helped me to become really aware that a lot of growth and a lot more growth is necessary. I'm more aware of my feelings when they do go out of balance. I'm more aware of the workings of my mind — the bad/negative workings of it and I think I'm more aware of the need to sort of relax from things and also I think it's helped me meeting different kinds of people. I think I'm more aware of what avenues are open when talking to people.

Yes you are, my friend. You too are taking your pathway at a steady pace, but that is not a fault, because each step you take, is a sound and sure step, which will take you forward in your development and I would say to you, that it is good to hear you use the word of *love*, because that alone will bring you forward in your spiritual growth. I thank you for your words dear friend.

Now I would like to say to you this time, that you probably wonder why we needed to hear those words from your hearts. I of course know what is within you all, but this exercise this time, was for the benefit of those who stand close to you in your daily lives; those people who offer you help and understanding, who lift you, who cherish you, who wait one day to welcome you home. For those people, this *talking time* has done much for them as well as for your selves. For that I thank you all dear friends.

Les: Before you finish, if I might add one more phrase nobody has used, which I think is very pertinent to what has been said this evening and I believe we *all* would acknowledge that we have

(Les' voice changes momentarily) **within ourselves** a far greater assurance of ourselves and of what we shall be.

And dear friend, what you ARE! You are coming to know, each one of you, what you truly are. You all are spiritual beings, who in this lifetime have gathered for much good. The awareness is coming to you all — you are learning the power of your thoughts, the power of your love and what we can achieve. My blessing dear friends, stays with each one of you. There is much to come, there is much knowledge ahead of you and there will be times when there will be light release. But remember that the ultimate aim is for you all to grow and for knowledge and teaching to come to you all, that you may be emissaries of the Truth, that to all peoples that you meet who have no knowledge, may you become their beacon of light, may you become the person that they find to utter their words of fear, unhappiness — *May you, each one of you, be channels of Love that the peoples of this Earth seek you out, for the knowledge and the Truth, which you have attained here.*

Dear friends, I leave you this time. I am happy with the words that have been uttered, I enfold you in my love and know that each day of your existence you will be protected.

Now dear friend, I will allow another to speak with you this time. I ask only that the instruments being used, be given the quietness of your time, when this meeting is finally ended.

Les: Certainly. Thank you very, very much for being with us and for what you have said tonight and for the encouragement you have given. God be with you.

*There then followed one through Sue:
(General welcomes)*

Little lady is not quite as large as myself and I need to be careful not to cause distress.

Les: Yes I do understand the difficulty you have in these cases. But it should become a little easier as you remain with the instrument.

I have been privileged in the past, to use both yourself and your dear lady who is now on our side.

Les: Is that so? Well we welcome you as an old friend. And thank you for telling us. Give me your hands, I believe I have to give you power, to make it easier for you to stay with the lady.

(Les then holds Sue's hands)

Thank you for that.

Les: Makes it a little easier for you.

Before I continue, I wish to say that this little lady was not omitted from previous conversations you have just had, her responses were done mentally and mentally we have replied. I know she will not be offended if I tell you that we have had to chastise her for her belief at what she knows to be correct.

Les: Mm yes, (chuckle) we have experienced that before.

Her growth has come through being more aware of the inner voice and has been told certain aspects of her life, but her physical mind, which naturally overrides the spiritual, sometimes sends out negative responses — 'This cannot be. How can this be? Show me, give me more evidence.'

But we have told her, as you would say in the physical language, we have told her in no uncertain terms, that what she has been shown on our side can only be correct.

Les: Yes I understand.

So we leave it with her to sort out.

Les: Yes, I'm sure she will.

With your kind permission, I would speak to each one, but cannot this time move around the room. I ask a boon of you, that your friends could come and stand before me.

Les: Yes certainly. I think you are strong enough now to stay without that. (Les removes hands)

I thank you for the energy which flows through this one.

Les: I shall still be with you quietly. Barry, would you like to start?

Can you kneel before me my son. At your last meeting you were given the opportunity to look into your book of life, am I correct? (Yes.) Tell me was the page before you blank? (Yes.) Here my friend we have another one who does not believe what they have been given. I do not dispute that your page was not visible to you. But answer me truthfully my son, in recent times, have you not been told a little of your future footsteps.

Barry: I have been told yes.

Then I say to you, your page is not blank. What you have been told, is what is written. When you have developed, you will be able to read the words; they will become clear in your mind. This, my son is in no way any kind of reprimand to

you, it is just another link in the chain of evidence, which you all require.

Les: Thank you. Lilian?

You are not alone this time my child. There is one standing at your shoulder, looking down upon you and sending out more love than you could imagine. I ask of you the same question, was your page blank, or were you aware of something written upon its surface?

Lilian: No I wasn't aware of anything on the page.

I say to you, look to the children in your family. Listen to what they have to say to you and you will be able to recognise something that will become visible to you, when you open your mind and accept what is written is true. I say to you once again, look to the children. (Thank you.)

Les: George.

And you my son are you aware of the presence of the two that we have spoken about before?

George: I have opened myself, or attempted to open myself to the two writers and any others of the guild. There have been times when I have attempted this, perhaps there was a feeling there — I'm not really certain.

You doubt too much.

George: I didn't feel it to be doubt, but —

What you consider doubt in the physical and what we know to be doubt in the spiritual, are not the same. Now I ask of you, is your page empty also?

George: There were many words on the page. I somehow could not grasp what the words were saying — certainly words were there, but I could not grasp any meaning.

Good. Now consider you use the word 'words.' (Yes.) ***Change that in your vocabulary to 'writings,' and I think you will comprehend what it is I have been meaning. 'Writing' my son, writings on the page, writers — continue to open your channel and those who are with you constantly, can enter in and begin their work.***

George: Yes thank you. I will certainly continue.

Les: Sarah.

I know you will forgive me and not take any offence when I say you are hurry, hurry, hurry, yes?

Sarah: Yes.

It will come — everything comes to those who wait. We ask you not to run before you can walk. Are you aware of that saying?

Sarah: I am yes.

Please do not consider this to be detrimental to you. We only say these things to all of you, for the good of your Spirit and the development of your soul. I ask also of you my friend, was your page visible to you? Was there anything there that you could comprehend?

Sarah: No I had a lot of difficulty that night. I didn't even see the book. So I think I had doubts about various things that evening and I rushed too much and I didn't get any feeling at all.

Do not be concerned. It was said to you that if your spiritual eye was not sufficiently developed, then what was written would at some time be given to you, whilst you were in repose and you would begin to understand what your life was to consist of. But I say to you, take time to open your channels, listen to the inner voice and you will be given the start of your journey. (Thank you.)

Les: Paul.

Paul: Hello.

Yes, this one can only be described as the opposite of our dear lady friend, who has just departed. You my son, do not hurry, hurry, hurry, do you? (No.) No, you take everything at a leisurely pace and I do not mean by that that you are in any way lazy. Mentally you dissect everything; question and query and reach your own conclusions do you not?

Paul: Yes, I seem to be able to detach more from things and find my own answers.

You have been given some answers to questions that you have mentally asked your guides and I say to you, that like our little lady here, you have said 'No, how can that be, have you not?'

Paul: Um—

No matter, you will remember of what I speak. Again, this is no criticism this is an exercise in knowing that we know you. (Ah.) Tell me my son, was your page illuminated for you, or were there dark patches you could not decipher?

Paul: I couldn't decipher it. I got a bit lost at the beginning.

Everyone at some stage leaves the path. Sometimes it is more difficult to steer them back. You my son are treading purposely on the right path. I say to you, continue in the vein that you are now and the pages will become bright and you will know how your future will continue.

Paul: That's wonderful to know.

Les: Mark.

I say to you brother of your brother and son of your father, your pathways are linked in the past and in the future. You are individual, but you are also as one. Your enquiring mind may not be quite so open as your brother, but the similarities are there. I say to you as I have said to all the others, were you able to read anything in your book of life?

Mark: No I wasn't able to read anything.

You sound disappointed my son.

Mark: Well, it would be nice to read it.

Can I say to you, open yourself more, look around you both at work and at rest, see what surrounds you, listen to the inner voice that at present you are blocking somewhat and future events will unfold and you will surely be amazed.

(Thank you.)

I hope that all your friends here do not consider my words to be harsh. But we want them all to start accepting. Questions and queries these are part of life and we do not ask that they stop their questions.

Les: No they certainly won't do that I can assure you.

But it is possible to block the truth if the mind continually fails to accept.

Les: Yes one has to accept I agree. Well thank you very, very much for all you've said and we shall all assert that assurance that I spoke about.

Before I leave you, we have four this time I ask that they be linked by the placing of hand upon hand. Please may I ask that you carefully pick up the right hand of our dear lady here and place it upon this one. And now the gentleman to place his hand and the lady to place her hand upon that of the gentleman, so there are four linked. Four of the chain of five, we are well pleased. And now I leave this one. She will need help from both the gentleman and the lady to return fully into this room.

Les: Yes we shall see to it, thank you very much. Please to remove the lady's hand.

There then followed a merry/light-hearted one through Eileen called Joey, who helped to lighten the atmosphere and gave the quick message:

'You don't have to be little angels, you've just got to be yourself and live your life like normal

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