

~12th May 1997~

Good evening. (*General greetings*)

My friend, I hope you have been aware of my presence with you.

Les: Yes indeed and thank you for the healing you have given me. I've spoken to you many times.

Fear not friend, it is but a hiccup, that must be expected in many years of your life.

Les: Yes that's quite true. But I'm fortunate that I do know I receive help from you all. It's a great blessing.

Now let me say that this meeting time, there is much power with us this time and so we must use what is available to us. So I will take your question please and then I will tell you what we will try to do this time.

There was then a brief chat about light levels in the room and music, before Les asked his question:

Les: It's rather complicated, so I'll make it as simple as I can. You brought to us once a lady, who had had a particularly unpleasant death. She spoke to us for some time, in order to clear her memory of the traumatic conditions she had suffered, which came back to her, when she came into our 'memory barrier,' if I can put it that way. **(Yes.)** During the conversation, she said that that person, referring to the one whom she had been in the 1500's, when she had this unpleasant death, that person had returned in another form. It puzzled me that if she had returned in another form, she hadn't been able to clear her mind of the trauma, when she had returned at that time. Or was it that the facilities were not then available, as they are now, for that to be done?

No my friend, your thinking is just a little misguided. Let me say this to you: Remember there are many aspects to the soul, that there are many parts to the whole. When one aspect returns, it brings with it those memories closest to the time of existence, which it brings with it. It does not mean that the soul has not 'cleared,' as you put it, those conditions, but only that returning to this dimensional time, that these memories come forth to the fore. So although the lady at the time said to you that she had returned, of course it was another aspect of the whole, of which she spoke.

Les: I wondered if it might be that, and my thinking was along the wrong lines. I was thinking in a physical sense again, of one being.

Yes, you have to dear friend, think of yourselves as more than one; if you are truly to understand yourselves, you have to know that like *Time*, you are many dimensions.

Les: This is difficult for us to understand.

You will never fully I do not think, but if I can help to clarify these things for you, then of course I will do so.

Les: Yes thank you, you have clarified it and again, I think it's one of those subjects which we have to accept, even though we don't understand.

Dear friend, you have to know that memory cannot be erased, it belongs to the same vibration of each lifetime and therefore is part of the whole. It is not erased, but it is shall we say, put into the correct slot of time. Do you understand?

Les: Well as I say, we accept it — I can't admit that we understand. I appreciate your question and how you put it, we can only think on it and try to let our minds accept the fact that it is so.

I cannot ask more of you and I know you will ponder it and at a future time, return with a new request for knowledge.

Les: One supplementary question I would like to ask, do those parts in any way interfere with each other in any way, during their existence?

They should not, but there are occasions when this can happen, but that is another topic for another time.

Les: Right, well thank you very much for your answer.

Are you happy with that?

Les: No! (*laughter*) But I do accept that under these conditions, that that's the best possible answer you can give me and therefore yes I am happy with it.

I am pleased to hear your laughter, because it indicates to me, that you are not too serious about these deep-thinking matters. You must keep your sense of humour, when you ponder these things, otherwise dear friends, you can become too confused and then you do not understand at all.

Les: Yes I would follow that because I think it could become an obsession.

Yes, so think lightly when you think deeply, do you understand?

Les: Yes we do and thank you for the advice.

Now, for this time if you will allow, I will stop speech and tell you what we will try to achieve this time.

Les: Thank you very much.

I hope that some of you at least, will feel that the energy within this room has manifested this time, to a much greater degree, before the end of your meeting. Whilst we continue with speech, I would wish to sit quietly and try to project to you, something which I hope will be visible to your physical eyes. Do not try too hard to look and see, but allow yourselves to be lifted if you can, to that higher sense of knowledge and seeing, and we shall see at the end, what you have managed. I will try to help you all, as will those who stand close by you. And now dear friends, I will stop speaking now.

Les: Thank you very, very much. Our love goes with you, in case you don't speak to us again tonight. We'll see who's with the other lady — one of your colleagues I believe. Good evening to you, thank you for joining us.

Dialogue then began through Sue:

I wish you good evening.

Les: And greetings to you from us all.

I will not speak to you too loudly, because I do not wish to interfere with the vibrations in the room, but with your permission, I would like to continue from where we stopped last time, when another was here with this one.

Les: Yes please do.

I would like to continue with the teaching of our new and most revered friend. Whilst I am engaged in this, I would ask you to please take your ease and sit. We do not wish you to tire yourself.

Les: Yes I will and as you probably know your instrument's voice is being recorded, so we can listen to it quite effectively later on.

I would ask please for a little assistance in standing, and then I will ask you also to assist me to the seat, so that the lady suffers little or no discomfort.

Les: Yes of course.

I would like to stand before the gentleman please. You hear me sufficiently my son?

Barry: I can.

During the days that you have been away from this room, we have been to you in your sleep state. We are much pleased with the progress made and although you are probably at this time unaware, your responses to our questions

have been most pleasing. We are attempting to bring to you in sleep, the pages of a book; a book of learning. At this time you will be unaware of reading the words written, but I say to you, they will be taken into your spiritual mind, where they will be stored and will be of great benefit, to the work you will be shortly undertaking in this room. Now that we have told you that we are visiting you in your subconscious, are you still happy for us to do that?

Barry: I am — I have found more peace just recently, within my mind.

We are well pleased. I would ask of you one thing, before you retire at night times. Please to look through your eyelids as they are closed, and concentrate on the colour of your spirit, which you have been given. Try to imagine it as a pinprick of light, the colour of your spirit and let it gradually expand before you, until it fills your vision. When you feel it can no longer enlarge itself, allow it to slowly shrink back, until it becomes a pinprick once more. Whilst this is occurring, you should find that your mind clears and opens the doorway for us to enter, as you take your repose. Do not force anything. If you feel you cannot see your colour, worry not, it will be taken care of. But it will be of great benefit to both your physical and your mental and spiritual self. We have great things in store for you my child and know that you will help us greatly, to achieve these things. Do you have anything you wish to ask?

Barry: No not at this stage. I will follow your instructions and just simply await guidance and thank you for placing this trust in me.

My son, we thank you for opening yourself and allowing us to use you, in a manner, which will be of benefit to so many. Please to place your hands upon the top of the lady's. Now sit quietly and concentrate on the rose of the colour of your spirit and see if you can see it grow, into a larger and more magnificent bush. Place your hands in your lap, feel the power coming up through your feet and upwards, until it wraps itself around you, like a golden cloak. Peace be with you my child. We will visit you and speak with you and read the written words with you. And then your work will really begin.

Barry: Thank you.

There will be no more speech this time. We will remain here and see what occurs.

Les: Right, thank you very much. God be with you and our love goes with you also.

(The physical phenomenon mentioned earlier, was not successful on this occasion.)

~19th May 1997~

No Salumet this time, but another very powerful control came through Eileen:

I have been instructed to tell you this time that the one who normally comes, will not this time.

Les: I see, thank you.

I ask that all of you be open to the energies surrounding you. I have been instructed to tell you, that you my friend, the leader of this group, (Yes.) would you please go around the group, place your hand upon each person's shoulder and allow them to feel the positive response to the energies available. There will be speech from one colleague, using the lady who sits here, but it will be short, because the energies being used this time are most important in our further work. Are you happy to continue in this vein this time?

Les: Of course, yes. Would you like me to start the work now?

Yes, if you would leave the communicator who will speak to last, it will give the power a chance to build. I ask only that each one here open their hearts, open their minds, open all to the Love energy surrounding each one. I am told that the one who normally comes to you, is in part with each one of you this time. And we do hope that we have positive responses from you all.

Les: Thank you. It'll be interesting to know what my colleagues feel.

I ask them not to fear, but to open themselves to love. In this way, there can be no harm come to them.

Les: Of course not.

We know that, but it is good to reiterate it from time to time.

Les: Oh we appreciate that you do. ***(Yes.)*** Thank you for the instructions, I'm going to start work now.

(Leslie began as instructed, which seemed to last most of the evening, until at the end, the one through him announced: 'It is done master.')

Then the one through Eileen continued:

We thank you, now we will see the results of this time.

There was then a 10 minute interval, before another came through Sue:

We are completed, we are happy with results this time.

Les: Good, we're glad to know that.

We were concerned because there are people, who should be here this time, but this time my friends managed to achieve what was set out.

Les: That's very encouraging. Thank you for telling us.

We leave you now, to close as you normally do, but before you do your closing words, please to speak to each one here and ascertain that they are returned to this room.

Les: Yes of course I will.

Next time, we hope to bring to you someone who will be of interest and who will be working closely in this room, with the new partnership of energy. Do you understand my meaning here?

Les: Yes I do, we look forward to next week.

I now leave you with my blessings and say to you, much has been achieved and much more is going to be achieved here. This will be a seat of much learning and infinite power and wisdom.

Les: Thank you, I'm very, very happy to hear that.

This little one here, our dear friend, we are aware and will do what we can.

Les: Yes I'm sure you will, she will be very pleased to know that. *(General thanks)*

Les then went round each sitter and we recounted our feelings. He said his hands were absolutely boiling as he placed them on our shoulders. There were various feelings of peace, oneness, being a part of something bigger, sensations around the head. Sue spoke of seeing energy being 'knitted' together. She also mentioned that there was something missing. She compared the energy to skeins of wool, coming together as a pattern, being knitted together, becoming a great big blanket here. All the skeins were being pulled in and knitted together.

This seemed to trigger another through Eileen:

Would you mind if I finish off the evening for you all? (General enthusiasm) I want to speak to the wee lamb. She's quite right when she speaks about the wool knitting together. The bit that's missing will come when it's all finished. Right, we're very pleased with all of you here, a grand bunch of people and that's all I've come to say to you. (General thanks) So if you'd like to close the evening, I'll bid you all goodnight. (General thanks + farewells)