

~28th April 1997~

Good evening. (*General greetings*)

Before I speak with you this time, I would ask that you all devote one minute of your time, to ask for help and guidance for this your planet please. Can we join together this time?

Les: Certainly, will you lead us please, in your request and we will follow you.

Great Creative Force, from which we all come, we offer ourselves in the hope that we may be shown how to extend our love, our knowledge, to this the planet Earth. We ask that wisdom may reign, in order that all of mankind be lifted once more, to the realm of GOOD. In this we ask your blessings and for that, may we offer ourselves, as vessels of LOVE.

And I thank you — I know you will be shown your individual pathways, to continue to spread love throughout this planet. I hope that you found the last time to be interesting for you all.

Les: We certainly did, it was a wonderful evening and we thank you for it.

I do not wish to speak on any particular topic this time, so I will say only if you have questions, I will try to answer them for you.

Les: Thank you, if as usual I may begin: The *little lady* as you call her on your right, has as you know given everybody here their life colours, as instructed by those in your realms. She herself has not been given her colours and we wonder whether you would be able to do that for her? **It is not something I would do normally, but for this one I will. I would say only this: That she was *impressed*, but was unable to gather the information given to her. There is no fault in that, so let me reassure this little one, that she is not excluded from such information. You of course all know that the colour and the individual given to you are spiritual colours and not the auric colours that surround the physical bodies.**

Les: Yes we do.

Was that fully explained to you?

Les: Yes we do understand that thank you.

You understand that the colours which surround the physical body are ever-changing, but the colours that each one here was given, is their

own spiritual colour, dependent upon their own spiritual growth. You understand?

Les: Yes we do.

So I say to the little one, because she is in a transitional period of her spiritual development, is not one colour, but it is pink, bordering upon the purple hues. You understand?

Les: Yes thank you.

This one has grown much in recent years of your time, therefore her spirit colour is also changing.

Les: Yes we understand that.

The one who is her spiritual mentor, goes by the name of Veronique. But she will I believe answer to English name of Veronica. It is entirely up to the lady, which name she uses.

Les: Thank you, there's an interesting aside there — before we began the meeting, I thought this might not be your province and I was asking if they wished to give her the colour, would they like to do it through me and I was getting pink, but I was not getting it strongly enough, so it stayed there —

Because of the transition, you would have been confused by seeing only one colour. It is a blend, which is in the change into the purple hues, as you would know them. I have to state dear friends, that these colours are given to you for your own understanding, belonging to the colour schemes upon your Earth. But in fact they would not be truly recognisable to you, when you are truly spirit, because they are more energy than colour. I do not wish to go further, because I believe you would not fully understand. So I hope she will take the name and the colour and know that we are here to help, in all ways possible.

Les: Yes I'm sure she'll understand and of course thank you very much for what you've said. The other question is one I've been asked by somebody to put to you: There is a fraternity, I can only call them that, who follow basically what you teach us, and it is known as the *Infinite Way*. I was asked to ask you — this sounds rather presumptuous, whether you know or know of a *Mr MacDonald Bain* in your realms. He was associated with the *Infinite Way* teachings, has written a number of books, was said to be an excellent healer and a very knowledgeable teacher. I read one of his chapters and I would have to disagree with quite a bit of it unfortunately. But I put the question, since I was asked to do so.

I dear friend have said I do not come to answer individual questions as such, I come to teach you on a greater scale. Let me say only this to you: There are many pathways to our world, there are many ways of teaching, under different names. It matters not what each group calls itself, it is not even so important what those teachings are. What matters most is that each individual, in whatever pathway they choose, *finds himself, FINDS HIMSELF*. I stress those words, because each individual upon this Earth, upon this planet and in others, has to find their own way *home*. So if you are seeking my approval of what one individual has taught, of what they have shown whilst alive or in spirit, I will not comment upon this, because there are vast and varied peoples, ideas, thoughts, religions — I could not cover them all in one session with you. I therefore say to you, however great you think one of mankind has been, however great you may think another's teaching, they are after all, one individual who is part of a whole. That dear friend is where your religions in your world have fallen down, because they have revered single men, as if they were special Gods. You understand?

Les: Yes we do.

No one man has all knowledge. Each individual must find a pathway which is right for him. Remember my words, '*Judge not;*' judge no other man and you will truly find yourself. Until mankind reaches this understanding, there will always be saviours, holy people, gods that men will revere, and you must push to one side all of these people, because although there are many great ones who come to help, they look not for adoration, nor do they seek publicity. Do you understand?

Les: Yes, I tried to explain that very thing to the person who wanted me to put the question. Of course, if they so seek and desire, they can sit with an intermediary, a medium who may or may not give the information, but I would say it is not important.

Les: I would agree completely, I thought it was pointless, but I didn't want to upset the person, so I said I would ask.

I do not wish to seem frivolous in replying, but dear friends, there are so many more important things to discuss.

Les: Yes there are I quite agree.

And as you know, our time together is so limited, that I feel that my time spent with you, should be devoted to helping you all to grow, to enrich yourselves with knowledge and to bring to fruition, work that is meant to be. I hope you understand, I hope my answer is enough for the questioner and I hope that all of you, *all of you*, will think deeply upon my words and look into yourselves, for any knowledge or understanding that you need to bring to yourselves — your understanding of the teaching of others.

Les: Yes, I ask because he *is* trying to find himself, but I think he wanted to make sure he was on the right path.

If the words of the individual strike a note within his heart, then let him follow that pathway. He will know, he will have that innate knowledge, if it is the correct pathway for him or not. You all have it, *you all have it*.

Les: Yes, that is why we are all here, for your teaching, isn't it? We know this is our pathway. That is correct and so it must apply to each individual. You must allow others to find their way back home, in whatever way. Do not say one has more knowledge than another, because how do you know?

Les: No you can't. I will pass your words on to him and I do thank you for it. If I hadn't known he was sincere, I wouldn't have asked even.

No, please always ask. I do not always promise to give you the replies that you seek, but I hope that I bring you much to think upon. And I hope that my words always will be truthful to you and if I do seem evasive at times, it is not meant to be so, but as I say, there are too many important issues for us to deal with.

Les: Of course. Do you wish to take more questions?

I will take one short one this time and then allow another to speak, whilst we continue with this meeting.

Les: Thank you. Has anybody a question they would like to ask Salumet?

Jack: Yes I have actually Salumet. Can you tell me — I seem to find myself very angry about a lot of things that seem to be a bit pointless. Basically about the way people behave to each other, to the animals, to the birds. It ends up in frustrated anger and doesn't actually get me anywhere and I'm sure the energy expended on this anger could be better directed. Could you advise me please?

Yes my son, might I suggest that you listen to the talk that I gave to you on the use of energy? (use of energy has come up several times before, eg: 06/02/95 + 24/06/96) In those words you will find that anger is negative as far as energy goes; you are drawing it back to yourself. May I suggest that you speak with this one here, who leads you well — to listen to the words I have already spoken? Can you do that please?

Jack: I will do, thank you.

Your motive is good, but you must not allow it to turn to anger, because negative energy will turn inwards and you must not allow this to happen. Use it as positive energy, to send out loving thoughts for change. Can I ask you dear friend to do this for him?

Les: Yes of course I will.

We did speak quite a lot about energy and the way that it must be used.

Les: Yes you did and I will find what you said.

If still you are dissatisfied with the answer, then I would say to you, ask again and I will try to enlighten you further.

Jack: Thank you.

Now, I leave you this time, I feel your love and thank you for it. I say to you all, that soon I will give you because of your dedication, a little more knowledge of your previous times together, as a little light — how would you say, 'entertainment?' (Exclamations of delight) I know you all have pondered well and deeply, but I have to say to you, not very successfully. (Gentle laughter) I leave you with those words. (General thanks)

There then followed a much-loved one, who had visited us before, through Sue:

Les: Welcome to you and greetings from us all.

Moon Feather.

Les: I know Moon Feather, it's wonderful to have you here again. I was just about to say your name when you gave it. This is a very pleasant surprise. **Say only few words. This one is not ready for me this time, but I come soon, when we have been together and will speak at some length.**

Les: We look forward to hearing you.

Need practice though. Come this time to say only that whilst you have been speaking to great Master, a silver chord has been placed around each of peoples here. (General thanks) Have heard of this before I know.

Les: Yes we have heard of it and we appreciate it again.

This chord has no beginning and no end. It surrounds you and holds inside spiritual Light.

Les: Thank you very, very much again.

Others not in this room also have silver chord. These peoples most spiritual peoples and are soon to join this group.

Les: Good, we're very pleased to hear that and we look forward to the knowledge that they will bring us.

Meeting now coming to close, White Feather would like to say closing words if you will permit?

Les: We shall be very pleased if he would do that. ***Please to take your seat.***

Les: Yes.

May you all keep running free in the Light of the Great Spirit of the skies. May the wind enrobe you, may the skies and the Earth be your blanket. Great Love can be felt in your very breath. Keep running freely and you will be forever blessed.

Then he spoke in his native tongue:

Highshcarventagan Eecarganstvah Eecarganstar Mongcarba Mongarva Moongarvah.

Until we meet again, I bid you farewell from Moon Feather.

Les: Thank you to you both from all of us. We thank you for the love you bring. Our love goes with you both. May the Great Spirit bless you always.

During our usual chatter after the meeting closed, the subject of anger was again referred to and Sallie expressed her sadness, to think that many beautiful lambs she sees in the fields each day, would probably be slaughtered for food; she could not understand people doing this. Our unseen friends had as usual been listening, and one decided to join the conversation, via Leslie:'

May I please join this conversation of yours?

(Enthusiastic agreement) You, my friends are falling into the common trap of looking at one side of a question only. It is not so important that it is wrong to express anger, what is important is what you should learn from that expression of that anger, and the strength you should achieve, through being able to curtail that anger, until the time comes, when you feel no need even to express it. You have heard it said before now, on more than one occasion, it is wise to learn the difference between emotion and compassion, have you not?

Jack: Yes.

You do not sound too certain about it, my friend?

Jack: Yes, yes I have been.

If you have anger at the things you know to be wrong and justifiably know to be wrong, you have not learned the lesson.

Jack: Right.

You should exercise compassion. Does your anger do any good, towards alleviating the suffering, which distresses you?

Jack: Well you see I've always felt that anger — ***You do not answer the question please.***

Jack: No it doesn't, no you are right.

Thank you. So it is pointless to express anger, even to consider anger, is it not?

Jack: It is —

It is a negative action, as was said to you earlier.

Now, is that not sufficient my friend, for you to build upon?

Jack: Yes I think so.

When you feel anger entering your thoughts and perhaps clouding your judgement, as to certain activities — and I say that because you do not always know the reason behind the activities, which have caused you anger, do you? (No.) So I think it would not be unfair for me to say, you are jumping to conclusions, in allowing your anger to express itself. Is that not so?

Jack: It depends. I don't think so, because sometimes the actions are so clearly wrong, I don't think I'm jumping to conclusions.

My friend in what way are they so clearly wrong?

Jack: People starving, animals being tortured, all sorts of things. I don't think there's any justification for it.

Why not think there is justification?

Jack: I don't know.

Ahhh!

Jack: Because it doesn't feel right —

You have answered the question haven't you?

Jack: I believe I have yes.

You don't know?!

Jack: Still doesn't feel right though.

I'm not disputing that, but it is emotion and not compassion.

Jack: Correct yes.

So have we progressed do you think?

Jack: I believe so yes.

Splendid, splendid, do you think then, that you can control your anger, which serves no useful purpose?

Jack: I shall certainly try.

And rather look behind the activities, which distressed you, as I said and attempt to seek an answer as to why those things are happening — not achieve anger within yourself because they are happening. You understand?

Jack: I do absolutely yes.

Does that help you?

Jack: It does yes.

That is the reason I am here, not to criticise —

Jack: No absolutely —

— but so far as I am able within my limited powers to help in your problems.

Jack: No, it does help, certainly. It's something I've got to sort out myself, but it does help.

I am pleased — no, no, no, no, no — you do not have to sort it out for yourself. Here is the physical human arrogance once again. What do you think we are here for, but to help you?

Jack: That's true yes.

So if it's true, why not take advantage of it?

Jack: Okay, I'll do that.

And when you find it difficult to arrive at a conclusion or an opinion then call upon us. You have been given a name have you not? (Yes.) Then have you used it?

Jack: I have.

Then use it again, as many times as is necessary, for you to recover a sense of balance within yourself, which would affect your spiritual, as well as your physical outlook. Do you understand? (Yes.) You are becoming in some respects my friend, too — how shall I put this in your words — you are looking through only one doorway. You miss the others, which are open for investigation. Do you follow?

Jack: I do yes.

Good, good. And the lady who is distressed at the thought of suffering of lambs that she passes — again I suggest madam, look upon those scenes with compassion, not emotion. Do you follow? You become too emotionally involved in things, which you cannot control.

Sallie: I do try to be compassionate about it, but I also think that I can help influence.

Then certainly if you can influence, do so by all means. But still exercise compassion in your seeking to find the answers to things which distress you.

Sallie: Yes I will work harder at that.

And recognise I would suggest also please, that you can never attain or achieve more, than is within your physical ability to do. Do you understand? Things upon this Earth are sometimes designed, to test you in ways of which you have no knowledge. This of course you would not know.

Sallie: Yes, I will concentrate to be more compassionate, but I don't think it's just me who's influencing things, I find I get so much help from everywhere, that I'm not doing it on my own really. Perhaps I'm being a bit too ambitious?

You do try to do too much on your own — that is the problem. You have roads, which you see ahead of you mentally, and you would like to travel them and see a perfect world, would you not? (Yes.) All that you think should not be done, in your estimation, should not be done. You are if I may say with respect, and I say this in all kindness, a little intolerant of others, in things which are beyond your power to correct. Is that so?

Sallie: I think there's a tendency there, but I think I'm less intolerant than I used to be, I think I've improved.

This is possible — this is possible that you are, which is good to know that you are learning. But the intolerance still influences your outlook dear lady. Please try to correct that a little. I do not say this unkindly and your intolerance is not of harm to others, because it is contained within your own thinking. But nevertheless it is there and it is blocking to some extent, your spiritual progress.

Sallie: If one is intolerant and you work on it, so perhaps you are not openly intolerant and you try and contain it within yourself, because you realise you don't have the right to make the judgement — so therefore you try and hold your own intolerance in. What do I do with it then? How do I get rid of it?

Do not let it be created and you will not have to get rid of it. Is that not clear?

Sallie: Yes I think so, thank you.

Again we come back to compassion. If you think along the compassionate line, you will not create intolerance within your own thinking, because it cannot BE. And if it cannot BE, there is nothing to get rid of, is there? (No.) It has been said many times so you all, for what you seek,

look within yourselves. The answers are all there, if only you will think of yourselves as spiritual beings and not as physical representatives, do you follow? (General agreement) Thank you for permitting me to join. (General thanks) I trust it has been of some help? (General agreement) Now I am called back, I am told that you have your own lives to lead and I must not intrude further. (laughter + thanks) God be with you my children, guide you and give you strength and do not forget that we ARE there to help. Always, always there to help.

Farewell my friends farewell. (General thanks)