~3rd March 1997~

Good evening.

All: Good evening.

I thank you for your welcome this time and I say to some of you, that I bring to you upliftment, which is needed in your lives. I would like if I may, to work with this instrument this time.

Les: Of course.

But we have with you using lady, someone who wishes to speak to each one of you, about their own personal unfoldment.

<u>Les:</u> Thank you, we shall be very pleased to have that.

So I will let you continue and to say that this instrument may need extra time in returning to you.

<u>Les:</u> I understand and we shall of course be aware of that and act accordingly. Something before you go, you said you were bringing us upliftment, I don't know whether my colleagues felt it tonight, but I think there was a tremendous sense of peace and love and enfoldment, is the only way I can describe it.

I bring peace to you all. (faintly)

(General thanks + farewells)

Our expected guest followed through Sue and there were a few adjustments to conditions, before we approached and stood before the communicator individually to receive our guidance. The information may be of less interest to some, as it was aimed at specific group members. Nevertheless it does give further insight into how our unseen friends work:

Margaret: Good evening.

I know this one has been told that she is to be used and let me assure her, she is not forgotten. We are coming to you in sleep, to get your physical and spiritual countenances become aware of us, so that when the time comes for your work to begin, we can slip into your body, with the minimal effort.

Margaret: Thank you very much.

I know you have been told that you will have a helper here. Rest assured this is the case and you will be working closely with the little one (Jo) and much will be achieved. I wonder if you could do me the honour of helping to help her.

Margaret: I will do that yes.

You are aware I know that your colour spectrums are as one. (Margaret's and Jo's are both purple, as given at another meeting)

Margaret: Yes they are, yes.

Please may I ask in the quiet time you have, before you retire to your bed, you could sit with your hands as mine are now, think kindly thoughts of our dear little one and imagine both her and yourself enveloped in that regal colour. May I ask this boon of you?

Margaret: I will do that yes, I promise faithfully I will.

Place your hand upon mine my dear child. You are greatly, greatly loved and in Spirit you are growing beyond any means you might imagine.

Margaret: Thank you.

Now take your place and remember your work will begin shortly.

Margaret: Thank you very much.

Les: Sarah?

Sarah: Good evening to you.

Yes, you have started to develop in this room, in communication. We are most pleased with your progress, but I wish to say to you, that you must be a little more careful. It is not meant as a criticism my dear one, far from it. You have given yourself freely, to be used and that is most wonderful and we thank you for it. Your spirit shines forth from you and we are aware of your powers and what you can achieve and the love that comes from you for others. But please let yourself be guided by the leader of this group and let things come a little more slowly.

Sarah: Thank you.

Place your hands here, go in peace my dear one and continue to show your love for others as you do already.

Sarah: Thank you I will.

Les: Sallie?

In time this one will be able to describe to the others here, some wonderful scenes, scenes which come into her mind and which will at first surprise her, and enthral her. They will form a pattern which will follow her through all the days remaining to her on this Earth. In time my child, you will be able to identify their purpose and be able to read into them messages, which you can relay to others. It will be of importance and these messages will help to change the thoughts and lives, of some who surround you. This may sound complex and confusing at present, but when your work begins, you will remember these words and your understanding will be complete. Please place one hand here.

Take the strength I offer you and go forward with an open heart and with love.

Sallie: Thank you.

Les: Lilian?

Yes, this one as I know you are aware is a most precious soul. She has been working quietly and diligently by your side for many years. She is truly one of the spiritual beings, is greatly loved both on your side and on the side where the spirit dwells. So much power comes from this one, which enables others to fulfil their tasks. Her healing has brought comfort to so many and will continue to do so.

Lilian: Thank you very much.

Les: George?

I will say a little to you, because you have been told very recently of the work we are hoping to achieve with you.

George: Yes.

Keep the names foremost in your mind, let the channel to your creative spirit be open and as we have promised you, great things will come from your pen.

George: Thank you.

You are greatly loved and our dear scribes are anxious to become part of your daily life, if you will permit them. (Yes.) Go in peace with much love and so your work will begin.

George: Thank you.

Les: Paul?

Could I please speak to the two gentlemen together?

Les: Yes Mark please?

Forgive me for making you share the one message, but you will be working together and it is not necessary for me to speak to you separately. You are bound together not just by blood, but by a great love, which surrounds you and comes from someone in spirit, who will be working with you closely over a period of time. We ask you please to give a little time to sit quietly each evening, not together, that is not necessary, but if it is possible, at the same time which is acceptable to both of you. If it is not possible, please do not be concerned, we can work around it; time as you are aware, is not the same on both sides of the realm. Sit quietly and think of the outdoors, think of the sky and the grass, the wind and the rain, and anything you personally feel connected with, we are hoping to be able to use you, to bring greater understanding of plant and animal life, into your

lives. So much so, that in time, you will be able to feel the spirit coming from things which up till now have seemed inanimate to you. Again, this to your ears must sound incredible, and quite beyond comprehension, but we will come to you in rest periods, and explain to your spiritual being more fully. Go now and have much love between you and try to feel the things surrounding you. Try to imagine their spiritual power and discuss it amongst yourselves and see what you can see.

Mark + Paul: Thank you.

Les: Jack?

May I ask you, do you ever feel that there is someone with you?

Jack: I do yes.

When you are reading?

Jack: Sometimes yes.

There is one with you who needs, for reasons I cannot explain this time, to see through your eyes, the written word, whether it be a newspaper, a heading on a sheet of paper, a word of fiction, or even what you class as a dictionary. They need to read the written word. Would you permit please for this person to enter into your spirit, and read with you?

Jack: Yes most certainly.

Please I ask you also, if you sense that someone is with you, tell your dear lady, what you are feeling, whether you feel differently around your face and eyes and write down between you, what senses come. It will be most important for this person to know that they are succeeding in what they are trying to do. We will explain more fully, the reasons at another of your meetings. Thank you for allowing this experiment to take place.

Jack: Thank you.

I leave you now, so that the rest of the time can be used to slowly bring our dear friend back from whence she has been taken.

Les: Certainly.

I say to you before I leave you, that the group you have here, is most beloved and takes so much of itself from you my dearest friend. Without your guidance and love, your world would be a much poorer place. We will protect you and guide you, as the time continues. I leave you all with more love than you could possibly imagine.

<u>Les:</u> And our love goes with you and we thank you for all you have said.