

~24th February 1997~

Good evening. (*General welcomes*)

I would like this time to begin by saying *thank you* to all who are present this time. I know that your dedication must be thanked and this I do this time.

Les: That's very kind of you and we'd all like to thank *you* for the visit of your colleague at our last meeting. It added enormously to our knowledge and we are truly grateful for it.

I was pleased that it went as well as it did, because as you know, to the communicator, it was a very new experience and one for which that soul will be eternally grateful to you all.

Les: We're certainly very grateful to him, for the effort he made and the information he gave us.

The information imparted to you, I hope has given you more food for thought.

Les: It certainly has that. I think everybody agrees, don't they? (*General agreement*)

That of course was our intention.

Les: It's particularly pleasing to know that it works in reverse and that our communicator also has benefited.

The communicator was indeed thankful to you all and on those words, I will leave it there. I would like to say to you this time, a little about the dedication of peoples like yourselves, who come together, for Truth, for Light, for Love; who join together, in an effort to convey the truth of Spirit. I know some of you ponder about the reaction of other people, who are void of the knowledge which you have. To you dear friends, I will say only this: Each one of you comes to life on this earthly planet, with full knowledge of what you have to achieve. We have discussed this a little and I say to you, that you bring with you also, what you call free will. In that respect I would say to you, of other people who I know say that you, I believe some would say 'spiritualists' — I would rather stay away from any titles, but I know this is a term used by many. I say this to you: Allow those people who call you *simple gullible beings*, allow them their own pathway; again, we return dear friends, to *not judging* others — allow them their way of thinking. After all, that is what they have chosen and they must come to *Truth*, in their own time. Do not be angry with them, but be *sad* if you must use any emotion at all — be sad, that they are so long in coming home to the *Truth*, you

understand? (*Yes.*) We know life is not easy, because after all, we who know and understand the *Truth*, are still in the minority in your world, I think you would agree?

Les: Yes, we would agree with that.

But we are growing, we are growing all of the time. Your Earth is coming to a time of change; your Earth is coming to a time, not only of change, but of revolution of *thought*. It is coming, but to you dear friends, it may seem very slow.

Les: Yes, it does seem to us of course, but we're beginning to realise that patience is the essential virtue.

When you see how many of your earthly years have existed, then you must understand that progress takes time, although from our side of life, it is *nothing*, as far as all of eternity goes. So dear friends, I say to you, *smile* upon those, who would disagree with your knowledge and your understanding and offer a *thought* for them. Let us return to that word once more, *~THOUGHT.~* Use it wisely, use it daily for good, use it when you can utilise it for the very best in your world.

Les: Yes, I think you have already taught us, the importance of using *thought* in that way.

I do not apologise for constantly returning to it, because dear friend, it is what I have come to teach you and if only but *one* person here, comes to know and understand the true meaning of *~THOUGHT,~* then indeed my task here, would have been fulfilled.

Les: I think we shall all be able to satisfy your wish in that respect, after what you have told us. I cannot stay much longer this time. So if you have any questions, please ask now.

Les: Yes, I have one relating to *energy* and I thought of you several times, when I was reading an article, in which it was said the heart, is not the *pumping agent*, as commonly supposed. The article explained that blood is seen to be flowing through an embryo, even before the heart is properly formed, or even beginning to beat. The article went on to suggest, that the heart is merely a vehicle, for attracting *energy* from the Universe and it is that *energy*, which is responsible for the flow of blood, through the veins and arteries and capillaries of the body. Let me respond to the subject you speak about. I have explained briefly to you that you consist of *one energy* — all nature on Earth is one energy in differing forms. Of course we must look at

humankind, because that is the subject you have broached. When a child is conceived, when the soul decides to leave our world, to join in your world as another human being, then that energy already exists. What you term the *foetus* — and again we return to the subject most rife in your world, of abortion — when you speak of that foetus, you are speaking of the very energy of life. Before the heart is formed, before the limbs are formed, there flows that vital energy. So you see, the heart cannot be the most important vehicle within the body. The energy already exists within that foetus.

Les: So the article is correct in that assumption then?

I would say, *mostly* correct. I will send someone to you, who will elaborate more, on the way energy is used in the human body.

Les: That would be very interesting.

There are so many topics that you need to elaborate upon. For now I will say, of course the heart is a pump, in the sense that you would understand it, for the blood to flow around the physical being. But it is only part of the energy being brought to the body, by the energy of life. Do you understand?

Les: Yes thank you, because the article was quite concise, in its elaboration of the reasons, for what was said and one couldn't really argue against what was said.

Without the understanding of the life force, which after all is *pure energy*, then the human composition cannot be understood. After all, flesh and blood is used only as that outer skin, as the vehicle — I know you understand this. So it has to be known that the life force is always there and it is that part which will continue forward, when the physical being dies away. Is that helpful to you for this time?

Les: Thank you very much indeed, yes it is and we look forward to someone else who might come to elaborate in the future.

Energy must be spoken about and when I feel that the time is right for you all, then someone with greater extended knowledge will come to you.

Les: Thank you very much for that, it's something else we shall look forward to.

Did I not tell you, that many concepts in your world are being disputed? (Yes —) That many ideas, much knowledge has been put forward wrongfully. But now that time has come for

Truth to emerge and the time is ripe for all understanding of the human life, the human potential, to be looked into more deeply, so that man can begin to understand his very beginnings.

Les: Thank you very much indeed for that. It certainly becomes more and more interesting every meeting, I would say. It increases our knowledge and our anticipation of further knowledge.

There is so much you cannot know, but our intentions are that the planet Earth must now grow; must now come forward into that greater *light*. I use the term, because I think that is what you will understand.

Les: Yes, we do.

But it is time for this planet to take its rightful place within the Universe, within that cosmic energy field, which is ever-moving, ever-flowing, full of love, full of *divine energy*, full of *love and peace*. (voice becoming very faint) I must leave you this time.

Les: Yes thank you very, very much and our love goes with you, God bless you.

Eileen then channelled a light-hearted one who instructed us to be aware of those around us and try to describe any impressions/clairvoyance that we might be given.