

~27<sup>th</sup> January 1997~

Good evening.

All: Good evening.

**This time dear friends, I bring to you *peace*, that should help you in your daily living. (General thanks) At this present time of existence on your earthly plane, much peace is needed. So I say to you dear friends, to each individual here, I will try to sustain each one of you, in order that your daily lives are bearable, with much *hope, love, joy and peace* to you all. (General thanks)**

Les: Very kind of you and we do appreciate it.

**I wish to say to you this time, that when next we have all peoples present, that I will bring to you someone who will speak to you and who I hope you will find most interesting and instructive and also to leave you feeling most uplifted.**

Les: I'm sure we shall.

**But it will happen only when all are present, you understand?**

Les: Yes, It's unfortunate that the little one still is unable to be with us.

**It is in hand and we are doing what we can for that one, but it is more deeply seated, than you would expect.**

Les: Thank you for all the help you are giving her.

**But it may be that she will be excluded, but all other peoples are present, you understand?**

Les: Yes I do understand thank you.

**But let me assure you, those that come close to that one, are doing what they can.**

Les: Thank you very much indeed for that.

**We must say also, that instrument here who is close to that one, must be aware of how much is drawn from her and must become aware to protect herself. I'm sure you will pass this information to her, when we finish this meeting.**

**(Yes.) She must firstly protect herself from being drawn — energy being taken from her, because of the closeness and the bond between them.**

*(Sue and Jo are mediums and sisters)*

Les: Yes I will give her the message, when she's back with us after the meeting. Thank you for the information.

**I wish to say to you this time, that I know *some* of you, not all, have been trying to see how your own *energy patterns* work. For this I say to you *thank you* — not *thank you* for me, but *thank you* that you are enabling your spiritual growth to happen more quickly, by endeavouring to see what you are about. There is no need for me to**

**individualise these ones, because they are fully aware of who they are. So, do we have questions this time?**

Les: Yes I would like if I may to follow on from your colleague's talk two meetings ago, about colours. I've been thinking a lot about that and I was reminded of the more enlightened Indian tribes, who apologised to an animal, before killing it and thank it for what it is offering them, in the way of food. And it is said that some of those enlightened people, were able to see a grey shadow of fear around the animal, shortly before they killed it. If that is so, it would indicate I think that animals too have a colour structure. If they do, is it individual as in humans, or would it be a composite colour structure, belonging to a particular group or species?

**It would depend dear friend. (Les then coughs) Are you well to continue?**

Les: Yes thank you, it's just an irritating cough again, I thought it had gone, but it's come back today.

**I will continue then. I have explained many times now, that we all are *energy* from one *Source*, which would indicate that all species, human, plant, animal, derive from that same *energy*. But of course when we speak of *colour*, which after all, is colour being seen by the physical eye, then we begin to differentiate slightly between each kingdom. Although I wish to stress that all energy derives from the one *Source*, because of your evolutionary plan, the animal kingdom is slightly different in their colours. But I say this to you: Those animals who have contact with you humankind, are apt to draw from you that *love colour*, which is then shown within their own auric fields, you follow?**

Les: Yes, that had never occurred to me as a possibility.

**So that is why when animals and humans are in close contact with that love bond between them, energy interacts and almost becomes as one. I'm sure all of you have heard many times peoples say, *I love my animals more than humans*. (General agreement) That is because the energies, the love between each — although in a different evolutionary phase, it is so strong that the colours begin to show themselves as *one*. Let me continue a little further. The animals as you would say *'in the wild,'* I believe is your term — they belong to animal groups which do have colours, which are slightly dimmer, if you**

like, although they are the same colour. You follow? (Yes.) But it belongs to the animal kingdom. But every source of energy which comes from that *Great Creative Force* must have *feeling*, if it belongs to that one energy. That is why people become aware of the *fear*, which emanates from animals. Although you speak of peoples who revere these animals and thank them for what they give to them, I have to tell you, that I say to you most strongly:

**I feel that it is wrong to sacrifice animals, for the sake of humankind, because in effect you are destroying what is also part of your very existence. And although we teach that it is important that the *reasoning* behind what you do to your animals on the Earth plane is important, I would say to you that the *higher elements* of your Spirit, knows fully well that it is wrong. But I also say to you, you *are human*, you *are evolving*, you *are learning* therefore do not be too harsh upon yourselves. To know that mankind has in effect destroyed many in the animal kingdom, all too often for his own survival, but that does not make it right. You understand? (General agreement)**

Les: Yes, you have made this point clear in the past too, not only in the animal kingdom, but also in the plant kingdom.

**I am afraid, in all areas of earthly life, mankind has been responsible for many wrongs. But as I say, you *are human*, you *are evolving*, you are becoming more knowledgeable in these matters. So I say to you, look always to that *Higher Self* for your guidance. But you must allow what has gone in the past to remain there, because you must go forward, you must learn. After all, is that not why I come to you, to teach, to raise you up, to help you forward in your understanding.**

Les: Of course, and that also would be I imagine, why you have told us in the past, to learn to forgive ourselves?

**You must! I would say mankind is too harsh, too harsh about what he does. If you cannot forgive yourself, you cannot truly express love to any other form on your earthly plane — to another human kind, to animals, to plant, to the Earth itself. You must my friends, first and foremost, love yourselves and then will come most naturally the love to be given to all things.**

Les: Yes we do understand that, even though it is apparently contrary to what we as humans would

believe to be the case, but the way you explained it, is logical enough for us to accept it.

**I do not expect you to become wonderful spiritual being — maybe in a long time.**

Les: If we did, we wouldn't have the pleasure of your company, would we? (*chuckling*)

**I thank you for that, but of course you will evolve, you will learn, your understanding will become rich in all matters of living. So be pleased that you ask these questions, be pleased that your understanding grows, if but slowly. Nevertheless it grows and so the soul grows with it, in that understanding and knowledge that all that you try to achieve is not forgotten. Remember everything is known and so I say to you all dear friends, be pleased with what you try to achieve.**

Les: We thank you for that consolation. I'm sure we all do naturally get a little despondent sometimes, with our lack of knowledge and the time it takes for us to learn. I don't think anybody here would contradict that, would they? (*General agreement*) So we are aware of our shortcomings, which I suppose in itself is an asset.

**Can I say one thing to you all, and I do not say this in a critical manner, but I do say that all of mankind, needs to learn *patience*, patience. *Walk slowly and you will go further*. You understand?**

Les: Yes again, we're grateful to you for reminding us of that, because it is our own impatience, which denies us what has been told in the past, that unless we take every step properly, we shall have at some time to go back and retrace that step.

**I believe you have a term in your world, which says, you *cannot run before you can walk*. (*General agreement*) So I will leave you with those words to ponder upon this time, because I know each time we come together, that all of you — and I do wish you could see the thoughts which come forth from you all after these meetings, because you see for a short time, much is being thought about and that is when the soul is opening to new knowledge — for this dear friends, I thank you.**

Les: We thank you again for all that you have told us, during this visit.

**I will withdraw from you this time, to allow another to speak, but of course I will continue to work with this one.**

Les: Thank you very, very much again, our love goes with you and God's blessing also.

*There then followed a sweet one through Sue called Anabella, who talked about her work with children, as she practised her use of the voice box.*

*This was followed by one through Eileen:*

**Would you please take your normal seat sir?**

Les: Certainly.

**Good evening ladies and gentlemen.**

*(General welcomes)*

**Now you understand why I ask you take your place? (loud and booming voice)**

Les: Yes, you didn't want to blow my head off with the noise. *(laughter)*

**Please say if I am too loud.**

Les: No — you can speak more quietly if you wish.

**It is an exercise. I come as a go-between, to speak for others. I wish in particular to find one gentleman within this room, one who is interested in writing.**

*(George)*

George: Yes I write.

**Yes sir, have you been aware of others at your shoulder.**

George: Oh I have yes.

**You have — now is the time to let you know that serious work must be at hand. I have come on behalf of those who wish to use you, if you are prepared to do so?**

George: Oh yes I am prepared and I do realise that it is serious work and I'm very grateful to all those who have helped.

**I speak not of what you write at this time, but of work that can be done from our side of life, work that is important to those who wish to put words to paper. Do you recognise the name Charles, Tom? Are these familiar to you, have you been impressed by those names sir?**

George: Charles and Tom?

**No, obviously you have not. I come to tell you sir, to be prepared for two names well known in your world, in times gone by — two people who wish to use your hand, if you are so prepared?**

George: Yes, I'd be grateful, I am prepared

Les: Can I clarify? I think you are referring to automatic writing, are you?

**Yes sir, that is what I do refer to and that is my mission, because the gentlemen who wish to use this gentleman, have been trying to make themselves known to him, simply by touch, simply by being with him, at his time of writing.**

Les: Would it be as well for the gentleman to devote time to quiet contemplation, so that they can begin to try and use his hands?

**That is why I am here sir. I had to be sure that the gentleman is willing to commit himself to these peoples. I think you would say these peoples were known well in your world?**

Les: Are you prepared to be used for automatic writing George?

George: Yes I'm certainly willing — I'll try to prepare myself for that.

Les: I think one is *Charles Dickens*.

**Yes Charles Dickens and Thomas Hardy. These are two people, two gentlemen who come close to you. That is why you are sensitive to the touch upon the shoulder. I wish also to know sir, what other senses you have been feeling, not for my own knowledge, but that I can relay to them that what they try to convey to you, is in fact what you feel.**

George: Yes, I have been aware while I have been writing, of ideas coming, which have sometimes surprised me, in that the ideas seem to come from elsewhere.

**Yes, I have to say to you sir, Charles Dickens in particular, is interested in your very active mind, because he also was a gentleman, who created much discord amongst his fellow men, because his ideas were not always what others wished to hear.**

George: Yes, it is good and worthwhile to be different and I think one of the elements in his work, was that he was different from what had gone before.

**We do not give you these names to impress. You understand?**

George: I understand.

**I do not come to give these names to you lightly, I come to give you these names for serious work and to have your approval of work to be done, to allow your hand to be used for this purpose only.**

George: Yes I certainly approve and I shall try to prepare myself for this and I do thank you and all concerned.

**I am sure sir the leader of this group will guide you well. He has many years of knowledge behind him, so we leave you with him, to give you further instructions, if we may do so sir?**

Les: Yes please do.

George: Thank you, I'm most grateful.

***I hope I have not been too disruptive, but it is difficult to tone down such a strong voice, even when I return to your world.***

Les: Yes, you used it so for many years, didn't you?

***My sole purpose is to be understood, to speak to many peoples, to be listened to and to be heard.***

Les: You've certainly given us much to think about. We've understood it very clearly and are all very, very grateful for the opportunity that is going to be given to our colleague, for this extra important work. And tell Charles please: (*Les begins to channel*)

***There will be quills upon the desk.***

***I know you feel his presence also sir. But you do not need to be used for the purpose. That is why now you are feeling the closeness that he brings to this meeting. To you sir and all of your comrades here, I say thank you and goodbye.***

*(General thanks + goodbyes)*

Les: Goodbye and God bless you and those who are going to honour us with their work. Goodbye to you all.