

~18<sup>th</sup> November 1996~

Good evening.

(general greetings)

*Dear friends, let us offer ourselves to that Higher Force, that we may be enfolded within that greater force of Love and understanding.*

I would ask your patience this time, as the power is building to enable me to speak with you.

Les: Yes of course.

I can say that the time is coming, when my words to you will come more easily. We cannot rush these things, as well you know.

Les: No of course not. We're quite happy to wait. Now let us begin this time.

Les: Good. We didn't have our discussion last week as intended, because a colleague of yours, at least I assume he was a colleague of yours, came through and spoke through me. I don't recall what was said and unfortunately it wasn't recorded, but I think my companions here enjoyed what was said, is that so? (general agreement) So we're not able to continue on the topic of last week, so would you like to speak to us about *energy* again, or would you take a question?

Let us wait this time until more peoples are present, to discuss what I would say is a most important subject, '*Energy*.' So with your permission this time, we will talk on other matters, yes?

Les: Yes certainly. Right, I have given a great deal of thought of course, as have my companions I know, to all that you have taught us, but I find it difficult, possibly because of my own lack of spiritual development, to reconcile the overall love of which you speak, and which of course, we accept, with the calamities which occur in some of *Nature's* wildest times. It is very difficult to understand how an overall concept of love, which I know must exist within the universe and should exist within us, I cannot understand why that concept of love, does not operate to prevent some of these terrible calamities. You could say to me of course, that it's man's own decision, as you've said before, to choose his life, or that his free will, causes him to be in the wrong place, at the wrong time, and so cause him to die, in one of those cyclones, tornadoes, floods, whatever.

Am I wrong in thinking that love *could* have prevented some of those calamities?

I understand your question dear friend. Let me say this to you:

Let us first analyse what you mean by the word '*Love*.' I do think the human concept of *Love*, if you may forgive my saying so, is entirely wrong. What is *Love* but the very highest form of *energy*—*creative energy*, which is the whole pulse, the whole being, of your existence. Let me say, your *ideal* of human love, is not the true meaning of *Love* from our world. We must clear that here and now, you understand what I am leading to?

Les: I do quite understand and we are grateful to you, for the description and the clarifying.

When you human beings speak about *Love*, you speak of *emotion*, emotion that belongs to human kind. Of course you will say there is love between the animal kingdoms and mankind. Of course I would agree to some extent, but *Love* is not how you should express it. Rather the word, '*gentleness*,' would be a better one. When you speak of *love in nature*, you are speaking about an entirely different subject from *human love*. You cannot group all things under one title of *Love*. *Love* in your terms is an *emotion*. Do you follow me so far?

Les: Absolutely, it is definitely an emotion, a very high-powered emotion, but nevertheless we would agree, an *emotion*.

When you speak of *spiritual love*, you speak of that *higher vibration* that is your very being, that from which you come. *Love* in the spiritual sense is all things, all goodness. It encompasses *all*, *ALL* of the cosmos, not only mankind and his world. You understand?

Les: Yes we do thank you.

Therefore I would say to you, *Love* is not only goodness, *Love* is all of existence in it's many forms. We have spoken a little on *energy* and we must touch upon it now. To have the balance, you must have *positive* and you must have *negative energies*. Are you beginning to follow me?

Les: Yes, everybody clear so far? (general agreement)

Therefore when you speak of calamities upon your earthly world, we are speaking about *negative energy*. I want you all to try to understand all of your lives, as a spiritual, a *SPIRITUAL* happening, not one in the *physical*

sense. **If you can take each problem, no matter what it is, take each problem and analyse it *spiritually*, you will get a better answer.**

Les: I see yes, I must admit I hadn't thought of it in that way.

Sallie: May I ask you something? With disasters and chaos, if I understand correctly, it's to do with *negative energy*. Are we therefore in some way responsible for creating that scenario, with our own negativity?

**We have touched also upon that subject and always I have told you, the *Power of Thought*, is responsible for *negative thoughts*, therefore it is in part, and I say *part*, partly responsible for some of your earthly calamities; yes, I would agree with you.**

Les: That's an entirely new outlook, which we shall have to keep in mind.

**Yes, you have to look at life's problems in the wider sense. You cannot channel one problem and say it is because of a *lack of love* or whatever term you wish to use. You will never find your answers that way.**

Les: No, I've probably been looking for an easy answer.

**Yes, you have to understand that the whole of your planet is *energy* in many forms. We have to return to this subject, but I do not feel that at this time, all of you are ready to fully understand my words. So we will *touch* upon it, as we have this time and hopefully, we can give you a little more understanding, as time continues. Is that helpful to you?**

*(general agreement + thanks)*

**Try to see all that happens upon your planet, as not *good and bad* in the sense you understand, but in *(terms of) energies*, which have always been and *energies* which are being misused by man sometimes. You have to see the *wider sphere* of it all.**

Les: Yes, it's going to be difficult, but we do follow what you say.

**Yes I hope I have clarified it a little for you. I know it is difficult, but you have to begin to accept, that the word you use as *Love*, is only an emotion. It is not a *spiritual word* in that sense.**

Les: True. It certainly does give us a great deal of food for thought.

**I know you have had many instances of that. Are there questions?**

Les: So it would mean then, that if there is a calamity, we must dispense with the word, '*lack*

*of love*,' in that involvement. It would seem, it comes to another question, that those who suffer, because of that calamity, whatever it might be, *chose* to be there at that particular time, as they *chose* their life upon this Earth. Or is that a too broad a concept?

**You cannot dear friend, make all of life to be either *black or white*, there is more than that. Of course there will be those instances, when the *soul* is fully aware of the life in front of it and *will* be aware that the passing of the earthly life, will be involved in how you would term a *calamity*, but to the soul, is the opportunity for its *growth*. So you see, what you sometimes term a calamity, is nothing more than *opportunity*. I know these words seem harsh to you, but in the wider scope of life, it is not.**

Les: No, you have touched on that in the past, when we were talking about individuals and you said that we must not be judgemental, because an individual who apparently is suffering from complaints and diseases, which the average person would be horrified at, **(Yes.)** that is a chance for that person's own soul to grow and give opportunity for those around him, for their soul's development.

**Yes, you cannot judge another. No one here, or no one upon your earthly planet, should judge another. You do not have the wisdom, you do not have the knowledge, you do not have that *extended foresight*, which shows why these things happen.**

Les: No, so that lack or need to be judgemental, must also apply to nature's aspects as well.

**Yes, now dear friend, you are beginning to have a little understanding.**

Les: Yes, I'm getting just a glimpse. Does everyone else feel happier about their attitude to these things now? *(general agreement)* It's been a very clear description as far as I'm concerned, I hope it has been to everyone else, has it?

*(general agreement)* Because I'm sure you must have had the same doubts and wonders, as I have had on this matter. So we thank you very, very much for the description Salumet.

**I would like to erase some of your earthly words, but of course once they are formed, they cannot be dispelled. But one of your words I would like to see abolished, would be the word, '*Evil*.' I do not like the word, because the word itself, invites all manner of peoples to *judge* and this I do not see to be good. You understand?**

(general agreement)

Les: Yes and I have discussed this with people in the past and to me the word *evil* has very unpleasant vibrations. It is a hard and harsh word.

**And just the thought dwelling upon the word, creates more of the *negative energies*, of which I have just spoken. So you see, it can become almost like, how shall we say, someone who *leeches* from another and *creates* more and more of this so called *evil*. You understand?**

(general agreement)

Les: So it's incumbent upon us all then, to try not only to not use the word, but not even to think of it, but find another expression to replace it.

**Yes, yes I must say I do not like the word. Always you should channel your thinking to *good* thoughts and by that you create more and more of the *positive energy* that surrounds you all.**

Les: Yes we follow you. So if we use the remark, and I quote: '*He is an evil person,*' we ourselves are conditioning the surroundings to be *evil*, by using the word.

**And remember also that as I have taught you, your *powerful thoughts* are apt to *rebound*.**

Les: And would the use of that word attract *evil entities*, if they were listening?

**It could be said, that this could happen, but you would have to be—how should I say, *spiritually lacking*, for that to happen.**

Les: Yes thank you, I was coming to that, because last meeting you told us we should have learned how to protect ourselves from these things.

**Yes, yes, and I know you all are aware and you should practise this, because within your lives, and I know it is difficult when you are troubled to always have the *good vibrations* around you.**

**But it is imperative that you try to *cultivate good thoughts at all times*.**

Les: Yes I think we can understand the reason for that.

**It is only when you begin to have an iota of understanding that you will begin to see your lives' transformed. You should be able to travel this lifetime, without troubles, without problems, if you use that knowledge which is innate within you all.**

Les: Well I say and I think I speak for everybody when I say, I think we've learned a great deal tonight. (general agreement) And we do thank you for it.

**I know my words are difficult—always I have told you this. I do not come here to tell you what you want to hear. I come to help you all, to enable you to grow, to enable you to understand a little more, of what your own *spiritual growth* is about. And unless you can begin to understand a little more fully, that all of life does not revolve around this planet, then you will never grow, more than you have now. You understand? (general agreement)**

Les: And that is an awful thought!

**I do not say these words to cause you to be depressed, but rather to try to uplift you all.**

Les: Yes, I would say in all sincerity and again, I'm sure I speak for everybody, that we are extremely grateful for all you have taught us during your visits. It's given us a completely new outlook on life and *Creation* as a whole. (general agreement)

**If I can make each one of you stop in your daily task and think to yourselves—'*Yes, I understand a little more.*' Then indeed I am grateful to you. To know that what I bring to you is indeed what I have come to do.**

Les: You certainly do that—there is no question at all.

**Now, do we have more questions this time?**

George: Well, I do have a question, which is really about terminology. I think we're very happy about our term, '*God the Creator,*' and '*The Source of all.*' There was one Amanda Valiant, who was said to channel the *Lord God*. He was described as a being in charge of a *Higher Spirit realm*. I wonder if you could give some clarification as to the use of the term, '*God*' and '*Lord,*' in that context.

**Yes, I do believe that many peoples throughout your world claim to have *God* speak through them. Let me say this to you—I have touched upon this also before. Remember always that peoples are influenced by their own forms of religions, their own knowledge, and their own understanding. Of course most of your world accepts the word of *God*, in many other forms. There have been many teachers who have trodden this earthly plane, this we have discussed. Let me say only this to you: Those teachers as you call them, who come from *Higher Realms*—and in this I would say, *I* probably would be classed as one. When you speak of higher realms, all that means is that we have much wider knowledge, much wider understanding, much greater fulfilment of**

spiritual tasks, than many who would come to you. Let me tell you this: The words *'Lord,'* the words *'God,'* belong to your Earth. So how can the **Great Creative Force**, which is the creative part of us all; all that has been, all that *is*, all that is to come—you cannot encompass earthly words to something so *vast*. So I have to say to you, those channels who believe they are in touch with the **Creative Force**, I say to you, you must leave an avenue of doubt. The **Great Creative Force** belongs to the cosmos, not only to the Earth planet, where the word *'Lord,'* where the word *'God,'* has been created. You understand?

George: Yes. Yes I would say this particular one, did not describe the *God* as *'God the Creator.'* No—*'God'* I would say, and I believe I have said to you that *'God'* from my knowledge has been derived from the word *'Good,'* which you could term *God*. In the same way as I do believe *'evil'* has derived and become *'devil,'* in your language. So you see the connection, you can see how words can deceive. (*general agreement*) (*voice becoming fainter*) Dear friends, let me tell you that the **Creative Force**, from which we all belong and from which we come, is *vibration*, vibration so *high*, that it is invisible, is unknown, but *'is,' 'is'*—I cannot tell you more.

Les: Thank you. I've always thought and said to others here, that for someone else to use that expression, *'being used by God,'* or similar terms, is the ultimate egocentricity, because it would be an impossibility for such power to come through a mortal.

I would say to you, that I have to agree that at times, it is fanciful and wishful thinking, on the parts of many.

Les: Yes, I have always thought that. But in using those words, do not let us *judge*, because if it brings good to another, then we can dispense of the earthly words and accept only the *good* that it brings. Look always at it in the *spiritual light* and you will become much more aware, not of the negative aspects, but of the positive. Again, we return to my earlier words, can you see, can you see what I am trying to teach you?

Les: Quite. Even in speaking of these situations, always you must find the good.

Les: And if necessary dispense with the earthly descriptions.

If possible yes, but to some, for some reason, they need to cling to the concepts and ideas that are known to them. You understand?

Les: Yes and I think your power is depleting now is it not? (*Salumet's voice was fading*)

I find that at times it is difficult to continue, but I say to you all, if you so desire me to continue, then I would ask you for a few minutes silence, in order that I may replete some energy.

Les: Certainly, yes.

*We sat in silence for a few minutes while this was being done.*

Thank you.

Les: Thank you very much. (*general thanks*) I'm sorry if we seem greedy, but we hate letting you go. (*laughter + agreement*)

I am happy to be with you all. The time spent with you is short, but until later time, it cannot be helped, so shall we continue this time?

Les: Yes surely. So basically what we have to do and recognise is that we must begin to think in other than purely physical terms, when we are trying to unravel all these mysteries of life. Would that be a fair summary?

Yes—Dear friend you must always strive to the best of the ability, which you have. Let me say this to you: The knowledge that you have gained in this lifetime, in no way denotes the spiritual growth that you have attained. I have said to you before, that there are peoples upon your Earth, who are *spiritually grown*, but who have no knowledge in this lifetime. So you see, you cannot *judge*, you cannot judge another person, another action, another deed on your planet. So you see, you must continue to *think spiritually*, if you want to begin to understand all of life's troubles, if you so desire. But I would say to you, rather than contemplate the *strife* and *troubles* upon this planet, *think of the good*, which you can do instead.

Les: Yes, that's very good advice.

If all of you *strive* to use those energies, which you know you all possess, for the *betterment* of mankind, then of course you would see a change in this planet, in quite a short time. But in saying that, I am being rather too optimistic about mankind.

Les: Yes I would think so too; it's unfortunate, but you're quite right.

But that is why many of us have come at this time, to gather forces, so that mankind this time will accept the *Truth*, will go forward and will

not allow these doubts to creep in. This situation happened in past times and we cannot allow it to happen again. Your planet *is* going on the correct *spiritual pathway*, let no one upon your earthly plane say otherwise. Do not dwell on your calamities and disasters, as you term them, but **KNOW** that we all have come to uphold and uplift you all, to see that this planet stays on the course for which it was meant to go.

Les: Good, that's certainly comforting and that leads me to ask another question. I'm sure that we all suffer sometimes from a *guilt complex*, that we can't or are not doing more, when we think we should be able to. So in the main I think we would be wrong in nurturing those feelings of *guilt*, wouldn't we, if we are doing all we can, in our own way?

**Dear friend, let me say this to you:**

**Besides having too many negative emotions, mankind is too hard upon himself. If you spend *one moment of every day* in your lifetime, in sending good thoughts, you cannot ask more from yourself. That *one moment of goodness* exists forever; you cannot destroy what you would term '*Love*' and which we have spoken of, but which in fact is '*goodness and Light*.' You cannot destroy that positive energy.**

**In so doing, you are creating a planet, which is capable of all goodness. So do not denigrate yourself, do not be too harsh; accept that you can only do so much and do not allow negativity to creep in.**

Les: What you now say, confirms what you have told us previously, that we must learn to forgive ourselves.

**You must. If you do not forgive yourselves, it means you do not love yourselves and in doing so, how can you extend that goodness to others?**

Les: No, again it comes back to what you've taught previously, a question of *balance* all the time.

**I do not say your lives are easy, they were not meant to be. Again we come to positive and negative energies. But what I say to you is this: It is *how* you use those energies which matters.**

**Do you understand?**

Les: Yes I think we do. Everybody understand that?

Sallie: I don't quite understand how we use them.

Les: Well, just with ordinary physical decent living, we are using energies.

Yes, the lady has many questions and at times, many doubts that what she feels is correct, but that is humankind. Do not become concerned about these doubts, it is part of your progress in life. I am not saying to you, that your life will be easy, but you must always keep the balance, you must know that life is positive and negative energies, which have to be recognised. I think she is finding difficulty with this.

Sallie: Yes I am yes.

**Yes, her understanding at the moment will not encompass what we say. So for now I would say to you, leave it as it is and the understanding will come to you, yes—it will come to you, as all aspects of understanding do. How many of you here can say that of yesteryears, you did not understand and now today you do? (*general agreement*)**

Les: I think that applies to all of us.

**All of you, I am sure. Now dear friends, I must leave you this time. I thank you for your attention, I thank you for your questions this time.**

Les: We thank you for your time with us.

(*general agreement*) We can never thank you enough, though we know you don't want thanks, but you've got to accept them from us. (*laughter*) **I will accept this, I thank you all.**

George: It's a wonderful experience for us.

**And I say to you, that the experience is truly mine and I come to you only with my Love and my knowledge, so that you all can join with me, in being as one, to join together, to feel that Love and that Light. Until we come together once more, I say to you all, send out those *positive thoughts*, look deeply within your hearts, look to one another and may you in that name of Light, be as *one*.**