

~4th November 1996~

Good evening.

(general welcomes)

I embrace you all within my Love and Light this time.

Les: Thank you.

I would like to speak this time, a little about awareness within you all.

Les: Thank you.

I have said to you dear friends, that I am pleased with your spiritual growth since first we came together. But I would like to talk to you a little, about your judgement on such matters. I wish in particular to speak to the young gentleman, that you name as Paul and I would say this to him: When you are in your quiet moments, you have grown so much over this passed few months, but your physical thinking impedes that growth, because sometimes you are not sure of what you receive. Am I not correct?

Paul: Yes, that's very true.

Yes, I want you to know dear friend, that all you receive should be accepted with love, because you have opened up to us, a very great deal, in these past few months.

Paul: That's very encouraging.

I can tell you, there are some who have waited many of your earthly years, to come so close to you. So dear friend, do not close them out, with your physical thinking and doubts. I know you are aware of these happenings and I say to you, there is much that you can do, if you would only allow yourself the privilege of joining with those from my world, who wish to use you.

Paul: I'll certainly make a great effort.

Do not struggle with effort, all I say to you, is allow yourself to be open in times of quietness. You see, in these quiet times, when you allow the doubts to creep in, then you are creating barriers for those who wish to come near, you understand?

Paul: I think I do yes.

I know sometimes you feel as if there is someone standing close by you. You do, don't you?

Paul: Sometimes yes.

No, not sometimes, but often and it is in these times, that your doubts creep in. Try to be more open and you will be surprised what you will learn.

I would say this to all of you dear friends, that *unless* you allow those from our world to come close to you, to use you in the way that is best for both *you* and the *communicators*, then you are not allowing all the work that can be done, to take place. So, I say to you *all*, when you sit in your quiet times, send out those thoughts to that *Great Creative Force*, to which we all belong and ask that you come closer to our world, without *doubts*, without *physical thinking*, but only with *harmony* and with *Love*.

Les: Thank you.

Paul: Thank you.

Les: We shall certainly try that.

I don't wish you to think that you are not going in the right direction dear friends, because you are. I wish only to advise those of you, who sometimes bring forward these seeds of doubt. So accept my words with love and all will go well with you.

Les: Yes we certainly do accept them and we thank you for them.

Now, do we have questions this time?

Les: Yes, it's a rather complicated one I'm afraid. I have been giving a lot of thought to your teaching, particularly when you have said more than once that the *past*, *present* and *future* are all *one*. So in effect, all that has happened will happen again. Now, is it logical to presume that that '*recycling*,' to use our modern term, is going to happen to the universe as a whole?

I understand your question and let me say: *All of life, all that exists, all past/present/future* is as *one*. But you cannot say what is past, will happen again, in those words. Of course, all *past/present/future energy*, I stress, '*energy*,' is *intermingled*. So you cannot say an event which has taken place in the *past*, will reoccur in time to come. Do not think upon it in that sense, otherwise you will confuse your thinking.

Rather, I would have you think about *past/present/future*, as a line of *continuous energy*, which cannot be broken. It will occur again, but in different *form*. Do you follow?

Les: Yes I think so. Am I right then in thinking, we are using physical attributes, when we should be thinking in *spiritual* and *energy* terms, is that right?

We come to complex matters again and I apologise if I seem to use these phrases so often, but if you start to think about these matters *physically*, you will never begin to understand.

We are speaking of that **Creative Force**, that **Creative Energy**, to which we all belong. If you think of, let me say, the seasons of your time here. If you think of your Spring, your Summer, your Autumn, your Winter. You know that this will continue, it is a *'cycle of happening.'* You can foresee what will happen, when you say the next season is about to happen, can you not? (Yes.) But it does not mean *all form of time* will happen as it has, in the previous season. Do you follow?

Les: Yes, I'm beginning to, I think we all are, aren't we now? (*some agreement*)

I try to simplify it for you, but it is difficult. Of course, when you speak of *intermingling energy*, it is a difficult topic. I have to tell you, it is not something that you would truly and fully understand. But I hope that in a little way, you can appreciate the complexities of the matter.

Les: Yes, because another thing I couldn't understand is in the days of, *'Primitive man,'* I imagine there were *Masters* upon the Earth, as there are now, to assist in man's spiritual development. And I couldn't imagine all that reoccurring—I couldn't see the logic of it, of having to recur in those elementary conditions.

No, dear friend, you have to allow for the physical evolution of your Earth. Although we speak of spiritual matters, you have to place it, hand-in-hand, with the physical happening—you cannot separate the two. Your Earth is going through a physical evolution also, you understand?

Les: Yes I do and this is what puzzled me, because I couldn't see a reproduction of primitive man, happening continuously upon the Earth, because there is going to come a time, when the Earth is no longer able to support life.

You have to look back through your earthly history of time and see how much man has grown, how much those energies, those primitive energies which you speak of—and after all, man is energy, remember; all of you are energy. But whilst you tread this earthly plane, there has to be a refinement of the energies.

How else can you go back to that Source who created you, without that refinement of spirit?

Les: No, of course not.

You understand? I hope I am clarifying some of your queries.

Les: Yes, you are thank you. It really comes down to what we were told recently, that we much

understand that so long as we are in the physical envelope, we shall never understand.

No, in a way that you are spirit here and now, it does not alter the fact that within the physical being, your spirit is growing and developing, even though you at times are not aware of it.

The existence of it is there and so it is with refinement of energies within your earthly world—it has to be. You cannot change and you will not stop that evolutionary law, the

Creative Force, which is behind all these happenings. You cannot stop what is in *motion*,

you cannot make it static, as you cannot deny that you all are spirit, you understand? (Yes—)

Does it help you a little? I know it is a difficult subject and it is difficult to put into earthly words for you, but let me say this to you: There has to be an understanding that all that happens upon your earthly plane, is gradually understood over time. And as your awareness grows, so too does the understanding of the spirit and all that goes with it.

Les: Yes perhaps I and maybe others have been wrong, in thinking that this *recycling* and reconstitution of the world and all in it, in *physical terms*, when we should be thinking of *variation in energy patterns*.

Yes, if you begin to think along those lines, then you will begin to see. If you use those spiritual eyes, which you all possess, you may begin to

see the beginnings of Truth. Nothing has altered, nothing has changed, since all Creation began. We all belong to one energy, we all

belong to that Creative Force, to which we all return. But there are varying degrees of the energy, as I have told you before. It is difficult for you and I do believe that we must go slowly and produce this knowledge that I give you slowly. When I feel your understanding is greater, then I can give you more.

Les: We look forward to that in due course. I hope it has helped.

Les: It certainly has helped me, I hope it's helped others, has it? (*general agreement*) Good, thank you very much.

Now, I would say to you, I would like to work with this one, this time, for a short space of time. So I leave you this time. I leave you in the knowledge that always I am close to you and I ask that you allow others to come and that they are given the same love and welcome, to which you all give to me.

Les: Yes, we certainly shall and thank you again for what you've said and God bless you. Our love goes with you.

There then followed an amusing/light-hearted one through Sue, giving Les a message about rushing too much and that he should slow down a bit. Then came a rescue through Sarah (not on tape) followed by another through Sue, who closed the meeting.